

MEDFORD MAIL TRIBUNE

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Ye Smudge Pot

By Arthur Perry.

On P. 1. of the Portland Journal of Monday, Nov. 9, 1925, there appears a cartoon, captioned: "Strike the Rock—now." The rock is labeled "Nearby Yakima." and a broad-shouldered, determined looking citizen wearing horn-rimmed glasses and called "Portland," has just landed a mighty sweat on the boulder with a mallet on which is printed, "Direct Rail Connection." The force of the blow lifted the pictorial Portlander off his feet, and as a result thereof a stream of water full of \$ marks, and called "Business Growth," gushes forth. Portland, acting as an impromptu Moses for one of the most prosperous sections in the west is chide, to say the least, Yakima, Wash., is able to take care of itself. When she starts to weaken there is Seattle, or Spokane, Wash., to render succor. If big-hearted Portland feels an overwhelming urge to develop tributary territory she might tackle any number of Oregon sections that are still in the same shape as the Indians left them.

A COURTEOUS RETORT

(Kansas City Star) MR. R. E. BLODGETT, 1223 Bellefontaine, never was responsible for my debts. I always worked and paid own bills.—Mrs. Jennette Blodgett.

No doubt there are any number of people who wonder what the verdict in the trial of the ex-Grand Dragon of Indiana, charged with killing a girl, up a climax to a wild party is going to be.

LOST—Grey silk stocking, somewhere between 10th and 11th on Central. Phone 47-J.—(Columbia Times). The roll that failed.

The French are shooting civilization into the straggling Syrians, and his religion out of him. Your own, has watched Syrians cleaning aridness. He lets his thumb-nail grow and files the same down to safety-razor sharpness. Thus equipped he will perform an abdominal operation on the aridness, the cutting and the cleaning being consummated with one twist of the wrist.

EDITOR LOSES AN EYE

(Klamath Falls Herald) Madoc "Edith's" social season started off with a bang last Friday night in the shape of a basket social, preceded by a nifty school program which showed considerable and able training. Of course Johnny spoke a piece and Clarice spoke a piece while the different nannies beamed the usual beam. The kiddies did splendid and deserve plenty of praise. Perhaps the best part of the program was the imitation gossipping society, which was so near the genuine that it could hardly be called imitation. This certainly was not training alone. It must have been hereditary.

Several of our Humdingers, Inc., have the chilblains, due to the gentler sex thinking more of a fern than a husband. A window fern can't stand artificial heat.

The Governor is weaker, politically, than at first suspected. Friendly organizations have started calling him "indefatigable."

The first turkey of the season has had his throat slit. The mineral deposit runs a thin trail of gravel to the crew.

REALIZATION FINALLY DAWNS

(Grants Pass Courier) "When he shot the first time, I thought it was a joke," said Alexander. "But when he shot me the second time, I knew it was no joke."

CHINA

Lo, Tarant is a coolie Who jabbers as he must. But silence is a Manchou, And his robe is yellow dust! Oh, the little streets are shrunken Like the limbs of aged men, And a pestilence is budding; It will bloom in mud again. For the sanitariums are singing, All an shrill as mating jays, Out where idlers squat at fan-tan, And the opium dreamers gaze toward that palace of the princes Where the throne room of the West Is become a spider's kingdom, 'Is become a plover's nest. (Ugic Chronicle).

GIVE ALL YOU CAN!

IN A CERTAIN home on the outskirts of Medford there lives a mother and two children, the father has disappeared, one of the children is ill.

Two weeks ago, the food supply in this home consisted of a loaf of bread, a can of condensed milk and some apples. The fuel supply had been reduced to slabs from the apple box, and a few pieces of coal.

Today the scene has changed. The family has an ample supply of good wholesome food, the wood box is full, with a surplus to draw upon, the house is warm and clean, and the sick child is well on the road to recovery.

This may sound like a conventional sob-story, but it isn't. It is merely one case in many, which has actually existed, and is typical of the work being done from day to day, by the Medford Red Cross.

The time has now come for the people of Medford to again decide not whether this work is to be continued,—for of course it must be and will be continued,—but whether or not it is to be made adequate for local needs.

Medford is growing. With growth, however, want and suffering inevitably increase. According to weather experts the coming winter is to be unusually severe. The demands upon the Red Cross, therefore, promise to be greater than ever before.

Unless every person in Medford who can afford to give to the Red Cross, gives liberally, the help that was extended to the family noted above, may not be possible next year.

No one wants such a contingency to occur. So if you can afford to give five dollars to keep some family from suffering and want, don't be content to give one. Give all you can.

For generous support of the Red Cross does not only mean an investment in more health and happiness for others, it means, a more healthful and prosperous community for all.

QUILL POINTS

One of the most expensive vices is a colonial policy. Epitaph: Here lies the propagandist, as usual.

"Marrying well" means marrying a degree of luxury one hasn't the wit to earn.

A man is definitely through if he feels chesty about the big thing he did last year.

The pleasantest way to spend the hour between 6 and 7 a. m. is to take another nap.

There's always something. The more prosperous the times, the less the parking space.

There's one good thing about rheumatism and triplets. One no longer dreads the worst.

Fame is just a matter of inventing a better mouse trap and spending a million to advertise it.

Too many people think opportunity means a chance to get money without earning it.

One way to have a good digestion is to remember that you can't get a quart in a pint measure.

At this rate, ten more years will leave us nothing to classify as immodest.

Where's the sense in hard-surfacing a road and then spreading a thin coat of pedestrians on top?

If all of the feeble-minded were locked up, where would some of these magazines get their circulation?

Correct this sentence: "Some one else was talking on the line," said she, "and I hung up instantly."

If a nation stirs up strife between nations, that's statesmanship. If it stirs up strife within a nation, that's pernicious propaganda.

Correct this sentence: "This is a much cheaper frock," said the saleslady, "but it looks better on you."



EXCELLENCE.

I OFTEN heard of Hiram Horn, throughout the middle west; of all men skilled in shucking corn, 'twas said he was the best. Great champions from distant farms encountered him at times, and Hiram proved them false alarms, and won their wadded dimes. And they went home, distraught, forlorn, to spread the winner's fame; there was no man like Hiram Horn, and none could buck his game. I saw him in the old home town, upon an autumn day; he was alive to his renown, he had the right of way. Oh, he was honored and esteemed, and handed warm regards; he was a bigger man, it seemed than congressmen or bards. "Why do the people thus acclaim and boost this trifling guy," a stranger asked; "his dinky fame will shortly wilt and die. What boots it if a man can shuck more corn than other gents? Such triumphs are not worth a buck, or eighty-seven cents. This Hiram breaks the damsel's hearts, they love his rustic fame; but in the city's crowded marts, no man has heard his name." "Men love the fellow who excels," I said in language blunt; "we love to see him wearing bells, whatever be his stunt. If any man can pull a trick at which his neighbors fail, we do exalt him pretty quick, and hand him wreaths and kale. And thus a million hays or more are striving every day to do a good and useful chore in some new, better way."

Personal Health Service

By WILLIAM BRADY, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received, only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, in care of this newspaper.

Hygiene Is Economy.

There is a reason why certain commercial interests heartily disapprove of what I am trying to teach here. They don't like the way I spell hokum—you see I have a mean way of withholding the o k which some reputed health authorities give it, and adding the suffix b u g. One thing the discerning reader of this column is likely to discover is that good hygiene is true economy.

Fashionable Lunch. Is one tomato and a lettuce sandwich and one apple sufficient food for lunch for a stenographer of my age (18)? Mother thinks it is not. I am 63 inches tall and weigh 125 pounds. (Miss L. S.)

Answer—No, not for regular girl. It might be sufficient for one of these sunken chested, slumped shouldered, potted, physically uneducated fraits that carry ads for clothing merchants. Include a pint of certified milk and your lunch will be all right.

Hygienic Underwear. Please advise me what is the best weight underwear for a child 4 years old, for the winter season. The child is healthy and vigorous and has never had pneumonia or even a cold. (Mrs. P. H. W.)

Answer—Medium or light weight, if cotton or linen. Light weight if wool or silk and wool. Avoid thick cotton and particularly avoid cotton having a "fleece" lining. For health avoid cording the child's chest with extra layers of clothing. Seldom is a child underdressed; very often children suffer in health from excessive clothing.

The Gamplike Nurse. My neighbor's doctor advised her to take common baking soda for some kind of uric acid or kidney trouble, but a nurse tells me it will harden the arteries. How can one tell if uric acid is in the blood? (B. E.)

Answer—This "nurse" must have taken a p. g. course in Sairey Gamp's school. The blood in health contains from one to three milligrams of uric acid per hundred cubic centimeters, if you know what that means.

Eat, Em Raw. In a recent issue you spoke of the taking of flaxseeds, a teaspoonful of whole flaxseeds before breakfast each morning as a cure for constipation. Do you mean raw or cooked? (Mrs. R. M. C.)

Answer—I didn't say "before breakfast" nor did I say it is a "cure" for constipation. Take a teaspoonful of whole flaxseeds once a day as a natural intestinal lubricant and an aid in breaking the constipation habit.

People who have cultivated this habit just have to take something—they have lots faith in nature and they imagine they'll be sick if they don't take something to "move the bowels." This flaxseed business is harmless in itself, and it humors the notion while the more vicious physics are being discarded. It is immaterial when you take your flaxseeds, or how you worry them down—wash 'em down with a drink of water, or mix 'em with your cereal, or chew 'em if you prefer.

elective system as a great step forward.

The renaissance of civilization, he suggested, must come from the firm combining of all the arts and sciences for the few grains of new creative truth that each may contain, and then using those truths as a basis for reconstruction.

Timely Views on World Topics

"Political Nationalism Must Go or Western Civilization Will Go," Warns Glenn Frank.

The reconstruction of the world which he believes must take place if western civilization is to be saved, was discussed by Glenn Frank, president of the University of Wisconsin, in a recent speech.

"Political nationalism must go or western civilization will go," he said.

"Political patriotism has kept this planet on a consistent schedule of wars and revolutions."

"I am not suggesting that we must tear ourselves from our native soil and become a sort of international free lovers. I am suggesting that we must have competition for excellence among nations, and not a patriotic nationalism, or the jig is up."

"I doubt if the world is ripe for an international policeman, but I am certain that unless the nations on this planet can work out a common administration of their common economic problems we are due to keep on running on this schedule of wars and revolutions."

By democratized industry, Frank said he didn't mean the methods of political democracy should be applied in business. But at present, he declared, autocracy rules in business, and he insists that unless some means could be found whereby the problems of industry could be solved inside industry, they would be settled outside in the political field.

Scores Educators. "In education, we must lay more emphasis on how to think, and less on what to think," he said. "Once it was easy to run a college, but the sum total of the world's knowledge could be neatly organized and passed on to the student. But in the nineteenth century the boys on the ground—the scientists—were itching more hay than the educators could stack. They couldn't organize it."

"That's where we got the elective system. The educators were unable to stack the hay, so they handed the fork over to the student and said, 'Here, stack it, yourself.' But of course they moralized their intellectual bankruptcy by advertising the



DR. GLENN FRANK

house, and set an arbitrary high limit of 68 degrees F. and let nobody's feelings or whims overrule the thermometer in the regulation of the household temperature.

For infants, children and vigorous adults, a temperature of from 68 to 66 degrees is fair and healthful. For feeble or elderly persons the right zone is from 65 to 68 degrees.

Members of the household who find these hygienic levels too low for comfort should cultivate a more wholesome habit, take more exercise, or wear more clothing.

QUESTIONS AND ANSWERS

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Who's Who

LOS ANGELES.—On ten cents a day, an amount everywhere held in contempt, nowadays, Samuel Lane lives in comfort.

Lane, famed in these parts as "the Hermit of the Arroyo Seco," lives in a secluded spot not far from the city, and spends his time painting landscapes, which he occasionally sells.

A native of New York state, and a former instructor on art, Lane came here some years ago in search of inspiration. He fell in love with the section, found it easy to live on a small amount of money, and so settled down to live his care free life.

He raises a small garden and some chickens and has virtually no expenses except the cost of his second-hand clothing.

Poems That Live

Forget Me Not. Go, youth beloved, in distant glades, New friends, new hopes, new joys to find, Yet sometimes deign, 'midst fairer maid, To think of her, thou leav'st behind. Thy love, thy fate, dear youth, to share, Must never be my happy lot, But thou mayst grant this humble prayer, Forget me not, forget me not! Yet should the thought of my distress Too painful to thy thoughts be, Head not the wish I now express, Nor ever dignify to think on me; But, oh, if grief thy steps attend, If want, if sickness be thy lot, And thou requires a soothing friend; Forget me not, forget me not! —Amelia Opie.

Abe Martin



Toll gates are just about extinct, but there's plenty o' toll crosses. Mrs. Ike Lark won't let her boy sit on her lap any more 'cause he's gotten so big he hides her legs.

THE DATE TREE



Nov. 10, 1871—54 years ago Stanley finds Livingston at Ujiji. David Livingston, the missionary, having disappeared while on a journey into Africa, Mr. Gordon Bennett, of the New York Herald, summoned Henry M. Stanley, a reporter. How he gave him the iconic instruction "Find Livingston," and how Stanley, after penetrating for two and a half years into Central Africa at last found him living among savages in the village of Ujiji, is now common history. For this feat and for his contributions to science, Stanley was awarded a medal by the Royal Geographic Society and knighted by the British Government. Copyright, 1925, Premier Syndicate, Inc.

COMMUNICATIONS

Mail Tribune Is Thanked.

To the Editor: Through your paper we were able to locate my father's brother, John Blevins, whom we had not heard from for nearly two years.

My father wishes to express his sincere thanks to you and to say this news that his brother lives again, well, brings greater joy to him than he can express.

MRS. CLARA PLANKARD, 124 Hilyard St., Eugene, Ore., Nov. 8.

Notice to Contractors.

Notice is hereby given that the City Planning Commission will hold a hearing on Monday, November 9th, at the hour of 7:30 o'clock p. m. in the city hall on the petition of the city council to consider the reclassification of a portion of the following street from a Residence District Class I to a Business District Class III: A portion of North Riverside avenue between Jackson and Maple streets. CITY PLANNING COMMISSION. By Lewis Ulrich, Chairman. M. L. Aford, Secretary. 1925

Help Kidneys By Drinking More Water

Take Salts to Flush Kidneys and Help Neutralize Irritating Acids

Kidney and bladder irritations often result from acidity, says a noted authority. The kidneys help filter this acid from the blood and pass it on to the bladder, where it may remain to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during the night. The sufferer in constant dread the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in voiding it.

Bladder weakness, most folks call it because they can't control urination. While it is extremely annoying and sometimes very painful, this is often one of the most serious ailments to overcome. Begin drinking lots of soft water, also get about four ounces of Jad Salts from your pharmacist and take a table spoonful in a glass of water before breakfast. Continue this for two or three days. This will help neutralize the acids in the system so they no longer are a source of irritation to the bladder and urinary organs, which then act normal again. Jad Salts is inexpensive, and is made from the acid of grapes and lemon juice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by acid irritation. Jad Salts causes no bad effects whatever. Here you have a pleasant, effervescent lithia-water drink which may quickly relieve your bladder irritation. By all means have your physician examine your kidneys at least twice a year.

Children's Pictorial Cross Word Puzzle



Running Across. Word 1. What the prince gave Sleeping Beauty? Word 4. What a person is called who is banished from his country. Word 5. What a prisoner's room in a jail is called. Running Down. Word 1. Part of the leg. Word 2. Another name for pig. Word 3. A short name for jelly. YESTERDAY'S PUZZLE ANSWERED



You Big Stiff

KNEE—Watch Your Finish

Stiff, swollen, inflamed, rheumatic joints should be treated with a remedy made for that purpose only. Remember the name of this new discovery is Joint-Ease and it will take out the agony, reduce the swelling and limber up any troubled joint after ordinary cure-alls have miserably failed. Jagt rub it on—60c a tube at all druggists—ask for Joint-Ease.

Always remember, when Joint-Ease gets in, joint agony gets out—quick.

Biggest Selling Joint Remedy in the World

Joint-Ease

Automobile Repair Work

We can honestly say that we have the best mechanics that money can hire.

High class auto repairing is our specialty.

ELECTRIC AND ACETYLENE WELDING.

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36 South Grape St.

Clothes called for and delivered. Work guaranteed.

Wong Pon

Chinese Medicine

For Treatment of Acute and Chronic Diseases of Men and Women.

Cancer and tumor treated, influenza, kidney, bladder and stomach troubles, etc., hernia, ruptures, colic, female troubles, paralysis, fever, pneumonia, asthma and throat troubles, rheumatism, aneurysms, goitre, consumption, catarrh, piles, hydrocele, etc.

Office Hours: 9 A. M. to 5 P. M. Consultation Free

241 South Front St. Medford, Ore.