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Ye Smudge Pot By Arthur Ferris

Our Governor, who pardoned a three-convicted murderer, is being hotly criticized for cutting the sentence of a notorious bootlegger in two, as he did the prominent taxes.

The farmers are howling for lock-locks, which is Chinese for rain.

One leg was broken in three places and had to be amputated. He was reported as getting along nicely.

There should be some way to prevent a "clean candidate" from running for another cleaning.

The Eastern Oregon scribe who called "Oregon Fight," "Oregon Fight," crossed the Arctic Circle at 7:52 this morning.

STATIC BEFORE HUMANITY (Corvallis Gazette-Times) Editor Gazette-Times: Having been unduly criticized of using my office electrical equipment of evenings, thus interfering with radio reception, I wish to state that it is an undue criticism in so far as I am concerned, for I have not used my apparatus for treatment the last year after 7:30, and only a few times that I have used the X-Ray after that hour and then only in emergency cases.

More of the socially-able are flirting with pneumonia, etc., by hating the Hubbard squashes on their shoulders, to the chill night air of late October. The unshattered are seldom, if ever astute. They compliment the gals upon the waviness of the maceille, and how charming the new dress looks. Old stuff. They should say: Nellie, you're not as fat as you used to be.

When the hired man would get a loaded wagon stuck in a mudhole, and the team would not pull it out, he would come after father.

Science, instead of trying to find out how much the world weighs, which really does not matter, is at a loss to comprehend how so much bean gets into the buckwheat. It's related to the metaphysical force that puts gravel in the beans, sand in the sugar, and the little potatoes in the middle of the sack.

PAGE MR. SAMSON! (Phoenix, Ariz., Republican) If you are going to Prescott or Jerome early Tuesday morning and can carry from two to three hundred pounds extra, please communicate with Miss H. at Arizona Republican today, Phone 7474.

The parental control of the Portland police force has sagged deplorably in the middle. With fireworks and a brass band, they announced all kids of both sexes would be incarcerated at home after curfew rang. The kids baffled the police by the simple process of going into an adjoining county to throw the juvenile hoot, until the saxophone players run out of wind. Therefore, the police can do nothing, and the parents less.

There has not been a new beauty doctor, gas silo, or lawyer so far this month.

RAH! RAH! RAH! RAH! RAH! RAH! PLAIN-PLUG GROOM! (Brownsville, Ore., Times)

The bride is a young lady of wondrous fascination and remarkable attractiveness, for with manners as enchanting as the wind of a stein and a disposition as sweet as the odors of flowers and spirits as joyous as the scolding of birds and mind as brilliant as the tresses that glitteringly adorn the brow of winter and with heart as pure as dew drops trembling in violets, she will make the home of her husband a paradise of enchantment. Like the lovely home of her girlhood, where the heaven-toned harp of marriage with its harp of love striking chords of devotion and fond endearments set forth the sweetest strains that ever thrilled the senses with the rhythmic pulsing of cosmic capture.

THE LEAGUE JUSTIFIES ITSELF

THE League of Nations has justified its existence. If it had done nothing before, and should do nothing again, the cessation of hostilities between Greece and Bulgaria will stand as a lasting monument to its usefulness.

Skeptics may point to the fact that this was a small war, coming at a time of general exhaustion in Europe; and that if the will for peace had not been stronger than the will for war, the League's ultimatum would have amounted to no more than a righteous but ineffective gesture.

Perhaps. But the fact remains, that in the past, in spite of war weariness, similar outbreaks in the Balkans, while confined to the principal combatants, have been allowed to burn out, with grievous suffering and destruction on both sides.

The League of Nations did not transform a will for war into a will for peace, but it gave the will for peace, a medium of effective expression, something that has been lacking in this combative old world for these many weary centuries.

With Bulgaria disarmed, Greece wanted to fight. Greece would have fought, and grabbed more than Macedonia, no doubt, if the League had not stepped in and told her to go back home and sit down.

It is not difficult to imagine the picture, if no League had existed. Bulgaria would have protested to the powers, undoubtedly, and sent out an S. O. S. for military assistance, but no country in Europe, under the present circumstances, would have taken the trouble to intervene effectively.

Thus another war would have been staged, with all its destruction and collateral consequences.

The supreme test of the League of Nations as an effective force to prevent war, has not come. When Russia starts to growl at Poland, it perhaps will come. That bridge, however, need not be crossed until the world comes to it.

Today it is sufficient to congratulate ourselves that such an organization as the League of Nations exists, and that without the assistance of the United States it has demonstrated it is a practical and effective force for European peace.

QUILL POINTS

Civilization is just a slow process of learning to be kind.

Man or monkey doesn't matter. What interests the benedict is whether he is man or worm.

A "force of righteousness" is a man who uses "dad blame it" as a substitute for cussing.

Now is the time for the press agent to begin explaining why turkeys will be higher this year.

Americanism: Clamoring for an investigation; losing interest in it after the third day.

Very few communities became great by sitting down and howling for a federal appropriation.

Times are better than they used to be. There's no difference between a Sunday shirt and any other kind.

If he can lance a boil without three assistants, he is a mere general practitioner.

Among the things mightier than the sword, General Butler would list the corkscrew.

It is estimated that less than 3 per cent of successful men remember anything about algebra.

Correct this sentence: "Stop worrying, honey," said the husband; "I don't care how fat you get."

America's reputation isn't so bad. The visiting European celebrity usually is surprised at our bad manners.

As to poor memories, the boy who can't remember when Columbus discovered America can tell you how many yards Grange made last year.

Correct this sentence: "Whee!" cried the grown children of the rich widower; "Dad's going to marry again."



THE MONTHLY JOB

THE first of the month comes round, and fills me with pleasant thrills; my chorales of glee resound, as I gaze on the heap of bills. There's pleasure in paying up for groceries, shoes and hats, for bones for the bantam pup, and milk for the Airedale cats. There's pleasure in signing checks, and thinking how they will cheer the dealers in auto wrecks, the vendors of Volstead beer. And there is a pleasure, too, in gaining a high renown for paying one's bills when due, and owing no man in town. This practice will gain a gent renown that is good to win, this paying up every cent as soon as the bills come in. I journey with stately stride by day, in the haunts of trade, and everyone points with pride to me, for my bills are paid. The pastor, he says, says he, "Examples like yours are fine, and sermons, some six or three, I'll preach on the way you shine." Say teachers, who teach the young, "Your policy still endures, no wisdom that ever was sprung is better for youth than yours. For debt is a monstrous fiend that cripples the hale and strong; and anyone should be benched who argues that you are wrong." I pay all the bills I owe, nor say, with sickly grin, "I'll pay in six months or so, as soon as my ship comes in." The first of the month arrives, I'm signing my checks all day; and gaffers and kids and wives are gayer because I pay.

Personal Health Service By WILLIAM BRADY, M. D.

More Light on Asthma.

In certain cases of asthma, hay fever, hyperesthetic rhinitis, and hives, there is a peculiar difficulty in the utilization of calcium (lime) in the body, shown by a calcium shortage when the blood calcium content is measured. Why certain individuals should happen to have such a deficiency in lime metabolism, and why this deficiency in an individual should manifest itself in one instance as asthma and in another as hives or hay fever, it is not yet possible to explain.

We shall know more about it a year or two hence, if the anti do not place too many obstacles in the way of animal experimentation and scientific progress. At present we know that the utilization of lime in the body is controlled by certain ductless gland functions; that the functional integrity of these ductless glands depends in a great degree upon the adequate supply of vitamins; that the ultimate source of the accessory factors which we call vitamins is sunlight, specifically the ultra violet or invisible rays which are chemically and photographically active.

It is necessary to repeat that ultra violet rays and so called "violet ray outfits" have nothing in common. The ultra violet light has no color, is quite invisible and will not pass through glass in any event; the pretty violet light which is given off by the glass electrode of a high frequency machine has no remedial effect save that of amusing the glib purchaser of the toy; at any rate it has no similarity to ultra violet rays and it is plain fraudulent business when these toys are sold to the uninformed or misinformed layman who fatuously believes he is purchasing the means of giving himself ultra violet treatment.

Ultra violet rays are present in the sunlight, in the light of an arc lamp, in the light from a mercury vapor lamp of the Cooper-Hewitt type. The ultra violet rays are shut out by glass, but will pass through quartz. Quartz crystals, lenses or fused quartz plates are therefore used, in place of glass, when any form of ultra violet light is to be controlled for remedial purposes. Of course direct sunlight, or the light from a naked arc lamp may be used without any special equipment.

One general "indication" for ultra violet light, as doctors say is the very calcium shortage I have just described. The great value of ultra violet light in the prevention of rickets in young animals and babies was explained in some talks I gave here recently. In rickets, as well as the malades I have mentioned today, there is a lime deficiency which must be corrected.

Ultra violet light treatment, whether from exposure to direct sunlight without intervening glass, or from the light of a naked arc lamp, or from the light of a mercury vapor quartz apparatus is now pretty well established as a valuable remedy in at least certain cases of asthma, hay

fever, hyperesthetic rhinitis. I am not aware of any considerable testimony as to its value in hives, though it should prove useful in overcoming an abnormal tendency toward hives or obstinately recurring hives.

Although the sunlight is the original source of all ultra violet light, it appears at present that there is an active commercial propaganda afoot to discourage the use of free sunlight and to popularize the very expensive artificial equipment for producing ultra violet light for remedial use.

The emergency movement will probably prove successful, for folks are generally credulous and obsessed with the fear of "exposure."

QUESTIONS AND ANSWERS Hot Dog Healer. Please advise me whether the doctor whose card I inclose would be a good one for a party with nerve trouble to see. (H. E. F.)

Answer.—The "doctor," as he calls himself, purports to be a "drugless" practitioner, yet he also announces that he uses "herbs, roots and barks." Hot dog healer, I should say, at least as far as the roots and barks go.

This humbug evidently expects his dupes to believe that "drugs" are only the medicines which reputable physicians prescribe. He ranks with the general run of humbug healers in that respect; a lot of 'em assure the gullible prospect that they have some special understanding with nature, that their "methods" are all "natural," and that their remedies are provided by "nature." And a lot of simple folk swallow that line of guff readily enough. Any healer who restricts himself to or declines to employ a given remedy or mode of treatment just because some half-baked or slightly warped ignoramus has pinned a "patny" label on it, certainly does not deserve anybody's confidence. Show me a healer who holds himself as an adherent of any cult, school or "patny," and I'll show you a poorly educated man.

The only motive a healer has for such a trick in this enlightened day is to get the business, and for that purpose the trick is still fairly useful. There are not a few unsophisticated people still left, who, when they seek a healer, inquire, not concerning his education and training, but whether he is the "patny" or that. People such as Barnum loved.

Irritation and Cancer. Do rubber corsets injure one's health? I have been told they are the means of starting kidney trouble. Also is there any danger of cancer from wearing them? (C. D.)

Answer.—Rubber garments are comparatively harmless, except skin troubles caused by irritation from decomposing sweat retained under the impervious garment. Such unhygienic—and foolish—contrivances have nothing to do with kidney trouble or cancer. Any prolonged slight irritation, as from the old time "straight front" corset, may predispose to cancer of the breast. It is foolish to imagine rubber garments, or any other means of making pressure, will reduce any part of the body. They just make you feel

small.

Eggs Are Good Food. Do eggs cause biliousness? How many eggs a week can a person eat and be benefited rather than harmed? Are raw or cooked eggs more healthful? (C. C.)

Answer.—"Biliousness" is a refined way of saying rebellion of the stomach against over-eating. Eggs are good food, preferably cooked to the taste, and from three to a dozen a week would be a fair egg ration.

Children's Pictorial Cross Word Puzzle

Abe Martin



There's as much said about neuritis as there is about the weather, and far less done about it. If you've never seen a real, fully developed look of disgust just tell your son how you conducted yourself when you wuz a boy.

THE DATE TREE



October 30, 122—1,803 years ago—Antinous, favorite of the Roman Emperor Hadrian, was drowned in the Nile. Finding him a youth of splendid physique and personality, Hadrian made him his constant companion and was accompanied by him on all his journeys. Near Bana, from a belief that his voluntary death would avert disaster to the Emperor, the boy plunged into the river, thereafter being enrolled by Hadrian among the gods. Statues in his honor made an era in art.

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Running Across.

Word 1. What the man in the picture and the story of the elves is called.

Word 6. A huge island in the polar regions.

Running Down.

Word 2. A pronoun.

Word 3. The first woman.

Word 4. To feel pain.

Word 5. Contraction of even.

YESTERDAY'S PUZZLE ANSWERED



Poems That Live

APPARITIONS. Such a starved bank of moss Till, that May morn, Blue ran the flash across: Violets were born!

Sky—what a scowl of cloud Till, near and far, Ray on ray split the shroud: Splendid, a star!

World—how it walled about Life with disgrace, Till God's own smile came out: That was thy face! —Robert Browning.

Countess of More Account NEW YORK—Countess Karolyi is well, the strong member of the family. This statement is attributed to Under-Secretary Harrison by R. S. Strassburg as to why she should be barred from the country for something her husband said.

Mann's Department Store advertisement for 15th Anniversary Sale. Features men's overcoats, suits, and various clothing items with prices. Includes a list of 'Dollar Day Specials' and a price list for various garments like flannelette, night shirts, and sweaters.