

MEDFORD MAIL TRIBUNE

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BY CARRIER—In Medford, Ashland, Jacksonville, Central Point, Phoenix, Talent and on Highways: Daily, with Sunday Sun, month, \$0.75; Daily, without Sunday Sun, month, \$0.65; Daily, with Sunday Sun, one year, \$6.40; Daily, without Sunday Sun, one year, \$4.60. All terms by carrier, cash in advance.

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The only paper between Astoria, Ore., and Chico, California, a distance of over 400 miles, having leased wire Associated Press service.

Sworn daily average circulation for six months ending April 30, 1924, 3669, more than double the circulation of any other paper published or circulated in Jackson County.

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Ye Smudge Pot

Another who always stood for "strict enforcement of the Volstead Act," has been caught looking upon the wine when it was red.

There is some talk of increasing the cost of pulling steel through whiskers.

CO-OPERATION (Klamath Falls News) Dr. L. W. King, still stays on Main street, in that he has moved his office from the rear room of the Forbes Pure Drugs store to the second floor of the telephone building where he will be pleased to meet and assist his friends in their dental work.

Humdingers, Inc., have started their fall campaign to get away from home nights.

The Coos Bay Times advertises "a hang-up Ford, fully equipped."

Learned and unlearned counsel are flocking to the county seat.

Many motored to the country for the wreck-end.

"GOTTA HAVE MEAT" (Etna Mills Sentinel) Hunting this year appears to be beset with all the perils of former years. The army of damphools has, apparently, not decreased in numbers, and nothing movable or immovable is safe from slaughter, whether it be man or beast or merely a wind-striken bush.

County fair starts Wednesday. All who cannot get in the Judge's stand can get in the grandstand.

Sweet sang the donkey by Prof. and four senior boys and a musical selection by Triangle high school band on instruments they had with them all their lives, by junior, sophomore and freshmen boys. (Eugene Guard.) A jazzy report.

It is about time a mighty nimrod called to exhibit the horns of a deer, felled by his unerring aim in the primeval forest.

Coats for Galshewits are again loafing places for unemployed buttons, with fur needed round the neck, on the hems.

THE ENGINE-NEAR "I make any crossing," said Benjamin Lassington. "Now watch how the mileage decreases."

But the engine beat him to it. Though the bonthead never knew it, And Benjamin's gone all to pieces, (Baltimore Sun.)

INSECT LEADERS (London Times) "The insect world is the ant, which through the ages, since Solomon told the sluggard to go to it, has been quoted as the intellectual leader among insects. Their social sense is a source of permanent amusement. They are playful like kittens, they careen one another like love-birds, they grow mushrooms, like any French maraiche, they keep 'cows' and milk them, they help the babies out of the cocoon cases, they travel far, they fight in companies, they clean themselves and use cosmetics (which is by some supposed to be a sign of intelligence), they help the sick and wounded, and even the weary. One might go on and on with such examples; but, nevertheless, the wasp seems to me the quicker and more ingenious in overcoming incidental and new difficulties than any insect of them all.

The virtues of the ant will deny this; but perhaps very few will deny that these two species take the first two places and are a long way ahead of the rest. What they do is what reasonable people with a moral sense would do.

SOYAKS REASONABLE "There's talk of running me for the legislature," said Farmer Cortosset. "If they do, our boy Josh'll be to run the farm."

"I don't believe he knows how," said Mrs. Cortosset. "He knows as much about it as I do about the legislature."

"Yes, but the farm is more particular. You stay in town and Josh do the running." (Washington Star.)

CONSTITUTION DAY.

A CONSTITUTION Day dinner will be held in Medford tonight, under the auspices of several local civic organizations. This effort to make Constitution Day an observance of more local importance is a commendable one.

There is a great deal of talk nowadays about the virtues of this venerable document, but those who talk the loudest are frequently those who know least about it, and are the farthest removed from it in spirit.

Charles E. Hughes, former Secretary of State, hit the nail on the head the other day, when he said the most ominous sign in America today is the growth of bigotry and intolerance.

All thoughtful observers agree most emphatically with Mr. Hughes. The Constitution is not alone a bill of rights. It is a vigorous condemnation of human wrongs. It not only points out what the government must do, it points out what the government must not do, and what the individual may do.

Personal liberty and human freedom, an end to tyranny physical and spiritual, these fundamental principles form the letter and the spirit of this immortal document.

The more familiar, therefore, the people become with the Constitution the better for them and the better for this country. In fact, the Constitution, like the Bible, should be a best seller. It should not be given lip service and then forgotten. It should not be read once and then placed on the shelf. It should be read frequently, referred to often, and Constitution Day is an excellent time to begin.

QUILL POINTS

There are times when every normal boy thinks he is an intelligent minority of one.

About the only way to cure an itch for office is to scratch for a living.

He hasn't the true reform temperament unless his normal state is one of indignation.

Psychology is what makes \$14.98 seem vastly more economical than \$15.00.

You will observe that no mere earthquake ever shakes an office holder loose.

The smaller colleges might make ends meet by developing and selling star punters.

The "personality plus" the go-getters talk about usually means personality plus gall.

No office can confer more dignity than that possessed by the smallest man who ever held it.

"Magazine Explodes, Killing Four." We didn't read the story, but we once read something in the magazine.

Perhaps the most hideous example of the perversity of human nature is waking early on Sunday morning.

Correct this sentence: "I'll never ask for a raise," said he, "for I know they'll give it to me when I deserve it."

About the only way to get smiles from everybody is to be Santa Claus of a paying teller.

It must be a pleasant experience to visit a traffic cop's home and see him get bossed around.

No realtor is content with his lot in life until he has subdivided it and had an auction.

If you can't go on an excursion train, you can get the same effect by borrowing seven children and putting a cinder in your eye.

General Pershing 65 Years Old. ARICA, Chile—General Pershing celebrated his 65th birthday by taking the first rest since he came here on the Tacoma-Arica mission. Recovers Sight After 25 Yrs. ANDERSON, Ind.—Struck in the eye by a fluid from a fire extinguisher, Charles Hudson has recovered sight lost 25 years ago in an accident.

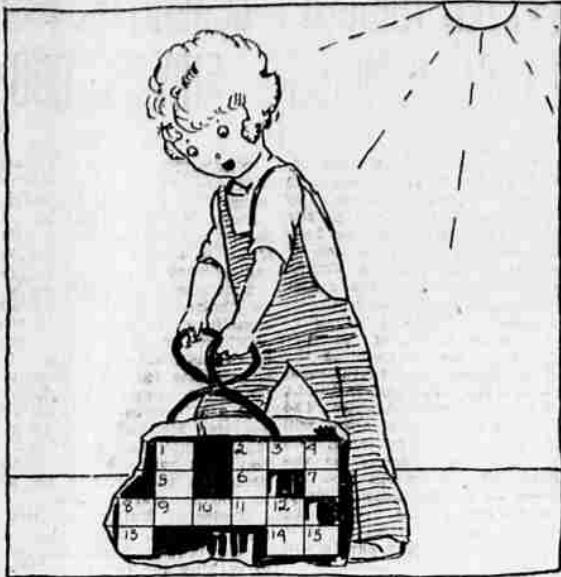


HAPPINESS.

OLD PUNKTOWN has no magic to hold ambitious lads; and so, with language tragic, they leave for other grades. The distant cities beckon, they note, and disappear, and there they find, I reckon, no joy that isn't here. In Punktown man may chortle and have his joyous fling, if he's the sort of mortal who's built to dance and sing. But if his soul is grouchy, if he's a dismal skate, he'll say the town is slouchy, and dead out of date. It doesn't greatly matter just where one may abide if he's inclined to splutter his tears on every side. He'd shed his tears in Boston, he'd weep in Buffalo; all things will have a frost on, wherever he may go. His grief would be terrific upon the eastern shore, and by the blue Pacific he'd wring his hands and roar. But if a human being is built the other way, in Punktown he'll be seeing much reason to be gay. No matter where he's dwelling he'll wear a cheerful face, and men will hear him telling the beauties of the place. It isn't where we're living that makes our lives worth while; the punkst town is giving all men a chance to smile. The man who doesn't want to put up a smile at all, will beef in fair Toronto, or knock in blithe St. Paul. I hear the bitter railings of knoekers as they go, they talk of Punktown's failings, she's shabby, gray and slow; they'll seek a town more snappy, where pep and racket blend; but they will not be happy, wherever they may wend.

CROSS-WORD PUZZLE STORY

ICE! ICE!



Hurry quickly this 1-5-9 is melting fast. If we leave it in the 2-3-4 it 8-9-10-11-12 away very soon. I wonder if it would cool 8-13 if I should 2-6-11 right 14-15 top of this lump of ice? 4-7 doubt it would cool me 12-14 I would catch a cold.

Answer To Last Puzzle

1-2-3-4-5 (paint), 5-8-12 (tin), 14-15-16-17-18 (brush), 11-12 (ton), 9-10 (us), 3-7 (in) 1-6-9-13-14 (plumb).

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Personal Health Service

By WILLIAM BRADY, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received, only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, in care of this newspaper.

What Constitutes Pure Milk.

A young correspondent writes that ration of heat suffices to kill any germ of tuberculosis, typhoid fever, diphtheria, scarlet fever, dysentery, foot and mouth disease, or any streptococci or staphylococci (these are our modern plants after it has been pasteurized is most healthful and the best. She asks whether milk should be parboiled or brought to a boiling point after it has been delivered to the consumer from a dairy which pasteurizes the milk, or should it be used just as it comes. There is still a great deal of misunderstanding about pasteurization and this young reader's query may be taken as an example of many similar ones.

In the first place, the public has been given an exaggerated notion of the effect of pasteurization on the purity of milk. The impression which some dairy or milk distributing concerns strive to give the public about pasteurization reminds one of the way in which certain nostrum makers exploited the mistletoe phrase "guaranteed under the food and drug act" which the law compelled such manufacturers to print on the label irrespective of the harmless or harmful character of the nostrum. Millions of gullible people were led to believe that this trick phrase meant that the nostrum was somehow sponsored by the government, or that the absurdly false claims made for the curative action of the nostrum were "guaranteed" by the government. And since our big business crooks are well represented in the government this noble sentiment has never been seriously interfered with by the authorities responsible for it. Of course all the fake "guarantees" meant was that the nostrum in question contained no more of certain poisonous narcotics than the manufacturer confessed (in suspiciously small type) on the label. Yet some smug beneficiaries of the great American fraud attempt to poke fun at me when I refer to the control which secret proprietary interests exercise over education, business and other important phases of life in this free country of ours.

All this may seem beside the point of today's talk. There is nothing vicious or objectionable in pasteurization as a method of making infected, dirty or dangerous milk safe to consume. But again I call your attention to the young lady's query—doesn't it connote unwarranted esteem for a mere method of disinfection?

On the wall of a very good restaurant where cleanliness is unquestionably a policy, is a large placard calling attention to the fact that the restaurant people assure patrons of the purity of the milk served, as none but pasteurized milk is served there. Doesn't that connote a presumption that pasteurization is? Literally thousands of young mothers have written to me for information as to the choice between pasteurized milk and certified milk for feeding babies. Doesn't that connote a wrong conception of the meaning for pasteurization? Who is responsible for this widespread misconception, if not the commercial dairy companies? Going to the fact that it is, under present circumstances, very difficult to insure the delivery of pure, clean fresh milk to consumers in cities, it is necessary and a wise precaution to require that all market milk be pasteurized before it is delivered; if this disinfection of the milk is not carried out, disease is inevitably conveyed in the milk to the consumer, particularly the child. Pasteurization consists in heating the milk up to but not over 180 to 145 degrees F. (60 degrees C.) and holding at the temperature from 20 to 30 minutes, in cooling, again, in the language of the kitchen it is "parboiling." This degree and du-

QUESTIONS AND ANSWERS. Stuck With Glass Stick. I have recently purchased a fever thermometer. I understand 98 is normal and that the temperature increases during the day. Please advise me what is normal the different hours of the day for a person 23 years of age.—L. C. Answer—The body temperature averages 98.6 degrees F. and usually varies from a low point of perhaps 97 early in the morning to a high point of perhaps 99 in the evening. In my opinion a clinical thermometer is useless in the hands of a layman and often gives needless anxiety.

Smoked Rings in His Ears. Would you let me know if ringing in the ears can be due to excessive use of tobacco.—A. I. Answer—Yes, it is not rarely due to tobacco poisoning.

Lead Calves Out for a Walk. Kindly inform me if massage will develop certain parts of the body. I am anxious to develop my calves, but am stout enough otherwise.—Mrs. B. A. W. Answer—Massage is useless for that purpose. Develop your calves by such regular daily exercises as walking, running, dancing, skating, tennis, the heel and toe drill.

How Many Children? We are admirers of your excellent health teachings, but we take exception to your statement that birth control is just an attempt to lend decency or respectability to the crime for which the term stands. How many children do you think shelter on a wage of \$25 a week, which is the average income of 85 per cent of the workers of America, I would like to raise a family on that income if I could get an approximate budget to do so.—Mrs. S. Answer—Call it birth prevention and everybody will know what you're talking about. How the do it is a problem in economics in this jazy age but it seemed simple enough to me. Why, my good woman, had this race subsided impulse been propagated 50 or 100 years ago with anything like the aggressiveness of those who are making a soft living

Abe Martin



Virel Toot wuz arrested an' charged with bootleggin' t'day, because he paid cash for a \$10 hat th' same day he got back from a vacation. Our idee of a job where you kin git off t' go fishin' once in a while is bet'n a Chicago hangman.

out of it in this day of unlimited divorce, there would be little left in our country now except the dress and the seam—it is the good "middle class," the workers, that make our country what it is, and these bourgeoisie are not temperamentally predisposed to divorce or genital crime.

Poems That Live

The Night-Pierce to Julia. Her eyes the glow-worm lend three, The shooting stars attend thee; And the elves also, Whose little eyes glow, Like the spark of fire, befriend thee.

No Will-o'-the-Wisp mislight thee, Nor snake or slow-worm bite thee; But on, on, on thy way, Not making a stay, Since ghost there's none to affright thee.

Let not the dark thee cumber; What the moon does slumber? Will lend thee their light, Likeapers clear, without number.

Then, Julia, let me woo thee, Thus, thus to come unto me; And when I shall meet Thy silvery feet, My soul I'll pour into thee. —Herriek.

Cook with gas.

Gained 10 Pounds in 22 Days

That's going some — but skinny men, women and children just can't help putting on good, healthy flesh when they take McCoy's Cod Liver Oil Compound Tablets. As chock full of vitamins as the nasty, fishy-tasting cod liver oil itself, but these sugar-coated, tasteless tablets are as easy to take as candy, and won't upset the stomach. One woman gained ten pounds in twenty-two days. Sixty tablets, sixty cents and money back if not satisfied. Ask Heath's Drug Store, West Side Pharmacy, Medford Pharmacy or any druggist for McCoy's Cod Liver Oil Compound Tablets. Directions and formula on each box. "Get McCoy's, the original and genuine Cod Liver Oil Tablet." Ady.

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Children's Pictorial Cross Word Puzzle



Running Across. Word 1. "One a penny, two a penny, Hot Cross —." Word 3. What a native of Germany is called. Word 4. Opposite of up. Running Down. Word 1. A common article of food. Word 2. A country of southern Europe.

SATURDAY'S PUZZLE ANSWERED.



Another "Hated Alien" WASHINGTON—Gepichiro Yamada, a Tokyo boy, has sent his whole annual allowance from his parents—\$1.50—to the Red Cross for Santa Barbara earthquake relief work out of gratitude for American assistance after the Tokyo catastrophe.

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