MEDFORD MAIL TRIBUNE

AN INDEPENDENT NEWSPAPER PUBLISHED EVERY AFTERNOON EXCEPT SUNDAY, BY THE MEDFORD PRINTING CO.

The Medford Sunday Morning Sun is furnished subscribers during the seven-day daily newspaper.

Office: Mail Tribune Building, 25-27-29 North Fir street. Phone 75.

A consolidation of the Democratic Times, the Medford Mail, the Medford Tribune, the Southern Oregonian, the Ashland Tribune.

ROBERT W. RUHL, Editor.
S. SUMPTER SMITH, Manager.

By Mail—In Advance:
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Official paper of the City of Medford.
Official paper of Jackson County.

Sworn daily average circulation for six months ending April 1st, 1924, 3669, more than double the circulation of any other paper published or circulated in Jackson County.

The only paper between Albany, Ore., and Chico, California, a distance of over 400 miles, having leased wire Associated Press service.

Entered as second-class matter at Medford, Oregon, under act of March 8, 1879.

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Ye Smudge Pot

By Arthur Perry.

One of these days Providence will snooze at the crossing and the section hand in charge will gather up an autoist in a scoop shovel.

The board of inquiry into all that was the matter at the Mother's Inn at Salem, reports its inability to fix the blame, but a former nightgown salesman for Douglas county resigned his place at the public trough. The hearing also brought out a delicate consideration for the feelings of the convicts running hog wild in the so-called penal institution, as attested via the press dispatches, to-wit:

"The warden later told me that I had done wrong," said Davison, "for the reason that the convicts might get mad."

MOTIVE LACKING FOR MURDER OF SLEEPING MAN.—(Headline Sacramento (Cal.) Union.)—Maybe the victim snored.

$50 DOWN, $25 per month will buy you a good used car. I have 3 cars left with me to sell. Take your pick.—(Eugene Register.)—Also, your sledgehammer.

On his way to his favorite fishing hole Thursday, a proprietor was trapped by customers when he stopped in his place of business for a moment.

DON'T BELIEVE IT
(Buffalo (Kas.) Times)

George Kepley and his good helper, Jack Morlan, are giving Buffalo and vicinity good, cold ice and fine delivery service. It is such good ice that it melts in your mouth.

The general all-around cussedness of the press is still being vigorously condemned by gents with axes to grind. The loudest complainants are generally politicians who have had their hypocrisy removed by the unspeakable and counfounded press. A number of the womenfolks, busy canning and making dresses daughter will wear at college, report wholesale wailing by the abused, on the front porch. "A man's home is his castle," and not a campaign stump.

Slats Johnson laid a pear on your corr's desk yesterday. If there was anything wrong with same the donor evidently did not know it, and is the first of its kind to escape shipment to New York.

Another thing the community is liable to run out of sudden-like, is soft drink institutions, there only being 35 within the corporate limits.

A GOOD EXCUSE
(Salem Statesman)

Milton A. Miller was a Salem visitor yesterday. When asked by a representative of The Statesman if he was going to enter the race for governor next year, he said: "You never can tell when a fellow hears the band playing, just what he will do."

All the puttees have been swapped for golf pants.

Perhaps there are others in similar circumstances. If they are, they are urged to let the Courier know about it, and the Courier will be glad to let them, too, have the daily without charge for a short time, until, perhaps, their luck will turn and they can get back on a paying basis. Their position will be far above that of a number who are solvent and owing at the same time.—(Grants Pass Courier.)—A journalistic detour to administer a neat bawl-out.

O, MLE, what XTC
I always feel when UIC;
I used to rave of LN's eyes,
4 MR I gave countless signs,
4 KT, 2 and LNR,
I was a keen competitor,
But each now's a non-NTT,
4 U XL them all UC.
—(Good Hardware.)

Death Toll Nears 50 Mark

NEWPORT, R. I., Aug. 21.—(A. P.)—The Mackinac death toll mounted to 43 today when Miss Bessie Mullin, of Pawtucket, died at the naval hospital. Hospital authorities expect that at least five more will succumb to burns within the next few hours.

Cook with gas.

THE PENITENTIARY AND POLITICS.

EXTREMES are usually dangerous. The danger in the present penitentiary situation is that the state will go from one extreme to the other which would be unfortunate.

The report of the coroner's jury in Salem merely confirms the popular impression that conditions at the state penitentiary are bad and a general house cleaning is necessary.

But as politics were largely responsible for the demoralization, so politics threaten to obstruct desireable reorganization.

The Pierce penal program should be changed, not as part of a political drive to discredit the Governor, but as a matter of common sense and good business.

If politics rule, it will be practically impossible to avoid excesses, and go too far in one direction, as Governor Pierce went too far in another.

The Pierce administration was bad, but not all bad. It failed, not because it was humane, but because it was stupid, not because it recognized certain principles of reform, but because it failed to combine such recognition with discrimination and intelligence.

* * * *

To merely drop the soft-boiled system of radio concerts and sentimentality, for straight jackets and hard-boiled brutality, might result in temporary improvement, and greater safety for the public, but it would not give Oregon what the state should have, and it might eventually lead to conditions as undesirable as those recently prevailing.

What the state needs is a big man in charge of the penitentiary, a man qualified by experience and character for the job, who can devote himself to this important and difficult task, regardless of politics.

Such a man would be neither a "Slaughter House John," nor a "Sentimental Tommy," but a prison expert, a strict disciplinarian, a man who would know that certain inmates of such a place, by intelligent treatment, may be salvaged and returned to useful citizenship, and that others can only be handled through fear and force. Such a man would have, of couse, the instinct and knowledge to discriminate between the two.

This is the goal toward which all good citizens should be working. But it can only be reached by taking our penal system once and for all out of politics, either by depriving the governor of the appointive power, as far as the prison is concerned, or by forcing governors, through public opinion, to choose wardens for their fitness, not for their ability to deliver votes.

QUILL POINTS

The trouble with human rights seems to be that they overlap.

If logic is at all trustworthy, the spots on the sun doubtless are freckles.

Christianity is of God, or it couldn't survive the follies employed to defend it.

The reaction against bobbed hair might develop faster if the hair would.

The Baruch idea seems to be that pruning the tree will serve better than grafting.

The heroic part of chasing a bandit consists in eating the dust he kicks up.

A man may be captain of his soul and yet have a mate who charts the course.

It isn't a real "crisis" in the industry unless it will cost the coal consumer about $1.85 a ton.

Those Frenchmen who wish to enlist American flyers for five years in Morocco are optimists.

Transportation is the big item. A live bandit is worth only $1000, but he's worth $2500 f. o. b., morgue.

Almost any jack will lift the car; the hard part is to find the jack to lift the mortgage.

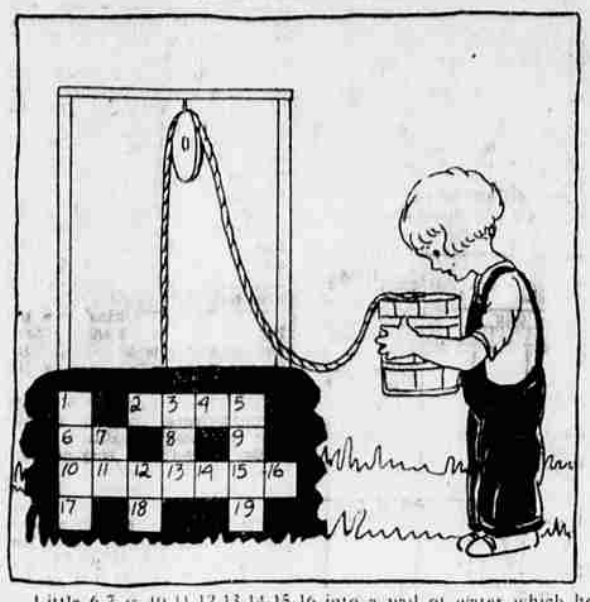
You don't matriculate in the school of experience. You just swallow a hook and there you are.

REBUKED.

I ASKED the famed explorer what good his efforts did; he drank some hair restorer and answered, through his lid: "Your mind is cheap and sordid, you see no good in toil unless it is rewarded with things to bake or boil. You understand the fellow who drives a team of nags, and plows the meadow mellow, to buy himself some rags. You understand the duffer who slaves until he dies, that he may never suffer for tripe or pumpkin pies. But if a man of learning surveys the midnight stars, you laugh, for he's not earning the price of twin cigars. And if a savant thoughtful should isolate a germ, you say things tommyrotful, and laugh until you squirm. He might be making collars or sawing through a plank, and packing tawdry dollars in knapsacks to the bank. He might be busy tanning, or grinding butcher knives, but he is striving, planning, to save a million lives. Columbus dreamed of sailing across the unknown seas, and all his friends were railing, and springing josh and Wheeze. He heard them daily drooling, they asked, on every hand, 'Why don't you quit your fooling and run a peanut stand?' A man is surely nutty who'd buck the raging main, when he might take some putty and fix a window pane. Your dreams are rash and phony! Pursue some useful plan, and peddle macaroni, or dish out da banan'.' You tinhorns make me sorer than any man should be," and then the famed explorer threw paperweights at me.

CROSS-WORD PUZZLE STORY

THE OLD WELL



Little 6-7 is 10-11-12-13-14-15-16 into a pail of water which he drew from the 1-6-10-17. What 7-11 you think he sees in the bucket? Do you think there are tadpoles in the bucket? I hope there are 5-9-15-19! The bucket is made of 3-8-13 so we call it "the old oaken bucket." There is another bucket fastened 12-18 the other end of the rope. It is way 2-3-4-5 the well now and if you want to pull it up you will have to let the other bucket go.

Answer To Last Puzzle

7-8 (my), 1-3 (or), 2-6-8 (cry), 10-16 (be), 10-11-12-13 (baby), 2-3-4-5 (crib), 14-19 (on), 15-16-17 (bet), 18-19 (in), 7-9 (me), 11-17 (at).

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Personal Health Service

By WILLIAM BRADY, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped, self addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received, only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, in care of this newspaper.

Three Forms of Brights Disease.

An English physician, Richard Bright first noticed, about a hundred years ago, certain patients in Guy's hospital with edema (dropsy), enlargement of the heart and other signs, including the presence of protein in the urine, and he discovered that these patients had some disease of the kidneys. The kidney lesions were not always the same, but the general condition came to be known as Bright's disease. Microscopic methods were not yet available in Bright's day. The adoption of microscopic diagnosis in our day has enabled us to distinguish three types or forms of Bright's disease. These three forms of Bright's disease are practically three distinct diseases, as has been pointed out by Dr. Thomas Addis, a California internist, who has learned that the finding of casts in the microspocic examination hinges upon the reaction and the degree of dilution of the urine, that is, the casts may dissolve and disappear when the urine becomes alkaline or when it is very dilute, though they are more constantly found in Bright's disease when the urine is normally acid and concentrated. This observation would seem to account for a good deal of the variability in this particular finding, in such examinations. So Addis lays down careful rules for the procuring of the specimen, giving written instructions to the patient. The patient is asked to take his ordinary breakfast, including coffee, tea or milk if he wishes, but thereafter all fluids must be abstained from for the rest of the day and the night, until the specimen has been obtained the following morning. The diet is not restricted in other respects, except that the patient is asked to take no more fruit than customary, even though thirsty.

Some of such a suitable specimen is centrifuged (whirled to cause quick settling of any sediment in it,) and in normal persons such sediment consists of a grayish mucus; in the early stage of hemorrhagic Bright's disease it consist of a brown precipitate; in the active stage the sediment becomes white. In degenerative Bright's disease no brown color shows in the sediment, but only a small amount of cloudy white deposit. In arteriosclerotic Bright's disease, there is about the same colorless mucus as that obtained in normal persons. The difference in the casts and other findings in the three different conditions are too technical for a layman.

Dr. Addis thus classifies the three types or kinds of Bright's disease:

1.—Hemorragic Bright's disease, which pathologists call glomerular nephritis, features being blood casts and red corpuscles in the urine. This form is usually associated with the moderate increase in diastolic pressure and is often slight general edema. The usual cause is a streptococcal infection, as in scarlet fever. The kidney lesion often heals after the streptococcal infection has run its course or been eradicated, with a defect compensated by enlargement.

2.—Degenerative Bright's disease, the prominent feature of which is the presence of many epithelial cells in the sediment, the cells in all stages of granular or fatty degeneration. In some cases no cause can be found, sometimes it is due to poisoning by mercury or other metals, or to malaria, sometimes the toxemia of pregnancy, in children it may be from staphylococcal focal infection.

3.—Arteriosclerotic Bright's disease, the most common form, found in patients with hypertension. This form is sometimes called chronic interstitial nephritis, and being rather a minor issue it calls for little consideration in the management of the patient for what really ails him—cardio vascular disease.

Some readers will think it an oversight that I have said nothing about albumin. The truth is, the finding of albumin in the urine is in itself of no definite significance, since it may be present in normal conditions or absent even though the patient has Bright's disease. The discovery of albumin in the urine no more means Bright's disease than does a run down condition mean tuberculosis or a murmur heart disease.

QUESTIONS AND ANSWERS

The Beverage for Children

Kindly inform me whether hot drinks made from cocoa are as poisonous as tea or coffee or whether it is injurious for children to drink cocoa or would they be better off without anything to drink at meal times? (Mrs. B. A. E.)

Answer—Coffee, tea and cocoa all act alike, coffee being the strongest, cocoa the weakest in effect. They stimulate the heart, the brain and the kidneys. They are not poisonous. For adults a cup of tea or coffee is usually wholesome and beneficial. Certain invalids must avoid such stimulants. Children under 16 should have none of them, but if you must indulge a young craving for stimulants, cocoa is the least injurious of the three for a child. One objection to cocoa at meal time, for a child, is that it gives a false sense of fullness and so prevents the child from taking sufficient food of a more essential kind. Another objection to feeding these stimulants to children is that a child's kidneys and nervous system rarely need stimulation and the abuse of stimulants accounts for many disturbances in children. The healthful beverage for children is milk. If the child can't have pure, fresh milk, then home made soup is good, or just cold water with meals.

Calcium Lactate for Hay Fever.

I remember you recommended calcium lactate as a remedy for hay fever over a year ago. I am suffering from this distressing malady and would be grateful for detailed directions about using calcium lactate. (T. R.)

Answer—Best to begin a week or two in advance of the opening of your hay fever season, but you may begin after the season is on, taking internally, twice daily, within an hour after meals, from 10 to 20 grains of either calcium lactate or calcium chlorid dissolved in water and well diluted—drink at least a glassful of water with or following each dose. Continue for six weeks. Some sufferers from hay fever, unable to find which pollen is responsible, obtain considerable relief from the use of boric acid solution—as much boric acid as will dissolve in boiled water—as a gargle and nasal spray three or four times daily. Others have to go to Duluth—or if they already live in Duluth they go to Mackinac island, or Two Rivers, Wis., or north woods, Maine, or Bethlehem, N. H., or Blue Ridge mountains, or Broadway and Forty-second street, or Banff, or Muskoka lakes, or Colorado Springs, or the Adirondacks.

ROSSLAND, B. C., Aug. 21.—Forest officials from Washington and Oregon agreed here yesterday to bear the whole cost of keeping a recent forest fire at Mount Sophia near here from spreading across from the United States into Canada.

Abe Martin

Now that all o' th' authorities have agreed that Mr. Bryan wuz a good an' great man, but that "he wuz not allus right," will somebody please trot out, or dig up, some national character that is, or wuz, allus right? Next t' a sick fat man, nothin' kin upset a home quickern' an inexperienced hired girl.

Timely Views on World Topics

Expert Advises That Population Movements Be Guided.

The unguided and spasmodic population movements are an important problem of today, says Henry C. Taylor of the Department of Agriculture. He asserted that although a gain in wealth might result, this might constitue a detriment to urban and rural welfare unless consciously absorbed.

HENRY C. TAYLOR

"The farm population that moves to industrial centers may prove an asset if provided with adequate opportunities to work and live satisfactorily. On the other hand it may become a decided liability and a possible charge on public institutions if thrown entirely upon its own resources in obtaining a foothold in the new and complex sphere.

"This movement of population from farm to city is not a new one. While 87.1 per cent of those engaged in gainful occupations in United States were in agriculture in 1820, the percentage in agriculture was only 26.6 in 1920. This movement went on gradually throughout 100 years.

2,000,000 Moved in 1922

"A danger may arise if the movement be retarded by the lack of facilities for making the move from farm to city and by lack of facilities for finding a position and gaining the skill required in the new occupation. Another danger is that, because of the difficulties in moving from country to city, a surplus population may be built up in the country during periods of prosperity, which surplus will have to move at very high speed from the country to the city during the periods of depression. This is illustrated by what happened during the period following the World war. During 1922 it is estimated that about 2,000,000 persons moved from country to city.

"This number was partly offset by the movement of approximately 880,000 persons from city to country, which made a net shift from farms to towns and cities of about 1,120,000 persons, or about 3.6 per cent of the rural agricultural population at the beginning of the year.

Movement Often Brings Suffering

"This movement to and from cities is not without terrible suffering on the part of many people. Many of those who moved to town during the past five years were forced by bankruptcy, brought on by the post-war agricultural depression, to go into city industries without knowing how and where to get a new start, and they had no funds with which to establish their families. It is especially desirable that a plan be developed for the conscious absorption of the surplus of rural population by cities. Likewise we need a better foundation and a redirection of most of the plans for moving people from the city on to farms, especially in undeveloped regions.

"Certainly the educational system should be such as to develop the growing generation for effective lives whether the individual remains upon the farm or moves into other industries. This is not difficult of accomplishment at present, for success in farming in these days requires a broad knowledge of the economic geography of the world, of methods of marketing, and the technical and economic aspects of farm management and accounting, which knowledge may be highly useful in city occupations, particularly in those which relate to the handling of the food supply.

"The danger in this movement from the country is that the process will be selective, taking the best stock from the rural community and leaving the weaker elements of the population of the farms to the detriment not only of agriculture, but of the nation as a whole, for the farms of this country may be likened to the seed beds of the nation.

"Once we see the problem in all its phases and relationships the solutions to the problems will be indicated. Careful thought directed on each phase and each relationship should result in concrete plans for directed migrations and successful and satisfying life in both country and city."

WASHINGTON, Aug. 21.—(A. P.)—July production of automobiles in the United States totalled 346,720 passenger cars and 37,431 trucks. Total production for the year to date of passenger cars is 2,203,219 and trucks 263,643.

Children's Pictorial Cross Word Puzzle

Running Across.

Word 1. What the man, in the picture is called.
Word 4. To watch secretly.
Word 6. Part of the foot.
Word 7. A California city near San Francisco.
Word 9. The nickname of a famous Civil war president.
Word 10. A delicacy made chiefly of egg and milk.

Running Down.

Word 1. The name of an ocean.
Word 2. The letters of a language arranged in their proper order.
Word 3. A road for heavy steam transportation.
Word 5. Biblical form of "you."
Word 6. Another name for father.

YESTERDAY'S PUZZLE ANSWERED.

Prepared at home in a minute by briskly stirring the powder in hot or cold water. No Cooking

Safe Milk and Diet

For Infants, Growing Children, Invalids, Nursing Mothers, etc.

Food-Drink for All Ages

Rich milk, combined with extract of choice grains. Very nourishing, yet so easily digested that it is used, with benefit, by ALL AGES, ailing or well. An upbuilding diet for infants, invalids, nursing mothers, etc. Convenient, Light Nourishment, whenever faint or hungry. A cupful, taken hot, upon retiring, induces sound, refreshing sleep.

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