

MEDFORD MAIL TRIBUNE

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Ye Smudge Pot

By Arthur Perry.

When the Evolution trial started in Tennessee, the defense said they wanted "nothing but simple justice," and they seem to be getting it.

The population of Oregon still runs 8.7 persons to the square mile. Does anybody know how many of these are candidates for office?

Ever so often a cowatcher of a locomotive catches a cow, instead of a 45.

OUCH! (Health Hints) Take the victim from the water. Lay him on the ground or floor in an airy place, face downward, with arms pulled higher than the level of the shoulders. Bend one of the person's forearms, so that the mouth and nose rest on the back of the head.

The Ohio preacher who ran away three times with a choir singer, is gone again. When they take up the customary collection for his wife and children, somebody ought to drop in a shoveler.

Lady Ford-Coupe of the local British set, said "Damn" yesterday, informally instead of "deucedly exasperating." She recovered her poise in time to take the long step, which is all the worse among the English. It gives a name swing to Lady's gait.

The second cutting of hay is turning out well as to yield. Some trouble is being experienced in getting needed hay hands, but there is no great scarcity of those.—(Pendleton East Oregonian.)—Sounds plausible.

WHY EDITORS RUN (Etna Mills Sentinel) Howard is accused of causing the death of W. F. Vaughn, whom he beat over the head with a club when he found him in company with Mrs. Howard and another female man-trap.

The Colorado wing of the Anonymous Haters of America, are engaged in a free-for-all squabble. The trouble is over the proceeds of sales of \$14 nightgowns.

The baby that used to get her finger caught in a sewing machine, is now put in the backyard jabbing shiners into a hind tire.

A volunteer from faraway Portland, Ore., made up exactly like Andy Gump, had another and larger crowd.—(Baltimore Sun.) Our fame spreads.

Jack Dempsey, heavyweight champion of the world, whose proneness to battle has caused considerable concern, will not fight this year—except with his manager.

There is a record crop of hay, for the hay shortage next winter.

Learned counsel at Dayton, Tenn., has apologized to eminent counsel for telling him, "Shut your mouth!", but this don't help those told by C. Wig Ashpole to "Dry up!"

The bobber shops are crowded with girls. It hustles a small boy after a haircut, to escape before he needs a shave.

A traveling man saved a half-famished colt by giving it a 10-mile ride in his coupe. We know a few traveling men and others who show the same tender sentiments towards chickens.—(Klamath Falls Herald.) Through the rope over the second limb, Bill, it looks the stoutest.

Roasting ears are ripe. A roasting ear is harder to throw than a bowl of Chinese noodles, and just as noisy.

YES! YES! GO ON! (Corning, Neb., Times) NOTICE! I herewith give the people of Culbertson notice that I forbid any boy or girl, or any adult person, acquaintance, friend or foe, or any other manner of creature, strolling up the river bank along my premises, in any manner of reason whatsoever. And if this causes offense to anyone, it will still be satisfactory to me. There is a public highway leading to my house and every such person is respectfully invited to come and go at his pleasure. But I do not intend to have my melon patch and everything else that I have inspected and audited over by every sneak kid or any other manner of kid. I call special attention to some of the young women in this town, being over familiar by strolling back and forth across my premises, and I don't mean many.—J. B. HUNTER.

KEEPING FOREST FIRES OUT OF JACKSON CO.

LESS than a week ago there were 15 forest fires in Jackson county. This morning the local forest service announces that all of these fires have been extinguished and while the forest fire danger is not over,—in fact, the season has only started,—the present outlook, to say the least, is encouraging.

Needless to say the recent weather has been, with extreme heat and frequent winds, ideal for the starting and extension of forest fires. Nevertheless, under most hazardous conditions, the fires have not only been controlled but extinguished, which calls attention to the fact that Jackson county has a most efficient fire-fighting service—a service that deserves the active support and assistance of every citizen in southern Oregon.

Therefore, it seems an opportune time to again admonish local people who are motoring to the hills and lakes for climatic change and recreation, to carefully observe those common sense precautions, which are essential if Jackson county's present good fortune is to be continued.

Never leave a camp fire however small, until it has been drowned in water, never throw away a smoldering match, or a lighted cigaret; and not only should one observe these rules, but should see that others do likewise.

In timber lies one of our greatest natural resources. The protection of this resource means material benefit to every resident of the community. Therefore, to join actively in the war on forest fires is merely to assume one of the primary obligations of good citizenship.

Incidentally, it might be noted, that tourists avoid forest fire areas as they would a pestilence. Southern Oregon is now enjoying the first fruits of what promises to be a record breaking tourist crop. Co-operation with the fire fighting forces here, therefore, also means protecting this valuable crop from serious mutilation.

QUILL POINTS

Ancient saying: "We can't afford it."

Humility is a virtue in a lion, not in a rabbit.

A hick town is a place where a fire is entertainment.

The drawback to doing odd jobs about the house is that they look so darned odd when you finish.

If there isn't room in the car for all, the one who doesn't care to go this time is mother.

It can't be. You never see a monkey grouching because the others are having a good time.

Brick laying never causes high blood pressure unless you happen to be paying for the job.

An old-timer is one who can remember when a shady past was a handicap instead of literature.

Note on manners: The alien who is smuggled in should remain at least a year before cussing the country.

Correct this sentence: "Here's good news," said the wife; "Betty and her four children are coming for a month."



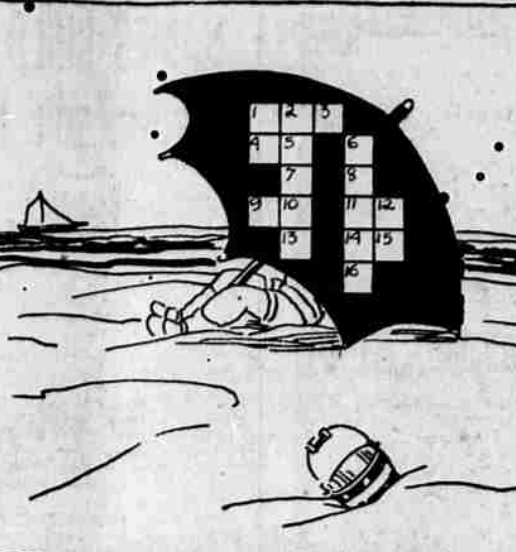
DRY CLEANERS.

I DO ADMIRE the cleaners who spend their useful lives providing pies and wieners for children, aunts and wives. For fair and honest payment they cleanse the pantaloons, renew our ancient raiment, and rest an hour at noon. But for their earnest labors, but for the work they do, the voter and his neighbors would be a seedy crew. But one thing seems surprising—I often wonder why they're always advertising the fact that they are dry. Since Volstead knocked beer higher than heck we all are dries; and cleaners are not drier than any other guys. Dry haters sell us kellys, dry grocers sell us beans, dry bookmen sell us Shelleys and Scotts and Laura Jeans. Dry butchers hew the mutton on which the people feed, dry tailors sew the button on gabardine and tweed. Dry authors tell us stories, and thirsty tenors sing, dry statesmen tell of glories their policies will bring. Dry plumbers fix the piping, and men with parching throats are polishing and wiping the grease marks from our boats. All honor to the cleaners who make our garments shine, their diligent demeanor's a thing that's high and fine. But if they're any drier than other tolling gents, arithmetic's a liar, and not worth twenty cents. Dry bankers, clerks and bakers still greet me with a sigh, and dromity undertakers will plant me when I die.

KILLS FLIES, MOTHS - MOSQUITOES, BEDBUGS - FLEAS. Most POWERFUL HOUSEHOLD INSECTICIDE You Can Buy. THE TANGLEFOOT CO. GRAND RAPIDS, MICH.

CROSS-WORD PUZZLE STORY

A HOT DAY



The 1-2-3 is very bright and hot 4-5 the sandy beach, 1-4 Mother tells us 9-10 should stay 2-3-7-10-13 the 6-8-11-14-16 of the big beach umbrella.

We have 11-12 awful lot of fun playing on the beach, but we 14-15 not mind staying in the shade of the big umbrella either. There is 12-15 hotter place than out under the blazing sun on the beach, I am sure.

Answer To Last Puzzle: 1-2-3-4 (come), 4-7-11 (est), 1-5-8 (can), 5-6-9 (one), 10-12 (as), 8-9-10-11 (nest), 5-6 (an).

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Personal Health Service

By WILLIAM BRADY, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received, only a few can be answered here. No reply can be given to queries not conforming to instructions. Address Dr. William Brady, in care of this newspaper.

The Soda Habit.

Readers frequently inquire whether there is any harm in taking soda (sodium bicarbonate, saleratus) habitually, or how much may be taken without injury and for what length of time may the use of soda be continued.

A great teacher of therapeutics used to tell his students about a patient who had taken soda in liberal quantities for 39 years without any apparent ill effect. On the other hand, good physicians have reported cases of achylia which they attributed to the prolonged use of alkaline mineral waters. Achylia is even worse than it sounds—it is a failure in the secretion of gastric juice, both the pepsin and the hydrochloric acid. Enuf seed—and if you think you've got achylia tell your doctor or the traffic officer at the corner; don't tell me. Even if you think you need soda to neutralize acid in your stomach or in your system, don't confer with me about it, just take the soda in such quantities and at such times as you think you would like some. It won't do you any harm as far as I can see. Ordinary saleratus or baking soda, such as grocers sell is quite as good for medicinal use as any other kind or make of sodium bicarbonate. Sodium bicarbonate is best taken either as a powder or dissolved in water. Tablets are all right for convenience in handling and estimating the dose, but it is usually better to dissolve them in water and not to swallow the tablets whole, for by solution and dilution the soda is made less irritating and likely to injure the stomach.

You know what happens when you mix soda with any acid in the presence of moisture or water—there is a chemical reaction in which the sodium bicarbonate is decomposed and its carbonic acid gas (carbon dioxide) freed; this gas accurs for the bubbles (effervescence) in soda water, either drug store soda water or home made soda water. If you've ever studied physiology you know that the gastric juice is employed when the stomach is busy. So you can understand what chemical reaction occurs when you put soda into a normal stomach—it releases the carbonic acid gas (carbon dioxide), which may set up considerable belching of gas, which doesn't mean anything, except that the stomach must be all right. If you dropped the soda into a stomach which was to be busy—within an hour or two after a meal—and no gas were produced, then you should consult a good physician to find out what can the matter be.

There is no better alkali available, either for neutralizing excessive acidity of the stomach or for opposing acidosis in the system, than ordinary saleratus. There is no better alkali for diminishing excessive acidity of the urine. The ordinary dose of soda is from five grains to a half a teaspoonful—30 or 40 grains. This is ordinarily repeated three or four times a day. Sometimes it may be necessary for a few days to take twice as much or to take it twice as frequently. Numerous alleged digestible tablets or pills which are exploited as good for "indigestion" or "dyspepsia," depend for their sole demonstrable remedial effect upon a good dash of soda in 'em. The rest of the formula is generally scenery or scent. Everything considered, there seems to be no harm in taking soda in any desired dose over a period of weeks if necessary. It is probably unwise to take soda in even small doses habitually or indefinitely.

QUESTIONS AND ANSWERS

Another Food Fallacy Is it true that milk, while rich in materials for bone structure and therefore good for infants is harmful for adults as it helps to harden the arteries, containing as it does a large amount of calcium or lime (Z. M.)

Answer—No, that is just one of the plausible notions conceived by the alleged "food experts" who have sprung up out of department store and manufacturers' advertising departments to advise the American Wiesenhelmer family about diet. Physiologically there is no evidence that calcium (lime) salts in food or in drinking water have anything to do with arteriosclerosis or any other abnormal condition. Possibly an inadequate calcium ration may be responsible for some disease conditions.

Red Tomatoes I read your articles regularly and (yet, we might interject) I write to ask you to give me a diet for rheumatic gout with kidney impairment. I have stopped eating red meats. Can I eat tomatoes? What about hot bread, such as waffles and cakes? I am 50 years old and weigh 178 pounds. I can't take exercise walking, because of pain in the feet. I am constipated. Please prescribe a diet in detail and include your bill. (B. F. R. E.)

Answer—My bill is inedible. If you are constitutionally opposed to red meats you naturally avoid tomatoes, I suppose. They are red when ripe, and perhaps some mail order "food specialist" has discovered some uric acid in 'em too. Now, brother, if I could suggest what you should or should not eat I would be glad to do so and all free gratis, just for the sake of winning your good will for me and the paper. But you ask me to do something beyond the ability of a physician, a health expert, a food specialist or anybody else. The doctor who tells you you have "rheumatic gout"—which is certainly a guarded diagnosis—and impaired kidneys is in the best position to advise about your diet. My main reference to the color of the tomatoes is inspired by your joke about red meats. That is very, very old stuff and there isn't any foundation in fact for it. Red meats are as wholesome or harmful for one with such trouble as yours is alleged to be as meats of any other color.

How Tom's Aunt Cured Herself The query of a woman with a weeping shiner reminds me of my aunt who had such a thing growing on the middle of her hand, as big as a walnut. She went to the doctor about it, and he took a hammer and hammered it down, then banded it tightly. It never reappeared. Heroic treatment, what? (Tomalinda.)

Answer—Yes, I had one which some brave medical friends were all for smashing with a book. I am very patient. I tried it out—waited about nine years and it finally disappeared.

Wife Burned to Death VANCOUVER, Wash., July 20.—Mrs. Ellen Adams, 84, was burned to death yesterday in a fire that destroyed a one-story house in which she was living with her husband, George T. Adams.

Cook with gas.

BRICK, ASPHALT, LIME, CEMENT, ROOF PAPER BRICK MADE HERE IN YOUR HOME TOWN

From home material, home labor employed; money spent for this home building material remains here in circulation. Build with Brick Flemish Bond, cheaper than lumber; air space walls, cool in summer, warm in winter; no latins, no painting, no upkeep, cheaper insurance. Don't mind the knocker, he's still rocking the boat. Call at Standard Roofing & Builders Supply Co. and save money on brick, lime, cement, asphalt and roofing paper. Corner Fir and Ninth street, or at factory, Tenth and Fir.

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Abe Martin



Quite a lot of our people will wait up for the proposed Sole-Lark wedding 'n'ight. There's no invitations, but it's announced that a red sky rocket 'll be touched off if the groom shows up, an' a green one if he don't. Miss Tawney Apple has a new pair o' \$19 pumps. How's that for high?

PRESIDENT TALKS OVER PROBLEMS OF DECEMBER SESSION

SWAMPSCOTT, Mass., July 20.—(A.P.) With the congressional recess half gone President Coolidge today began formulation of the administration's program for the December session.

The visit to the summer White House of Senator Curtis, the republican leader, afforded the executive an opportunity of going over the legislative situation with one who will be called upon to carry into effect proposals of importance.

Conferences with other congressional leaders during the summer are planned by the president.

While the president does not feel it would be necessary even should a crisis develop in the anthracite situation to call congress into special session, he is expected to discuss this question with the Kansas senator, chiefly to determine what remedial legislation if any should be enacted.

In line with his policy of having government officials confer with him here from time to time, President Coolidge invited Director Hines of the veterans bureau to visit him late today at White Court.

CHICAGO BROKER JUMPS TO DEATH

CHICAGO, July 20.—(A. P.) E. W. Wagner, formerly one of the biggest figures in the Chicago grain market, was found dead in a rooming house here today, plunged to death from the fifteenth story of the Westminister building, in the central business district.

The body dropped to the roof of the Monroe theater. Mr. Wagner was about sixty years of age.

WOMEN WARNED TO OBEY FISHING LAWS

This year all women over the age of 14 years must have fishing licenses the same as the men, but many women seem not to know this as the local game warden frequently find women residents of the county and tourist women fishing, whereupon they are forced to discontinue until they take out licenses, and to take out licenses for the fishing they have already done.

Three such offending women were caught yesterday by the game warden, who declare that there is so much ignoring of this new law that they can no longer give warning and let offending women off with their promise to at once take out licenses, but must begin to make arrests.

The Screen

"His Supreme Moment" will be shown tomorrow, Wednesday and Thursday at the Rialto theater, part of an important bill, which has a Mack Sennett comedy, International News and Peggy Ridley at the organ.

Blanche Sweet and Ronald Colman head the cast of "His Supreme Moment," with Belle Bennett, Jane Winton, Cyril Chadwick, Ned Sparks and Nick de Ruiz playing the principal roles in support of the stars.

Children's Pictorial Cross Word Puzzle



Running Across. Word 1. In the picture. Word 4. A beautiful youth of Greek mythology. Used to describe an unusually handsome man. Word 5. A father or mother.

Running Down. Word 2. A far eastern country. Word 3. A garden vegetable.

SATURDAY'S PUZZLE ANSWERED



SUNDAY SCHOOLS MEET AGAIN AND RAP EVOLUTION

The annual group gathering of the American Sunday school union for Josephine county was held yesterday in the "Hyde Grove" near Murphy. Nine Sunday schools were represented.

Several Bible addresses were given by different speakers. Rev. Fredenberg of Sams Valley; Rev. Stille of Trail and Rev. Johnson of Central Point were the chief speakers.

Missionary Randall gave a talk on "Evolution Versus the Bible." At the close nearly all present voiced a protest against evolution being taught in the public schools of Oregon. The basket dinner was eaten cafeteria style and enjoyed by all.

Many expressed a wish that next year the meeting might continue over several days. The object of these meetings is to inspire more interest in the Bible and Sunday schools.

Miss Rogers Gained 15 Pounds in Six Weeks

Skinny Men and Women Gain Five Pounds in 30 Days or Money Back.

My dear Friends: After my attack of flu I was thin, run-down and weak. I had a sallow complexion, my cheeks were sunk in and I was continually troubled with gas on my stomach. I felt stuffy and had lost my appetite. I had read about McCoy's Cod Liver Oil Compound Tablets and decided to give them a trial. At once, I began to pick up an appetite, my cheeks filled out and my complexion became healthy looking and I gained 15 pounds in six weeks and am very thankful for what McCoy's Cod Liver Oil Compound Tablets did for me.

Miss Alberta Rogers, 264 W. Cerro Gorda St., Decatur, Ill.

To take on weight, grow strong and vigorous, to fill out the hollows in cheeks and neck, try McCoy's Cod Liver Oil Compound Tablets for 30 days. 60 Tablets—60 cents at Health's Drug Store, West Side Pharmacy, Medford Pharmacy and live druggists everywhere. If they don't give you wonderful help in 30 days, get your money back—you be the judge. But be sure and ask for McCoy's, the original and genuine. ADV.

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