

MEDFORD MAIL TRIBUNE

AN INDEPENDENT NEWSPAPER
PUBLISHED EVERY AFTERNOON EXCEPT
SUNDAY, BY THE
MEDFORD PRINTING CO.

The Medford Sunday Morning Sun is furnished
subscribers desiring the Sunday daily news-
paper.

Office: Mail Tribune Building, 25-27-29
North Fir street. Phone 75.

A consolidation of the Democratic Times, the
Medford Mail, the Medford Tribune, the South-
ern Oregonian, the Ashland Tribune.

ROBERT W. RUIH, Editor.
H. SUMPTER SMITH, Manager.

By Mail—In Advance:
Daily, with Sunday Sun, year\$7.50
Daily, with Sunday Sun, month75
Daily, without Sunday Sun, year 6.50
Daily, without Sunday Sun, month65
Weekly Mail Tribune, one year 2.00
Sunday Sun, one year 2.00

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Ad terms by carrier, cash in advance.

Entered as second-class matter at Medford,
Oregon, under act of March 3, 1879.

Official paper of the City of Medford.
Official paper of Jackson County.

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Ye Smudge Pot

By Arthur Perry.

"The hoodlum element" is blamed for the race riots at San Quentin prison, and what are the hoodlums doing among the criminals, anyway.

Bees are not busy, and actually accomplish less than a session of the legislature, according to observations by the Department of Agriculture. The bee is like the tireless worker in male garb, who is unable to do anything on Monday because of the realization that he did not sweat and fidget, and fuss and fume on Sunday. The tireless worker is satisfied if at the end of a day he is mentally and physically defunct, and has left 47 tasks, in such a state of demoralization that no one can do them. A tireless worker is always a noble starter, and invariably an abominable finisher. It is far better to do nothing, and do it well, than to botch up three score and ten tasks, only to leave them to their fate. Take the common notch-tailed woodpecker. When he starts to peck a hole in a site previously selected, he stays with it resolutely until his wings play out, or there is a neat hole, according to agents who have studied him at work and play. Yet the graduating class, (this year's crop) will be told "to emulate the busy bee in the hive of human effort," when gumption moves them.

IT'S POOR COUNTING

(Pendleton East Oregonian)
Walter Brownfield of Pendleton is wearing bandages, walking with a limp and has in his eyes that look which indicates that he has written off to the charge of profit and loss the cost of one suit of clothes. All of these things came about because Mr. Brownfield had an encounter yesterday with a member of the cow family and counts himself lucky.

Eight years ago today, a shipload of Bihlins for the heathens of Africa hit a mine and drifted upon the waters by civilized nations, and all were lost.

\$10 shoes still prevail, but Man can't pack enough cow hides across the street in a week, to pay for the same.

The tariff, which is responsible for numberless literary and oratorical outbreaks, by citizens without the slightest knowledge of the tariff, is now centered on gypsum rates. The tariff rate on gypsum will not be discussed at this time, as it might reduce its cost on, the eve of fruit canning.

NICE OF THE SHERIFF

(Salem Statesman)
Notice to my friends to come to the jail at 2 o'clock p. m. Tuesday, which time I will dispose of all confiscated liquor in my possession.

J. H. Ballinger, Sheriff.

Girls who get into strange automobiles have started jumping into hospitals again.

There is probably a good and sufficient reason for it, if they would only tell, but the average sleeper is at a loss to understand the necessity of an Espee freight whistling 28 times enroute to Central Point. There is also a noticeable resumption of iron horse whinnying, by day.

Coolidge has no doubt had long experience in pumping water to feed the stock on a farm, which perhaps makes the handshaking stunt less arduous to him. It must remind him slightly of the old days, to see these long rows of tourists herded into his office, much as the cattle used to line up in the old barn to receive their daily food and drink. (Horseburg News Review.) Why have a stable government.

All the available shade has been homeostated by aristocratic loafers neath new straw hats.

What has become of the old fashioned 4d from Portland, with a KIGY sign dangling from the rear axle?

HEART BULL AND BALM

(Press Dispatch)
TERRE HAUTE, Ind., April 30.—Harry H. Schleppey, a motor car salesman, today sued Mrs. Viola Koonce, widow, for \$25,000 damages for alleged failure to carry out a matrimonial contract. He set forth that upon diverse occasions the defendant made promises of marriage "which she at all times failed to keep."

No words can accurately tell how the lady looks without Marcel.

"DEMOSTHENES SPEAKING."

CELEBRATING the anniversary of Morse, inventor of the telegraph, a Western Union official suggested that there might be new wonders revealed yet by the telegraph, through a combination of electrical waves and telepathy.

Telegraph operators, he remarked, often have a sort of telepathic gift, and radio suggests unfathomed possibilities in the way of getting in touch with the past as well as the present.

"Who knows but that at some not distant date we may hear the voices of the old Greek orators and the sages of the Roman senate, may hear Hannibal and Napoleon all through the enduring vibrations caught by radio? If the voices of yesterday can be trapped in the ether, why not the voices of past centuries?"

It sounds spooky, and not entirely scientific. The "voices of yesterday" have not been "trapped in the ether," as far as anybody knows. All the etheric voices caught by telegraph and radio are voices of the moment, reaching the hearer in a very small fraction of a second.

It may be true that radio waves, and other vibrations as well, go soaring off through space, forever and ever; and according to the Einstein theory, when they have gone an infinite distance, they may find themselves coming back where they started from. In that case they might be caught by an infinitely delicate and powerful receiving set. But in practice it doesn't seem likely that even yesterday's speech will ever be heard by mortal ears.

What would be the use anyway? Suppose a speech of old Demosthenes or Cicero could be heard today, as it was originally uttered. Nobody would understand it—not even the Greek and Latin scholars, who know the printed words, but would find the pronunciation baffling. We may as well stick to contemporary broadcasting.

QUILL POINTS

A trial is just as long as the purse.

"Dope leads thousands astray." This is especially true of baseball dope.

Many a man thinks he is climbing up when he is merely swelling up.

Don't smile at double chin; they may conceal a fluctuating Adam's apple.

American flyers who learn by falling are not pioneers at the business. There was Wilhelm.

You can say one thing for the penitentiaries. We are sending a better class of people there.

If you drive fast, you're a lawbreaker; if you drive slowly, somebody whams you from behind.

Correct this sentence: "Look quickly, John," said the wife; "there's an ankle you'll appreciate."

MURDER SCANDAL IN HIGH SOCIETY LEADS TO ACTION

VANCOUVER, B. C., May 5.—Mr. and Mrs. F. L. Baker, in whose home basement the body of Janet Smith was found July 26, have filed a writ against Miss Monica Mason Brooke, Vancouver society woman to recover damages for alleged slander. It was learned today. The writ charged that Miss Brooke insinuated that a party held in the Baker residence the night before Miss Smith, housemaid and nurse, was killed, was in some way connected with the girl's death.

Examination of Wong Foon Sing, Chinese house boy at the Baker home in Shaughnessy Heights, an exclusive residential district, who is held on a charge of murdering Miss Smith, showed that his condition was worse than had been anticipated. Wong Sing was found Friday wandering the streets of Vancouver blindfolded and dazed after he had been kidnapped by several men in a raid on the Baker home six weeks ago.

ACID THROWING WIFE CONVICTED, MAY GET 14 YRS.

LOS ANGELES, May 5.—One to fourteen years in San Quentin penitentiary loomed ahead of Mrs. Berenice Lundstrom today as the result of her conviction in superior court yesterday of throwing acid into the face of her husband, Darby Day, Jr., during a domestic quarrel in Beverly Hills last February. Sentence will be pronounced Thursday.

Young Day, the son of a Chicago capitalist, was not in court when the jury returned. Had he been there he would have seen his wife take the verdict without blinking an eyelash, without even a small display of emotion.

Carlyn Lundstrom, who was tried with her sister as an accomplice in the acid throwing, was acquitted.

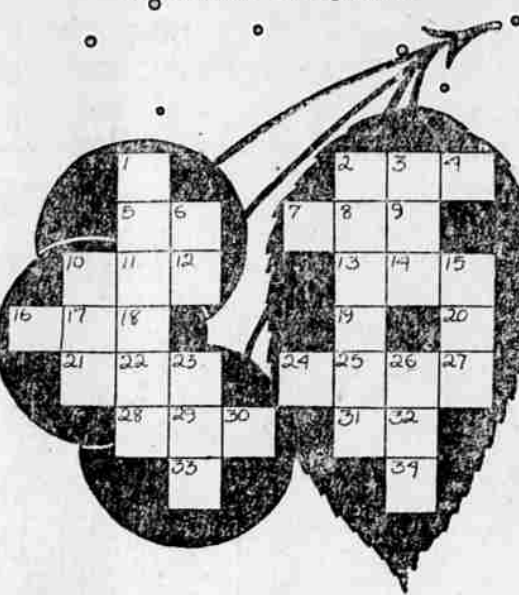
Defense counsel predicted the case would be appealed.



THE LANDLORD.

ID A COTTAGE which was rented, and the tenant paid in gold, but my heart was discontented till that residence was sold. I was lucky in my tenant; when it came to paying up he bore off the crimson pennant and the silver-plated cup. But when he had paid the money for two fortnights in advance, he would act up rather funny, beefing while he had the chance. "That old house of which we're speaking," he would say, "is classed with jokes, for the roof is always leaking and the chimney always smokes. All its doors are warped and twisted, and the faucets will not play, and for many moons I've wisted that I'll have to have away. Oh, the window frames are rotted, and the floors are badly bent, and for weary weeks I've wotted that I shouldn't pay you rent. All the joists and sills betoken rot and mildew and decay, all the window panes are broken—and you still expect your pay! Send a carpenter and plumber, have men paint the Mottled Grange; have it all fixed up this summer or I'll have to make a change." I was always hiring people to repair the blamed old shack, nailing shingles on its steeple, putting paint on, front and back. And when I had thus expended fortunes on the stately pile, I believed my grief was ended—Mr. Tenant now would smile. But he'd come to pay the plunder for two fortnights in advance, with a brow still clothed in thunder, scorn and anger in his glance. Now the windmill needed grasing and the well was on the blink and there was no pipe releasing water from the kitchen sink.

CROSS-WORD PUZZLE STORY CHERRIES ARE RIPE



Will you have a 1-5-11-18-22-23? See how fine and 7-8-9 they are!

There goes brother, 6-12. I hope 5-6 will pick a great 2-3-4 of cherries for us.

We came out in our motor 16-17-18 yesterday and the streets were quite 21-22-23 but it has rained since which is scarcely 3-9-14 because there was a big black cloud overhead.

Edward 10-11-12 the way into the woods. He is a clever 10-17-21 and found a place to set up our Indian 24-25-26-27. It is 26-32-34 such an easy task to put up a tent 23-29-33 he put it up in a jiffy.

"I hope Ed 2-8-13-19-25-31 as some cherries 31-32 we can have something to eat," said little sister 15-20-27.

"I am sure he will," said Mother. "28-29-30, I see him coming now."

"Here is some dessert to 13-14-15 to the picnic," said Edward, "are they not fine?"

Answer To Last Puzzle

1-2-3-4 (look), 24-37 (Ed), 22-28-33 (for), 25-26-27 (old), 25-31-26-39 (over), 38-39-40-41 (army), 19-20 (if), 18-21-26-32 (only), 2-6-9 (one), 29-30-31-32 (envy), 9-10-11 (seen), 5-6 (an), 1-5-8-12-19-23 (lassie), 13-18 (go), 33-34-35 (red), 4-7-11-12 (king), 20-24-29-33 (feed), 22-23-24 (fee).

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Personal Health Service By WILLIAM BRADY, M. D.

Flabbiness

Paterson, a British child specialist, writing on the "Hypotonic (Flabby) Child," says that factors which tend to depress metabolism produce flabbiness and factors which tend to stimulate metabolism cure flabbiness.

This unquestionably applies to youths and young adults as it does to children. But after all it is just talking in words of many syllables without saying anything. It conveys perhaps an indirect idea of what metabolism is. Metabolism is at present widely prevalent; nearly everybody has a touch of it, and some folks have it badly. Charley the ice-man was telling Vic, the movie manager, how low he had been, and he explained that his latest specialist had discovered what was really the matter with him—he had basal metabolism. Vic responded with a picturesque description of his own edge of articular arthritis, and I hated to leave but I felt it was time to revert back again already yet to my essential calling.

Now another little bite of the British pediatricist's essay on flabbiness and then we can clear up the metabolism question. Paterson enumerates the following factors which tend to depress metabolism and produce flabbiness in children: (1) Confinement, and lack of exercise, fresh air and sunshine—we have a mean word or two to say about this factor later. (2) Overclothing, with consequent heat retention—and this too. (3) Overfeeding, or over calorying in relation to the child's output of energy in the day. The chief fault in the feeding, Paterson says, is too much cereal. When the cereal preparations are too liberally used in the child's diet, as often happens in America, the child usually receives insufficient protein and insufficient animal fat, and all of the prepared cereal foods are too poor in vitamins.

For the first factor, indoor life, lack of exercise, fresh air and sunshine, the degenerate love for the luxury and petty conveniences of flat dwelling in American urban life is in part responsible. A kid is out of luck if his parents succumb to this weakness. And then they plead economy as the excuse for fling themselves and their children (if any) away in pigeon holes, and plead brazenly with the last word in flippers in the neighborhood garage and all sorts of costly devices about the apartment. Factor No. 1 and factor No. 2, (overclothing) must be credited in part to the bad teaching of incompetent public health officers in America, for certainly the natural tendency is for parents to take a more wholesome view of this matter, and were it not for the reactionary split of the old fogies who hold jobs as health officers the average youngster might have a fair show. As it is, a good many intelligent parents are beginning to see the absurdity of the notion that a youngster enjoying himself in the cold or wet can suffer less from his fun. The health rate among

children in diseases in proportion as parents rid their minds of this medieval superstition.

Paterson advises as factors which tend to stimulate metabolism and cure flabbiness, reduction of the cereals, the administration of plain cod liver oil daily (to supply the vitamins needed), and of course wholesome open air play at least two hours daily. He particularly suggests "scenty clothing to increase heat loss from the skin."

QUESTIONS AND ANSWERS.

The Old Hukum Bankum.

Is it harmful to have acids and starches or sugars at the same meal? For instance, strawberry shortcake, or tomatoes and potatoes at the same meal, or tomatoes and macaroni, or cherry pie, or peach pie or apple pie? (Miss N. M. B.)

Answer—No. If it were, one could never, never chance eating an orange, or an apple, or a grape, or a berry, or any of scores of other wholesome foods provided by nature. Prof. Philip B. Hawk, whose book, "What We Eat and What Happens to It" (Harper's), should be in every home library, says: "We have found that oatmeal and cream, for example, are digested rather more satisfactorily if grapefruit prepares the stomach for their reception." Professor Hawk gives you true physiology. The notion that acids and starches do not go well together is pure physiology propagated by humbugs.

Styes
I would like to know if a sty significantly weakens. (Miss D. M.)

Answer—Inflammation and suppuration of the cavity from which an eyelash grows is called sty, and this seems to occur most frequently in children or young adults who are in poor general health or who have some uncorrected error of refraction—faulty eyesight. If you are subject to styes, send a stamped, self addressed envelope for advice about the management of the trouble.

No Danger of Habit Formation

Please give me your opinion about these reducing soaps, pills and so on. Are they harmful, and after you once start using them do you have to keep on using them after you are reduced? (C. B. R.)

Answer—Once you are reduced by such humbugs, you simply can't keep on using them because you are reduced to utter poverty and they won't trust you to pay them when they're due. But don't let that deter you, for there is no danger that any such thing will ever lessen your bulk without placing you under the care of a physician, who will dispose of any residuary funds in your estate.

Raisins
Please be so kind as to inform me what food value there is in raisins, both cooked and uncooked. And may I tell you that I have improved wonderfully in health since I have followed your advice and walk more. (W. E.)

Answer—Raisins have about the same food value, by the ounce, as oats, rice, wheat or candy—say 100 calories to the ounce. I wish you the best of shoe leather.

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JUNIOR CROSS WORD PUZZLE



HOW TO SOLVE PUZZLE

The words start in the numbered squares and run either across or down. Only one letter is placed in each white square. If the proper words are found each combination of letters in the white squares will form words. The key to puzzle—the first word—is given in the drawing. Below are keys to the other words.

RUNNING ACROSS
Word 1. It's in the pitcher.
Word 2. A greeting.
Word 3. A large constellation in the heavens. Also a Greek god.
Word 4. A narrow flat surface or shelf.
Word 5. One who rules.
RUNNING DOWN
Word 1. One who attends school.
Word 2. One who goes into the wilderness to prepare the way for others.
Word 3. Deforo.
Word 4. That which covers the opening of a box or chest.
Word 5. A portion of a tree trunk ready for the mill.

YESTERDAY'S PUZZLE ANSWERED



Who's Who

Renick W. Dunlap.
The recent appointment of Renick W. Dunlap as first assistant secretary of agriculture in President Coolidge's "little cabinet" gives Ohio its first representative in that important post.

Dunlap, so far as anyone in his home state can recall, is Ohio's first assistant secretary of agriculture. Ohio never has been very strongly represented in the department of agriculture, although Ohio is a great agricultural state and has one of the best agricultural colleges in the country. That Dunlap is unusually qualified for the position is indicated by the fact that for 30 years since his graduation from the college of agriculture of Ohio State University he has been a practical dirt farmer. He was born on a farm and his ancestors for generations have been farmers. Until 1923 he operated his farm near Kingslin as a grain, cattle and hog farm, and since then has added a dairy. He was one of the early members of the grange and has been active in the American Farm Bureau federation.

Dunlap is known throughout the country as a livestock expert. He has bought and sold livestock in the markets of Chicago, Buffalo, Pittsburg, Kansas City, East St. Louis, New Orleans, Jacksonville, Ford Worth, Cincinnati and Columbus. He has owned herds of pure bred shorthorn cattle and Duroc hogs, and has exhibited animals of his breeding at county fairs and the Ohio state fair. He has acted as a judge of cattle, horses and hogs at many fairs and expositions.

For four years Dunlap was state dairy and food commissioner and did much to eradicate impure and misbranded foods, drinks and drugs. In 1915 he was chosen secretary of the Ohio state board of agriculture. He is therefore considered as a thoroughly experienced executive as well as an expert in practical farming.

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Lots o' times when a feller says, "Oh, I can't leave my business," he owns a lot in Florida an' is expectin' a telegram any minute. Dry officers swooped down on Lester Pine today after he'd taken five drinks before payin' a dentist's bill.

Timely Views on World Topics

"Crime News Not Overplayed in Newspapers," Says Journalism Director.

"The newspapers may need reform, but newspaper readers need it still more," James Melvin Lee, director of the department of journalism at New York University, said recently.

Speaking on "Crime and the Newspapers," from the view point of newspaper executives whose opinion he had solicited, Lee said:

"If any newspaper actually printed what it knew about crimes actually committed in high and low estate it literally would turn the world upside down. But what purpose would such publication serve? The newspaper doesn't want to crush society, break up homes, disrupt the church, tear down a university—just for the fun of the thing.

"Every city editor would prefer to send his men out to hunt for the good things of life if only the reading public had as much interest in such accounts as they have in crime."

Interest in Murders
Accounts of murders probably are more criticized than any other form of crime news, Lee said, but "few people realize the tremendous interest in a crime involving the loss of a life."

That interest had been brought home to him, he continued, during a train ride when he noticed all but one passenger in day coaches, smoker and Pullman cars reading the story of a sensational murder.

"Next to murder stories, I suppose that sex stories follow in criticism of mode of treatment. The press has made many mistakes, but it is coming to realize that time heals most things except a damaged reputation.

"If you could look over the instructions issued to reporters you would find definite warnings about being careful in dealing with a man's reputation and about being doubly so—and then some—when a woman's name is to appear in type.

"I could mention several newspapers which, in connection with the matter just mentioned, have issued orders to the copy desk that even when dealing with an unfortunate woman the desk should remember that so long as she has committed no crime other than her own sin against chastity she is entitled to be left to pity.

"One newspaper goes so far as to say no story is worth ruining a woman's reputation, and then adds, as possibly an afterthought—or a man's either."

Changed Standards
Lee said he had asked many clergymen "for a statement of specific rules that might help the copy desk to decide what was what fit to print." I have received many interesting replies, but I regret to say, no information that was constructive or specific.

"By way of suggestion, I asked whether crime might be treated in the press as it was treated in the Bible. Two replies may be given as typical. One clergyman emphasizes 'decidedly not' and adds, 'The Bible does frequently give morbid details, but we have better standards of morality than the Bible writers had.'

The second clergyman, Lee said, declared he did not think the question a fair one, adding that "there are certain portions of the Bible that I would not think of reading to my congregation."

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