REFORD MAIL TRIBUNE

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Daily, with Sunday Sun, year

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Daily, without Sunday Sun, year

6.50

Daily, without Sunday Sun, month

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Weekly Mail Tribune, one year

2.00

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BY CARRIER-In Medford, Ashland, Jackson-ville, Central Point, Phocnix, Talent and on

Official paper of the City of Medford, Official paper of Jackson County.

orn daily average circulation for shall be ending April 1st, 1924, 3669, more than a the circulation of any other paper pub or circulated in Jackson County.

WEMBERS OF THE ASSOCIATED PRESS.



Ye Smudge Pot By Arthur Perry.

The maternal instinct, that used to call for her boy from the back porch was broadcasting from Main and Central, Mon. pm.

It may interest lovers of art It may interest lovers of art to learn that an aesthetic dance of three hours duration has been consummated, and pronounced "enthralling." Like all aesthetic dances, it opens with a running broad jump of 11 ft. 3 in.

A casual glance to the surrounding herizons, indicates the beauty shoppes are away behind with their spring work.

A tremendous wave of Oregon spirit went crashing through to Mos-cow yesterday, was taken up by the Oregon varsity, and as a direct result Reinhart's men battled through a harrowing 26 to 24 victory over the Idaho quintet.—(Oregon Emeraid.) Nevertheless, the last, basket thrown helped.

A thick-headed Chicago grand jury is endeavoring to determine how i \$2400 per year Prohibition Enforce ment agent, managed to put \$28,000 in a bank.

A LIKELY CANDIDATE (Kinmath Falls News) In justice to Mr. Cramblett, it can be stated that he has publicly dinnumed himself as a staunch believer in the prohibition law and strongly opposed to "wild women."

A defeated wrestler is always able to make a speech. This is never case with an osteopathic victim.

reduction worked. The inquirer is resting comfortably, and is well or

The tennis season will start March 15th, if the moths have not devoured Horse Bromley's white trousers.

Under the daisies Sleeps this foolish mortal; When the visitors scored He proceeded to chortic.

Your undertaker will gladly tell you a dozen wonderful features of the Asphalt Grave Vault, but he couldn't tell you one fault to save his life. The Asphalt Grave Vault Co.—(Ad SF Examiner.) Much as he would love to get in one.

The bill passed by the legislature providing mattress inspectors for Oregon, has been vetoed. This is a blow to progressive the battle for humanity, and a commission to regulate whiffle-trees.

F. Wortman of Phoenix was in Mon., and had his whiskers pointed

RUSSEDNESS IN KANSAS

(Smith, Kas., Pioneer)
Mrs. Mit Stevens of this city,
who has tolled over a washirub
nearly every day for the past
thirty years gaining a livelihood thirty years gaining a livelihood for sherself and family, but last Priday night was the first time she ever had clothes stolen from her line. Some low down skunk got two pairs of men's underwear, and she will have to pay the owner for them \$5. We are sorry to admit this elly has a few of the meanest kind of sneak thieves, and nothing would please us better than to hear of their hides being filled with shot some night.

Potatoes are being planted any backyards. Owing to k competition from weeds, in the midst of the fishing season, potages never grow well in the valley.

A radio photo has been Rashed across the continent in eight minutes and no doubt looks it.

March continues to behave like femal@sheep of three letters.

In the carnes of fort to proble to facts, the informant A. R. Loans. 2556 Brooks avenue, neglected to tell what happened, with whom the accident occurred, and what make resulted.—(Selem Capita Journal.) Otherwise, all the facts was given.

The lowing kine of old Jac Son are being turned out upon the verdes verdest heather.

ESSENATOR CLARK.

0

S ENATOR WILLIAM ANDREWS CLARK of Montana who died in his \$5,000,000 mansion in New York City last night, was the Quest of three great Montana mining magnates,-dleinge, Daly and Clark. And he was also the last of the pioneer supermen, who wrested a fabulous fortune from the undeveloped wilderness of his native land, by sheer force of character and hard work.

Senator Clark landed from a prairie schooner in Bannack, Idaho, in 1863 with five dollars in his pocket. He died in New York, with properties in this country, Mexico and France, timber lands sugar factories, steam and street railway systems, mines, banks and business blocks footing up a total of tangible wealth, which it will probably take months to tabulate. Estimates range from \$50,000,000 to \$100. 000,000,-but no one would be surprised to find the final figure even

Contrary to general belief however, Senator Clark was not the sucouth rough and tumble fighter, who rose to fame and fortune, by strong arm tactics. He neither murdered his rivals nor the King's English. He taught school in 1859 and the next year studied law in Mt. Pleasant (Iowa) university. In 1872, on his 33d birthday, he was already a rich man, and characteristically took a course in Columbia University, on assaying and analysis, so he could know a little more about the development of his mining properties than anyone else.

He ruled, therefore, by brain rather than brawn, he fought not with his fists, but with his mind. He won, not because he was stronger than his rivals, but because he was wiser.

There was nothing idealistic about the senator. His moral code was conveniently clastic. When he wanted something he didn't first worry about ethics. He got it. He was impelled to withdraw when elected to the senate, but he became a United States senator nevertheless.

His business foresight and his fighting spirit were well exemplified by his construction of the San Pedro, Los Angeles and Salt Lake railroad,-a short out from Los Angeles to the Utah metropois. Senator Clark financed the project himself. Just after the railroad was completed floods washed out great sections of the road bed entailing a loss of \$16,000,000. Senator Clark put his hand in his pocket pulled out \$16,000,000, reconstructed the road, and in ten years his money came pouring back to him.

Not a particularly imposing character, nor a particularly enpobling one, Senator Clark nevertheless represented these qualities of courage, determination and efficiency, which are as certain of material success in the future as they have been in the past.

QUILL POINTS

Forbes-must learn to do his stuff during a war, not after it,

Distant relatives are those who have money and know you need it.

Still, if France pays her friends all that Germany pays her, who pays for the devastation?

How we kid ourselves! We never say we are almost as great as Brown, but that we are greater than Jones,

When a rich man dies he leaves no more than a poor man. They both leave everything.

Perhaps the Eighteenth Amendment thought it wouldn't have to work under eighteen years of age

England pays America about \$500,000 a day, and it would take 387 lecturers to get it back.

After all, the best thing to develop a young man is a short course in mortgage lifting.

In the old days of Dobbin the worst that could happen to a hugged driver was matrimony.



THE COUNTY FAIR.

THE COUNTY FAIR, that used to draw the gaping legions, high and low, is dead as any wapenshaw a half a thousand years ago. Each fall we used to have the fair with droves of fattened steers and pigs, and all the people journeyed there, in wagons, buggies, carts and gigs. We gazed upon the handsome calves the oats and wheat in box and bin, on noble pumpkins split in halves to show the ripened seeds within. And we admired the Clydesdale mare, the Cotswold sheep, the Berkshire swine; all these were at the county fair, and many prodigies, most fine. Aunt Julia walked with upraised head, her high ambition she'd attained; she took first premium on her bread, and while she lived the pride remained. And Uncle Silas wore a smile that later years could not erase; he took "blue ribbon" on a pile of kafir eorn or yellow maize. The sorrel colt, that won a prize, of glory had a deathles share; when it was old it heard men's eries, "It took first premium at the fair!" As Pather Time goes rushing on, old institutions wilt and die; "Another cherished landmark's gone !" the weary graybeards sadly cry, ""Tear down the grandstand and the shed. the graybeards ery, a wailing crew; "the county fair is doubly dead, like all the deaf old things we

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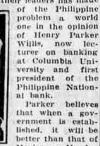


Lafe Bud wants t' know how much salary a feller ought t' be pullin' down before his wife kin spring a lorgnette? Cute, little engraved sil-ver funnels are the latest novelties for milady.

Who's Who

Henry Parker Willis.

The insistent demands of the Phil-ppine Islands for independence and the attention drawn to the islands by the attitude of their leaders has made



H.P WILLIS

HP WILLIS Mexico or Hondu-ras, but not on a par with that of Cuba. Willis is internationally known as in economist and banking authority. After studying at Washington Re-ierve University and Chicago University he went abroad and continued his special studies in economics, his-

has special studies in economics, his-tory, political science and law at Leipzig and Vienna.

He has filled chairs in economics and political science at Washington and Lee University and George Washington U., has served as research ex-pert and consulting economist for the Federal Reserve Board, on banking and currency commissions, special missions for banking institutions, and s a correspondent and lecturer. has written prolifically on banking and money subjects and his works are

He was born in Weymouth, Mass Aug. 14, 1874.

Poems That Live

The Descried Village.

Ill fares the land, to hastening ills prey, wealth accumulates, and me Where

Princes and lords may flourish, or may fade—
A breath can make them, as a breath

has made: But a bold peasantry, their country's pride. When once destroyed, can never b

supplied time there was, ere England's griefs began, When every rood of earth maintained

light labour spread her wholesome store

ne more:
His best companions, innocence and health,
And his best riches issue. his best riches ignorance of wealth.

ing train
Usury the land ,and dispossess the swain:
Along the lawn, where scattered hamlets rese. Unwieldy wealth and cumbrous pomp repose

And every want to luxury allied.
And every pain that felly pays to
pride;

Phose gentle hours that plenty bade to bloom. Phose calm desires that asked but lit-Those healthful sports that graced the

peaceful scene, Lived in each look, and brightened all the green: Phese, far departing, seek a kinder

And rural mirth and manners are no

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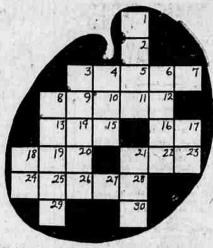
436 W. Main Ph. 122-R

CROSS-WORD PUZZLE STORY . .

THE ARTIST'S AID

This is what the artist uses when he wants to paint a pic-ture. On it he puts different colors like sky 1-2-5-11 or a nice grass 8-9-10-11-12 or, maybe, a bright 4-10-15. He mixes mixes them up, too, with his 3-4-5-6-7 or a small

7 or a small wooden 13-14-15 to make 3-9-14-20-26 for the color of ground and uses white for 6-12-16-22. 18-19-20 would you like to 21-28-30 to paint a



Maybe the 24-25-26-27-28 of this palette will lend it to you. It hasybe the 24-23-20-21-25 of this paiette will leng it to you. It is, 17-23 doubt a difficult job to paint a picture, but after a try or 21-22-23, one 8-13-19-25-29 better. So if your first attempt isn't so good don't mind if I laugh, "Oh—18-24!"

I think it would be great fun to mix 16-17 the palette, don't you?

Answer to last puzzle: (2.3-4-5) stop, (6-7-8-9-10) horse, (12-21-28) top, (1-3) at, (5-7-14-22) pony, (19-27) so, (9-15-24) sis, (10-16) Ed. (11-18-26) lag, (15-16-17) Ida, (20-21) no. (12-13-14) ton, (17-25-28) any, (40-31) of, (4-6-13) Ohot (30-32) on, (18-19) as, (25-27) go, (22-23-24) yes, Copyright, 1925, by The International Syndicate

Personal Health Service By WILLIAM BRADY, M. D.

Food Acids and Sour Stomach.

Overcating, particularly of meat is an excellent substitute for vinegaand bread, induces an excessive flow of gastric juice, and if overcating is a fixed habit, hyperacidity of the stomach, "acid dyspepsia," hyperepsia," hyper-stomach" be-

chlorhydria or "sour stomach" be comes an established complaint. In order to clarify a state of con fusion let us first agree what we ar

talking about before we get into a
quarrel about acids.
The healthy stomach is very sour
when a meal is digesting; the normal
enatric juice con-

of grapes and raisins is tartaric. Certain foods such as cranberries, plums and prunes contain some benzole acid, and others, such as tomatoes, strawberries, cocoa, potatoes, rhubarb and spinach, contain some oxalle acid and sometimes the physician finds it advisable to forbid such items in the diet of special cases, the as a general rule all of the items named tend to oppose acidosis in the system. A very liberal use of tomatoes, several pounds a day, for example, will in-

very Hoeral use of tomatoes, several pounds a day, for example, will in-crease the alkalinity of the blood and decrease acidity in the urins. The liberal use of oranges, lemons, grapefruit and other citrous fruits, the sometimes unsuitable in the diet the sometimes unsuitable in the ciet of an individual with hyperacidity of the stomach, is cehtain to oppose acidosis in the system, to increase the alkalinity in the blood and decrease the acidity of the urine, because the citric acid is oxidized, in the blood into carbonic acid which combines with sodium, potassium or magnesium to form alkaline salts of these elements—carbonates. A similar rule holds true regarding all fruit and vegetable acids. But there are certain natural acids in fruits or vegetables which cannot be oxidized in the body, are not utilized by the body. body, are not utilized by the body, and therefore are not foods but rather poisons, the only exceptionally do these produce any disturbance when the foods containing them are freely eaten. Benzole acid, in cranberries, utilizes. the foods containing them are freely eaten. Benzole acid, in cranberries, eaten. Benzole acid, in cranberries, plums and prunes, is one example, and oxalle acid another, of hatural food acids whief cannot be utilized by the body. Another acid, usually added to food by man, is more commonly injurious in this way—the acetic acid in vinegar; this acid cannot be oxidized by man and is without food value of any description and therefore must be classed as a polson, since it does produce deleterious effects when freely taken. Lemon juice

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when a tart flavor is desired. It should be used instead of vinegar by any one who has either gastric hyper-acidity or a tendency to acidosis in the system, for it is of some food value and at least opposes the acid-

QUESTIONS AND ANSWERS.

A Change of Oil.

I have always had great faith it castor oil and have given my children plenty of it until lately. Las The healthy stomach is very sour such as were a meal is digesting; the normal gastric juice contains about 0.5 percent of hydrochoric caid, and even admixture with the food three chymic contains about 0.5 per cent of hydrocloric acid. That's sour enough, as anybody who has ever belched a little of it into the throat can testify. But other acids may form in the stomach from excessive fermentation of carbohydrates or fats, such as lactic acid and butyric acid, and these, too, may give rise to complaint. Then there are acids in foods, some natural food acids, and some added by man. Finally, certain acids are produced in the body by the metabolism or combustion process, and these acids have to do with the condition known as acidosis, but they have little or no bearing on acidity of the stomach.

The natural food acids are mainly the fruit acids, citric. The acid of grapefruit oranges, lemons and other citrous fruits is citric. The acid of rhubarb apples, peaches, apricots, pears prunes and plums is malic. The acid of grapes and raisins is tartaric. Certain foods such as cranberries, plums and prupes contain some benzole acid, and others, such as tomatoes, strawberries, cocoa, potatoes, rhubarb and sometimes the physician finds it advisable to forbid such items in the diet of special cases, tho as a general rule all of the litems in abee.

Foods That Contain Vitamin.

Will you please let me know the foodstiffs that contain vitamin. winter my little girl had a bad cold

Foods That Contain Vitamin.

Will you please let me know the oodstuffs that contain vitamin?—

Answer—Here is a list, though it doesn't include every food item which contains vitamin: Fresh milk, cream, butter, buttermilk, soured milk, cheese (pastient) (particuarly cottage cheese) enesse, (particularly cottage cheese eggs, liver, kidneys, heart, sweet breads, fresh fish, unmilled wheat breads, tresh fish, unmilled wheat wheat bran, cabbage, carrots, lettuce potatoes, asparagus tops, onion tops celery leaves, spinach, tomatoes oranges, bananas, grapes, apples, beroranges, bananas, grapes, apples, berries, lemons, nuts, yeast, cod liver oil. Beef fat or suct and mutton fat contain some vitamin, but the lean muscle meats contain practically none. Oleamagarin contains some vitamin if there is considerable animal fat in it, but not so much if it is made larkely of vegetable fats.

Fattening Oil.

Is olive oil fattening? If so, kindly name the amount to take, for I like the flavor very much.—Mrs. W. H.

W. H.

Answer-Kes, though perhaps less fattening than butter. Take an ounce or so daily.

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JUNIOR CROSS WORD PUZZL



HOW TO SOLVE PUZZLE

The words start in the numbered squares and run either across or down. Only one letter is placed in eachiwhite square. If the proper words are found each combination of letters in the white squares will form words. The key to the puzzle—the first word—is given in the drawing. Below are keys to the other words.

Word 1. In the picture.
Word 5. Notices inserted in this
aper by merchants. Abbreviation.

Word 7. One who secretly watches
the actions of others.
Word 8. To be indebted to.
Word 10. Hidden; concealed.
RUNNING DOWN
Word 1 A western state.

Word 1. A western state. Word 2. Another western state. bbreviation.

Word 3. One of the words in this sentence: "To be right is to be hap-Word 4. Used by children in school.

Word 9. You and I.

YESTERDAY'S PUZZLE ANSWERED



THROUGH AGES

Centuries ago sturdy Norse-men realized the benefits of health-building cod-liver oil.

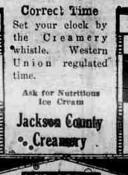
Scott's Emulsion

brings to you the same vitalnourishment that enabled these mighty men of oldexemplify strength.



Cancer and tumor treated, influence, kid-cey, bladder and stomach troubes, fits, bernia, rupture, colon, female troubles, par-siyais, fever, poeumonia, asthma and throat Troubles, theurastism, amenorrhoea, gottre, consumption, catarrh, piles, hydrocele, al-lumin, and consumption of the consumption of tumors, and t





IEE CREAM