

MEDFORD MAIL TRIBUNE

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ROBERT W. BUEHL, Editor.
R. SUMPTER SMITH, Manager.

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All terms by carrier, cash in advance.

Entered as second class matter at Medford,
Oregon, under act of March 3, 1879.
Official paper of the city of Medford.
Official paper of Jackson County.

The only paper between Eugene, Ore., and
Salem, Ore., a distance of over 100
miles, having leased with Associated Press
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Shows daily average circulation for six
months ending October 1, 1923, 2279, more
than double the circulation of any other paper
published or circulated in Jackson County.

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patches credited to it or not otherwise credited
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lished herein.

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With all their faults, none of the
politicians involved in the oil scandal,
have been accused of injecting the
religious issue into a campaign. None
of them were ever caught sneaking
around a church, shaking hands.

The lady welfare worker of Sacra-
mento, who fainted while delivering a
health talk, undoubtedly knew what
she was talking about.

William R. Coleman won a 4d last
night. Thoughtless friends congrat-
ulated him.

HEART ENLARGEMENT
(Eugene Register)
Friend John Trickett did not
forget us at hog-killing time this
year. As he could not send the
squeal he sent the tail. For bene-
fits large or small, we are grate-
ful.
(Sub. 20.)

Wanted—Experienced nurse for
general nursing. Phone 648-M. (Yreka
Journal.) Take this pill, you blank,
blank, blank, blanky fish!

Does anybody agree with the Police
Commissioner of New York, who in
crazy and alleges that the Prohibition
law can never be enforced with a
spoon while booze is coming in by
the barrel full.

Another male person of consider-
able financial standing, has slowly
sunk to the parlor floor, when shot
in a vital spot by an irate female.

In Jesse James' last home town
they have fried Catfish on the restau-
rant bill of fare.

And the Missouri, the Big Muddy
river, has the curve of a locomotive
fireman's scoop shovel.

The editor of the morning paper
said, "We go into four states and keep
track of the politics in all four—ex-
cept Kansas!"

"Nobody can follow politics in Kan-
sas and do anything else," said the
editor.

"Kansas," he said with an inexpli-
cable tantalization in his voice, "Kan-
sas is always shifting—nobody knows
what Kansas is going to do."

The Big Muddy comes with a hand-
dle, curves with a sickle, among the
rain-worn bluffs of St. Joe.

The killing gangs go to work in the
morning on beef, bacon, mutton—and
go home at night to smoky lumber
houses reading newspaper stories
about how many cocaine peddlers
the government caught today.

(New Republic.)

VICISSITUDES OF LIFE
(Turlock, Cal. Journal)
Poets talk about the sighing of
the wind in the treetops, but it is
probably only getting its breath
so it can blow our new spring lids
off into the streets of Turlock.

The trouble with Fall, Daugherty,
et al, is they did the human trick
of going out after the money, and, what
is more, they got it. It is alleged.

Local events are getting down to a
point again where there are enough
nights to accommodate all of them
again.

It is now possible to get a salmon
in this burg, with some degree of cer-
tainty, and not go fishing.

Several new autos, 1924 model,
have been acquired of late. They are
fine and handy while cussing the
taxes.

The Non-Partisan League notion,
which died suddenly in the middle
west, has been brought to Oregon for
resuscitation and resurrection.

It seems to be the general idea, as
old Bert Bates of Roseburg first sur-
mised, that the basketball team that
throws the most baskets, can't help
from winning.

The Serbs are getting ready for
another war. Enough American grub
has been shipped these peaceful
people—when they have to be—to
make them fat enough to put up a
long, hard battle.

Of course, Mayor Baker of Portland
in his delusion to be U. S. Senator, will
get the butcher and candlestick maker
vote.

QUILL POINTS

Fame: New York publicists bragging on one another,

Germany may be saved, but her old helmet never will fit tightly
again.

The concert of nations needs a little practice on scales, beginning
with "dough."

The "noble 600" who dashed bravely ahead were cavalry-men,
however, not pedestrians.

A "liberal" is a politician whose constituents enjoy hearing mil-
lionaires cursed.

When individuals grab oil, that's crookedness; when nations grab
it, that's statesmanship.

Only in California's wonderful climate could a movie hero's pants
regain their crease one minute after a dip in the raging torrent.

A country is safe so long as scandal is rare enough to justify large
headlines.

"Pay dirt" seems to be the kind that can be dug up and thrown
at the other party.

Too many people feel competent to save the world when they can't
even save part of their salary.

Tightly pressed lips indicate determination or the discretion learn-
ed by talking too much.

The farmer isn't favored of Heaven. God made the country, but
man invented the mortgage.

When Zev goes to France to race, let there be no hint that he is
lodging an investigating committee.

People were happier in the old days when the sewing on of patches
was an art.

A sophisticated people is one that always thinks the worst when
a prominent man has nothing to say.

Let's hope it doesn't become fashionable to gossip about friends
in the hope of clearing their reputations.

This won't be the real Utopia, even when 75 per cent of the citi-
zens are federal employees and the other 25 per cent reformers.

The office cynic says some feather their nests quickly and some
never get a position of public trust.

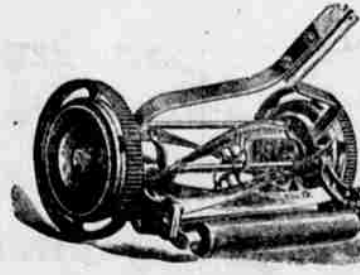
Correct this sentence: "It was so long," said she, "that I could
sit on it before I had it bobbed."

"In God we trust," but in the case of a pinch we hire lawyers.
Let's see; the "surplus" war material wasn't leased, was it?

Correct this sentence: "This makes the seventh time I have worn
these stockings," said she, "and there isn't a sign of a hole yet."



I HEAR men talk so much of books, of art and culture and such
things, I find it good to talk with cooks, discussing string
beans and their strings. The growth of fiction never stops, our
barns and cribs are full of tales, the seasons bring successive crops
—a harvest home that never fails. And people talk of silly books
as though they were of weight and worth; reviewers, in their
gilded nooks, discuss all novels on this earth. I'm asked a million
times a day if I've read this, if I've read that; what do I think
of Bertha Clay, and her book, "The Haunted Hat?" What do I
think of Peter Kyne, contrasted with Sir Walter Scott? Do I
consider Conrad fine, or thinks his stories kickless rot? And so
I like to talk with cooks, and watch them deftly shelling peas, for-
getting all the bunk of books, and every literary wheeze. I'm
happy in the barber's chair; the barber is no bookish guy; he talks
with me of falling hair and divers brands of whiskers dye. The
whole gray world is fiction mad, a million writers ply their pens;
and I am pleased to meet the lad who talks of golf or setting hens.



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Do not fail to see these easy running, ball bearing
mowers \$7.45 and up

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By WILLIAM BRADY, M. D.

Noted Physician and Author

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or treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed.
Letters should be brief and written in ink. Owing to the large number of letters received, only
a few can be answered here. No reply can be made to queries not conforming to instructions.
Address Dr. William Brady, in care of this newspaper.

Sea Food Is Health Food

More than half of the high school
students in some of our inland cities
have been found to have simple goitre.

Not every "en-
larged neck" is
goitre.

A teacher or
or school nurse is
not competent to
determine whether
an undue fullness or
enlargement of the
neck is goitre, nor is
any one other than
a physician compe-
tent to decide in a
given case in child
or adult whether a
goitre is a simple goitre or a more
serious condition.

The iodine treat-
ment which is so much employed at
present on a mass scale for the pre-
vention of goitre among school chil-
dren in the inland cities and so com-
monly resorted to by way of home
treatment for simple goitre which is
already present, may do no harm in
case the goitre happens to be of the
exophthalmic or "toxic" type, though
the time lost while trifling with iodine
in such a case is a serious handicap
which is likely to retard ultimate re-
covery. Further, if the goitre is of
the cystic type iodine is quite useless
and nothing but surgery can be of
avail, though fortunately in this type
of goitre the unsightliness of the
enlarged neck is the main and often
the only symptom.

We have urged the more frequent
use of sea food in the dietary as a
natural means of supplying iodine
which the body requires for perfect
health. Perhaps all iodine comes origi-
nally from the sea, and in nature
nearly all of it eventually returns to
the sea. Much of the iodine (old spell-
ing was iodine) of commerce has been
made from sea weed. In the past, the
analyses of various chemicals have dif-
fered as to the amount of iodine pres-
ent in sea fishes, mollusks and crusta-
ceans, and hence there has been some
doubt about the importance or value
of sea food as a source of iodine. But
these discrepancies were probably due
to imperfect or inaccurate methods.
More recent chemical studies have
established the superiority in iodine
content of these items in the dietary.
Lobster contains 250 times as much
iodine as beef or milk; shrimp 100
times as much; crabs and most sea
fishes fifty times as much. These are
important facts to be considered by
people living in goitrous regions. They
are facts established by chemists of
the government.

The United States Bureau of Fish-
eries is, I believe, the eighty-ninth
bureau or department of the govern-
ment to take a whiff at public health
administration—as individuals and as
a nation our favorite pastime is ad-
vising one another how to keep well—
we have duly designated officers and
especially trained individuals to at-
tend to our health, but we all like to
opine what really is good for it or bad
for it, don't we?—anyhow the govern-
ment's official fishermen have in-
sured a report on this question of sea
food, and in the report the fishermen
go into the subject of goitre pretty
thoroughly. The treasury and inter-
ior departments will have to look to
their laurels if the bureau of Fish-
eries keeps on with this public health
work. We have no ministry of health
in our government to correspond with
that of the British government, but
never fear, the public health is being
guarded.

By replacing meat with sea fish or
shellfish in the dietary two or three
times each week the amount of iodine
ingested can be increased consider-
ably.

This refers to each and every kind
of edible sea food. Canned sea food
has some iodine value—aside from its

ordinary food value which compares
favorably with meat.

Oysters, crabs, shrimp, clams, lob-
ster, fresh salmon, fresh cod, fresh
tunny, trout, whiting, eel and numer-
ous other varieties are obtainable in
most city markets nowadays. Smoked
herring contains considerable iodine
and can be found in the most isolated
country stores.

Aside from its value for preventing
goitre, iodine may be considered far
more important than iron for keep-
ing us generally fit. Unless you're in
a very poorly conducted jail or a mis-
managed poorhouse you scarcely need
worry about your iron ration, but if
you live far from the sea you had
better meet the fish market man and
get your iodine.

QUESTIONS AND ANSWERS.

The Falken Stomach.
Kindly give the symptoms of fallen
stomach in the newspaper. Also the
symptoms of auto-intoxication.—A. D.
R.

Answer—That would be bad news
which we never knowingly give. A
lot of us who happen to have a low
down stomach, but are still quite
happy would be likely to go around
with lugubrious faces and see the
dark side of everything which now
looks reasonably bright to us. As for
auto-intoxication, there's something in
that all right, and the chief symptoms
seem to be (1) an irresistible impulse
to extend the left arm when making
a left turn into one's pew from the
aisle; (2) steadily increasing girth
rate.

Never a Nose Satisfactory.
Some time ago I wrote asking ad-
vice about the patented nose shaper
by a reliable physician, but to date
have never seen an answer. Miss A.
M. B.

Answer—No appliance or medica-
ment will alter the shape or size of
the nose. Only surgery can do that.

Keep a Bat.
How can we get rid of spiders in
our attic and basement? I have a
horror of them. Will fumigating
candles kill the eggs also?—Mrs. M.
T. A.

Answer—Possibly fumigation by an
expert in such work with hydrocyanic
gas would do the business, but I'd
rather have the spiders in every room
than take a chance with this poison.
A pair of bats in the attic might clean
up the spiders. Spiders are harm-
less and when you come to study and
know them they are very interesting
creatures. Read some of Fabre's sto-
ries about spiders. A spider's bite is
no more to be dreaded than a mos-
quito bite.

Argument Settled.
Our class had a discussion whether
the teeth are an organ of digestion
and would not come to a conclusion.
Please give your answer in the
paper.—S. A.

Answer—Mastication of the food is
the first actual step in digestion, so
I should say the teeth are an organ
of digestion.

The In-Laws At It Again.
I say a man has as many ribs as a
woman, but my brother-in-law claims
a man has only twenty-three. Who
is correct?—Mrs. C. M.

Answer—The in-laws are always
wrong.

Demand Foley Pills
Foley Pills, a diuretic stimulant for
the kidneys, have brought relief to
thousands of sufferers from kidney
disorders caused through the improp-
er working of these organs. Foley
Pills will promptly flush the kidneys
thereby removing injurious waste
matter. Mrs. O. C. Alexander, R. No.
35, Monroe, Mo., states: "I received
the package of Foley Pills, and have
been greatly benefited by their use."
Sold everywhere. Adv.

CHILDREN CRY FOR "CASTORIA"

Especially Prepared for Infants and Children of All Ages

Mother! Fletcher's Castoria has
been in use for over 30 years as a
pleasant, harmless substitute for
Castor Oil, Paregoric, Teething Drops
and Soothing Syrups. Contains no
narcotics. Proven directions are on
each package. Physicians everywhere

recommend it. The kind you have
always bought bears signature of

W. H. Fletcher.

"FOR THAT SECURITY FEELIN'"

—TRY A
—BANK ACCOUNT
—AT THIS HOME BANK.

The Medford National

—It's a "Smile Producer"
—A "worry eliminator"

LAUREL GRAY
LOVE GOSSIP

THE GREATEST THING IN THE
WORLD

by Laurel Gray

Gentlemen, here is where I appear
as your advocate, champion and en-
thusiast. I hold a brief today against
the Complacent
Sister who believes
that a special providence
created her
Woman into rule,
reign and, when
actually necessary,
to rule. The woods
are full of them.
The sisters who
accept favors, at-
tentions and the
tokens of friend-
ship and admira-
tion with a shrug,
a smile, and a high of complete resig-
nation. Oh, how I ache to slap some
of these sisters who consider the world
of a man a richly planted field where-
in they may reap without going to all
the bother of sowing. There is a type
of girl in the business office whose
idea of efficiency is to emphasize the
Sex Idea most of the time when she
isn't too busy answering "phone calls
from diverse admirers and doting
herself up for the next month of
Sundays. How in the world employ-
ers manage to restrain themselves
from committing murder I can never
understand. Then there is the girl
in social life who accepts the atten-
tions of fine, decent men as if they
were a posse of rakes and rouses. It
is this girl who is constantly com-
plaining in a vivacious manner, that
she has been "insulated." Somehow
this complacent girl seems just de-
signed to be insulated, and I never
can seem to get up much moral indig-
nation about it.

COMMUNICATIONS

Need New Building
To the Editor: Who is there that
made the trip to Roseburg to see our
boys win the championship for south-
ern Oregon, that did not return with
a heavy heart? It was a great game
and a great victory and we were proud
of our boys and girls, both of whom
had brought glory to us and had
added lustre to Medford's reputation
for doing things well. Yet our hearts
were heavy and we felt resentment be-
cause we were compelled to bring
these fine young people back to the
rickety old place known as the Med-
ford high school.

This is our story and we tell it for
the benefit of those stumbling blocks
who have so long prevented the build-
ing of a suitable high school in keep-
ing with Medford's needs, and spirit
and ideals.

The game at Roseburg, in spite of
its importance, and over the protest
of our Medford coach, was played in
the high school gymnasium instead
of in their armory where it should
have been played. They have a fine
high school building and the "gym"
floor, no doubt, is adequate to the
ordinary needs of their school work-
outs. When marked for basketball,
however, it was bounded on the two
ends by high walls and became haz-
ardous in the extreme, where such
fast play was indulged in. It was
natural, therefore, that every onlooker
from Medford, who had been accus-
tomed to seeing the games at our
armory (where there is some territory
outside the lines) should have felt a
sickening fear as they watched our
players hurl themselves with such
force and speed toward those terrible
walls. Many were the expressions of
fear, only to be met by such importu-
nate retorts from the Roseburg stu-
dents as the following, "You'd better
shut up. Medford hasn't got any high
school," or "Medford has the rottenest
hole in the state for a high school."

It is a wonder that we felt pity
for these splendid, deserving young
people from Medford who had done so
much for us and for whom we had
done so little? The men and women
who go serenely about their business
each day, with the mantle of this dis-
grace wrapped snugly about them,
enjoying Medford's prosperity and
forgetting this greatest need of all had
brought these insults upon their boys
and girls.

Even if roomy enough, the present
building is not suitable for high school
purposes. It is faulty in lighting and
ventilating facilities. Those on whom
we depend for the future of our com-
monwealth are sent in, strong in mind
and body, and we are shocked and
grieved to note the large percentage
who come out bespectacled, with poor
skins and poorer nervous systems.

Where is our civic pride? Where
are our civic clubs? The Greater Med-
ford club is essentially a civic club.
The chamber of commerce, if any-
thing, is a civic club. Why not join
forces, Craters, Rotarians, Kiwanis,
College clubs and all the rest and see
to it that we have a high school with-
out further delay. Let us not longer
subject our boys and girls to insult
and ridicule in addition to impairing
their health and retarding their best
growth and development. The high
school situation for many years has
been a disgrace. It is now intolerable
—yes, it is criminal. That we have had
no decent and suitable high school for
the boys and girls of Medford in many
years past will ever remain the dark-
est spot in Medford's history.

MR. AND MRS. DELROY
GETCHELL.
DR. AND MRS. E. B. PICKEL.
MR. AND MRS. H. D. TURNER
W. C. JAMES.
H. B. JONES.
MR. AND MRS. A. L. HILL.
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LOCAL REPRESENTATIVE
Office at Medford Service Station
Phone 14

Abe Martin



Long ha'n an' a big hat ha'n't
In it with peddlin' somethin' fer
nothin' when it comes t' gittin'
followers. Some folks are very
fond o' long hours an' poor pay
when it comes t' doin' nothin'.

ANNOUNCEMENTS

STATE REPRESENTATIVES
I have represented the people of Jackson
County one term in the State legislature and
feel that the legislative experience gained has
fitted me for a larger and more practical service
in the future.
I therefore announce myself as a candidate
for the State representative subject to the
Republican primary.
Adv. it.
RALPH COWGILL.

I hereby announce my candidacy for "re-election
as one of the two representatives from
Jackson County to the State Legislature, sub-
ject to the Republican primary. I believe I
feel that my previous service in the legisla-
ture enables me to better serve the people.
Adv. it.
JOHN H. CARKIN.

SHERIFF
I hereby announce myself a candidate for the
nomination of Sheriff of Jackson County on the
Republican ticket, subject to the voters of said
county at the primaries in May. If nominated
and elected I pledge myself and the deputy
Sheriff I shall appoint to enforce the laws en-
forced, do not vote for me.
Adv. it.
D. A. LYONS, Central Point.

As a candidate in the Republican primaries
for the office of Sheriff, I desire to clearly
define my position on the future conduct of that
office, if elected.
My experience as a deputy sheriff of Jackson
County, and as a State Traffic Officer, has
taught me that no peace officer can give satis-
factory and efficient service to the public when
his authority and responsibility are shared by
another. The present unsatisfactory law en-
forcing conditions is largely attributable to
divided authority between antagonistic peace
officers, elements that are certain to produce
conflict, inefficiency and needless expense.
If elected I shall insist upon and expect to
maintain the right to perform all the duties
of Sheriff in this County, and it follows that I
will be uncompromisingly opposed to special
officers except Federal Agents, with whom I
pledge full and complete cooperation. I am in
thorough accord with the letter and spirit of
the prohibition laws and pledge my active
aid and untiring efforts in their enforcement.
Adv. it.
J. J. McMAHON.

Being a candidate for the Democratic nomi-
nation for Sheriff I promise if nominated and
elected to enforce the laws and conduct the
other business to the best of my ability, with
efficiency and economy always considered first.
WIDEN anyone to my record as sheriff dur-
ing 1917-18.
Adv.
RALPH G. JENNINGS.

CORONER
I hereby announce myself as a candidate on
the Republican ticket, for nomination to the
primary for the office of coroner of Jackson
County.
By virtue of my profession as an undertaker,
I feel that I have every qualification and the
necessary equipment to properly handle any de-
mand which may arise.
Adv. it.
H. W. CONGER.

I am a Republican candidate for reelection
for Coroner of Jackson county, subject to pri-
maries May 15.
Platform: Experience, personal attention,
economic management. Being a substantial
taxpayer I am interested in the economical
management of all county offices.
Adv. it.
JOHN A. PERL.

COUNTY CLERK
I announce myself as a candidate for the
Republican nomination for County Clerk, subject
to the primary in May. If elected I promise to
perform the duties of the office in an economi-
cal and businesslike manner.
Adv. it.
W. H. CRANDALL, Eagle Point.

I hereby announce myself as a candidate on
the Republican ticket for nomination for the
office of County Clerk at the May primaries.
I have for the past five years been a deputy
county clerk and am familiar with every branch
of the office, and if elected, I will give close at-
tention to the duties of the office and feel con-
fident that I will prove worthy of your sup-
port.
Adv. it.
DELLIA STEVENS,
Medford R. F. D. 1.

I am a candidate for the office of County
Clerk, on the Republican ticket, subject to the
primary on May 15.
I have for the past five years been a deputy
county clerk and am familiar with every branch
of the office, and if elected, I will give close at-
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