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Ye Smudge Pot
 By Arthur Perry

Tomorrow is the Sabbath, and it has not been announced yet what pulpits Governor Pierce, the Grand Dragon, and the head of the Farm Bureau will occupy.

Four new citizens were admitted to the Union Thursday, encountering a speech right off the bat.

Boys and girls are running wild after sundown, and parents are demanding that the police do something.

WHOA, BOY! WHOA!
 (Roseburg News Review)
 Oregon! My Oregon! There is no place like Oregon. We are certainly enjoying the beautiful sunshine. Making garden and broccoli crates are the order of the day.

Feb. 24-29 will be Prune Week—horticulturally, not human.

The young man who evaporated through the roof of the county jail last October, and escaped again by jumping through a train window, while the crossing menace to autoists was going 50 miles per hour, and is still alive to serve his sentence, will live to a ripe old age, and then probably get run over by a horse drawn vehicle.

Mary White, an ex-blonde is now a brunette, and is receiving congratulations on a neat job.

Roseburg chamber of commerce has adopted a new slogan, to-wit: "Roseburg needs more roses and noses." Medford needs another service station, and some more fish poles.

FOR RENT—One two room, two three room apartments, partly furnished with bath and garden ground. Just back of store in Englewood, C. R. Morrison.—(Marshfield News). A fine combination.

The time is about ripe for those who have been lazy all winter, to have spring fever.

MAN WANTS LITTLE
 (Athens, O., Messenger)
 WANTED—Middle-aged woman, all her teeth, one who will patch my pants and help find my pipe. F. B. Lightfritz, Mineral, Ohio. (Cont. by T. W.)

EFFICIENCY
 (Congressional Record)
 Mr. Stengle. In these two minutes, gentlemen, I do not want you to consider anything that I have said except this: As to the statement of my friend from Illinois (Mr. Madden) the other day, in which he said, "We begin now in accordance with the reclassification law in order to establish a policy," I say to you that if you make this the policy for your entire appropriations this year, you are going to have walking the streets of this city within the next six months a number of poor men and women who have been here because of a pernickitous efficiency system, while on the other side of the same street will march a number of people whose pay has been raised by taking the money from those whose jobs have been dispensed with. But it will not be my fault, for I have warned you. (Applause.)

The only way to convict a bootlegger, apparently, is to draw 12 of the officers arresting him, on the jury to try him.

THE SUNDAY SUIP
 How many recall the time when it was the usual practice on Sunday mornings to dress up in the Sunday suit and then be careful all day not to get it soiled or wrinkled? And at night time it was carefully brushed and laid away for the next day of rest. And after serving for several years as the dress for occasions it was finally worn every day, well, when days is gone forever? For, according to the association of retail clothiers, the average man no longer has a Sunday suit. From the results of a recent survey the conclusion was reached that folks don't dress up like they used to, and, of course, the retailers have just cause for complaint since their business could not be as good if the conclusion of the survey were true.

The cause of this condition is found to be the automobile. Today the average man either owns or is trying to pay for an automobile, and instead of buying a new suit first he must get new tires.—(S. F. Bulletin.)

MAKE THE CONFERENCE A SUCCESS

HERE IS, in some quarters, a serious misunderstanding in regard to the agricultural and economic conference which opens in Medford next Monday.

Because this important movement has been promoted and endorsed by the Medford and Ashland Chambers of Commerce, some good people seem to think that it is a business man's movement.

Nothing could be further from the truth. The movement was started at the State Agricultural college. It has been endorsed by local chambers of commerce, because these organizations realize that until the farmers of Jackson county are prosperous and satisfied, there can be no permanent or general prosperity in Southern Oregon.

The business men are behind the movement and eager to assist in any way they can but they have no desire, and as a matter of fact will be given no opportunity to,—as one of our rural correspondents has expressed it,—"butt in" on the farmers' problems.

Local problems of agriculture and horticulture are to be solved,—if they can be solved,—by the ranchers and farmers themselves. The success of this conference, therefore, depends absolutely upon a large and representative attendance of the ranchers and farmers.

What can be done by "outsiders" has been done. The machinery has been set up. All available data has been secured. Whether the conference is a success or failure now depends, not upon O. A. C., or the Chambers of Commerce or upon any individuals or groups of individuals, but upon the farmers themselves.

If, for one reason or another, they refuse as a whole to attend, the conference can't succeed, if they do attend, it can not fail.

QUILL POINTS

If English recognition of Russia comes, will Hughes be far behind?

Girls would dress sensibly if men were not insensible to sensible things.

A married man can always tell a bachelor—but he can't make him believe it.

The censors still permit movie patrons to see pictures with the naked eye.

Married folk have an advantage at Christmas. Two can give as cheaply as one.

The thing that makes the narcotic habit so difficult to overcome is the profit.

That chap who says the art of conversation is lost hasn't visited the movies lately.

One way to overcome the theory that the rich will go to hell is to pay the preacher a decent salary.

Agood sport is a man who won't swat a fly until he has thawed it out and given it a fighting chance.

An old-timer is one who can remember when everybody was delightfully shocked by a corset ad.

The length of his cigarette holder indicates how loudly Dad roars when he overdraws his allowance.

It seems strange, but many of our great men never could make a combination shot for the side pocket.

Henpecked husbands need not worry. The trailer furnishes no power, but it gets there just the same.

Correct this sentence: "With all my worldly goods I thee endow," said the newspaper reporter.

HOLSTEIN COW IS NEW WORLD'S CHAMPION

ST PAUL, Feb. 16.—A new world's champion Holstein cow for the production of butter in ten months as a junior three-year-old is Star Segis Pontix, Superior, of the Minnesota Holstein company herd at Austin, Minn., according to the advance registry department of the Holstein Friesian association of America.

Under the supervision of the Minnesota college of Agriculture this cow completed her test period in 19.291 pounds of milk, containing 725.03 pounds of butterfat, equivalent to 306.2 pounds of butter, while carrying a calf of 175 days.

FRANCE RECEIVES NEW GERMAN AMBASSADOR

PARIS, Feb. 16.—Dr. Leopold Van Hoesch, was formally received as the new German ambassador to France by President Millerand today.

"Observance of treaties," was declared by President Millerand in his remarks to be the keystone of the solution of the difficulties surrounding the reparations problem.

Dr. Von Hoesch in an unusually brief address said he fully realized the difficulties of his task but was confident that with the French good will to aid him, he would be successful.



Rippling Rhymes
 by Walt Mason
HURRYING ALONG.

THE DAYS of my years do not linger, the gait of old Time can't be slowed; he leads me along by the finger so fast that I burn up the road. I cry in the dawn, "It is morning," I turn, and behold it is noon; I sigh, and the shadows give warning that evening is coming oftsoon. I cry in the snow, "It is winter," I thaw, and ods bones, it is spring; this season departs like a sprinter, and summer is having its fling. And still I find time as I hurry to help out a neighbor or four, encouraging pilgrims who worry, and cheering up hearts that are sore, "I'm never so busy," I mutter, "I can't do a kindness or three"; I carry the sick man some butter, the widow a firkin of tea. "Each minute is priceless," I chatter, "but still I shall pause for a spell, and visit that suffering hatter who fell fifty yards down a well." If a man would be counted a winner he'll look at his watch as he jumps; and still I shall comfort the tinner who's down with the heaves and the mumps. Life ends, with its plans and its worry, the treasures of earth are laid down; and what shall avail all my hurry, if there are no stars in my crown?

Personal Health Service
 By WILLIAM BRADY, M. D.
 Noted Physician and Author

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped, self addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received, only a few can be answered. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, in care of this newspaper.

Insulin Not a Diabetes Cure

No new cure for diabetes has been found, but the new remedy, insulin, is keeping many subjects of this disease comparatively strong and well, so it is fair to say that the new remedy helps to cure the patient even though it does not cure the disease. Diabetes is a disease of nutrition. One subject to diabetes cannot utilize sufficient carbohydrate (saccharose and sugars) to meet the demands of the body for this class of food materials. This functional deficiency is due to some inherent shortcoming in the islands of Langerhans, which are certain groups of cells in the pancreas (abdominal sweet bread) and take their name from the German scientist who discovered them in 1869. The new remedy, insulin, is an extract of the pancreas from animals killed in the abattoir. It supplies the internal secretion which these islands of Langerhans produce in insufficient quantity, in the diabetic individual, to insure the normal oxidation and utilization as fuel or food of carbohydrates. When administered to a diabetic individual insulin diminishes the amount of sugar in the blood. All carbohydrate food material is converted to glucose by digestion and as glucose (blood sugar) it is distributed for the nutrition of the body. A certain proportion of sugar is normally present in the blood, about one-tenth of 1 per cent. In diabetes the amount found in the blood is considerably greater, perhaps half of 1 per cent. A dose of insulin (which must be given by hypodermic injection into the muscle tissues) causes the blood sugar to drop toward normal, or even below normal if the dose is too large. If the blood sugar falls below the normal amount, a characteristic condition appears, the principal features of which are weakness, great hunger, sweating, tremor or even convulsions and loss of consciousness. The juice of an orange or a few teaspoonfuls of glucose will quickly overcome this condition.



Nothing is gained by the use of insulin in diabetes unless the patient's diet is scientifically adjusted and the proper amount of food, both carbohydrates and other materials, given shortly after each dose of the insulin. For the purpose of insulin is to enable the patient to utilize a greater amount of carbohydrates and thus gain in strength. To use insulin without this dietary adjustment is a waste of time and money and a rather dangerous practice for the patient.

Diabetes, as everybody knows, is too often a fatal disease, yet it is well to remember that it is at the same time a functional trouble—a lot of ill informed people still like to imagine that any trouble which is "functional" rather than "organic" is unimportant. There is really no sense, either common or scientific sense, in attempting to distinguish "functional" from "organic" diseases. All disease is functional all the time and organic from the time the doctor tells you frankly what ails you.

Insulin treatment can be given by any good doctor anywhere. The medicine is on the open market, but only for the use of physicians.

QUESTIONS AND ANSWERS

Lemon and Liver
 Kindly tell me whether half a lemon taken in a pint of water each morning before breakfast will help in any way to stimulate a torpid liver which is enlarged. Also whether it will have any injurious effect on the blood if one is inclined to anemia. (Mrs. R. E. M.)

Answer—Owing to their citric acid content all the citrus fruits—grapefruit, orange, lemon, lime, tangerine—tend to stimulate the flow of bile. It will not injure the blood.

Two Kinds of Pleurisy
 Is pleurisy in the lungs dangerous? I know there are two kinds of pleurisy, dry and wet. Which kind is tubercular? Would radium treatments cure this trouble? (S. H. A.)

Answer—Pleurisy is inflammation of the pleura, the membrane which lines the chest cavity and covers the lungs. Perhaps simple dry pleurisy is more often tubercular. I do not know of any special benefit from radium treatment for pleurisy.

The Common Bath Tub
 Is there any danger of contracting syphilis by bathing in the tub used by persons who have the disease? Would a disinfectant be advisable in such a case? If so, what? (H. S.)

Answer—So far as I know there is no evidence that any disease is ever contracted from using the tub. There could be no more efficient disinfection for a bath tub than a good soap and water scrubbing. A shower bath is better.

F. II. Sees the Light
 My husband is trying to reduce and wants to know what to eat that is not fattening. (Mrs. S. A. O.)

Answer—Friend husband had better take a short cut thru the woods. If he is serious about reducing, and not follow this aimless path which so many thousands of the more credulous sex have followed in the vain attempt to reduce. In some cases restriction in the amount of sugar gives the quickest results. In others, restriction in the total of cereal or starchy foods—but in all cases it is a clear proposition of eating less and exercising more.

"JUST TOWN TALK"
 Copied Right By Mike

I HAVE been told
 AT DIFFERENT times
 SINCE I began
 TO WRITE this column
 THAT THE community
 GENERALLY AND at large
 MIGHT PROFIT greater
 IF I should desist
 AND TURN my efforts
 TO MORE material things
 BUT THE fact remains
 THAT I'M too heavy
 FOR REAL light work
 AND SOMEWHAT light
 FOR REAL heavy work
 SO IT'S quite obvious
 THAT UNLESS I'm discovered
 AND GIVEN a chance
 IN THE world of letters
 'Twill BE my lot
 TO CONTINUE here
 TELLING WHAT I know
 ANYWAY LAST night
 'Twas NICE and balmy
 AND TRULY a night
 FOR ROMANCE and love
 AND ON the way home
 I STOOD for a minute
 ON THE Main street bridge
 AND DRANK in the splendor
 OF THE silvery moon
 AND WAS just about
 TO START on home
 WHEN I noticed a couple
 OVER IN the shadows
 AND I could see
 BY THE moon's pale light
 THAT SHE was fair
 TO LOOK upon
 AND I could see
 THAT HE was anxious
 TO CLASP her tightly
 TO HIS manly breast
 BUT LACKED the courage
 OR THE encouragement
 AND THEN she said
 "OH, I'M so cold"
 AND HE was sure
 THE GOLDEN moment
 OF HIS heart's desire
 HAD COME at last
 AND HE reached out
 AND TOOK her hand
 HER SOFT white hand
 ONLY TO hear her
 SAY IMPATIENTLY
 "COLD, YOU dumbbell"
 "AND NOT playful"
 I THANK you.



Abe Martin
 "That reminds me, I've got some wood 'I saw," said Jake Bentley, 'day, when Mrs. Tipton Bud shifted gears. Th' feller that thinks seriously o' gettin' married hardly ever marries."

LAUREL GRAY LOVE GOSSIP
 THE GREATEST THING IN THE WORLD

Punctual Girls. Oh, how many romances have been spoiled because the girl didn't meet him at five minutes past eight with an innocent smile! The trouble with the tardy girl is that her excuse is always so doggone silly, from HIS point of view. Men chafe easily. A man may be a laughing fountain of joy and good humor at 23 minutes after seven, on a seventh-day date, but at twenty minutes of thirty his face will look like a Japanese war mask. The punctual girl will be on time at the altar!

ANNOUNCEMENTS

STATE REPRESENTATIVES
 I have represented the people of Jackson County one term in the State legislature and feel that the legislative experience gained has fitted me for a larger and more practical service in the future.
 I therefore announce myself as a candidate for the State Representative office at the republican primary.
 Adv. it. RALPH COWGILL

I hereby announce my candidacy for re-election as one of the two representatives from Jackson County to the State Legislature, subject to the primary election in May. I feel that my previous service in the legislature enables me to better serve the people.
 Adv. it. JOHN H. CARRIN

SHERIFF
 I hereby announce myself a candidate for the nomination of Sheriff of Jackson County on the republican ticket, subject to the voters of said county at the primaries in May. If nominated and elected I pledge myself and the deputies whom I shall appoint to enforce all laws including the 18th Amendment with efficiency and economy. If you do not want the laws enforced, do not vote for me.
 Adv. it. D. A. LYONS, Central Point.

As a candidate in the Republican primaries for the office of Sheriff, I desire to clearly define my position on the future conduct of that office, if elected.
 My experience as a deputy sheriff of Jackson County, and as a State Traffic Officer, has taught me that no peace officer can give satisfactory and efficient service to the public when his authority and responsibility are shared by another. The present unsatisfactory law enforcing conditions is largely attributable to divided authority between the peace officers, elements that are certain to produce conflict, inefficiency and useless expense.
 If elected I shall insist upon and expect to maintain the right to perform all the duties of Sheriff in this County, and it follows that I will be uncompromisingly opposed to special offices, except Federal Agents, with whom I pledge full and complete cooperation. I am in thorough accord with both the letter and spirit of the prohibition laws and pledge my active and untiring efforts in their enforcement.
 Adv. it. J. J. McMAHON.

CORONER
 I hereby announce myself as a candidate on the republican ticket, for nomination at the coming primary for the office of coroner of Jackson County.
 By virtue of my profession as an undertaker, I feel that I have every qualification and the necessary equipment to properly handle any duties which may arise.
 Adv. it. H. W. CONGER.

I am a republican candidate for re-election for Coroner of Jackson county, subject to primaries May 16.
 Platform: Experience, personal attention, economic management, and substantial taxpayer I am interested in the economical management of all county offices.
 Adv. it. JOHN A. PERI.

COUNTY CLERK
 I announce myself as a candidate for the republican nomination for County Clerk, subject to the primary in May. If elected I promise to perform the duties of my office in an economical and business-like manner.
 Adv. it. W. H. CRANDALL, Eagle Point.

I hereby announce myself as a candidate on the republican ticket for nomination for the office of County Clerk at the May primaries. I have for the past five years been a deputy county clerk and am familiar with every branch of the office. I will give close attention to the duties of the office and feel confident that I will prove worthy of your support.
 Adv. it. DELILIA STEVENS, Medford R. F. 2.

I am a candidate for the office of County Clerk for Jackson county, subject to the primary on May 16.
 If elected County Clerk I will give to the office that high degree of efficiency which the people are justified in demanding of a public official.
 Adv. it. CARL V. TENGWALD, Medford.

TREASURER
 I am a candidate for the republican nomination for a second term as Treasurer of Jackson county, subject to the May primary. If nominated and elected I will conduct the office as in the past, in accordance with the laws of the state.
 Adv. it. A. C. WALKER.

JUDGE COUNTY COURT
 Believing that I may be of service to the people of Jackson County I hereby submit my candidacy for the republican nomination for Judge of the County Court at the May primaries.
 Adv. it. W. J. HARTZELL, Adv. it.

I hereby announce my candidacy for County Judge, subject to the decision of the Democratic primary, on the following platform:
 Reduce taxes through an economical and business-like administration of county affairs. Stop needless expenditures and waste and give proper support and attention to good roads, public schools and other vital and public necessities. Enforce the prohibition law efficiently and properly through proper agencies and eliminate special law enforcing organizations which are now causing divided authority and needless expense. Give to all a fair, square deal and not be responsible to any political faction, clique or organization.
 Adv. it. WILLIAM ULRICH.

COUNTY SUPERINTENDENT
 I am a candidate for the republican nomination for the Republican nomination as County School Superintendent of Jackson County. I have served the county three and a half years as county superintendent, and was elected, voted earnestly for the cause of education as heretofore.
 Adv. it. SUSANNE HOMES CARTER.

COUNTY ASSESSOR
 I am a candidate for renomination on the Republican ticket for the office of County Assessor, subject to the May primary. If nominated and elected I promise to give the same efficient service in the conduct of the office that I have in the past and will continue to work for a better equalization of property values.
 Adv. it. T. B. COLEMAN.

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Summons for Publication in Foreclosure of Tax Lien
 In the Circuit Court of the State of Oregon, for Jackson County.
 R. P. Campbell, Plaintiff, vs. Helen Crowe, Ransome R. Dunn, Hartman Syndicate Incorporated and also all other persons unknown claiming any right, title or interest in or to the real property described herein, defendants.
 To Helen Crowe, Ransome R. Dunn, Hartman Syndicate Incorporated, and all other persons claiming any right, title or interest in or to the real property described here, the above named defendants.
 In the name of the State of Oregon, You are hereby notified that R. P. Campbell, the holder of Certificate of Delinquency numbered 0343 issued on the 25th day of January, 1924 by the Tax Collector of the County of Jackson, State of Oregon, for the amount of Twenty-five and 60-100 Dollars (\$25.60), the same being the amount then due and delinquent for taxes for the year 1923 together with penalty, interest and costs thereon upon the real property assessed to you, of which you are the owner as appears of record, situated in said County and State, to-wit: 38 South Orange, 2 East of the Willamette Meridian.
 You are further notified that said R. P. Campbell has paid taxes on said premises for prior or subsequent years with the rate of interest on said amounts as follows:
 1920 tax, paid Oct. 25th, 1923, tax receipt No. 24524, amount \$21.78, at 12 per cent interest.
 1921 tax, paid Oct. 25th, 1923, tax receipt No. 23531, amount \$22.69, at 12 per cent interest.
 1922 tax, paid Oct. 25th, 1923, tax receipt No. 29832, amount \$19.25, at 12 per cent interest.

Said Helen Crowe, as the owner of the legal title of the above described property as the same appears of record, and each of the persons above named are hereby further notified that R. P. Campbell will apply to the Circuit Court of the County and State aforesaid for a decree, favoring the foreclosure of the lien against the property above described, and mentioned in said certificate. And you are hereby summoned to appear within sixty days after the first publication of this summons, exclusive of the day of said first publication, and defend this action or pay the amount due as above shown, together with costs and accrued interest, and in case of your failure to do so, a decree will be rendered foreclosing the lien of said taxes and costs against the land and premises above named.

This summons is published by order of the Honorable C. M. Thomas, Judge of the Circuit Court of the State of Oregon for the County of Jackson and said order was made and dated the 15th day of February, 1924, and the date of the first publication of this summons is the 16th day of February, 1924.

All process and papers in this proceeding may be served upon the undersigned residing within the State of Oregon at the address hereafter mentioned.
 O. C. BOGGS,
 J. P. HARTZELL,
 Attorneys for Plaintiff.
 Address: 30 North Central, Medford, Oregon.

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