

MEDFORD MAIL TRIBUNE

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S. SUMPTER SMITH, Manager.

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Official paper of the city of Medford,
Official paper of Jackson County.

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months ending October 1, 1923, 3379, more
than double the circulation of any other paper
published or circulated in Jackson County.

The only paper between Eugene, Ore., and
Salem, Ore., a distance of over 200
miles, having leased wire Associated Press
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Ye Smudge Pot

By Arthur Perry

Politicians are rapidly regaining the
power of speech, when the Ku Klux
Klan is mentioned. No longer does
one hear the chimes of "I don't
belong, but—" Neither is an oppo-
nent of mask and shirttail, outside the
field of burglary and the bedroom,
queried, "Your conscience must hurt.
You have nothing to fear if you have
done nothing wrong." Professional
haters, with no definite knowledge of
what they are hating, have ceased to
hate, and starting development of
religious fervor, is doubtful as a cam-
paign asset in these days. The show
of sanity is most pronounced in polit-
ical circles, which causes doubts to
arise regarding its sincerity. It would
be annoying to re-elect a reformed
regulator of mankind, and discover
that he had a relapse, early in his new
term.

The Andrews boys had their heads
together Wed. pm. and fears are felt
for the formation of a double male
quartette.

SCRAMBLED ROMANCE
(Oregon City Enterprise)
Miss Edna Cox became the
bride of Alfred Hunt, whose
sister, Miss Lillie Hunt, married
Walter Cox, brother of the girl
who married Lillie Hunt's brother.
All live in Butte, Mont.,
where everybody now is trying to
untangle the relationship.

A cat was run over on the leading
business artery last night, deceased
lying where he was stricken by auto.
Gasoline, in the prime of young kit-
tenhood. One more jump and the
victim would have been up a phone
pole. When a feline with native agi-
lity and talent for impromptu acro-
batics, can not get out of the way of
a go-cart, it behooves schoolgirls on
bicycles, to be beside themselves, and,
if possible, a few feet ahead of them-
selves.

Mother Earth is being spaded for
gardens, that will later be expected to
hose themselves.

CIGARETTES WORSE THAN
MOONSHINE—(Hillside Baptist Re-
view). Just for that everybody light
another one.

LOST—Colt's carbine rifle, left
some place Christmas week. Reward
for return to Billy Cox, 329 N. Front
street.—(Coca Bay Times). Why so
definite, Billy?

FORD SALE, ALREADY TO RUN
—(Ad Yreka Journal). Declaration
of intentions praiseworthy, but get
the money first.

The news is forthcoming that
money for food for hungry German
children, is not being contributed in
sufficient quantities to insure proper
distribution by efficient hands. Don't
let the hands of habitual welfare
workers lose their efficiency. If the
hungry German children never get
another meal. There was a time dur-
ing the war, when experts and effi-
ciency was rampant, but this seems to
have petered out. It was known as
overhead; the term did noble work.
Now a liberal nation seems to think
the relief should all go to those who
need it, instead of those in a position
to get it. In the stomach, has taken
the place of the overhead.

The Republican party national
committee has thought up a fine way
to elect a Democratic president. They
propose the formation of Calvin Cool-
idge Singing clubs. One solo out of a
Jackson County G. O. P. wheelhorse
would carry every state west of the
Rockies.—for McAdoo.

Three more sunny days, and look
out for Galsheviks on horseback.

Four times a year his ancient bus
Jim Fogg jacks up; an' then th' cuss
fur hours tolls 'til he perspires.
In shiffin' of its rims an' tires.
He takes th' front ones off th' hack
An' puts 'em on th' wheels in back;
Th' wust one changes fur th' spare.
An' fills 'em all with good fresh air.
You gotta figure, wile an' Rubes.
On what's inside th' inner tubes.
You want not use in any gear.
Th' air you put in yesteryear.
What tires need apples to men;
You need some fresh stuff now an'
then." (SF. Bulletin.)

OUR INEFFICIENT "DO-NOTHING CONGRESS."

AT A RECENT meeting of Middlewest farmers in Omaha, a res-
olution was adopted condemning the unbusiness-like methods
of our "Do Nothing Congress."

The condemnation is warranted, no doubt, but who is to blame?
Unless our information is incorrect, farmers of the Middlewest, who
passed this resolution are to blame for the condition they condemn.
For farmers votes were responsible for the Farm Bloc. Farmers'
votes sent Henrik Shipstead and Magnus Johnson to the senate, from
Minnesota; they sent Smith Brookhart to the senate from Iowa; they
sent Lynn J. Frazier to the senate from North Dakota, and in large
measure, they sent La Follette to the senate from Wisconsin.

The farmers didn't elect these men, because of their business abil-
ity. Not one of them, with the possible exception of La Follette, could
qualify as a business man of demonstrated capacity. Shipstead, John-
son, Brookhart, et al., were, in a sense, elected because they were not
business men,—because they opposed those principles generally ac-
cepted as good business principles, because they were "agin" the
government, because they could talk louder and say less, promise more
and deliver less than any of their opponents.

Now the farmers are condemning the congressional mess, which
they created. They condemn unbusinesslike methods. But appar-
ently they do not condemn the class prejudice tirades, the Farm Bloc
creators are delivering against the Mellon plan of tax reduction,
which is generally conceded to be by all world experts, regardless of
party,—we might quote the democratic N. Y. World on this,—as the
most businesslike financial plan produced in Washington in a decade.

They criticize congress for doing nothing. Why has congress
done nothing? Almost solely because the Farm Bloc, assisted by the
Democrats, have allowed it to do nothing.

We think if the farmers of the Middlewest would go home and
think the matter over a bit, they would decide to keep still hereafter
about the unbusinesslike methods of our "Do-Nothing Congress."

For as a matter of cold fact, the farmers of the Middlewest do not
want business methods in congress, for they absolutely refuse,—or
did refuse,—to elect business men to public office.

They want politicians and demagogues, and vociferous champions
of the common "peepull" in congress, men who are efficient in tearing
things down, but haven't the faintest idea, even if they succeeded, as
to how to build them up.

No sympathy need be wasted over the Middlewest farmers in this
direction. In an inefficient "do-nothing Congress" they are merely
reaping the harvest they, themselves, sowed.

QUILL POINTS

Opportunity is seldom called "she." It knocks but once.

No doubt it is true that opposites attract. Most of the hard cash
is in soft hands.

The world may not be improving in some respects, but you never
see yellow shoes any more.

We shall not expect everlasting peace until multitudes pay \$10 a
seat to watch a pie-eating contest.

Man is the only creature noble enough to have a conscience or
sorry enough to need one.

As a war to end war it was a fizzle; but as a peace to end peace
this one is doing well.

A Constitution is a document that can be stretched to fit anything
your fellow partisans do.

When government policies are being formed, the nearest the little
fellow gets to a look-in is pique.

"Few fat men have political power now," says a headline. The
fat-heads are holding their own, however.

Fable: His wife waved at him across the street and he flushed
with pride and pleasure.

Mexicans are funny. They select a President on the battlefield
instead of doing it in a hotel bedroom.

When nobility ruled, it took three generations to make a gentle-
man. Now it takes only three coats of whitewash.

If a girl would save her money and buy her own diamond ring,
it wouldn't take her so long to pay for it.



PAYING FOR NOTHING.

I HAD A LETTER from Old Doc Tetter, in which he said, said
said he, "I cured your glanders and yaller janders, and you're
still owing me. The coin I'm needing, my wife is pleading for
things we've not in stock; get busy, sonny, and send the money,
and pay the good old doc." Much pain enduring, in hope of
curing, I called Doc Tetter in; he gave me potions in bitter
oceans, and pills which were a sin. He gave me bitters no human
critters could drink and still be sane; and oh, my masters, his
mustard plasters increased my dole and pain. He filled my body
with boneset toddy and all the drugs in town; his noxious mix-
tures! Their tastes are fixtures I never shall live down. He filled
my tummy with nostrums rummy, soft soap and liquid yeast; and
when he finished no pain diminished, but all my grief increased.
It would be better if Old Doc Tetter would only send his bill
when he can banish the flu that's Spanish, or other beastly ill.
The doc who fizzes where anguish sizzles should ask no plunk or
wheel; what good is healing that hits the ceiling and roundly fails
to heal? If Old Doc Tetter had made me better, I'd greet with
smiles his bill, and pay it gayly, and bless him daily and take
another pill.

Personal Health Service

By WILLIAM BRADY, M. D.
Noted Physician and Author

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or
treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed.
Letters should be brief and written in ink. Owing to the large number of letters received, only
a few can be answered here. No reply can be made to queries not conforming to instructions.
Address Dr. William Brady, in care of this newspaper.

The Iron Nation

The noted nutrition authority Von
Noorden, a strong advocate of liberal
use of meat in the adult dietary,
teaches a different
policy in the nutri-
tion of the child. He
writes: "The neces-
sity of a generous
supply of vegetables
and fruits must be
particularly empha-
sized. They are of
the greatest impor-
tance for the nor-
mal development of
the body and of all
its functions. As far
as children are con-
cerned we believe we could do better
by following the dietary of the most
rigid vegetarians than by feeding chil-
dren as the they were carnivora, ac-
cording to the bad custom which is
still quite prevalent. . . . If we limit
the most important sources of iron—
the vegetables and the fruits—we
cause a certain sluggishness of blood
formation and an entire lack of re-
serve iron, such as is normally found
in the liver, spleen and bone marrow
of healthy, well nourished individ-
uals."

As a matter of fact, any one of the
following items, taken ounce for
ounce or pound for pound, furnishes
more iron to the body than does lean
beef or any other meat: Entire wheat,
almonds, egg yolk, oatmeal, dried
beans, green peas or dried peas,
prunes, spinach. Other foods which
if not as rich in iron as those named,
are of nearly the same value prac-
tically in the diet, are: String beans,
lettuce, apples, figs, pineapples, straw-
berries, huckleberries, walnuts, coco-
nuts, peanuts, oranges, bananas, pota-
toes, carrots, beets, beet greens, as-
paragus, onions, pumpkin pie, toma-
tatoes, celery, rhubarb, endives, koh-
l-rabi, mushrooms, lentils and artich-
okes. Nearly anything green and
edible contains food iron in the most
readily assimilable form.

Probably the most futile American
indoor pastime is the taking of medi-
cine containing iron which purports
to build blood, for no medicine can
possibly compare with natural foods,
such as I have just named in the
building of blood. The human body re-
quires and uses considerable carbon
for the business of growth, building,
fuel and repairs, and gets this carbon
from almost any kind of food.

It may occur to the thoughtful
reader that this is another of my
queer notions—I seem to take particu-
lar pleasure in entertaining notions
contradictory to what the laity imag-

inea physicians generally advocate.
But it isn't so. The idea I am urging
here is the present knowledge and be-
lief of the scientific element of the
medical profession. The superiority
of natural foods over any kind of
iron containing medicine has been
quite definitely established by actual
scientific tests, whatever may have
been the former theories of medical
men or the traditional teachings of
the medical fathers.

And it is more reasonable, too, don't
you think, to look in the garden,
cellar or the grocery for something
good for the blood than it is to seek
for the elusive "tonic?"

QUESTIONS AND ANSWERS

Vitamins Everywhere

Do you approve of the use of . . .
to supply vitamins? I have been told
that there is a lack of vitamins in our
food and that this product will supply
the deficiency. (Mrs. L. E.)
Answer.—No. Plenty of vitamins
in fresh milk, fresh eggs, fresh fruit
and fresh vegetables.

Dry Lips

For three years I have been trou-
bled with dryness of the lips and I am
constantly licking them. The only
time my lips are moist enough so that
I can speak easily is right after I eat.
What can I do? (D. S. J.)

Answer.—You would make a whale
of a success as an after dinner speak-
er. That's the very time my lips get
so dry I can scarcely speak. For such
a condition the lips should be kept
greased with a well made ointment of
sulphur, 10 grains to the ounce, using
freshly prepared ointment of rose
water for the base. This should be
applied especially at night.

Just Plain Cod Liver Oil

. . . have been unable to find any-
where the crude cod liver oil which
you suggested for long drawn out
paranasal sinus infection. No drug
store seems to have it. (V. C. G.)

Answer.—Cod liver oil conforming
to the requirements of the Pharma-
copoeia will do. Any drug store can
supply that. I merely wished to em-
phasize the superiority of the unad-
dressed, unsophisticated product as a
source of vitamins.

Rachitic Rosary

The infant welfare nurse says our
baby has a "rosary," a symptom of
rickets. She prescribed cod liver oil.
Would you advise us to go to our regu-
lar doctor or is it safe to let the
welfare people treat the baby? (M.
M. W.)

Answer.—Better by all means have
your regular doctor take care of the
baby.

"JUST TOWN TALK"

Collected Right By Mike

THERE IS a saying
THAT HAS been prevalent
FOR MANY years past
CALLING OUR attention
TO THE established fact
THAT ALL is not gold
THAT HAS a golden glitter
BUT HERE'S a tale
AND WHILE it doesn't
CONTRADICT THE above
IT GOES on to prove
YOU NEVER can tell
ANYWAY IT took place
AT A local coal yard
WHEN A purchaser came
TO EXCHANGE his savings
FOR A supply of coal
AND WHILE he had
A GREAT deal of confidence
IN THE coal merchant
HE WANTED to be sure
OF WHAT he was getting
SO WENT with the dealer
OUT INTO the enclosure
TO LOOK at the coal
AND AS they stood
JUDGING THE quality
ONE WAS attracted
BY THE golden glister
OF A mineral deposit
THAT SPARKLED in the sun
AND WALKING over

HE BEGAN to dig
AND EXAMINE each piece
AND FOR several minutes
HE HUSIED himself
AND HIS hands were black
WHEN HE straightened up
BUT UPON his face
WAS AN expectant smile
"WELL," SAID he
"THERE IS a fortune
IN THAT pile of coal"
AND THE other said
"WHAT IS IT,
"QUARTZ?"
"NO," SAID Walt
WITH A cautious look
"PINTS"
I THANK you.

RED PEPPER HEAT STOPS BACKACHE

The heat of red peppers takes the
"ouch" from a sore, lame back. It
can not hurt you, and it certainly
ends the torture at once.
When you are suffering so you can
hardly get around, just try Red Pepper
Rub, and you will have the
quickest relief known. Nothing has
such concentrated, penetrating heat
as red peppers.
Just as soon as you apply Red Pepper
Rub you will feel the tingling
heat. In three minutes it warms the
sore spot through and through. Pain
and soreness are gone.
Ask any druggist for a jar of
Rowles Red Pepper Rub. Be sure
to get the genuine, with the name
Rowles on each package. Adv.

CHILDREN CRY FOR "CASTORIA"

Especially Prepared for Infants and Children of All Ages

Mother! Fletcher's Castoria has
been in use for over 30 years as a
pleasant, harmless substitute for
Castor Oil, Paregoric, Teething Drops
and Soothing Syrups. Contains no
narcotics. Proven directions are on
each package. Physicians everywhere

recommend it. The kind you have
always bought bears signature of

Wm. D. Fletcher.

LAUREL RAY LOVE COSSIP

THE GREATEST THING IN THE
WORLD
By Laurel Ray

It's rather kind of Mother Nature
to have hidden our hearts inside our
bosoms so that the world might not
see those hearts
as they really are.

Dear me, what a
world of scared
and battle-torn
objects they
would be. Talk
about the tattered
banners of the
Marne! It is
a good thing also
that Mother Na-
ture has fixed
our faces, mean-
ing the well-
known human
countenance, so that the curious herd
which jostles us and stares into our
eyes, may not see the secret pangs
which are buried deep, deep down in
the said beating hearts. We are
brave fellows, we men and women.
Gallant gentlemen and ladies all.
When love has given us an ugly turn,
we may turn upon the cold and cal-
lous world a laughing lip and a dim-
pled grin, and shout for more fun,
more gaiety, more laughter and more
play. What good would it do to tear
open the chest-wall and expose to the
harsh light of day, the poor, pitiful
little heart that is so torn with the
love that has gone on, worse still
maybe, the love that was wanted, oh
so hard, and which never, never
came? Strike up the band. Three
cheers. Ho-uray—and make it loud,
so that the gossips may not hear you
Jill sob, or you and Jack gulp his
heart-break free.

When you wake up with backache and
dull misery in the kidney region, it may
mean you have been eating foods which
create acids, says a well-known author-
ity. An excess of such acids overworks
the kidneys in their effort to filter it
from the blood and they become sort of
paralyzed and loggy. When your kid-
neys get sluggish, and clog you must
relieve them, like a clogged pipe, your
bowels, removing all the body's urinous
waste, else you have backache, sick
headache, dizzy spells, your stomach
sours, tongue is coated and when the
weather is bad you have rheumatic
twinges. The urine is cloudy, full of
sediment, channels often get sore, water
scalds and you are obliged to seek relief
two or three times during the night.

Either consult a good, reliable physi-
cian at once or get from your pharma-
cist about four ounces of Jad Salts;
take a tablespoonful in a glass of water
before breakfast for a few days and
your kidneys may then act fine. This
famous salt is made from the acid of
grapes and lemon juice, combined with
lithia, and has been used for years to
help clean and stimulate sluggish kid-
neys, also to neutralize acids in the
system, so they no longer irritate, thus
often relieving bladder weakness.

Jad Salts is inexpensive, can not in-
jure and makes a delightful, efferves-
cent, lithia-water drink. Drink lots of
soft water. By all means have your
physician examine your kidneys at least
twice a year.

If Kidneys Act Bad Take Salts

Says Backache Often Means You
Have Not Been Drinking
Enough Water

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ANNOUNCEMENTS
STATE REPRESENTATIVES
I have represented the people of Jackson
County one term in the State legislature and
feel that the legislative experience gained has
fitted me for a larger and more practical service
in the future.
I therefore announce myself as a candidate
for the State Representative subject to the
publican primary.
Adv. 11. RALPH COWGILL.

I hereby announce my candidacy for re-election
as one of the two representatives from
Jackson County to the State Legislature, sub-
ject to the May primary.
I feel that my previous service in the legisla-
ture enables me to better serve the people.
Adv. 11. JOHN H. CARRIN.

SHERIFF
I hereby announce myself a candidate for the
nomination of Sheriff of Jackson County on the
Republican ticket, subject to the voters of said
county at the primary in May. If elected I promise
and elected I pledge myself and the deputies
whom I shall appoint to enforce all laws in-
cluding the 18th Amendment with efficiency
and economy. If you do not want the law en-
forced, do not vote for me.
Adv. 11. D. A. LYONS, Central Point.

CORONER
I hereby announce myself as a candidate on
the Republican ticket, for nomination at the com-
ing primary for the office of coroner of Jackson
County. Platform: Economy, efficiency, and
by virtue of my profession as an undertaker,
I feel that I have every qualification and the
necessary equipment to properly handle any du-
ties which may arise.
Adv. 11. H. W. CONGER.

I am a Republican candidate for
re-election for Coroner of Jackson County,
subject to primaries May 16.
Platform: Economy, efficiency, and
being a substantial taxpayer I am
interested in the economical manage-
ment of all county offices.
Adv. 11. JOHN A. PERL.

COUNTY CLERK
I announce myself as a candidate for the re-
publican nomination for County Clerk, subject
to the primary in May. If elected I promise to
perform the duties of my office in an econom-
ical and business-like manner.
Adv. 11. W. H. CRANDALL, Eagle Point.

I hereby announce myself as a candidate on
the Republican ticket for nomination for the of-
fice of County Clerk at the May primary.
I have for the past five years been a deputy
county clerk and am familiar with every branch
of the office, and if elected, I will give close at-
tention to the duties of the office and feel con-
fident that I will prove worthy of your sup-
port.
Adv. 11. DELILIA STEVENS,
Medford R. F. D. 2.

TREASURER
I am a candidate for the Republican nomi-
nation for a second term as Treasurer of Jackson
County, subject to the May primary. If nomi-
nated and elected I will conduct the office as in
the past, in accordance with the best of the
state.
Adv. 11. A. C. WALKER.

JUDGE COUNTY COURT
Believing that I may be of service to the
people of Jackson County I hereby submit my
candidate for the Republican nomination for
Judge of the County Court at the May pri-
maries.
Adv. 11. W. J. HARTZELL.

Abe Martin



Look out for th' feller who says
money hain't everthing. Ther's
nuthin' in fergettin' our troubles
when we know they're waitin'
out in front.

COLDS

"Pape's Cold Compound"
Breaks a Cold Right Up

Take two tablets every three hours
until three doses are taken. The first
dose always gives relief. The second
and third doses completely break up the
cold. Pleasant and safe to take. Con-
tains no quinine or opiates. Millions
use "Pape's Cold Compound." Price,
thirty-five cents. Druggists guarantee it.

For Wet Wash
Dry Wash Rough Dry
Phone 873
Wet Wash, pound, .5c
Dry Wash, pound, .7c
Rough Dry, pound, .9c
American Laundry

Wong Pon
Chinese
Medicine
For Treatment
of Acute and
Chronic Dis-
eases of Men
and Women.

Cancer and tumor treated, in-
fluenza, kidney, bladder and stom-
ach troubles, fits, hernia, rupture,
colds, female troubles, paralysis,
fever, pneumonia, asthma and
throat troubles, rheumatism,
amenorrhea.
Office Hours: 8 a. m. to 8 p. m.
Consultation Free.
241 South Front St., Medford, Ore.

Expert Mechanics

Frank Brown

who has been an expert auto
mechanic in Medford for
several years is now with the

J. C. ROBINSON GARAGE

1009 West Main
This garage is well equip-
ped for all kinds of work and
guarantees prompt service
and first class work.



We put a new meaning in
the word "Service"—A trial
will show you. Remember:
"We are not satisfied unless
you are."

City Cleaning and Dyeing Co.

Phone 474 624 N. Riverside