

JACKSON CO. FAIR GIVEN FINANCIAL AID BY THE STATE

There will be approximately five thousand dollars available for premiums for displays at the county fair if the recommendation of the joint ways and means committee of the legislature is accepted. The committee agreed to allot six thousand dollars for extra premium money to Jackson county during the next biennium. This is in addition to the regular annual allowance of fifteen hundred dollars, so that the fair will have a total of forty-five hundred dollars from the state to offer for premiums.

Last year the fair paid thirty-three hundred dollars in premiums and as the state allowed only fifteen hundred dollars it was necessary to use some eighteen hundred dollars of gate receipts to cover this item of expense. With the prospect of getting this additional state aid, the directors of the fair feel more encouraged to make the necessary improvements now being considered.

The information that the ways and means committee had made this recommendation was given the Medford Chamber of Commerce by Senator Geo. W. Dunn and Representatives John H. Carlin and Ralph Cowgill.

WASHINGTON CARD PARTY WEDNESDAY

A Washington card party and musical will be given by the Social club of Reames chapter at the Masonic hall Wednesday evening, February 21. Arrange to meet your friends there. The Colonial people will be there to give you a hearty welcome.

The following program will be rendered by the Philharmonic orchestra:

Overture, Alladin Roemissore
S. I. A. B., a march Hall
Adoration Borowski
Fortune Teller Harriet
Adrift, song poem Alice G. Jay
Fuzzy Wuzzy Bird Meeks
Mrs. Jay will play one of her own compositions.

SALE ASHLAND NORMAL IS REPORTED KILLED

Upon advice from the Jackson county delegation at Salem to the Medford Chamber of Commerce, the bill to sell the Ashland Normal school buildings and grounds and apply the proceeds for the Monmouth Normal, was smothered in the committee.

Last Saturday, when the citizens of Ashland were advised that the bill was introduced, they immediately set to work to have the measure killed. The citizens of Ashland are in hopes that some time when the state feels the necessity of establishing another normal, that the same will be located in their city, but should the land and buildings be sold their chances for a normal would be forever lost.

BUSINESS PROBLEMS TO BE FORUM TOPIC

The forum of the Medford Chamber of Commerce next Wednesday will be of particular interest to members as it will be on business problems. Basic fundamentals and business cycles, with a forecast of business conditions for 1923 and 1924 will be the subject which will be presented by Linwood B. Cornell and James L. Albert of Portland.

With the forum on Wednesday, a start is being made on the last lap toward the two hundredth consecutive forum, as that one will be the one hundred and fifty first.

As usual the forum will be held at the Medford Hotel.

Bridgroom Senator Returns.
NEW YORK, Feb. 19.—United States Senator Walter Edge of New Jersey and his bride who was Camilla Loyal Ashe Sewall of Bath, Maine, returned from a honeymoon trip to Europe on the steamship America, which reached quarantine last night. The usual formalities were waived and they were landed by a revenue cutter.



It's toasted. This one extra process gives a delightful quality that can not be duplicated

COWBOYS ROUND UP 500 HEAD CATTLE TABLE ROCK DIST.

TABLE ROCK, Feb. 18.—Some five hundred cattle are being fed in this district at the present time and many cow punchers are in evidence with their big hats, boots, chaps and spurs they make quite a contrast to the usual mode of dress used in the farm and orchard work. During the past two or three years these stockmen have been trying times. They have drunk the dregs from the financial cup, when they have been able to drink at all, but to meet up with them, one would think everything was rosy as there is nothing in their jovial dispositions and smiling faces to indicate that their ships had drifted so near the rocks.

Mr. E. H. Webber who has been working for C. Dunlap for the past year, has purchased the south eighty acres of the Corner ranch, which comprises the ranch buildings and farming implements, also eleven acres of Newtown apple trees in full bearing.

Since taking up their home in this district, the Webber family have proven themselves good neighbors and we wish them much success in their new venture.

Ed Houston of Trail was here the first of the week looking after his cattle. He reports a foot of snow at Trail.

C. Dunlap has two car loads of fat lambs that he expects to ship about the first of March.

Spray rigs are being put in shape for the spring work and as soon as weather conditions justify, will attack the scale and other fruit pests.

Mr. and Mrs. M. E. Chase arrived the first of the week from an extended visit in the east and middle west. Mr. Chase of Medford was through this district a few days ago in search of fat sheep.

A baby girl was born to Mr. and Mrs. E. H. Webber February 1 at their home on the Dunlap ranch. Mother and babe reported to be doing nicely.

Theo. Glass, the insurance agent of Central Point, drove into the ditch near the Modoc orchard Sunday night doing considerable damage to his car.

The ladies of the Parent-Teachers club are preparing a program for the next meeting which will be on the evening of February 22. Also refreshments of ice cream and cake will be served.

Those from here who attended the last meeting of the Sams Valley literary society were much pleased with the fine program which was carried on along the lines of educational entertainment, something that we do not see very often these days.

The ground hog who returned to the shelter of his hole on February 2, seemed to have the correct dope on the weather after all. Since the cold snap has been in this section have rapidly diminished. Much hay has gone out of the district, but more has been fed to stock brought here to winter, owing to farmers being willing to take a fair price and not attempting to profiteer.

3 KILLED TACOMA MINE EXPLOSION

TACOMA, Feb. 19.—Official investigation into the explosion at Carbanado at eight o'clock Saturday night, when three men were killed and another badly hurt, was being continued this morning by State Mine Inspector E. D. Beese and Dr. F. J. Stewart, county coroner.

The three men who were instantly killed are:

H. S. Russell, 24, single.
Willis A. Minson, 29, married.
Fred S. Fort, 34, married.

The bodies of the men were taken from the No. 6 mine, where the explosion occurred and sent to Buckley.

Inspector Beese was notified at his home in Tacoma and Sunday, together with Coroner Stewart, went to Carbanado, 31 miles east of here, where an investigation was made of the circumstances.

FRIEND OF CAPITAL THROWS HAT IN RING

HAVANA, Feb. 19.—(By the Associated Press)—Emeterio de la Garza, a pro-revolutionary Mexican statesman, announces his candidacy for the presidency of Mexico. For ten years he has been an expatriate in Europe and the United States.

In issuing his announcement he said Mexico needed someone to lead her out of her present position as a wayward member of the Latin-American family. He was not afraid of the unpopularity that would come from his advocacy of guarantees and inducements of foreign capital to enter Mexico, and therefore he had decided to present himself as a presidential candidate.

Grain Exports Fall.
WASHINGTON, Feb. 19.—Grain exports from the United States last week totalled 2,859,666 bushels as compared to 4,619,000 bushels for the week previous.

JACKSON COUNTY HEALTH WORK FOR 1923 OUTLINED

ASHLAND, Feb. 19.—The highly successful meeting of the Jackson County Health association, held in this city last Friday, is still a matter of comment. Probably never before in county history has such a band of faithful workers for the public welfare met in convention assembled, the ranks of Red Cross, Parent-Teacher, W. C. T. U. and all various phases of mental, moral, physical and medical improvement being enlisted in the campaign of uplift in general. Mrs. H. L. Noblit, of Medford, county president presided, and by the way her efficient service in a like capacity will be continued for the current year also.

Mrs. Grace Engle submitted Ashland's report, reviewing with pleasure and appreciative gratifying results as demonstrated locally, dwelling especially upon the advantages derived in meeting under such ideal conditions as those afforded by the new Community clubhouse. Other local speakers were Mrs. Louise Perrozzi and Mrs. J. W. Angell. In reporting for Medford, Mrs. Noblit stressed the importance of districts holding group meetings for the mothers, thus affording consultations regarding problems in connection with which timely advice is an imperative equation.

Mrs. Glendora Blakeley, executive secretary of the T. B. A., Miss Mabel Haines, county Red Cross secretary, Mrs. Josephine Wade, chairman of special service in behalf of the Medford Parent-Teacher association, Miss Beneta Stroud, state health nurse, Miss Johnson, city health nurse, and Miss Grace Teiche, county home demonstration agent, were all in attendance, and by their remarks added measurably to the volume of testimony in support of the benefits being derived through co-operation of the various agencies in behalf of civil, social and economic betterment, all communities through the county sharing in these advantages, the reports from a number of which being especially gratifying.

The main address of the meeting was given by Mrs. Sadie Orr Dunbar, executive secretary of the State Tuberculosis association, the following being a synopsis of her remarks:

"The Oregon T. B. A. is the 42d child of the national association. We have no creed of medicine, but an educational campaign for prevention of disease is on. After organization in 1915, we decided that a public health nursing program was the best for our state, and the first demonstration was given in Jackson county because this county led in the sale of Christmas seals. The need of a nurse was shown and the county court took it over. Now 13 counties have nurses. We learned the crying need of an educational health campaign when one boy out of three on examination was found unfit for war. We want open-air schools. We have in Portland one of the finest in the United States, and I see in this room our first matron, Mrs. Farra, now living in Medford. We want to get the child to play the game of health, through the co-operation of parents and teachers in health crusades, to teach not the names of the bones of the body as we learned in physiology when children, but health and hygiene."

Furthermore, Mrs. Dunbar expressed great satisfaction in the work done by the county association the past year. She urged a central bureau of confidential exchange to make it possible for the Red Cross, health workers, and all church and charity organizations to keep in touch with dependent families, and not overlap in care of them.

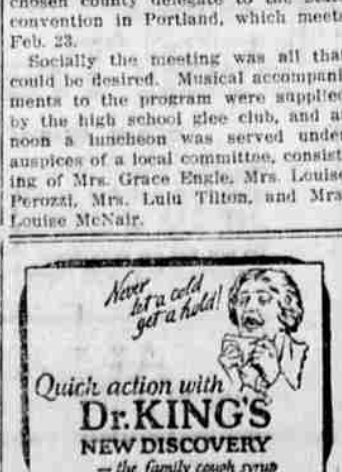
A nominating committee reported the following names the report being unanimously adopted:

Mrs. H. L. Noblit, president; Mrs. Louis Brown, vice president; Mrs. P. O. Crawford, secretary; Mrs. F. Corning Kenly, treasurer. Community vice presidents are: Mrs. R. H. Paxson, Central Point; Mrs. Jay Terrill, Talent; Mrs. George Gardner, Jacksonville; Mrs. C. F. Tilton, Ashland; Mrs. O'Kelley, Rogue River; Mrs. Rose Gay, Gold Hill; Mrs. J. W. Angell, Phoenix; Mrs. Eric Wold, Medford; Mrs. R. G. Brown, Eagle Point; executive chairman; Mrs. Alice Holloway, education; Miss Grace Chamberlain, finance; Mrs. Louis Ulrich, nurse; Mrs. Lynn Smith, supply; Mrs. Fred Engle, publicity; Dr. W. W. P. Holt, Auverey G. Smith, George A. Briscoe, Mrs. Susanne Holmes Carter.

Mrs. Noblit was not only re-elected president for another term, but was chosen county delegate to the state convention in Portland, which meets Feb. 23.

Socially the meeting was all that could be desired. Musical accompaniments to the program were supplied by the high school glee club, and at noon a luncheon was served under auspices of a local committee, consisting of Mrs. Grace Engle, Mrs. Louise Perrozzi, Mrs. Lulu Tilton, and Mrs. Louise McNair.

Never let a cold get a hold of you. Quick action with Dr. KING'S NEW DISCOVERY—the family cough syrup.



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or preach a better sermon
or build a better mouse-trap
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The world will beat a path to his door."
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Avoid Influenza—Grip—Pneumonia

How To Apply Vicks To Help Avoid These Infections

How To Use Vicks In Case You Are Attacked

DEEP, grippy colds—frequently leading into pneumonia—have been unusually prevalent this winter. Some authorities insist that they are in a form of influenza, not so virulent as the influenza during the first epidemic, though they are worse than ordinary colds.

Vicks As A Preventive.
Most medical authorities now agree that these troubles are germ diseases—commonly spread by breathing in the germs. If the system is in good shape—the membrane of the air passages in a healthy condition—these germs do not ordinarily breed.

Keep a little Vicks rubbed up the nostrils at all times, particularly when exposed to crowds. At night melt Vicks in a spoon and inhale the vapors, or better still, use Vicks in a teakettle as directed below. This treatment helps to keep the air passages in good condition.

The Danger Is From Pneumonia.
The chief danger lies in the development of pneumonia. What is needed therefore is something to decrease the congestion of the lungs. For this purpose there is nothing like rubefacient or counter-irritant, as witness the use of blisters, poultices and plasters for many generations. This irritation reddens the skin—draws the blood from the congested parts to the surface; the circulation is improved; there is a sensation of warmth and the possibility of pneumonia is greatly lessened.

A "Quick" Rubefacient Needed.
The value of this counter-irritant effect is greatly increased if it is produced quickly. Nearly every family has its favorite method—onion poultices, turpentine stapes, mustard plasters and poultices of various kinds—all are good.

A very simple method is to apply towels wrung out in hot water, as hot as the patient

can stand. This not only reddens the skin quickly, but also opens the pores so that more Vicks can be absorbed. Some, however, prefer to use an ordinary mustard plaster, as the reddening effect lasts longer.

Get Skin Thoroughly Red.
Whatever method is used, the application should be applied over the throat and chest until the skin is thoroughly reddened. In very deep colds, the sides and especially the back from the middle of the shoulder blades to a point just above the waist, should also be treated.

The patient should be given a good purgative and, if convenient, a hot mustard foot-bath for ten minutes—one tablespoon of mustard to a gallon of water.

Then Massage With Vicks.
After the skin is thoroughly reddened, it should be dried lightly and immediately the patient should be given a brisk massage with Vicks all over the parts. Continue this for five minutes. This increases the counter-irritant effect. Then apply Vicks thickly over all the parts; that is, spread it on as you would a poultice—about one-sixteenth of an inch thick or more—and cover with two thicknesses of hot flannel cloths.

Vicks' Double Action.
Thus applied Vicks has a double action. First, Vicks is so made that the body heat gradually releases the ingredients in the form of vapors. The more Vicks applied, the stronger will be the vapors and the longer these vapors will last. The night clothing should always be loose around the neck and the bed clothes arranged in the form of a funnel. These vapors being lighter than air, rise up from the chest and, if the bed clothing is properly arranged, pass by the nose and mouth and are thus inhaled with each breath, carrying the medication directly through the air passages to the lungs.

The second action of Vicks is external— by absorption thru and stimulation of the skin.
Repeat Treatment.
When the vapors begin to lose their strength, fresh Vicks should be applied over the throat and chest. This to keep up the continuous supply of vapors. When the redness of the skin dies out, all the Vicks remaining should be wiped off and the entire treatment repeated. That is, the hot wet towels or mustard plasters should be used until the skin is again thoroughly reddened, then massage with Vicks, spread on thickly and cover with hot flannels, just as previously done.

Steam and Vapor Method.
Sometimes when the patient is badly choked up, the vapors from the application on the chest are not sufficient to make the breathing easier. In these cases drop a tablespoonful of Vicks into a kettle of boiling water and allow the patient to inhale the warm steam and vapors combined for about 10 minutes. Do this several times a day if needed. Keep the water boiling and put in additional Vicks whenever the vapors decrease. Put a sheet over the patient and the tea-kettle, making a kind of a tent.

Take no chances with these grippy colds. Remember, Vicks must be used freely to be effective—and always call a doctor.

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