

WORK OF COUNTY HEALTH NURSE SAVED LOCAL SCHOOLS FROM EPIDEMIC PAST YEAR

Mrs. Sadie Ott Dunbar and Miss Jane Allen of Portland were the last of the week in attendance upon a representative meeting of the Jackson County Public Health Association. A new constitution was presented by Mrs. Dunbar which is uniform with the constitutions of the other sixteen counties that are organized in the state.

The constitution was adopted after much spirited discussion and making several changes. Miss Pallidine, the county nurse, and Miss Van Scoyoc, the school nurse, made reports that were most enlightening in their detail. Mrs. Meers reported that part of the Red Cross work which goes hand in hand with the work of the health association. One of the most pleasing features of the day was a statement given by Superintendent Smith of the city schools, citing the testimony of physicians that the city schools had been free from a general epidemic this year, for the first time in many years due to the precautionary measures taught by the nurses.

The report of Miss Pallidine follows and should be studied by everyone interested in the welfare of the community. The annual report of work of county public health nurse for year ending February 17, 1922, follows:

Nursing visits	76
Instructive visits including visits to general and tubercular cases	188
Social service calls, visits of investigation, visits to doctors, business calls, etc.	282
Infant and child welfare visits	96
Prenatal visits	12
Visits to schools	78
Home visits to school children	34
Total number of visits	866
No. of children inspected for symptoms of physical defects	1289
No. of patients examined by physicians at clinics	131
No. clinics held throughout the county	8
Community group meetings	29


Follow-up weighing and measuring meetings have been held after each clinic. A comparison of the work done in 1921 with that of 1920 is of value in order that we may thus, by taking stock, know as to whether or not the nursing work of our association has been having a healthy growth.

During 1920 there were 107 nursing visits, while during 1921 there were only 76. This probably is due to the milder form of the flu epidemic. In 1920 there were 71 instructive visits and in 1921 there were 188. There was more instruction in the care of patients lying in actual bedside nursing by the nurses.

Teaching the other members of a household how to care for a patient, rather than giving the actual care, is one of the big phases of the county nurse's work. Very often a mother or some other member of the household is quite able to care for the patient, but does not know how to do this and here is where the county nurse can work; instruct others in the home care of the sick. In 1920 there were 29 child welfare visits and in 1921, 96. During the past year one of the phases of the work has been to develop the clinics and the child welfare work.

In 1920 there were 1440 children inspected for symptoms of epidemic diseases and in 1921 about 54. This shows how constant watchfulness of the school child tends to keep down epidemics and we have the testimony of one of our physicians saying that at no time during the past ten years has there been such freedom from epidemics as during the past year and this he attributes to the inspection work in the schools.

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In 1920, 4193 children were inspected in the schools. In 1921, 1849. During this time there were about three months when the nurse had no car to use and these three months were during the fair weather and roads were good, and for this reason many schools were not visited. In 1920 very few community group meetings were held. In 1921 there were 29. Special stress has been laid upon the development of the various community centers.

During the past year four patients have been sent to Portland for hospitalization under the crippled children's law, three patients have been placed in the home for the feeble minded and applications are in for two more; five patients have been sent to local hospitals, two for operation and three for regular hospital care.

A monthly clinic has been established in Medford where the local doctors are in attendance. One tubercular clinic was held at the Sacred Heart Hospital under Dr. Pierce of Portland. Fifteen cases were examined.

Loan closets have been established in six of the centers where community groups are organized. The question of arranging toilets for the women workers in the orchards was taken up and in many orchards improvements were made along this line.

At the county fair in Ashland, December 7-10 the county nurse had a milk station and rest room. Milk was dispensed to the undernourished children who did not have milk in their homes.

Samples of drinking water at schools have been sent to the state laboratory. One was found contaminated and a report sent to the directors with instructions from Dr. Holt for cleaning.

Of the 1349 children inspected, symptoms of defects were found as follows:

Defective teeth	400
Defective tonsils	208
Defective nasal breathing	70
Enlarged glands	46
Defective hearing	127
Defective vision	265
Other defects	195
Total	1261

A full report of the number of defects corrected has not been obtained, but before the school year is over, a more accurate report is expected. About 53 corrections have been reported since September, 1921.

Besides the home nursing and the school inspection work, the health crusade is being put in the schools and this is doing much to establish habits of health and hygiene and already the results are gratifying and improvement is shown, especially in the care of the teeth, sleeping with windows open, bathing and general appearance.

Very often through the school work and home visits regarding the school child, the nurse has been able to get in touch with the mothers and the preschool child, whom she would otherwise not have been able to reach.

Through one home visit regarding a school child, I found a six week old baby very ill, the mother was out with the care of the child. The father was blind. There were six children in the family and the only earning capacity was that of a boy about 18. I visited the home regularly for some time and gave the mother what help I could, but found this was not enough and finally was able to secure the services of a practical nurse for a week, giving the mother a chance to recover and helping the doctor get the baby onto a regular scheduled feeding. Both mother and baby improved. The father and two boys were taken to a physician for examination and diagnosis obtained on all three cases.

In another case I met the mother while inspecting the school children and in talking to her learned of her physical condition and through the help of various organizations was able to have the mother taken to the hospital for an operation and care and after recovery the mother was able to care for her children and invalid husband.

One mother and two children were taken out of most unsanitary surroundings and the mother taken to the hospital for surgical care and after recovery the mother and two children cared for by the Red Cross and the county and the children placed in school.

One case was reported where the neighbors and relatives refused to go, fearing contagion. I found the mother ill in bed with a 2 months old baby who had probably had one both since born. There were two other children barefooted and without proper clothes of any kind. The father was out of work and no food in the house and only a bit of bark for fuel. Dr. Holt was called and the mother and baby sent to the hospital. The other children were bathed and clothing secured from the Red Cross. Groceries were also furnished by the Red Cross and work secured for the father and in a short time the mother recovered and the father was at work caring for his family properly.

These are only a few brief glimpses into the work of the county nurse and neither time or space or the confidential nature of the work of a nurse will permit me to go further into the details of the work, but probably these few pictures will show the need even here in our own county. I cannot close my report without taking a forward look. No association grows by marking time and now that we have our association well organized, we must go on and develop the work, not only in each community, but the county work as a whole. With a territory as large as the combined area of Connecticut and Rhode Island, we can all see how im-

possible it is for one nurse to do the work as it should be done and we must look forward to increasing our working staff and I hope that some way may be provided for another nurse during the coming year.

I feel that Ashland is in need of a community nurse. The school boards of Medford and Ashland have their nurse, but even this is not enough to meet the growing demands for help and instruction. We need to develop more of our clinics, not only for the two large centers, but in the various communities. Medford with her large number of school children needs her school nurse as well as a community nurse, and I feel that it is the task of the organization to work out plans during the coming year to meet the demands throughout the county.

Regular meetings of the executive committee should be held every two months, with reports of standing committees as routine business. Also we must keep closely to our schedule with our community group meetings and enlarge our groups,—planning definite and interesting programs for each meeting.

We need to branch out and come in closer touch with other county organizations and hope that plans might be made for lay members to attend the conference throughout the year. We need to enlarge our vision and obtain the inspiration which can only be received through contact with others who are interested in the same line of work. During the coming year there will be held in Seattle, a national convention of the nursing profession and I hope Jackson county may be well represented at this convention.

The work which has been accomplished during the past year has been made possible through the splendid work of the various community groups, the co-operation of the Red Cross, the doctors throughout the county, the teachers in the schools and the various organizations throughout the county and I wish at this time to express my great appreciation to all who have helped carry on the work during the past year.

Respectfully submitted,
MAIRIE E. PALLIDINE,
County Public Health Nurse.



At the Page

When Miss Louise Lovely, noted screen and stage star comes to Medford at the Page theatre tomorrow matinee she will bring with her her entire company. Miss Lovely's attraction is a novelty. She carries her camera man, electrician, assistant director, leading man, and manager. Her sketch, "Their Wedding Night," is acclaimed by the critics as one of the best of the season. The leading man is Mr. Wilton Welch, the well known English actor.

Her other vaudeville offering is "A Day at the Studio" and has proven a decided sensation. The stage is transformed into a studio, and a real picture is made right before the audience. In the afternoons at the matinee, Miss Lovely will have as her cast, children selected by her from the audience and in the evenings she will use young ladies selected by her for her cast.

Miss Lovely's latest screen success, "Life's Greatest Question" will be shown. In this production, which is a thrilling Northwest Mounted Police story, she is supported by an all star cast.

At the Rialto

Elsie Ferguson scored a great success in "Sacred and Profane Love," the Paramount picture version of Arnold Bennett's famous play which opened at the Rialto theatre yesterday for a three days' run. Miss Ferguson in the star role she created on the stage exceeds even the best traditions of the part.

Miss Ferguson's "Carlotta" of the screen is undoubtedly greater than the same character of the speaking stage. For the play version could show only scattered snapshots of the strange impulsive girl whose reactions to the love of two different men form one of the most impressive studies in all literature. Conrad Nagel as "Diaz" presents a masterly portrait of the eccentric pianist, accentuating properly the episodes of his musical triumphs, his passionate romance and his degradation. The support generally was excellent.

CHICAGO—With flood waters receding in Illinois and Wisconsin and communication being restored in storm-swept Michigan, reports indicated property damage would total millions of dollars.

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PORTLAND OPERA GREATEST SOCIETY EVENT OF YEARS

PORTLAND, Ore., Feb. 27.—With mail orders for tickets pouring in from all over the northwest, the engagement of Mary Garden and the world famous Chicago Opera company of 311 persons at the Public Auditorium March 22 to 25, is an assured success, according to word that has gone out from the offices at the auditorium. Already practically every city and town in the northwest is represented in the mail order list.

The Chicago company closed its annual engagement in New York February 25 and started immediately on its annual tour, traveling in three special passenger trains de luxe and one special train of 17 baggage cars of scenery, costumes, etc. The western season will be opened at Portland March 22. The only other cities on the coast to be visited by the company are San Francisco and Los Angeles.

The Portland contract calls for the entire Chicago company and all its equipment and five of the company's greatest operas, Monna Vanna, Lohengrin (in English), Romeo and Juliet, Thais and Aida. The company will come with 45 world stars including Mary Garden, Lucien Muratore, Edith Masco, Rosa Raisa, Georges Baklanoff, Forrest Lamont, Margery Maxwell and many other world stars; an orchestra of 76 pieces; a chorus of 70, ballet of 29, 76 stage hands and a great group of other help.

The Portland engagement is to cost \$72,500, which amount has been guaranteed by 40 Portland business men. They hope to make it the greatest musical and operatic event the northwest has had, as well as a great success from an attendance standpoint.

Sex Emotion Not Chief Source Inspiration

There are an almost infinite number of ways in which men and women may reach their highest capabilities, quite exclusive of any emotion relating to sex. Indeed, the highest reaches in any art or profession are generally completely exclusive of sex emotion. Formerly this was held by the community to be true only of men, utterly ignoring a mass of evidence to the contrary. The derided "sexless women" of an earlier day are now seen merely to have been and to be women who force seek expression in other fields. In the past they have often been wives and mothers, however ill fitted for their jobs. But it was the only one honorable open to them, and even none of as like starvation. It will be a long day in advance, not only for the race but for society, when we recognize that "normalcy" is not confined to a single type of man or woman.

The non-reproducing man, the man for whom sex is by nature or choice

Dr. Stearns Installs X-Ray Laboratory

Dr. Robert W. Stearns has recently installed one of the most complete X-Ray laboratories in Southern Oregon, capable of handling all diagnostic tests of the kidneys, stomach, lungs and bones not only by taking X-Ray pictures of these organs but in giving the examiner a direct view of the same under the screen.

The X-Ray is the most remarkable discovery of modern times for the clearing up of obscure cases in the practice of medicine and surgery. Since the war Dr. Stearns spent several months in one of the largest X-Ray laboratories in the east, giving special attention to stomach and intestines. He finds the strictly modern apparatus much simplified even since then, leaving the operator more time to devote himself to interpretations of findings instead of the technique of the work. The modern fluoroscope also enables one to set broken bones under direct view of the operator.

The outfit installed by Dr. Stearns is made by the Engeln Electric Co., of Cleveland, Ohio, and is the same as recently installed by Dr. Coffey of Portland, the Good Samaritan hospital and many of the larger hospitals of the northwest.

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a thing apart, has always been accepted as a necessary and desirable part of civilization. Yet every non-reproducing man increases by one the number of non-reproducing women! In primitive societies the warrior and priestly castes are likely to be largely non-reproducing, often wholly so. Undoubtedly the fundamental reason is social. The man upon whose survival a family depends cannot take the risks incident to professional duties. He is a poor warrior who must be thinking always of his own safety, even if there is abundant justification for his self-protection. And St. Paul put the exclusive demands of religion succinctly in the first epistle to the Corinthians, when he said: "He that is married careth for the things of the world; how he may please his wife." "He that is unmarried careth for the things that belong to the Lord, how he may please the Lord."

News Summary of Last Night

WASHINGTON—Repeal of Volstead act and substitution of measure permitting sale of light wines and beer urged by executive council of American Federation of Labor in a statement calling upon citizens to join labor organization in campaign for this end.

LOS ANGELES—Mabel Normand, film actress, who has been ill from influenza for several days, said by her physicians to be well on way to complete recovery.

OKLAHOMA CITY—Governor J. E. A. Robertson in letter to Superior Judge Christopher at Chicago, refused to accept latter's resignation, tendered after it had been demanded at a citizens' mass meeting following the judge's dismissal of a grand jury called to probe the failure of the Bank of Commerce at Okmulgee.

ZURICH, Switzerland—No definite arrangements as to time or place of marriage of Max Oser and Mathilde McCormick will be made until Harold P. McCormick and his daughter come to Switzerland, according to statement of Oser.

"Just Smile," Says Charles M. Schwab, "And Times Will Be Better." The Trouble Is That Most People, Upon Reading This Advice, Are Likely to Spoil Everything By Laughing Out Loud.

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