

CHILDREN'S CARE EXEMPLIFIED BY CLINIC'S FINDINGS

Following a very interesting and instructive lecture at the Presbyterian church given by Dr. E. A. Pearce, well known tuberculosis specialist from Portland, a very successful clinic was held at the Sacred Heart hospital under the auspices of the Jackson County Public Health association.

The lecture given by Dr. E. A. Pearce was in part as follows: The subject of pale children is one of tremendous importance, and in order that the proper and adequate safeguards may be thrown around our children, must be understood by all of the people.

Examination of thousands of children in many of the cities reveals a condition of malnutrition in over thirty percent. These children were not from homes of poverty. The percentage of tuberculosis and hereditary syphilis was very small. Their food had been normal in amount, but unfortunately not well selected. They had no forenoon or afternoon lunches, or periods of rest. They had strenuous work in school and often studied late at night in their homes.

These conditions prompted a study of food products which has resulted in a classification of foods adequate for human consumption. Class one is composed of foods of known chemical and caloric value—fats, proteins, carbohydrates, salts, water.

Proteins are necessary for growth and reproduction. The best protein is animal milk, meat, eggs. One of these should be in every daily diet.

Class two are of unknown mineral content and caloric value, viz.: Fat soluble A—Are found in butter, cod liver oil, yellow suet, and green leaves. These foods are a safeguard against rickets and eye disease.

Water Soluble A—Are found in plants and are supposed to prevent Polyneuritis and Beri-Beri.

Water Soluble B—Are found in all vegetables and most fruits. These are necessary to prevent scurvy.

Experiments of calves by feeding grain, the kernel without the roughage produced growth but the heifers were unable to reproduce their species, while those fed on corn silage, the grain and stalks and leaves as well as those healthy calves.

We must concede that malnutrition which is brought about by badly selected foods and faulty habits lays the foundation for future disease decreasing their normal resistance. It is imperative that properly balanced foods be given our children.

Faulty digestion begets an excess of acid in the system which in turn dissolves the minerals in the system. This condition invites tuberculosis.

Whenever your children show any departure from normal whether due to tonsils, adenoids, cough or malnutrition however trivial it may seem at the time, let me plead with you to at once begin efforts to discover the cause and consult your physician and not rest until the condition is remedied.

If the case is one of tuberculosis, remember that the first step, if the fever which is usually below normal in the morning but which rises in mid-day and becomes lower in the evening again, can only be controlled by rest in the open air. Do not be persuaded that exercise in the open air is best. Promptly report all such cases to the health authorities and in return receive their help and advice in caring for the cause and in limiting the spread of the infection.

SINGLER BACK FOR BIG GAME, H. S. RALLY TONIGHT

That the annual Medford-Ashland Thanksgiving Day game which is to be played tomorrow afternoon at 2:45 on the new athletic field at the end of North Holly street, will be the most interesting game of the season is a certainty in view of the rivalry which has always been evident between the two schools. Coach Hollis Huntington of the Medford High school says that M. H. S. will start with a lineup of full strength for the first time this year and that at the present time his backfield is doing better work than it has done since the start of the season.

With Dick Singler in the game again Medford feels the return of one of her best men who has been absent nearly all season. A big rally with prominent men of the town as speakers and about 400 high school students as rooters will start at 7:30 this evening. The band is all tuned up for the event and there will be a big bonfire. The public is invited to attend the rally which will be one of the largest ever staged in Medford.

N. Y. Stocks

Table listing various stocks and their prices, including American Beet Sugar, American Can, American Gas & Foundry, etc.

Market News

Livestock PORTLAND, Ore., Nov. 23.—Cattle steady; receipts 25. Hogs, no receipts. Drive in hogs selling at \$9.00@9.25. Sheep steady; no receipts.

Butter PORTLAND, Ore., Nov. 23.—Butter steady. Extra cubes 41 1/2@42; under grades 40c; cartons 48c; prints 47c. Butterfat, No. 1 churning cream 45c f. o. b. Portland; un-bergraded 43c.

Wheat PORTLAND, Ore., Nov. 23.—Wheat: Hard white \$1.04; soft white \$1.02; white club, hard winter, northern spring \$1.03; red Walla 97c. Today's car receipts—Wheat 2.

San Francisco Markets SAN FRANCISCO, Nov. 23.—Butter, extra 50 1/2c. Eggs, extras, 71c; extra firsts 68c; extra pullets, 53c; extra pullets, firsts nominal; under-sized pullets No. 1, 45c. Cheese, California flat fancy, 27 1/2c; California young America, fancy, 31 1/2c; turkey dressed, 45c@52c. Artichokes \$15.00@20.00; apricots 8@10c.

Advice for Women Who Suffer 'I advise every woman who suffers with kidney trouble to try Foley Kidney Pills,' writes Mrs. Beasle Brown, 2522 Seville Ave., Cleveland, O. 'I could not do my housework, but since taking Foley Kidney Pills I feel like a new woman and am able to do my work.' Rheumatic pains, swollen ankles, backache, stiff joints, sore muscles and sleep disturbing bladder ailments indicate disordered kidneys. Foley Kidney Pills act promptly. Sold everywhere. Adv

Notice in the County Court of the State of Oregon, for Jackson County, in the matter of the estate of Squire S. Aiken, Deceased. The undersigned, administrator in the above entitled matter, has filed with the Clerk of the above named court his final account.

Notice of District Road Meeting Road District Number 5, Jackson County, Oregon. Notice is hereby given that in pursuance of a petition duly and legally signed by more than three free holders and legal voters residing in Road District Number 5, Jackson County, Oregon and duly and legally presented to the County Court of Jackson County, Oregon, a district road meeting of the legal voters of said district number 5 will be held at Grove School House in Jackson County, Oregon, on the 26th day of November, 1921, at the hour of 10:00 a. m. on said day for the purpose of levying a special road tax not to exceed ten mills on the dollar on all taxable property within said road district for the special improvement of the roads in said Road District and for any other purposes which may seem proper to come before said meeting.

Notice of District Road Meeting Road District Number 6, Jackson County, Oregon. Notice is hereby given that in pursuance of a petition duly and legally signed by more than three free holders and legal voters residing in Road District Number 6, Jackson County, Oregon and duly and legally presented to the County Court of Jackson County, Oregon, a district road meeting of the legal voters of said district number 6 will be held at Lake Creek Store in Jackson County, Oregon, on the 28th day of November, 1921, at the hour of 2:00 p. m. on said day for the purpose of levying a special road tax not to exceed ten mills on the dollar on all taxable property within said road district for the special improvement of the roads in said Road District and for any other purposes which may seem proper to come before said meeting.

Notice of District Road Meeting Road District Number 8, Jackson County, Oregon. Notice is hereby given that in pursuance of a petition duly and legally signed by more than three free holders and legal voters residing in Road District Number 8, Jackson County, Oregon, a district road meeting of the legal voters of said district number 8 will be held at Adams Store near McLeod Bridge in Jackson County, Oregon, on the 26th day of November, 1921, at the hour of 10:00 a. m. on said day for the purpose of levying a special road tax not to exceed ten mills on the dollar on all taxable property within said road district for the special improvement of the roads in said Road District and for any other purposes which may seem proper to come before said meeting.

Notice of District Road Meeting Road District Number 9, Jackson County, Oregon. Notice is hereby given that in pursuance of a petition duly and legally signed by more than three free holders and legal voters residing in Road District Number 9, Jackson County, Oregon, a district road meeting of the legal voters of said district number 9 will be held at Adams Store near McLeod Bridge in Jackson County, Oregon, on the 26th day of November, 1921, at the hour of 10:00 a. m. on said day for the purpose of levying a special road tax not to exceed ten mills on the dollar on all taxable property within said road district for the special improvement of the roads in said Road District and for any other purposes which may seem proper to come before said meeting.

Back hurt you? Can't straighten up without feeling sudden pains, sharp aches and twinges? Now listen! That's lumbago, sciatica or maybe from a strain, and you'll get relief the moment you rub your back with soothing, penetrating 'St. Jacobs Oil.' Nothing else takes out soreness, lameness and stiffness so quickly. You simply rub it on your back and out comes the pain. It is harmless and doesn't burn the skin. Limber up! Don't suffer! Get a small trial bottle of old, honest 'St. Jacobs Oil' from any drug store, and use it just once, you'll forget that you ever had backache, lumbago or sciatica, because your back will never hurt or cause any more misery. It never disappoints and has been recommended for 60 years.

JACKSON COUNTY BUDGET NOTICE

Pursuant to the provisions of Chapter 118 General Laws of Oregon, 1921, notice is hereby given that the County Court of Jackson County, Oregon, will meet in the Circuit Court Room of the Court House in the City of Jacksonville, Oregon, on Thursday, the 8th day of December, 1921, at the hour of 10:00 o'clock a. m. of said day, and at the said time and place opportunity will be given for a full and complete discussion of the estimate of the amount of money proposed to be raised by taxation for the ensuing year as published herewith, by any taxpayer subject to such tax levy when made, in favor of or against any of the proposed tax levies herein as the County Court may deem for the best interests of Jackson County.

The County Budget Committee for Jackson County, Oregon, has prepared and submits the following: An estimate of the amount required for each department of County Government, County Office or County Officer, each County improvement, the maintenance of each County building, structure or institution, the salary of each County officer or employee, including those whose salaries are fixed by statute, for the improvement and maintenance of public highways, roads, bridges, the construction, operation and maintenance of each public utility and redemption of outstanding warrants; and estimate of the public needs of the County from sources other than direct taxation upon the real and personal property in the County during the period for which such tax is to be levied and the amount of balances on hand in the funds of the County at the time the levy will be made.

Expenses For the Payment of the following separate items of expense: Crater Lake Highway Bond Interest \$ 16,500.00 Pacific Highway Road Interest Fund 24,840.00 General Road Fund 60,720.00 County School Fund 65,240.00 School Library Fund 750.00 High School Fund (to be levied on School Districts not maintaining High Schools) 23,360.00 Redemption of Pacific Highway Road Bonds: Ten Year Series 16,666.66 Fifteen Year Series 9,090.90 Twenty Year Series 6,250.00 Twenty-Five Year Series 4,761.90 Thirty Year Series 3,846.15

General County Fund For Payment of State Tax (estimate only 11 mills) 303,600.00 Market Road Money (1.5 mills) 41,400.00 Circuit Court Circuit Court general expenses including bailiffs, jurors, reporters, special counsel, witnesses, fees, mileage 7,500.00 County Court and Commissioners County Judge's salary, \$2000; traveling expenses, \$200; fees and traveling expenses (Commissioners), \$2000; other expenses, including supplies, printing, postage, county court bailiff, express, telephoning, telegraph, jurors, witnesses, and mileage, \$1000 5,200.00 Juvenile Court Jurors, witnesses, mileage, etc., \$250; widows' pensions, \$700; other expenses for commitments, probation and truant officers, etc., \$400; Boys' and Girls' Aid Society allowance, \$120; delinquent and neglected children, blind, deaf, dumb, feeble-minded and insane, \$250 8,020.00 Justice Court Fees of justices, constables, jurors and witnesses, etc. 1,200.00 County Advertising Advertising County Resources and State Fair Exhibit as the County Court may hereinafter deem advisable 1,500.00 For bids of all kinds, printing of notices and delinquent tax list, sales of property, county court proceedings 1,500.00 Care of the Poor Salary for superintendent for Poor Farm, \$1500; county physician, health officer, including expenses, and medicines, \$1000; maintenance of Poor Farm and hospital, \$5000; tubercular poor, \$150; indigents not at Poor Farm, \$700 14,650.00 Bounties on Wild Animals Payment of Sheriff's Office Sheriff's salary, \$2500; traveling expense, \$1200; telephone and telegraph, \$500; finger print work and photo supplies, \$440; upkeep on motorcycle, \$300; handouts and billet, \$20; premium on bonds, \$210; special cop., \$1500; 1 deputy, 12 months, \$1518; 1 deputy, 12 months, \$1518; 1 deputy, 12 months, \$1518; 1 deputy, 12 months, \$1518; extra help on tax receipts, \$400; extra expense on delinquent tax matters, \$3000; extra office help, \$600; 35,000 combination tax receipts, \$320; 14 loose leaf binders, \$31.50; 1 tax turnover ledger, \$62.50; 3 loose leaf binders, \$15; 500 turnover sheets, \$85; stamped envelopes, \$260; stamps, \$100; 2000 cert. of delinquency (2 years supply), \$63.35; stationery and envelopes, \$50; miscellaneous forms, \$50; miscellaneous supplies, \$50; fillers for tax receipt files, \$25; files for service records, \$50; numbering machine, \$18.50 17,897.85

Jail Expense Jailor, \$675; matron, \$200; laundry, \$200; board of prisoners, \$2400; repairs, supplies, etc., \$200 3,675.00 Court House Salary for janitor, \$625; other expenses, including lights, water, fuel, furniture, repairs, fire insurance, etc., \$7000 7,675.00 Assessor's Office Salary of assessor, \$2000; traveling expenses, \$300; 1st deputy, \$1320; 2nd deputy, \$600; 3rd deputy, \$900; field deputies, \$3150; writing and extending tax rolls, \$600; supplies, printing, postage, express, telephone telegrams etc. \$1433.75 10,603.75 Clerk's Office Clerk's salary, \$2000; first deputy's salary, \$1500; 2nd deputy, \$1320; 3rd deputy, \$1050; 4th deputy, \$936; 5th deputy, \$900; 6th deputy, \$900; 7th deputy, \$840; extra help, \$700; office expense, telephone, \$100; express, \$25; printing and record books, \$1250; postage, \$500; office furniture, \$200 12,251.00 Coroner's Office Fees of coroner and physicians, jurors, witnesses and other expenses 500.00 Fruit Inspectors Salaries and expenses of inspectors 3,000.00 Pathologist Payment to state for extension work, county agent, \$2300; demonstration agent, \$1200 4,500.00 School Superintendent's Office and Department of Education Salary of superintendent, \$2000; clerical assistance, \$900; traveling expense, \$200; Teachers' Institutes, School Officers' conventions, \$500; supplies, printing, postage, express, telephone, etc., \$600; county educational board expense, \$50; supervisor's salary, \$1140; supervisor's traveling expense, \$500; supervisor's express, supplies, station, phone, etc., \$90; school exhibit at state and county fair, \$150 6,430.00 Scaler of Weights and Measures Salary and traveling expenses 400.00 Stock Inspector Salary and expenses and tubercular cattle 500.00 Water Master Salary of water master, \$1500; assistant, \$300; mileage, \$120; misc. expenses, \$110 2,360.00 Surveyor's Office Surveyor's salary, \$400; stenographer, \$800; misc. expenses, \$200 1,200.00 Treasurer's Office Treasurer's salary, \$1800; traveling expense, \$70; deputy, \$1080; extra help, \$220; misc. expenses, including record books, postage, telephone, express, etc., \$1000 4,260.00 Miscellaneous Expenses Emergency fund 500.00 County Library outside of City of Ashland (.2 mills) 4,983.00 Fire warden, one-third expense, 1921 450.00 Elections and registrations 5,000.00 For payment on Army in City of Medford 2,000.00 Expense of examination of books and accounts 400.00 Payment for reporting births and deaths 150.00 County Fair 2,750.00 Tax refunds, double assessments, errors, etc. 1,500.00 County nurse, salary \$1500; expense, \$200; auto, \$355 2,255.00 District attorney's office expense 600.00 Redemption of outstanding warrants against the general county fund 12,447.74 Total \$735,440.00

Recapitulation Mills General road fund 2.2 \$ 60,720.00 High school fund (on all property not in High School Districts, estimate of valuation \$14,600,000.00) 1.6 23,360.00 County school fund (\$65,250.00) county school library fund (\$750) .4 65,240.00 Crater Lake Highway Interest Fund .5 24,840.00 Bond redemption fund .4 16,560.00 Market road fund to match state money .3 38,640.00 General fund, which includes the following: One mill market road tax for state, \$27,600.00 (1 mill); other state tax, \$276,000.00 (10 mills); expenditure for running county, including redemption of warrants, \$1,600,000.00 (5.8 mills) 463,880.00 Total \$725,440.00

Levy outside of High School Districts, 27.4 mills. Levy inside of High School Districts, 25.8 mills. Estimated Receipts Two per cent daily balance \$ 7,500.00 Fees county clerk's office 12,500.00 Fees sheriff's office 1,500.00 Sale of land by sheriff's office 5,000.00 Refund on bounty claim 800.00

State appropriation for county fair 17,000.00 From rent of forest 4,000.00 From 5 per cent sale of timber 19,000.00 Penalties and interest on delinquent taxes 18,000.00 Auto licenses 60,430.00 Total \$ 60,430.00 We, the undersigned, County Budget Committee for Jackson County, Ore., do hereby certify that the above is a true, fair and complete estimate of the probable expenses of said county for the ensuing year and produce receipts from sources other than direct taxation upon real and personal property in its jurisdiction during the ensuing year. We further certify that the estimate of expenses of the various institutions of the County, of the amount required for public enterprises, roads, bridges, etc., and of all other expenses of the county as therein set out, is based upon a careful study of the expenses of the county during the past 3 years, and a thorough examination of the public needs during the year for which such estimate is made. That each and every item therein is believed to be necessary for the proper transaction of the business of the county, the protection of its property and interests and to be for the public welfare. That every expense estimated is in accordance with law, and is a legitimate charge against the county. Dated at Jacksonville, Oregon, October 31st, 1921. G. A. GARDNER, Chairman. VICTOR BURSELL, Secretary. JAMES OWENS, Committeeman. HORACE PELTON, Committeeman. THOS. H. SIMPSON, Committeeman. J. A. WESTERLUND, Committeeman.

Frost Protection for your orchards \$15 per acre per hour. Don't let frost take away your year's income. Orchard heaters are frost insurance. Use them and have big crops at premium prices when others fail; get the high prices for your crops. Scheu Smokeless and Canco Heaters have saved crops all over the United States. Temperatures of 16° successfully raised above danger point. Outside temperature was 25° with Scheu Heaters maintained inside temperature 34°. From saved, 1000 lbs. Value per acre \$1200.00 says Great A. Tank, apple grower of Casimere, Washington. Growers all over United States report similar success. More Than a Million Now in Use. Cost 35c up. See this heater in action. Get our free 48 page book—'Frost Insurance.' R. G. Bardwell Local Representative Medford, Ore. Scheu Smokeless CANCO

Good First Quality 30x3 1/2 Non-Skid Tires Price Only \$10.95 Busy Corner Motor Co. Main at Riverside Medford, Oregon. Out of Town Mail Orders Promptly Shipped.

ASHLAND-MEDFORD STAGE Medford-Phoenix or Ashland-Talent 15c, Round Trip 25c Medford-Talent or Ashland-Phoenix 25c, Round Trip 40c Medford Ashland 40c You Can Depend on Our Service INTERURBAN AUTO CAR CO.

DAY OR NIGHT WEEKS-CONGER CO Funeral Directors WOOD! All kinds of wood at right prices; dry mill blocks. Orders Promptly Filled MEDFORD FUEL CO. 137 North Fir Street Medford

BAPTISTS SEND XMAS GIFTS TO EUROPE

NEW YORK, Nov. 23.—Christmas presents valued at \$1,000,000 from Northern Baptists of America to the hour of Central Europe were aboard the steamer Esthonia today, bound for Danzig.

In the shipment are fifty barrels of toys, ten thousand blankets, forty-five thousand pairs of shoes and fifty thousand cakes of soap.

DOUGH RUB BACKACHE, STIFFNESS, LUMBAGO

Rub Pain from back with small trial bottle of old 'St. Jacobs Oil.' Back hurt you? Can't straighten up without feeling sudden pains, sharp aches and twinges? Now listen! That's lumbago, sciatica or maybe from a strain, and you'll get relief the moment you rub your back with soothing, penetrating 'St. Jacobs Oil.' Nothing else takes out soreness, lameness and stiffness so quickly. You simply rub it on your back and out comes the pain. It is harmless and doesn't burn the skin. Limber up! Don't suffer! Get a small trial bottle of old, honest 'St. Jacobs Oil' from any drug store, and use it just once, you'll forget that you ever had backache, lumbago or sciatica, because your back will never hurt or cause any more misery. It never disappoints and has been recommended for 60 years.