

GAIN WEIGHT AND STRENGTH

With Bitro-Phosphate on \$300 Guarantee

NEW YORK. If you are feeling run-down, weak, nervous, tired-in-the-morning, and generally ailing, these are the symptoms that should warn you to take care of your health. Four persons in every ten are needing more phosphorus in their bodies. When you see thin and fretful people, or those who are anemic, pale, frail, oft despondent or lacking in energy, you may look for the need of certain elements that make for a strong constitution.

Some people, after relying upon preparations composed chiefly of salts, quinine, drastic drugs, iron, calomel, cod-liver oil, etc., wonder why they find no benefit. That is easily explained by the fact that such persons need the phosphoric element, which is a most potent essential to health, and contained in BITRO-PHOSPHATE, the famous health preparation. Now obtainable everywhere.

The right thing for you to do is make a trial of BITRO-PHOSPHATE beginning at once. It is not a patent medicine; the formula is prescribed by many physicians for the ailments and weaknesses mentioned above.

With every box of BITRO-PHOSPHATE, are a few simple health rules and a \$300 guarantee. Buy a box of BITRO-PHOSPHATE. It is sold and recommended by all good druggists everywhere. Adv.

13 DELEGATES TO S. S. CONVENTION JACKSON COUNTY

The annual convention of the Oregon State Sunday School association will be held in Portland, May 6-9, 1920.

This promises to be Oregon's greatest Sunday school convention and one of the greatest religious educational gatherings in the history of Oregon. Fifteen hundred delegates are expected who will be entertained on the Harvard plan.

Chief speakers are Rev. R. A. Waite of Chicago, boys' superintendent, and Mrs. Maud Junkin Baldwin of Chicago, children's superintendent both International Sunday School association field workers of unusual ability. Mr. Walter Jenkins of Oregon, will direct the singing.

Jackson county is entitled to 13 delegates. Pastors, superintendents, Sunday school officers and teachers are especially invited to go as delegates. For programs, credentials and further information, call on or address J. A. Bickerdike, county secretary, Talent, Ore.

Tribune's Daily Health Hint

By Harriet Boewig.

We are not nearly so heavily dressed today as we used to be. This is largely due to the changed condition of heating our houses. When we lived in a house that was about as cold as all outdoors, at least in the halls and the less inhabited parts, we needed all the old heavy underwear that we find so irksome now, when our houses are at summer heat all the time.

It is only the person whose work takes him out of doors the better part of the time that needs heavy underwear today. The rest of us should accustom ourselves to as little underwear as possible and use plenty of outer garments when we go out, even if that out is through the back yard to the neighbor's. Then we will not be troubled by the problem of changing our underwear in those trying seasons that come between the two extremes. The fourth of July was once considered by the joker as a good safe time to shed our woollens, and the fifth of August a good time to don them again. This is a fair characterization of the troubles of the winter flannel slave. If you are an indoor worker, try to omit the flannels this fall, unless the doctor orders that you do otherwise. The less clothes we wear the less we need—within limits. And those limits do not include the ridiculous extremes that our girls think smart, such as silk stockings and pumps in deep snow.

Our underwear is intended to keep the skin dry and fairly protected from sudden change. This means that it be porous enough to admit of ventilation, for the process of sweating goes on just the same in winter as in summer, only not so much as to be seen. And there need be a garment that absorbs this sweat—hence the universal adoption of those porous weaves usually called Balbriggan, or something like it. So long as there is a layer of such weave next our skin, it is not so essential that it be of wool, or that it be thick. More easily adjusted garments may supplement them without so much discomfort.

Notice
Postal card photos \$1.25 dozen; 5c each additional printing. Costumes used free. Jap Art Store, 51*

Old papers for building fires and house cleaning, 10c bundle.

SUGAR INQUIRY



HON. G. H. TINKHAM
A subcommittee of the Judiciary Committee of the House is investigating the charge that Atty. Gen. Palmer is responsible for the prevailing high price of sugar to the consumer. In a forceful speech Representative Tinkham, Republican, of Massachusetts, asserted that the government not only neglected an opportunity to secure the Cuban sugar crop for 1920, at a reasonable figure, but that the Attorney General approved and authorized an exorbitant price for Louisiana sugar, entailing general profiteering. Sensational developments are promised.

SCHOOL PRIZES AWARDED ARMY ESSAY CONTEST

Monday afternoon the army essay contest prizes were awarded in all the schools of the city. The groups and pupils comprising the same are as follows:

General, Beth Clark, senior high school, camping outfit, value \$34, Gates Auto Co., 1st prize; Wm. Estlin Phipps, grade 5, Lincoln school, sack of sugar, value \$17, Geo. T. Collins, second prize.

Group 1, grades 3 and 4 all schools: Arlene Boardman, Lincoln school, value \$5, first prize; Jessie Schleichert, Jackson school, value \$3 second prize; Emma Bowling, Lincoln school, value \$2.50, third prize.

Group 2, grades 5 and 6, all schools: Mildred Bates, Washington school, value \$5, first prize; Minnie Whipple, Jackson school, value \$3, second prize; Vivian Miller, Jackson school, value \$2.50, third prize.

Group 3, Grades 7 and 8, all schools: Wm. E. Cobb, Washington school, value \$5, first prize; Geneva Mandeville, Washington school, value \$3, second prize; Alleen Crawford, Washington school, value \$2.50, third prize.

Group 4, grades 9 and 10, high school: Marjorie Walters, freshman, value \$5, first prize; Katherine Lindley, freshman, value \$3, second prize; Winifred Clancy, sophomore, value \$2.50, third prize.

Group 5, grades 11 and 12, high school: Anna Ferguson, junior, value \$5, first prize; Winston C. Vance, junior, value \$3, second prize; Lydia Dean, junior, value \$2.50, third prize.

The superintendent and principals of the different schools and the boys and girls desire to thank the various business houses and organizations that contributed to the list of prizes.

D'ANNUNZIO LIVES LIKE MONARCH OF THE MIDDLE AGES

FIUME.—This is the most interesting court in Europe," said one of d'Annunzio's secretaries, at the luncheon tendered the poet on St. Gabriel's day, when the "liberator" of Fiume acted his part with courtiers, soldiers and "king's guards" and the populace acted theirs.

Fanfares of trumpets, the rush to arms of the "king's guard" announced his every entrance and exit. He is always accompanied by a long line of aides and functionaries and wears a happy countenance himself. At meals all the courtiers center their attention upon him and listen to the stories he tells, laughing sometimes and crying at others.

D'Annunzio's wishes in food are always complied with and religious zeal marks the efforts of the entourage to please him. His uniform is always spic-and-span. There is not a blemish on his clothing from heel to crown. His long Italian cape sometimes calls to mind the familiar garb of the fallen William II in his German military cape.

On public occasions in theaters, his place is reserved with much attention and when he enters cheers are given by the men and women who follow him. When he gives a concert in the palace, his place in the front row is respected with the reverence due to a religious chief. His apartments are bedecked with all sorts of presents from the townspeople. Italian and Dalmatian flags make up the color scheme. On his name day, he was the recipient of bouquets of flowers from admirers in the city. The royal march greets him when he makes his appearance on the balcony of the palace.



RYZON
THE PERFECT BAKING POWDER

has won its way by sheer merit into the best homes of America

COL. STEVENS TO ADDRESS FORUM WEDNESDAY NOON

The Chamber of Commerce has been advised by telegram from Portland that both Colonel Stevens and Lieut. Col. Brooks will be in Medford Wednesday to attend the forum luncheon at the Medford hotel. These United States army officers will address the members of the Chamber of Commerce upon a subject of national importance and of interest to this locality.

The luncheon will be served promptly at 12:15 and will end promptly at 1:15. Five minutes of the forum will be allowed members to bring up any subject, which in their opinion is in need of immediate attention. The chairman, however, should be advised in advance of the intentions of the members of so doing.

The forum cannot take any positive action which in any way will obligate the Chamber of Commerce. Its function is to act in an advisory capacity and its actions should be recommended to the board of directors such desires as may originate with the members.

The names of the chairman and four vice-chairmen of the forum will be announced at the forum meeting tomorrow. These men will have complete charge of these meetings as well as arrange for speakers and assign members to lead discussions upon subjects included in the program of work. The chairman or one of the vice chairmen will preside at each meeting.

Remember Medford Hotel tomorrow noon. Please be prompt. Bring an out of town guest.

MORE MINERS RETURN IN BUTTE DISTRICT

BUTTE, Mont., April 27.—More men returned to work at the mines this morning and today, it was declared, the largest force is employed at the properties since the I. W. W. strike for \$7 for a six hour day and the release of "political prisoners" was inaugurated on April 19. About 50 per cent of the usual force is now at work, mining companies said.

The strikers posted no pickets this morning and there were no outbreaks of any kind. No change has taken place in the building trades and restaurant situation.

HEALTH CENTER IN SPARTA BUILDING FULFILLS MISSION

Room 7, of the Sparta building, Medford is fulfilling its mission. Every Saturday, from April 10th, parents have brought their young

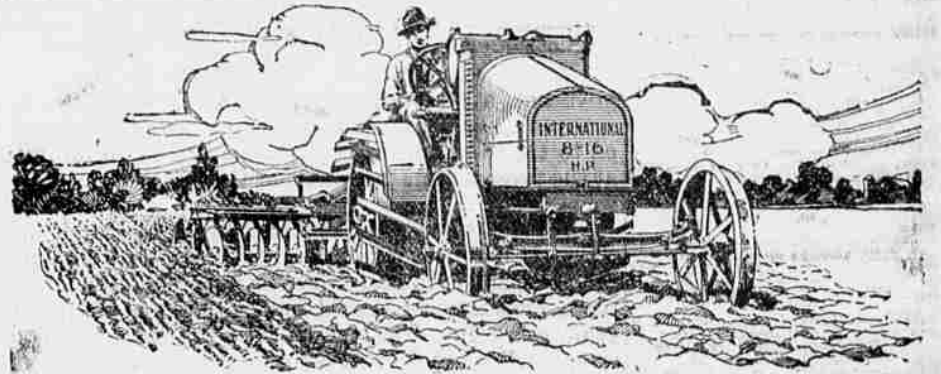
children, of pre-school age to these rooms, to get out of the County Health association (with the county nurse acting as the agent for this work) just what one may expect to get from a public health center.

If but one little child each week receives benefit from coming to the Public Health center (and 15 have already come) the work is worth while, and will continue.

"We are advertised by our loving friends."
Room 7, Sparta Bldg., Medford, every Saturday 10 a. m. to 4 p. m. The County Health Association.

FOREST GROVE, Ore., April 27.—Premature explosion of a dynamite can with which he was attempting to blow a squirrel out of its hole yesterday afternoon, caused injuries that may prove fatal to Frank Pritzlaff, 28 years old, a farmer living two miles west of here. One side of his face was badly cut by the explosion, one eye was destroyed and his body torn. He was taken to a Portland hospital for treatment.

Lots of old papers 10c the bundle at this office.



International 8-16 Kerosene Tractor

REMEMBER this when you buy a tractor—Harvester service is a reliable and very important thing you get thrown in when you buy the tractor named above. It safeguards your entire outfit—Power, Machine, Hitch! Later on if you need a tractor part, you will get it with the same dispatch and certainty of perfect fit that you have experienced in connection with your binders and mowers.

International 8-16 is a strong, light weight tractor that you will like. Owners of the International 8-16 are pleased with the way it performs both at the drawbar and belt. It is because of the splendid way it performs in actual service day after day, year in and year out, that it is permitted to bear the name "International."

International 8-16 can be depended upon for satisfactory work every day in the year. Your plowing, disking, etc., can be done on time. Costly delays, extra help and rushed jobs with their usual waste, are eliminated.

This general service tractor is just as convenient as it looks. Sit on the seat of the International 8-16 and see for yourself how easy it operates. There's no better time than now to place your order. The sooner you do so, the better chance to get your tractor in time to handle a large part of your farm work at a great saving in labor, time and money.

Patton and Robinson, Inc.

INTERNATIONAL HARVESTER
FARM MACHINES
SALES SERVICE



The Closed Car Drivers Are the Comfortable Drivers in Oregon

IN COLDEST WEATHER—You and your family, even the tiny tots, ride as comfortably warm as if at home by the fireplace. Overcoats and gloves are unnecessary. With all plate-glass windows shut, you are protected from cold and warmed by the motor. Any window can be instantly opened for just the amount of fresh air and ventilation you want.

IN WINDY WEATHER—You feel no wind. No drafts are possible.

THROUGH RAIN OR SLEET—You are dry and comfortable wherever you go. You drive safely in the heaviest rain or thickest fog, because you have an unobstructed view in all directions through clear plate glass.

IN SUMMER SUNSHINE—On the few extremely hot days, with windows open, the

ventilating windshield and freely circulating air keep you cool, while the top shades you from the sun.

WHILE TOURING—On dusty roads you step out of the car clean and dustless.

The Ford Sedan and Ford Coupelet bring closed-car luxury and comfort within the reach of everyone who drives a car. Ford factory efficiency methods produce these fine enclosed cars at a lower price than any other open car. The Coupelet \$850 and Sedan \$975 f. o. b., Detroit.

Get a Ford Sedan or Coupelet for your own "comfort car." All the sturdy strength power, energy and economy of the Ford, with all the comfort and luxury of the enclosed type body and the new Ford electric starter.

Warning—To insure delivery when wanted, you should place your order NOW.

C. E. Gates Auto Co.
MEDFORD, OREGON

New Grocery Store
Service our motto.
All kinds of Vegetables.
Palace Grocery
Moffat & Launspach
132 W Main. Phone 109
Give us a trial.

EAT at Cafe Holland
Try Our 50c Merchants' Luncheon

Stoves Wanted
We want 50 second hand stoves and ranges, also 100 IRON BEDS
What have you to offer?
Cash or Trade
We buy whatever you have to sell.
Mordoff & Woolf
Licensed City Scavenger.

All refuse immediately removed on short notice. Weekly visit in residence districts. Daily business district. Phones 505-R.