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Stop jolting Liver and Bowels with violent drugs, but take "Cascarets."

"Dynamiting" bile out of your system with calomel and other sickening purgatives is all wrong. Salts, Oil, and Cathartic Waters act by flooding the bowels with the digestive juices which are vital to the stomach. Cascarets are different. They act as a tonic to the bowel muscles, which is the only sensible way to relieve a bilious attack, a sour, acid stomach, or constipated bowels. There is no griping or inconvenience. You naturally return to regularity and cheerfulness. Cascarets cost very little and they work while you sleep.

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ORDER BY NUMBER FERTILIZERS To fertilize means to increase your crops, add beauty to your flowers, and speed up the growth of fruits and vegetables, ripening them earlier, thereby avoiding the frosts, and saving your crop. Let us talk fertilizer to you personally. MONARCH Seed & Feed Co. 317 East Main Street.

FINE PROGRESS BEING MADE IN C. OF C. DRIVE

Director Gheen Tells Citizens at Luncheon That Campaign in Medford is Booming—Women Showing Interest—Many Slogans Submitted to the Committee.

THE DOCTOR IS HERE "When we fall ill the best thing to do is to call in the doctor. When a civic-commercial organization is ill, a doctor should be called in. I am very much gratified to note that the business men of Medford have fully awakened to a realization that our Chamber of Commerce needs the doctor, and have called in the American City Bureau to prescribe. "During my former connection with the Marin County Commercial club in California, and later with the North-of-the-Bay Counties Association of California, some years ago, I had occasion to investigate the Bureau. My investigation convinced me that the American City Bureau is the best organization in the United States to administer to the needs and ailments of sick chambers of commerce. "The splendid citizenship of Medford is fully alive to the possibilities that are within its reach, and they are taking the right step in the right direction in deciding on the present expansion and reorganization campaign. I shall most cheerfully lend my best support and cooperation towards its success." —J. E. Edmiston.

Director James E. Gheen in charge of the Chamber of Commerce expansion and reorganization campaign was the principal speaker at the meeting and luncheon at the Hotel Medford at noon today. Those present were the members of the board of directors, the advisory, budget and executive committees named to assist in the campaign. Mr. Gheen told of the splendid progress that is being made in the preliminary work, and answered numerous questions asked of him regarding the work. Announcement was made at campaign headquarters today that interest is daily intensifying in the Medford Slogan contest, and each mail is bringing in additional suggestions for a suitable slogan to be adopted by the Chamber of Commerce. President Vernice H. Vawter has announced that the Chamber of Commerce and American City Bureau will award a \$25 cash prize to the person offering the slogan suggestion that is selected from the number that will be submitted. A special committee has been named to make the award, and the committee's decision will be announced at the civic dinner on the night of Monday, March 22, the date immediately preceding the intensive four-day campaign of the city for new members.

This contest is open to any and all persons residing in the city of Medford, or in the immediate vicinity. One woman of the city yesterday submitted a list of seven slogans, all of which possessed more or less merit. Most of the suggestions received thus far appear to have come from the grown-ups. It is the desire of the committee that the school children interest themselves in this contest. It is hoped to have at least 100 different slogan suggestions to put up to the committee on award before the contest closes on the 22nd. Women Show Interest Interest in the Chamber of Commerce expansion movement has spread to the women of Medford, quick to see that this is an undertaking on the part of the community in which they are all interested, they have been asking questions about it. In order to give all women an opportunity to learn what the movement is and how it may be expected to affect the future of the city and its people, arrangements are being made for a meeting some day soon at which the plans will be explained in detail. "Women are taking an increasing interest in business as well as in civic affairs all over the country," said Director James E. Gheen today. "In many of the campaigns we have conducted women have offered to organize membership teams and have taken a very active part in the work. "In Flint, Mich., the first member enrolled in the new Chamber of Commerce was a woman. When asked to fill out the line indicating her business, she wrote: 'Being the mother of four children.' Then she added: 'But not too busy to have an active interest in the city in which those children are going to live.' "In the campaign in Port Huron, Mich., the women's team stood third in number of memberships secured, and a woman is now vice-president of the Chamber of Commerce there. In Bethlehem, Penn., a team composed of women secured 176 memberships—more than was secured by any one

of the 20 other teams composed of men competing with them, and a woman was a member of the first board of directors.

Women Elsewhere "The Niagara Falls Chamber of Commerce has nearly 200 women members in a total of about 1500. In the chambers of at least 75 other cities in the United States there are from a dozen to 50 women members. The Chamber of Commerce will welcome the thinking women to its ranks, their membership being on exactly the same basis as that of men. "The fact that the modern Chamber of Commerce takes up so many kinds of civic work accounts for the interest of the women. Committees of women often handle such matters as city clean-up campaigns, agitation for improvements of the educational system, better sewage and sanitation ordinances, park and public playgrounds work, medical inspection in the schools, visiting nurses and similar subjects. "Women have found that there is no better nor quicker way of securing action on matters of this kind than thru an organization like the Chamber of Commerce, and hence their interest in it."

COMMUNICATIONS

(The Mail-Tribune welcomes communications on any subject of general interest but is in no way responsible for the sentiments expressed. Only in exceptional cases will communications of over 200 words be printed. All communications must be signed by the writer's name, which may upon the writer's request be withheld.)

Time to Call Halt To the Editor: I think that the time has come when the attention of the taxpayers and patrons of the school district of this city, be called to the effects of the administration of the public schools.

- 1. The students have been antagonized and aroused to the point of rebellion. 2. The administration has mixed personal affairs and prejudices with affairs of business, which has resulted in the loss of some of the best teachers in the system, especially in the high school, on the grounds of "not measuring up to the standard." 3. The teachers have not been treated in a business way as colleagues or in a personal way as human beings of equal social standing. Teachers have been insulted almost beyond human endurance. 4. The administration has deprived the instructors of any opportunity to use any originality in the various courses with a result of discouraged teachers and dull uninteresting classes. All modern educators agree that an uninteresting class is an educational failure. 5. Other teachers, some of the best of our instructors are, and have been, resigning because they can no longer endure this despotic system. It must be evident to any fair-minded person that any educational institution must fail in its purpose, if harmony does not exist between the administrator, the instructors, and the students. Then Mr. Taxpayer and patrons wake up to this critical situation and do not let the next administrator of our schools be, using the phraseology of a well-known citizen, "a two by four edition of the kaiser."

A STUDENT. Medford, March 9th.

Most of the cooking sister gives us comes in a red and yellow box from the grocer - says Bobby They're POST TOASTIES

HEAD STUFFED FROM CATARRH OR A COLD Says Cream Applied in Nostrils Opens Air Passages Right Up.

Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more hawking, sniffling, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh disappears. Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly. It's just fine. Don't stay stuffed-up with a cold or nasty catarrh.

Stop at The Portland Hotel when in Portland. Rate \$1.50 up. In the heart of the City. Richard W. Qualls, Mgr.

Karo In the blue can.



Jams, Jellies, Preserves are Too High—Blue Label Karo Solves the "Sweet" Problem at Less Cost. Important to Large Families

THE mother of a large family cannot help being worried over the extremely high prices of jams, jellies, preserves—and candy. In children especially Nature emphasizes her demand for sweets. We all need a good percentage of sweets each day. This is the reason for the unusual present demand for Blue Label Karo—the Great American Sweet for every purpose. INSTEAD of worrying about and paying high prices for store candy; I make Karo Candy at home. It is easy to make, costs but little and its purity makes it best for children. There is an every day use for Blue Label Karo. From breakfast —on pancakes or waffles—to dinner for cooking and baking.

CORN PRODUCTS REFINING COMPANY 17 Battery Place New York

NOTICE Because you will find so many economical ways to use Blue Label Karo it will pay you to buy it by the dozen cans, as others are doing. Ask your grocer the price. FREE Write today for beautifully illustrated 64-page Corn Products Cook Book.

Listen, Folks! This advertising fellow has been pestering the life out of me for the last three days for an ad, and I haven't time to write one. I want to tell you about the THOR Washing Machine, but they have been selling so fast without telling that I'll have to wait until we get a lot more in. More later. In haste, Paul's Electric Shop Main Street and Central. Phone 90

Fifth and North Riverside Telephone 11 The Dow Hospital Graduate Nurses Only Special Attention to X-Ray Cases.

Temporary Location Overland-4 Willys-Knight Republic Trucks McCurdy-Bowne Motor Co. Front End Crater Lake Garage