

"IS THE FINEST IN THE WORLD," SAYS MRS. MARY DALEY

"They said I couldn't live more than six months longer, but I'm still here and feeling fine," said Mrs. Mary Daley, of 529 Oak St., San Francisco, Cal.

"I have actually gained seventeen pounds since I began taking Tanlac," she continued, "and to look at me one wouldn't think that for several months I was unable to do my housework. I suffered from gastritis all the time, would bloat terribly and always felt miserable. I had no appetite and felt nauseated all the time. I was so nervous the least little noise would startle me and it was almost impossible to get a good night's sleep. I had night sweats and was so run down and weak that the slightest exertion would almost exhaust me completely. I lost weight dreadfully and was told that I couldn't live six months at the rate I was then going down hill.

"Nothing helped me until I began taking Tanlac and I honestly believe it is the finest medicine in the world, for it has made me just like a new person. My appetite is splendid and I never have the slightest indigestion any more and I never enjoyed such fine and refreshing sleep in my life as I do now. My house has eight rooms and I do all the work with ease. Tanlac has been a god-send to me and I would be selfish not to tell others about it."

Tanlac is sold in Medford by West Side Pharmacy, in Gold Hill by M. D. Bowers, in Central Point by Miss M. A. Mees, in Ashland by East Side Pharmacy, in Eagle Point by Vonder Hellen.

FATHER AND SON BANQUET ASHLAND FEBRUARY 24TH

ASHLAND, Feb. 18.—The Father and Son banquet, heretofore scheduled for February 20, has been postponed until Tuesday evening, February 24, promptly at 7 o'clock. The scene will be the Armory. Dual tickets, admitting both father and son, will be 60 cents each, the sale to close February 22. Accommodations will be provided for 100, and there should be no waiting list, consequently secure tickets early. Representatives from various churches and Sunday schools will handle the tickets, and they can also be obtained either at Holmes grocery, Rose Bros. confectionery, or the White House grocery.

A score of leading citizens throughout the county attended the weekly luncheon held at Medford today by the Chamber of Commerce of that city, the invitation being a special one, to discuss matters relative to the proposed road bond issue and other important affairs.

Sad news to parents and friends was a telegram received here on Tuesday morning, announcing the sudden death of Elvidge, eldest son of Mr. and Mrs. E. G. McWilliams, which occurred February 17, in the vicinity of Newman, Calif., not far from San Francisco. Miss Frances, a teacher in the Oakland schools, and a sister of the deceased, was the first to notify the parents, a shock which has well-nigh prostrated them. Elvidge was 35 years old, and for some time past has been in the employ of a big ranch estate in the vicinity of Newman.

A new departure with the Methodists is the observance of "church night," held once each month, when the membership get together, bringing ample lunch baskets and enjoy an ideal reunion on a community of interests basis fortified by jolly fellowship.

Phil Bonham, Civil war veteran, has been ill to such an extent of late that friendly neighbors had the old gentleman removed to the Granite City hospital, of which circumstance a son residing in Oakland, Cal., has been notified.

A number of the Baptist persuasion went to Medford on Monday evening to hear the address given by W. B. Hinson of Portland.

The Parent-Teacher circle of West Ashland will meet at Junior High school Friday afternoon of this week, February 20, at 4 o'clock. There will be a program of exceptional merit, both literary and musical, including an address by Prof. Vining, followed by a social hour.

The local post of the American Legion now numbers over 130, and is rapidly approaching the 150 mark. To its numerous activities the post has added an employment bureau, a very important accessory in connection with the practical help which the boys afford through various channels.

Coincidental with additions and improvements to parks and auto camp grounds, follow extensions to the high drive which were surveyed and planned sometime ago. The West side will soon boast of a highway which will hit the high places way above the Seemie drive, in fact it will wind its way clear over the crest of adjacent hills.

Previous to her departure for Long Beach, Cal., to reside permanently, Mrs. Clark Bush has been the recipient of many social favors from a circle of intimate friends with whom she is an esteemed favorite. Recently Mrs. Louis Dodge and Mrs. Hal McNair entertained a party of mutual friends at the Dodge home on Allison street, Mrs. Bush being the honored guest at this delightful social event.

Prospects indicate that the Agricultural College Cadet band will give a concert and dance in Ashland early in March, the American Legion post and Military company uniting in being sponsors for the dual entertainment.

Andy McCallen writes from Texas, concerning the plundering of his effects while returning from the war zone, that the thievery was undoubtedly committed aboard ship, and that in addition to common belongings he lost a number of souvenirs highly prized on account of family associations and a wide circle of friendships.

Dan McCoy Mitchell is the name which has been bestowed upon the infant boy recently adopted by Mr. and Mrs. Horace Mitchell. The babe not

SOUND HEALTH

to many thousands is practically a matter of the right use of reliable means of maintaining vitality.

SCOTT'S EMULSION

time-honored and reliable, combines palatability, inherent virtues and unrivaled efficacy. At the first sign of weakness take Scott's Emulsion. It is known everywhere by the "Mark of Efficacy"—the Fisherman.

only receives every attention which loving hearts can prompt, but also has been literally showered with a "trossseau," including a complete equipment of dainty garments, the gift of kind hearted Red Cross workers and friends in general. The Red Cross ladies have now provided homes for the three youngest children of this stricken family.

W. G. Hale, temporarily residing at Santa Barbara, Cal., with his family, has been ill. He plans to return home here with the advent of settled spring weather.

Quarantine bans have been raised as far as school attendance is concerned, with no indication that they will be renewed unless further contagious cases develop.

A Salvation Army advisory board has been established in Ashland recently, duly officered. Warren A. Chilcote, field representative, instituted the organization, which will be perfected, and if demands of the local situation warrant, army workers will be detailed for active duty.

George Davis, well known local colored man, who lived the life of a recluse in the canyon, was found dead in bed on Monday morning, no suspicious circumstances, indicating that he died of other than natural causes, and it is doubtful if an inquest will be deemed necessary. George, was a quiet, industrious fellow, cultivating a small property near his modest home, and doing all sorts of odd jobs about town. Very little is known as to his antecedents.

Co. B, or First unit of the National Guard, was inspected on Monday evening by Col. Francis Koester, U. S. A., who put the command through a course of sprouts that fulfilled the most exacting military requirements. From here the colonel went to Medford. In this connection it might be added that Capt. Paul Hathaway, 49th Infantry stationed at Vancouver Barracks, has been in Ashland of late on recruiting duty, with headquarters at Hotel Austin.

R. J. Dodge of Eastern Oregon, has joined the colony here from that section in purchasing Ashland property, having secured through the Billings agency, the residence of Mrs. Elizabeth Cromer on Walnut street.

Trinity Guild is planning an Easter Bazaar for Monday, April 5th.

ITALIANS BELIEVE SLEEPING SICKNESS FOLLOWS THE FLU

ROME — Sleeping sickness, or sleeping headache, as the Italian scientists prefer to call the malady which has appeared in Rome and several other Italian cities, is believed by Professor Giuseppe Sanarelli, the distinguished Italian bacteriologist, to be the same as that which followed other waves of influenza. Pope Benedict XIII died from influenza in 1730. The after effects of the epidemic at that time were so baneful that his successor Benedict XIV, waived the fasting of churchmen during Lent and similar action was taken by Pope Leo XIII in 1899, when there was another wave of influenza, or la grippe.

Professor Sanarelli, who has been studying the disease, says that the best way to avoid sleeping sickness is to keep the powers of resistance up to the highest point, as it seems to attack chiefly persons who are in a run-down condition. He also warns the public not to be unduly alarmed about the disease, and says he is unwilling to concede it is highly communicable or contagious until the actual cause of the malady is determined. And he does not think the germ will be discovered until after extensive experimentation with the brain of monkeys, such an expensive work that it can be carried out only with the aid of the millions of some philanthropic millionaire like John D. Rockefeller.

Professor Sanarelli says because of the sporadic appearance of the disease it is reasonable to assume many persons carry the germs, but are immune to the disease until there is some sudden let down in their physical condition which overcomes their power of resistance. As the malady always makes its appearance at the same season as infantile paralysis and cerebro-spinal meningitis, or spotted fever, and as it persists in reappearing occasionally between epidemics, Professor Sanarelli says

it is not strange that it is frequently believed to be identical with them. However, he thinks it is quite a distinct disease, as it is confined chiefly to adults and does not leave the serious effects of cerebro-spinal meningitis. The malady has been diagnosed in widely scattered parts of the world in 1917, 1918 and 1919. At least 199 cases were reported from English cities in 1918, but it died out in June. Until this year it had not been reported in Italy since 1889 and 1890, when it appeared in Mantua. Many persons died then after a few days, sometimes even hours, of lethargic sleep which could not be overcome. Bulgaria also had an epidemic at that time, and cases occurred in the United States.

U. S. TO CONDUCT PSALM CLASSES AT ELLIS ISLAND

NEW YORK—Uncle Sam will soon be conducting great classes in reading the Psalms almost at the feet of the Statue of Liberty if proposals for changes in examinations of incoming aliens are adopted.

Alfred Hampton, Assistant Commissioner-General of Immigration, has been conferring with immigration officials in regard to restoring the pre-war practice of examining all immigrants who come by steamer at Ellis Island instead of on shipboard as at present.

If the primary tests are made at the island, more than 1,000 men and women will read from the Psalms there daily, and Miss Liberty, who stands a stone's throw from the island slip, could hear if she were incarnate.

Reading from the Psalms is the literacy test for admission to this country, which went into effect in May, 1917, and is now receiving its first real trial because immigration during the war was small. The law Champin spent Thursday evening at few exceptions must be able to read from 20 to 40 words in any language he or she desires.

The Horrible Handicap of Catarrh

You Must Drive it Out of the Blood To Get Rid of It Permanently.

Adam never had a handkerchief is another way of saying that Catarrh is an ailment that we owe to civilization and the effects of modern life. Catarrh is not a disease like pneumonia or typhoid fever. Catarrh is caused by impure blood, laden with irritating and poisonous matter acting upon cells lining the nasal passages and throat, that have already been inflamed, irritated and caused to overwork, by exposure to dust, dirt, sudden changes of temperature, abnormal dryness of the air, and germs. Catarrh cannot be cured by spraying and douching the throat. The unhealthy condition of the blood must be overcome, purified and restored to a healthy condition.

You must realize that the disease itself, and not its symptoms, is what you have to cure. Of course, you know that when you are cured of any disease its symptoms will disappear.

Catarrh manifests itself by inflammation of the delicate membranes of the nose and air passages which choke up and make breathing difficult. To get rid of these distressing effects you must remove their cause.

The blood is laden with the Catarrh germs, which direct their attack against the tender and delicate membranes of the nose and throat. These germs cannot be reached by sprays or douches, which, of course,

have no effect whatever upon the blood.

S. S. S. is a purely vegetable blood remedy, made from roots and herbs direct from the forest, which combat promptly any disease germs or impurities in the blood.

Once you get your blood free from impurities—cleansed of the catarrhal poisons which it is now a prey to because of its unhealthy state—then you will be relieved of Catarrh—the dripping in the throat, hawking, and spitting, raw sores in the nostrils, and the disagreeable bad breath. It was caused in the first place, because your impoverished blood was easily infected. Possibly a slight cold or contact with someone who had a cold. But the point is—don't suffer with Catarrh—it is not necessary. The remedy, S. S. S., discovered over fifty years ago, tested, true and tried, is obtainable at any drug store. It has proven its value in thousands of cases. It will do so in your case. Get S. S. S. at once and begin treatment. If yours is a long-standing case, be sure to write for free expert medical advice. We will tell you how this purely vegetable blood tonic cleanses the impurities from the blood by literally washing it clean. We will prove to you that thousands of sufferers from Catarrh, after consistent treatment with S. S. S., have been freed from the trouble and all its disagreeable features and restored to perfect health and vigor. Don't delay the treatment. For free medical advice address Swift Medical Director, 167 Swift Laboratory, Atlanta, Ga.—Adv.



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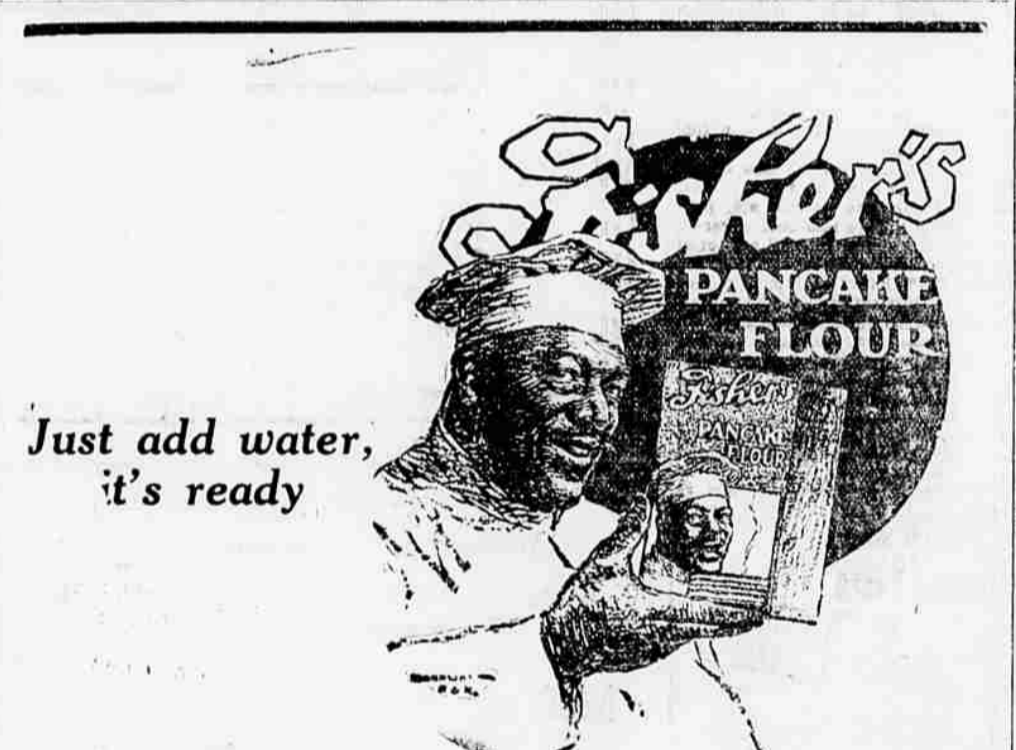
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Fisher's PANCAKE FLOUR

It's Breakfast Table Popularity

that makes **Fisher's PANCAKE FLOUR** such a success. You serve those big, fluffy, golden brown Pancakes to your hungry family—they want them every day in the week.

As for pre-breakfast speed, with **Fisher's PANCAKE FLOUR** you can mix a big bowlful of batter while the griddle heats. Even the milk is there, in powdered form. That's the reason why a package of **Fisher's PANCAKE FLOUR** costs you a few cents more than ordinary Pancake Flours and the cakes cost considerably less.

Only the choicest buckwheat, wheat, corn and rice go into **Fisher's PANCAKE FLOUR** with the exact amount of rising and a bit of corn sugar to make a crispy crust.

Fisher's ROLLED OATS AND Fisher's FISHER'S BANANA FRITTE!

Recipe No. 68 in Fisher's Roll Oats and Fisher's Pancake Flour Cook Book

Allow 1 large banana to be cut into small fritters. Cut the banana into halves or thirds, depending on size with a little lemon juice and a little sugar. Cover with a little water. Fry in deep hot oil drain on paper and roll in powdered sugar. Serve hot.

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March 15th our large incubators will be at your service. These incubators are the best hot water machines and are installed in a modern incubator cellar. Your eggs will be incubated RIGHT.


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The best brooder on the market. Come and see it in operation.

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Men Who Have Only a Month or So of Cutting, are Buying Mitchell Portable Drag Saws

They realize that the low cost of a Mitchell and speedy work it does eliminates all other methods of bucking wood

OTHERS who are in the woods for months each year and get out wood as a money making business buy Mitchell Saws because they know that it is a saw built to do the business and do it right. A staunch, well braced WOOD frame insures proper alignment of working parts. An engine that is as carefully built as an automobile engine. It is powerful when you buy it and retains its power during its life. Bearings that are long and carefully fitted. An engine clutch when wanted, that is a durable clutch of positive action. These are reasons why men buy Mitchell Drag Saws if they have a great amount of sawing to do or are clearing up timber land. Come in and let us show you the superiorities of the Mitchell.

Seeing is Believing and We Can Convince You

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