

FREE INSTRUCTION TO HOUSEWIVES FROM UNCLE SAM

WASHINGTON, D. C., July 2.—Every housewife in the United States is entitled to the knowledge gained thru the experiments and investigations of the United States department of agriculture. Many of the bulletins issued by the department contain information on household topics of inestimable value, according to women who have used them.

Nearly every phase of household work has been investigated scientifically and the results have been described simply by the department's specialists. Their aim, of course, has been to spread dependable information among the people for whom the department was established. This means, in the first place, those on the farms, but the household information can be put to as good use by homes in the cities as by those in the country.

How to Get the Bulletins

Bulletins in the following list will be sent free so long as the supply lasts on application to the secretary of agriculture, Washington, D. C., or to your senator, representative, or delegate in congress, each of whom has a limited allotment. Residents of foreign countries may purchase the bulletins from the Superintendent of Documents, Government Printing Office, Washington, D. C., at 5 cents each, which includes postage.

Following are listed some of the bulletins containing household information issued by the department and available to the public:

- Food Bulletins**
- Principles of nutrition and the nutritive value of food (Farmers' bulletin 142); Cereal breakfast foods (Farmers' bulletin 249); Care of food in the home, (Farmers' bulletin 375); Economical use of meat in the home, (Farmers' bulletin 391); Mutton and its value in the diet, (Farmers' bulletin 526); Sugar and its value as food, (Farmers' bulletin 535); Use of corn, kafir, and cowpeas in the home, (Farmers' bulletin 559); Corn meal as a food: ways of using it, (Farmers' bulletin 565); Honey and its use in the home, (Farmers' bulletin 653); School lunches, (Farmers' bulletin 712); Food for young children, (Farmers' bulletin 717); Bread and bread making, (Farmers' bulletin 807); How to select foods: I. What the body needs, (Farmers' bulletin 808); How to select foods: II. Cereal foods, (Farmers' bulletin 817); Sugar-beet syrup, (Farmers' bulletin 823); How to select foods: III. Foods rich in protein, (Farmers' bulletin 824); Use of wheat flour substitutes in baking, (Farmers' bulletin 955); Use of barley, (Circular 111); Use of Soy beans, (Circular 113).
 - Butter, Cheese and Milk**
 - Use of milk as food, (Farmers' bulletin 363); Care of milk and its use in the home, (Farmers' bulletin 413); Cheese: economical uses in the diet, (Farmers' bulletin 487); Clean milk: production and handling (Farmers' bulletin 602); Removing garlic flavor from milk and cream, (Farmers' bulletin 608); How to make cottage cheese on the farm, (Farmers' bulletin 850); Making Butter on the farm, (Farmers' bulletin 876).
 - Gardening**
 - Roses for the home, (Farmers' bulletin 750); Control of diseases and insect enemies of the home vegetable garden, (Farmers' bulletin 856); Saving vegetable seed for the home and market garden, (Farmers' bulletin 884); Home gardening in the south, (Farmers' bulletin 934); The city and suburban vegetable garden, (Farmers' bulletin 936); The farm garden in the north, (Farmers' bulletin 937).
 - Poultry**
 - Backyard poultry keeping, (Farmers' bulletin 889).
 - Household Pests**
 - House centipede, (Farmers' bulletin 627); Cockroaches, (Farmers' bulletin 658); True clothes moth, (Farmers' bulletin 659); Hydrocyanic-acid gas against household insects, (Farmers' bulletin 699); Fly traps and their operation, (Farmers' bulletin 740); The bedbug, (Farmers' bulletin 754); The house fly, (Farmers' bulletin 851); House rats and mice, (Farmers' bulletin 896); Fleas and their control, (Farmers' bulletin 897); The Silverfish or "Slicker," an injurious household insect, (Farmers' bulletin 902).
 - Preserving Fruits**
 - Preparation of vegetables for the table, (Farmers' bulletin 256); Use of fruit as food, (Farmers' bulletin 293); Muscadine grape strap, (Farmers' bulletin 758); Home canning by the one-period cold-pack method, (Farmers' bulletin 829); Home canning of fruits and vegetables, (Farmers' bulletin 853); Home preservation of muscadine grapes, (Farmers'

U-BOAT SHELLED LIFE-BOATS FROM HOSPITAL SHIP

LONDON, July 2.—The commander of the destroyer Lysander, which rescued the captain of the Llan-doverly Castle and those in his boat, describing the rescue today, said:

"When the survivors were picked up they cheered, altho they had been drifting for 36 hours, and had for sustenance only ship's biscuits and water. They were wonderfully amused at an incident, in which the captain figured. When he was certain the vessel was sinking, Captain Sylvester made a dash for his cabin and brought out a pipe and a tin of tobacco. Each man, in turn, had a pull at the pipe, but tobacco was of little use, because it got water-soaked."

When last seen the submarine was apparently shelling in the darkness one of the seven boats. One boat, in which there were 12 nursing sisters, was seen to capsize.

"The sisters were thrown out and were either drowned directly or caught beneath the boat. A Canadian sergeant, who was in the same boat, managed to crawl on the keel. Nothing has been seen of the other sisters.

The submarine steamed swiftly toward the captain's boat, containing the survivors, and passed just astern. Originally such a maneuver would disturb the water so as to make the capsizing of a small boat almost a certainty. This boat, however, kept on her keel.

The commander of the Lysander, describing some incidents, said:

"The captain was badly bruised. When the overturned boat got near the submarine, the sergeant climbed aboard exhausted. He was seized by one of the submarine officers and thrown back like a handbag."

bulletin 859); Fresh fruits and vegetables as conservers of other staple foods, (Farmers' bulletin 871); Home storage of vegetables, (Farmers' bulletin 879); Salting, fermentation, and pickling of vegetables, (Farmers' bulletin 881); Home-made fruit butter, (Farmers' bulletin 900); A successful community drying plant (Farmers' bulletin 916).

Home Conveniences

- Use of paint on the farm, (Farmers' bulletin 474); Ice houses, (Farmers' bulletin 475); Lawns and lawn soils, (Farmers' bulletin 494); Farm kitchen as a workshop, (Farmers' bulletin 607); Home-made fireless cookers and their use, (Farmers' bulletin 771); Modern methods of protection against lightning, (Farmers' bulletin 842); Removal of stains from clothing and other textiles, (Farmers' bulletin 861); Farm-home conveniences, (Farmers' bulletin 927).

Miscellaneous

- Bird houses and how to build them, (Farmers' bulletin 609); Canaries: Their care and management, (Farmers' bulletin 770); The community fair, (Farmers' bulletin 870); Fire prevention and fire fighting on the farm, (Farmers' bulletin 904); Some common disinfectants, (Farmers' bulletin 926).

Food Leaflets and Circulars

The department has published a series of pamphlets dealing with food saving, and containing late information for the economical use of various foods and the making of desirable left-overs. These circulars contain many practical recipes expected to be of direct interest to the housewife who wishes to help thru her household in the national effort to insure an adequate food supply. They will be sent free in answer to individual requests and are especially suitable for distribution by those in charge of local food conservation campaigns. Inquirers should ask for the United States food leaflets.

Other circulars issued by the department for free distribution on request are entitled "Cottage-Cheese Dishes," "Use of Peanut Flour to Save Wheat," and "Use Potatoes to Save Wheat." These contain new recipes for the use of these products.

Keep the Blood Stream Pure

Rheumatic pains, backache, swollen joints and sore muscles often are the results of impurities in the blood gathering in the region affected, a result of failure of the kidneys to eliminate waste products from the blood stream. Foley Kidney Pills heal, strengthen and invigorate weak, diseased kidneys and bladder. W. H. Hill, Justice of the Peace, Detroit, Tex., writes: "I used Foley Kidney Pills and say unhesitatingly that of all I have used they are the best, and have done the work where the rest failed." Sold everywhere.

Nozales, Ariz.—Twenty persons were arrested here in connection with an alleged plot to foment a revolution in Mexico.

SWIFT PROTESTS ACCUSATIONS OF WAR PROFITEERING

CHICAGO, July 2.—Louis F. Swift, president of Swift and company, today telegraphed a formal protest to the federal trade commission on the report made public Saturday regarding the profits made by his concern. The telegram follows:

"Swift and company protests against certain unwarranted statements in the report issued by the federal trade commission on war profits in that it gives the public a false conclusion against the profits and the conduct of the packing business. Swift and company can justify its profits as not only reasonable but necessary for the successful conduct of the business to finance large inventories at high prices, and to expand facilities at increasing costs.

Denies Serious Charge

"The report states that the five large packers have a monopoly of the meat industry and manipulate the market without regard to law. This is a serious charge, unsupported by the facts. Swift and company is in competition with all other packers, has no control over prices and the policy of the company is to obey the law.

"Packers' profits are unjustly exaggerated by the statement that four large packers made a profit of one hundred and forty million dollars during the three war years as against an average annual profit of \$19,000,000 for the three years before the war. This compares a three-year profit with a one-year profit, and the nineteen million dollars should have been \$57,000,000 to make the comparison just.

Profit 3c on Dollar, Claim

"It would be fair to the industry if the report had stated that this \$140,000,000 profit of four large packers was earned on sales of nearly five billion dollars and amounted to only about three cents on each dollar of sales. This profit amounts to only a fraction of a cent a pound on all products sold. In view of these facts the packers cannot be justly accused of having 'preyed upon the public unconscionably.'

"The report should have explained this and that it covered transactions prior to Nov. 19, 1917. Since that time our profit has been limited by the food administration to nine per cent on capital employed in the meat business, equal to about two cents on each dollar of sales. The impression has gone broadcast that license control has been flouted by the packers. Swift and company has at all times endeavored to live up to all regulations of the food administration, both as regards the handling and marketing of food products and also as to profits."

AMERICAN AVIATOR IN WAR AND WOMAN

An impulsive patriotic speech Florence LaBadie makes in her new picture, "War and the Woman," at the Kialto tomorrow and Thursday, arouses the anger of America's invaders and only by rare courage and quick action is she able to escape. She reaches her young aviator husband's hydro-aeroplane while the invaders are still swarming the house. The fire upon her from the roof, and then in the big explosion that follows the building is transformed into a heap of smoking ruins.

WILSON HONORED BY PARIS UNIVERSITY

PARIS, July 2.—President Wilson will be the first person to be honored with the new degree of doctor honoris causa from the University of Paris, says Le Journal. A governmental decree authorizing French universities to bestow the title of doctor honoris causa has just been published in the Journal officiel.

802 AMERICANS IN TURKEY ARE MISUSED

NEW YORK, July 2.—Eight hundred and forty-two American citizens suffering "privations and indignities" are virtual prisoners of the Turks in Damascus and other cities of Galilee, according to cable message received here tonight by the joint distribution committee of Jewish fund for war sufferers. In Jerusalem the Americans have been kept alive by funds supplied by the Jewish fund at Damascus.

VERN M'GINNIS OF LOS ANGELES, WHO WILL RIDE THE ROY MURPHY STRING OF FAST HORSES AT ASHLAND ON JULY 4, 5 AND 6



RAILROADS GAIN IN INCOME OVER WINTER MONTHS

WASHINGTON, July 2.—Reduction of \$168,196,836 in the operating income of 123 of the largest railroads during the first five months under government control, compared with the same period a year ago, was announced today by the interstate commerce commission.

In May the roads were beginning to recover from the paralyzing effects of blizzards and embargoes, and the operating income rose to a point nearer last year's figures. For the five months the total was \$186,987,144 compared with \$295,183,970 during that period last year, and for May it was \$64,276,805 against \$76,200,620 last May.

In spite of the reduced operating income, revenues of the roads actually were large for the five months this year than last. They were \$1,390,282,620 compared with \$1,274,970,498, giving a margin which was more than eaten up by increased expenses.

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