

**BARLEY READY TO "PINCH HIT" FOR WHEAT**

Millions of Bushels, Formerly Fed to Stock or Malted, Now on the Market as Flour.

**AN EXCELLENT WHEAT SUBSTITUTE**

Barley is a palatable, wholesome grain which has long been used in infant feeding and, to some extent for general cookery, and which can now be used in quantity to save wheat. Barley flour is one of the best of the wheat substitutes. Delicious breads and cakes can be made by using it to replace all or part of the wheat flour.

The use of barley flour for such purposes, though new to most of us, is not new to some people. Not many years ago barley flour was used more extensively than wheat for bread making in many of the European countries. Let us revive the art of barley cookery and, by so doing "stretch" our supply of wheat flour so that it may go further to meet the needs of the allies.—U. S. Dept. of Agriculture.

Hundreds of millions of bushels of barley are raised yearly in the United States. This supply, heretofore, has been used chiefly for stock feed or for malting, but under present conditions the greater part of the crop is being milled into flour, which, since it is both palatable and nutritious, may well be used to meet the increasing demand for wheat substitutes. This flour is now on the market, and it is a patriotic duty to use it to save the wheat flour.

Give barley flour a trial—you will wonder why it was not used more before the war.

Barley flour does not keep so well as wheat flour, so it is best to buy it in small quantities, even for home consumption.

The recipes which follow have been tested in the experimental kitchen of the office of Home Economics of the United States department of agriculture:

**Barley Hot Breads.**

Barley flour is very satisfactory for hot breads.

**Barley Quick Biscuits.**

2 cups barley flour, 1/2 teaspoon salt, 2 tablespoons fat, 4 teaspoons baking powder, 2-3 cup milk.

**Barley Drop Biscuits.**

2 cups barley flour, 6 teaspoons baking powder, 4 teaspoons fat, 1 1/2 teaspoons salt, 1 cup milk.

Baked in a sheet this makes a good shortcake buttered and served with fresh crushed berries or other fruit.

**Barley Waffles.**

2 cups barley flour, 1 teaspoon salt, 3 teaspoons baking powder, 1 1/2 cups milk, 2 eggs, 3 tablespoons melted fat.

Sift the dry ingredients together and add slowly the milk, beaten egg yolk, and melted fat. Fold in stiffly beaten whites. Beat thoroughly and cook in hot, well greased waffle irons.

**Barley Muffins.**

2 1/4 cups barley flour, 1 cup milk, 2 tablespoons corn sirup, 4 teaspoons baking powder, 1/2 cup wheat flour, 1 tablespoon fat, 1 egg, 3/4 teaspoon salt.

**Barley Spoon Bread.**

1 cup barley flour, 1 cup hot boiled hominy grits, 3 tablespoons fat, 1 teaspoon salt, 2 cups milk, 2 eggs, 2 teaspoons baking powder.

**Barley Yeast Bread.**

If you use your own bread recipe and replace one-fourth of the wheat flour with barley flour, you will be able to make a very good bread. With the present need of saving flour, it will be desirable for the housekeeper to make less bread than usual, as one can not use so large a percentage of wheat substitute in making yeast breads as in quick breads.

**Barley Pastry.**

Very good pie crust can be made with all barley flour or using one-half barley and one-half wheat flour. The first recipe is especially good for a one-crust pie.

**Pie Crust 1.**

1 cup barley flour, 2-3 tablespoons fat, 1-8 teaspoon salt, cold water.

**Pie Crust 2.**

1/2 cup barley flour, 1-8 teaspoon salt, 2-3 tablespoons fat, 1/2 cup white flour, 3/4 teaspoon baking powder, cold water.

**Barley Cakes and Cookies.**

It is not necessary to go without cake when such delicious products can be made that use no wheat flour and but little sugar. In these recipes the housekeeper, if she prefers, can use cream of tartar with baking soda in the usual proportions in place of baking powder.

**Chocolate Cake.**

2 cups barley flour 3/4 cup fat, 1/4 teaspoon salt, 2 squares chocolate, 1/2 cup milk, 4 teaspoons baking powder, 2 tablespoons brown sugar, 2 eggs,

whites and yolks beaten separately, 1 teaspoon vanilla.

**Sponge Cake.**

1 1/2 cups barley flour, 4 eggs, 1 tablespoon lemon juice, 1 1/2 cups corn sirup, 3/4 teaspoon salt, 2 teaspoons baking powder.

**Fruit Cake.**

2 1/4 cups barley flour, 1/4 cup fat, 3 tablespoons molasses, 1/2 cup chopped raisins, 1/4 teaspoon cinnamon, 1/2 cup chopped nuts, 1/2 cup corn sirup, 1/4 teaspoon soda, 1 teaspoon baking powder, 1/4 teaspoon allspice, 1/4 teaspoon cloves, 1-8 cup citron.

Bake 1 hour and 10 minutes. eKeps moist and very good.

**Gingerbread.**

1 1/2 cups barley flour, 1/2 cup molasses, 1/2 cup milk, 2 teaspoons baking powder, 1/4 teaspoon soda, 1 teaspoon ginger, 1 teaspoon cinnamon, 1-8 teaspoon salt, 2 table-poons fat.

Bake about 30 minutes in moderate oven. Good texture and flavor.

**Hermits.**

2 cups barley flour, 2 tablespoons fat, 1 egg, 1/2 teaspoon ginger, 1/4 cup chopped raisins, 1 teaspoon baking powder, 1/2 cup corn sirup, 1/4 teaspoon salt, 1/2 teaspoon cinnamon, 1/4 cup chopped nuts, 1 tablespoon milk.

Honey, maple sugar, or maple, beet, apple or sorghum sirup, which can be made at home, can be used in the same way as corn sirup in the above recipes to save sugar.

**WILSON DECLINES TO VETO DRAFT**

WASHINGTON, May 16.—President Wilson today declined to veto the bill passed by congress changing the basis of army draft quotas from state population to the number of men in class one because of objection to the elimination of the plan for giving credits for volunteers.

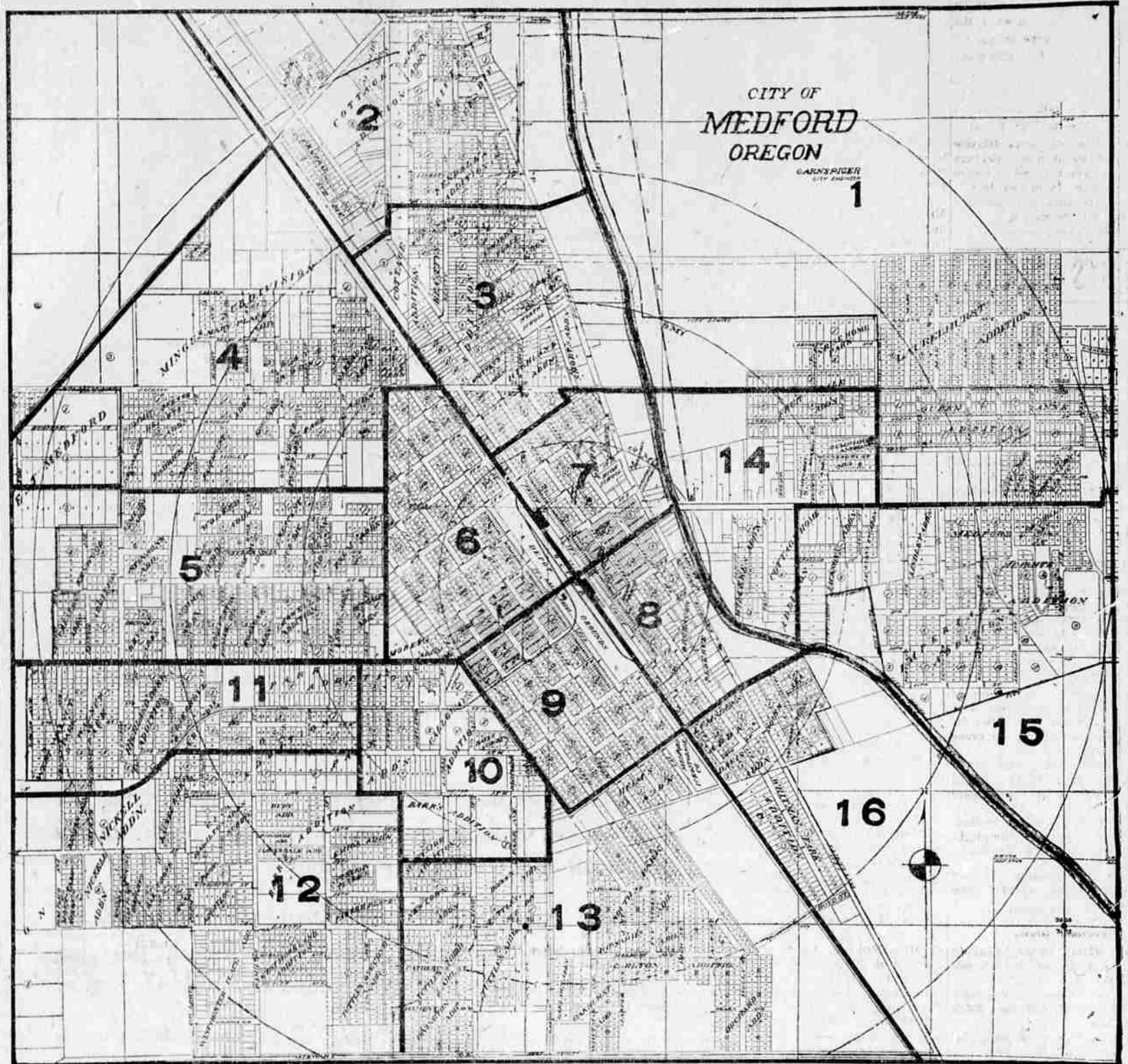
In a letter to Senator Phelan of California, who had asked that the bill be returned to congress, the president said:

"I admit there are two sides to the question about allowing 'credits' for volunteers in conducting the draft, but I am convinced that the interests of the country in the matter of winning the war will best be served by the measure as it stands."

WASHINGTON, May 16.—C. F. Kelly of New York, vice-president of the Anaconda Copper company, told the senate mines committee there was no need for legislation as proposed in the administration ore control bill. Domestic production rapidly is meeting the demands incurred by the war, he said.

Mr. Kelly declared that passage of the bill would "stifle and strangle" the mining industry and would establish control over the entire mineral industry of the country.

**MAP SHOWING ELECTION PRECINCTS IN THE CITY OF MEDFORD FOR PRIMARY ELECTION FRIDAY**



**POLLING PLACES FOR MEDFORD PRECINCTS TAKE YOUR CHOICE**

Map No.	Election Precinct.	No.	Polling Place.
1.	Medford Northeast	39	Roosevelt School
2.	North Medford	28	510 N. Beatty
3.	Medford North Riverside	33	Lincoln School (North)
4.	Northwest Medford	44	609 West Jackson
5.	West Medford	45	334 W. Second
6.	Medford North Main	29	Smith's Hall, 128 N. Grape
7.	Medford North Central	31	City Hall
8.	Medford South Central	32	32 So. Central Ave.
9.	Medford South Main	30	209 W. Main
10.	Medford Newton	30	Washington School
11.	Medford Park	37	1 South Orange
12.	Southwest Medford	42	1024 W. Eleventh St
13.	Medford Oakdale	35	Oakdale Grocery
14.	East Medford	40	Pacific & Eastern Depot
15.	Southeast Medford	41	826 East Main
16.	Medford South Riverside	34	Rear of 617 S. Riverside



**STANFIELD**      **HIS OPPONENT**

Born in Oregon. Farm boy. On the range, supporting a widowed mother and family. Trading in a few sheep. Studying sheep problem. Reorganizing sheep industry of Oregon. Markets first Oregon mutton in Chicago trainload. Elected three times to Legislature as Republican. Speaker of House, 1917 Session. Instrumental in making Portland second largest grease wool depot in United States. Largest individual wool grower in America. Has employed 20,000 men. Has helped the tax roll. Always 100 per cent Republican.

Born in Oregon. Appointed by brother deputy County Recorder. Appointed clerk in office of District Attorney, by Democrat. Appointed deputy District Attorney by his brother. Practicing law and politics. Appointed to Supreme Bench by a Democratic Governor. Defeated for Republican nomination for Supreme Judge. Four were nominated—he ran fifth. Corporation lawyer at Salem, Oregon—Portland, Railway, Light & Power Company and other corporations. Applicant for appointment on Supreme Bench. Republican Governor declines to make appointment. Appointed to U. S. Senate by Republican Governor. Is in combination which is trying to defeat Republican who gave him the appointment. Has employed a few office stenographers. Has been persistent tax-eater. A Demo-Rep. 50-50 per cent.

"The Oregonian is able to say on information and knowledge that he (Robert N. Stanfield) is neither a profiteer nor a hoarder. It says it now, because it ought to be said now. It would not have him, nor any man, penalized through politics, or partisanship, or newspaper unfairness, for having performed to the state of Oregon and to the Northwest an invaluable service in creating here a great wool depot, and in helping lay the foundations for an important industry in the manufacture of wool products of all kinds. What encouragement can Portland offer to others to invest their capital here, contributing a share to the development of desirable enterprise if they are to be assailed and libeled merely because they happen to be candidates for office?"—Oregonian Editorial, May 12. (Paid adv. by Stanfield Senatorial League, 203 Northwestern Bank Bldg.)

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**REWARD**

will be paid for information leading to the arrest and conviction of the vandals who entered and damaged the building and fixtures of the Rogueland School (Dist. No. 90) on Friday, May 11th.

**RALPH G. JENNINGS**  
**SHERIFF**