

WILSON'S ELECTION TO BE CELEBRATED SATURDAY EVENING

A big parade celebrating the re-election of Woodrow Wilson will be held in Medford Saturday night. The parade will start from the Medford hotel at 7:30 o'clock and will proceed through the downtown streets.

The Medford band will be out to head the procession. The march will be made along streets lighted with red fire. A large number of cars will be in line. All those who will drive their cars are asked to decorate them either in national colors or some other effective scheme.

In the parade a number of election bets will be settled. The parade will be led by William Budge, republican, carrying a large American flag. This comes as a result of a wager between Mr. Budge and Colonel Mims, the latter agreeing to march in the Hughes celebration if he was elected.

William T. Heveridge will be another of the marchers carrying a large Hughes banner decorated with crepe. Carl Bowman and M. M. McGurk will ride in a buggy with Geo. Roberts and John Billings harnessed in front. A. H. Nelson, having won his bet, will ride in a wheelbarrow in the parade. John Perl will drive his hearse with a coffin won by T. E. Daniels, wagered against an overcoat.

In the livestock section Louis Ulrich will lead a fine bull calf won from John Bellinger. Shine Edwards will straddle a gray mare won from Bill Crawford. The mare's colt will trot alongside.

Mrs. Hanley to March. Mrs. E. B. Hanley will march on foot in the parade as the result of a wager with Colonel Mims, he having agreed to march in the Hughes procession in the event Hughes was elected. Another marcher will be Henry Mackey. Mackey was to appear in a new silk hat in an event Hughes won. As he lost, Mr. Mackey will now wear his old hat for the ensuing four years.

John Bellinger will drive his milk delivery car in the parade, stopping at Sid Brown's to deliver milk. He will do this for one year, free of charge, as a result of a wager. Bellinger also bet the milk account of the past two months against Sid Brown.

There were a large number of other unusual bets won and lost. Among them were those in which Shorty Barber bet on Wilson with C. M. Corlies. As a result Corlies will pay double price for shaves during the coming year. Another similar bet was made with Ward Hopkins, who will have to buy three shaves a week and two haircuts a month for the coming year, paying double price for them. Scott Wolff will pay Joe O'Brien double price for shaves and hair cuts the coming year.

Asel Hubbard lost his favorite shotgun to Carl Bowman, who also won a multiplicity of fishing rods, flies and other sporting paraphernalia.

Freck Bets Made. Among clothing bets Dr. Hart won a complete outfit of clothes from shoes to hat, including an overcoat, from Ben Plymale, Hob Duesel and Dr. Page. C. E. Scheifelein lost a hat to T. E. Daniels. Treve Lumsden lost a hat to Jonas Weld. Gus the Tailor lost altogether, about \$500 worth of clothes to different men. Rob Brevard and Guy Connor bet the hats and overcoats they were wearing and Brevard won. Brevard also won a suit of clothes from John Bellinger. Fred Heath won a hat from Dr. Barber. F. I. Piggross won a hat from Treve Lumsden. W. N. Campbell won a complete outfit of clothes, from underwear to overcoat, from Dr. Page.

CONTRACTS AWARDED FOR FOUR DESTROYERS

WASHINGTON, Nov. 10.—Contracts for the construction of four 35-knot destroyers were awarded today to the Bath Iron Works of Bath, Me., each vessel to cost \$1,150,000 for hull and machinery. These are the first contracts to be awarded under the 1917 building program.

Groceries. You do not need to send to the mail order house for groceries. At Fout's Grocery you can see what you get and save money at the same time. Nearly all kinds of groceries are going up in price. The sooner you buy the more you will save. Be sure to get our prices before buying elsewhere.

WILSON WINS KLAMATH BY 200

KLAMATH FALLS, Nov. 10.—Wilson carried Klamath county by approximately 200. The following Klamath county officers have been re-elected: D. V. Kuckendall, republican judge; C. R. Delap, rep., county clerk; George A. Haydon, rep., county treasurer; J. P. Lee, independent, assessor; George Chastain, dem., circuit clerk; E. B. Henry, rep., surveyor.

Assessor Lee lost the democratic nomination in the primaries last spring and later decided to run as an independent. He polled nearly as many votes as the republican and democratic candidates combined.

George T. Baldwin, democratic candidate for state senator, carried Klamath county by 207 votes. The following votes were cast for state representative: Forbes 1544, Hyndman 1317, and Burdick 1310. Others follow: William M. Duncan, dem., district attorney; George L. Humphrey, dem., sheriff; Burrell W. Short, dem., county commissioner; Miss Edna I. Wells, republican, county school superintendent; A. A. Soule, rep., coroner.

The measure providing for county support of the Klamath Commercial club was defeated by 118 votes. Dorris, Cal., 30 miles south of here, voted dry by eight ballots. Most of Klamath county's liquor since last January has come from Dorris, to which point a regular daily jitney service from this city was maintained this summer.

TODAY'S MARKETS

PORTLAND, Ore., Nov. 10.—Hogs steady; receipts 2596. Prime light, \$9.50@9.60; prime strong weights, \$9.50@9.65; good to prime mixed, \$9.40@9.50; rough heavy packing, \$8.50@9.10; pigs and skips, \$8.25@8.75; stock hogs, \$7@8. Cattle steady; receipts 295. Steers, prime light, \$7@7.25; prime heavy, \$6.75@7.15; good, \$6.25@6.65; cows, choice, \$5.25@5.50; medium to good \$5@5.25; ordinary to fair \$4.25@4.75; heifers, \$4@6; bulls, \$2.75@4.50; calves, \$5@7. Sheep steady; receipts 526. Choice lambs, \$8.50@8.75; common lambs, \$6@7.50; choice yearling wethers, \$7.50@7.75; good yearlings, \$7.25@7.50; choice light ewes, \$5.50@6; heavy ewes, \$5@5.50.

Portland Butter. PORTLAND, Ore., Nov. 10.—Retail higher; city creamery prints cartons, 38¢; cubes, extras, 35 and 36¢.

Portland Grain. PORTLAND, Ore., Nov. 10.—Wheat strong. No trading. Spot bids, 1 to 4¢ higher. Bluestem, \$1.62; forty-fold, \$1.56; club, \$1.56; red flite, \$1.55; red Russian, \$1.53. Barley unchanged. Today's car receipts—Wheat, 4; barley, 1; oats, 6.

Chicago Wheat. CHICAGO, Nov. 10.—Wheat: Open Close December \$1.88 1/2 \$1.88 1/2 May 1.92 1.92 1/2

H. H. Francisco is a business visitor in the city from Portland.

How to Get Rid of Catarrh, Catarrhal Deafness or Head Hoises

If you have catarrh, catarrhal deafness or head noises caused by catarrh, or if phlegm drops in your throat and has caused catarrh of the stomach or bowels you will be glad to know that these distressing symptoms can be entirely overcome in many instances by the following treatment which you can easily prepare in your own home at little cost. Secure from your druggist 1 ounce of Parmitin (Double Strength). This will not cost you more than 75¢. Take this home and add to it one-fourth pint of hot water and four ounces of granulated sugar; stir until dissolved. Take one tablespoonful four times a day. A decided improvement is sometimes noted after the first day's treatment. Breathing becomes easy, while the distressing head noises, headache, dullness, cloudy thinking, etc., gradually disappear under the tonic action of the treatment. Loss of smell, taste, defective hearing and mucus dropping in the back of the throat are other symptoms which suggest the presence of catarrh and which are often overcome by this efficacious treatment. Nearly ninety per cent of all ear troubles are said to be directly caused by catarrh, therefore, there must be many people whose hearing can be restored by this simple home treatment.

Heath's Drug Store, Strang's, Medford Pharmacy, West Side Pharmacy, Haskin's Drug Store can supply you.

DUNNE WITNESS LAND FRAUD TRIAL

SAN FRANCISCO, Nov. 10.—Peter F. Dunne, Southern Pacific attorney, occupied the witness stand today in the Oregon-California land fraud trial, which has been before a jury in the United States district court for several weeks. Dunne gave a history of the litigation over the lands in the grant, his recital creating unusual interest. The prosecution hopes to complete its case today and the defense will probably begin Monday. The cases of S. A. D. W. S. and H. D. Pater and four others under indictment on like charges were up today to be set for trial, but on motion of the United States attorney were postponed until February 17, 1917, to be set.

The conspiracy trials of Consul General Franz Bopp and others are next on the calendar of Judge Dooling, and it was said by the government attorney that these cases would be brought to trial before any other land fraud cases.

CONGRESS TIED BETWEEN PARTIES

NEW YORK, Nov. 10.—Late reports today from the congressional elections indicated that both the democrats and republicans had thus far each chosen 214 representatives in the house.

Three congressional districts, the fifth and sixth West Virginia, and congressmen-at-large in New Mexico, remain in doubt because of insufficient returns.

A reversal in Iowa, where complete returns showed the election of George C. Scott, republican, over Congressman Tom Steele in the eleventh district and the election of republicans in the second and third West Virginia districts, brought about the present tie. Four members of other parties have been elected. The senate remains unchanged—54 democrats to 42 republicans, a democratic majority of 12.

WILSON ELECTED

(Continued From Page One.) a recount in New Hampshire where less than 200 votes seem likely to determine the result. Charges of attempts to tamper with the ballot boxes in North Dakota have been made in several sections of the state and have been laid before the federal district attorney by the United States marshal. Agents of the department of justice have been mobilized at points in other states.

The republicans contended, it was said unofficially today, that since the democrats claimed California by a margin of only 2000 out of nearly 1,000,000 votes cast, it was apparent slight errors in a district here and there might change the outcome.

In a statement made to the Associated Press at San Francisco the only contention State Chairman Rowell of the republicans made of even a partial victory for Mr. Hughes was that the electoral vote of that state might be split from the official count as it

DEO FOR CATARRH and HAY FEVER. Dennis Eucalyptus Ointment AT ALL DRUG STORES TUBES 25¢ JARS 50¢

KLEIN FOR KLOTHES Suits MADE IN MEDFORD TO ORDER \$25.00 UP Also Cleaning, Pressing and Altering 128 E. MAIN, UPSTAIRS

The Present High Prices of Food Stuff

Has set many a housewife figuring as how to meet the situation to her best advantage. You all know that the bread still is the cheapest article on your table; you also know that the better the bread the more you eat of it, hence the best bread is the most economical. Resolved:

Use Nurmi Bread

Made from eastern hard wheat flour, only one-fifth western bluestem used. Hard wheat makes the best bread. By using our bread you will realize quite a saving in your grocery, butcher and fuel bill. Ask your grocer for Nurmi's Bread and refuse imitations.

Nurmi Baking Co.

Makers of Butter-Nut, Pan-Dandy, Nurmi's Rye, Pullman and French.

was in 1912, when two votes went to Wilson and 11 to Roosevelt.

Prospects of Contest. Both sides conceded that no matter what action might be taken in regard to a recount there was little likelihood of a contest being carried to the house of representatives. In three states, however, there were prospects of contests over one elector in each instance. These were a democratic elector in Texas, one of the democrat electors in Washington, and one in West Virginia.

Mr. Wilson is the only president ever elected with the "solid east" against him. His victory was believed by politicians to presage an alignment for the first time in congress of the west with the south. It was pointed out that while he would not have a "working majority in the lower house, he would not have to combat a majority inimical to his policies."

While President Wilson lost in Illinois and Oregon, he carried the ten other states in which women voted.

COURT HOUSE NEWS

Reported by Jackson County Abstract Co., Sixth and Fir Sts.

Marriage Licenses.

Ezra A. Long and Minnie Rickman, Harry E. Reinberger and Ora Norris, Roy V. Martin and Gertrude Young.

Circuit Court

State vs. F. A. Hyde et al, report of referee, stipulation and deposition of L. O. Evans, Agnes A. Herndon vs. Elzina M. Flowers et al, exors, Elsie Remmes Christensen vs. A. W. and L. P. Hubbs, affidavits.

Probate Court.

Estate of Jacob Shively, order appointing administrator, Estate of George W. Stephenson, first account, approval of same, Estate of Samuel Rosenberg, order appointing appraisers.

"Gets-It" Never Fails for Corns!

There's Nothing on Earth Like It For Corns and Calluses. "Whenever you get corns and calluses, don't experiment—just use "GETS-IT" and nothing else. Easiest and simplest thing I know to use—just a few drops on in a few seconds—"GETS-IT" does the rest."



Wear Shoes That Fit Use "Gets-It" Tonight. "GETS-IT" is sold and recommended by druggists everywhere, 25¢ a bottle, or sent on receipt of price, by P. Lawrence & Co., Chicago, Ill. Sold in Medford and recommended as the world's best corn remedy by Leon B. Haskins and Medford Pharmacy.

KLEIN FOR KLOTHES Suits MADE IN MEDFORD TO ORDER \$25.00 UP Also Cleaning, Pressing and Altering 128 E. MAIN, UPSTAIRS

The Present High Prices of Food Stuff

Has set many a housewife figuring as how to meet the situation to her best advantage. You all know that the bread still is the cheapest article on your table; you also know that the better the bread the more you eat of it, hence the best bread is the most economical. Resolved:

Use Nurmi Bread

Made from eastern hard wheat flour, only one-fifth western bluestem used. Hard wheat makes the best bread. By using our bread you will realize quite a saving in your grocery, butcher and fuel bill. Ask your grocer for Nurmi's Bread and refuse imitations.

Nurmi Baking Co.

Makers of Butter-Nut, Pan-Dandy, Nurmi's Rye, Pullman and French.

Real Estate Transfers. Edgar B. Hunt to W. K. Evans et ux, land in twp. 39-1E, \$4,000. Lillie Kinder to N. W. Kinder, undivided half interest in land in twp. 38-2W, 10. A. H. Davenport et ux to Pearl Wilshire, lots in Rogue River Valley Orchard Co. tract, 10. Pearl Wilshire to A. H. Davenport et ux, lots in Rogue River Valley Orchard Co. tract, 10. Northern Pacific Railway Co. to O. S. Lewis, land in twp. 32-2W, 2,500. Northern Pacific Railway Co. to O. S. Lewis, land in twp. 32-2W, 1,920. Edwin M. White et ux to Walter A. Folger, land in twp. 37-1E, 10. Edwin M. White et al to Walter A. Folger, land in twp. 37-1E, 10.

Real Mince Pie

Real Mince Pie TWICE AS GOOD AND HALF THE COST OF BULK MINCE MEAT. Try Recipes on the Package. Fruit Cake, Puddings and Cookies. At Grocers 12c to 15c per package "Like Mother Used to Make"

NONE SUCH MINCE MEAT

MERRELL-SOULE CO., Syracuse, N. Y.

FOR RENT—FURNISHED ROOMS.

FOR RENT—Furnished room. Call 2 to 4, 222 South Central. 201*

FOR RENT—HOUSEKEEPING ROOMS.

FOR RENT—Suite of four comfortably housekeeping rooms, bath, gas, light. Call at 309 Newtown street.

FOR SALE—REAL ESTATE.

FOR SALE—Or rent, modern seven room house with garage; lot 95x 316 feet, clear of all encumbrance, location, S. Oakdale ave. Inquire of H. B. Nye, phone 25-11. 292

FOR SALE—LIVESTOCK.

FOR SALE—Good team, wagon, buggy, saddle. Ed M. White, Sparta Bldg. 293

FOR SALE—Cheap Team horses.

FOR SALE—Cheap Team horses, right about 2400 pounds. Dr. Henry Hart. Tel. 14-8-15. 294

FOR SALE—MISCELLANEOUS.

FOR SALE—Jonathan apples 30¢ per box on tree. Footfalls Orchard. *

FOR SALE—Seed, alfalfa, red clover.

FOR SALE—Seed, alfalfa, red clover sweet clover timothy and other grasses; strictly fancy stocks. Write for samples. Ralph Waldo Elden, Central Point, Ore. *

FOR SALE—Young and old geese.

FOR SALE—Young and old geese. C. W. Isaacs, Phone 591-12. *

FOR SALE—Deere gang-plow.

FOR SALE—Deere gang-plow. Fine condition, \$20. Phone 597-R-2. 199

FOR SALE—Corn.

FOR SALE—Corn. Phone 597-R-2. 205

FOR SALE—Fat turkeys.

FOR SALE—Fat turkeys. C. Carey, Phone 14-F-11. *

HELP WANTED—MALE.

POSITION—A good position can be had by any young man or young lady in the field of railway or commercial telegraphy. The passage of the 8-hour law by congress has created a great demand for telegraph operators. Positions paying all the way from \$75 to \$90 per month with many chances for advancement. It will pay you to write Railway Telegraphers Institute, Portland, Oregon, for particulars. 201

WANTED—SITUATIONS.

WANTED—Dressmaking, home or day. 144 S. Central, Phone 497-M. *

WANTED—MISCELLANEOUS.

WANTED—Will pay cash for good ranch with water and partially improved preferred; no fancy price. Address P. O. Box 1131, Medford. 204

WANTED—Children to board and room.

WANTED—Children to board and room. Box 9, care Mail Tribune. 199

WANTED—A second hand No. 2 hydraulic plant with deflector and several hundred feet of 1 1/2-inch to 1 3/4-inch hydraulic pipe.

WANTED—A second hand No. 2 hydraulic plant with deflector and several hundred feet of 1 1/2-inch to 1 3/4-inch hydraulic pipe. Reply Box O, Mail Tribune. 195*

WANTED—Vacuum cleaning.

WANTED—Vacuum cleaning. Largest and most efficient machine in the city. Henry Currier, Phone 826-X. 201

WANTED—Remember your poultry and eggs will bring you more money at Warner, Wortman and Gore's.

WANTED—Remember your poultry and eggs will bring you more money at Warner, Wortman and Gore's. One price for hens, regardless of size. *

BETTER THAN CALOMEL

Thousands Have Discovered Dr. Edwards' Olive Tablets are a Harmless Substitute. Dr. Edwards' Olive Tablets—the substitute for calomel—are a mild but sure laxative, and their effect on the liver is almost instantaneous. They are the result of Dr. Edwards' determination not to treat liver and bowel complaints with calomel. His efforts to banish it brought out these little olive-colored tablets. These pleasant little tablets do the good that calomel does, but have no bad after effects. They don't injure the teeth like strong liquids or calomel. They take hold of the trouble and quickly correct it. Why cure the liver at the expense of the teeth? Calomel sometimes plays havoc with the gums. So do strong liquids. It is best not to take calomel, but to let Dr. Edwards' Olive Tablets take its place. Most headaches, "dullness" and that lary feeling come from constipation and a disordered liver. Take Dr. Edwards' Olive Tablets when you feel "lousy" and "heavy." Note how they "clear" clouded brain and how they "perk up" the spirits. 10c and 25c a box. All druggists.

FURNISHED APARTMENTS.

FOR RENT—Furnished apartment. Hot water, heat. The Berben. *

FOR RENT—HOUSES.

FOR RENT—Three room furnished, modern bungalow, close in. 417 Jay street. Phone 742-J, east

FOR RENT—3-room house on east side; 4-room house on west side. W. H. Everhard.

BUSINESS DIRECTORY

Auto Supplies

LAHER AUTO SPRING CO.—We are operating the largest, oldest and best equipped plant in the Pacific northwest. Use our springs when others fail. Sold under guarantee. 26 North Fifteenth St. Portland, Ore.

Attorneys

GEORGE A. CODDING—Lawyer Room 412 Garnett-Correy Bldg., Medford, Ore. Phone 221.

GEO. W. CHERRY—Attorney and Notary, Rooms 9-10, Jackson County Bank Building, entrance N Central, Medford, Ore.

PORTER J. NEFF—Attorney at law rooms 8 and 9, Medford National Bank Building.

A. E. REAMES, LAWYER—Garnett-Correy Bldg.

G. M. ROBERTS—Lawyer. Medford National Bank Building.

Consulting Engineer.

G. D. CRONEMILLER—Consulting electrical engineer, hydro-electric developments, industrial power, utility valuation, Medford and Gold Hill, Ore.

Collections.

COLLECTIONS AND REPORTS—We collected some accounts 14 years old. We know how to get the money. The Buttock Mercantile Agency, Inc., Rooms 1, 2, 3, Has kins' Bldg., 216 E. Main st.

Dentists

DR. W. M. VAN SCOYOC DR. C. C. VAN SCOYOC

Garnett-Correy Bldg., suite 318 Medford, Ore. Phone 354. Collections and Reports

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FRED N. CUMMINGS—Engineer and contractor, 404 M. F. & H. Bldg. Surveys, estimates, irrigation drainage, orchard and land improvement.

Garbage

GARBAGE—Get your premises cleaned up for the summer. Call on the city garbage wagons for good service. Phone 374-L. Y. Allen.

House Movers

MEDFORD HOUSE MOVERS—We Move Houses, Barns, Garages, Machinery, Etc. Phone 488-M, or 488-X. 612 S. Newtown, 811 Dakota.

Instruction in Music

FRED ALTON HAIGHT—Teacher of piano and harmony. Haight Music Studio, 401 Garnett-Correy Bldg., Phone 72.

Insurance.

EARL S. TUMY—General insurance office, Fire, Automobile, Accident Liability, Plate Glass, Contract and Surety Bonds. Excellent com panies, good local service. No. 218 Garnett-Correy Bldg.

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DR. W. W. HOWARD—Osteopathic physician, 203 Garnett-Correy building. Phone 180.

DR. J. J. EMMENS—Physician and surgeon. Practice limited to eye, ear, nose and throat. Eyes specially fitted tested and glasses supplied. Oculist and Aurist for R. F. R. R. Co. Offices M. F. & H. Co. Bldg., opposite P. O. Phone 545

Printers and Publishers

MEDFORD PRINTING CO., has the best equipped printing office in southern Oregon; book binding, loose leaf ledgers, billing systems etc. Portland prices. 27 North Fir st.

Transfer

EADE TRANSFER & STORAGE CO.—Office 42 North Front st. Phone 815. Prices right. Service guaranteed.

Use Zemo for Eczema. Never mind how often you have tried and failed, you can stop itching, itching, itching quickly by applying the Zemo furnished by any druggist. The Zemo in the large bottle \$1.00. The Zemo in the small bottle 50¢. The Zemo is the most powerful remedy for Eczema. It is really every form of Eczema, Dermatitis, Rash, Itch, Scabies, Psoriasis, Skin Diseases will be cured. For clearing up the skin and making it vigorously healthy, always use the penetrating, antiseptic Zemo. It is a greasy salve and it does not dry out the others fall it is the only one that is a treatment for skin troubles of all kinds. The F. W. Ross Co., Chicago.

WHY? NOW TIME TO TRADE. I have a 160-acre stock ranch; good location; 100 acres in grain, some alfalfa. This place recently sold for \$12,000; no incumbrance. Will trade for good orchard, prefer pears, or would take city property. Would trade even or assume some incumbrance on orchard proposition.

J. C. BARNES 102 West Main Street. Look and Feel Clean, Sweet and Fresh Every Day. Drink a glass of real hot water before breakfast to wash out poisons.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath. Folks who are accustomed to feel dull and heavy when they arise, suffering headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter. Everyone, whether ailing, tired or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quickly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the habit organs. The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism; others who have hollow skins, blood disorders and sickly complexion are urged to get a quarter pound of limestone phosphate from the drug store which will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.

INTERURMAN AUTOCAR CO. TIME CARD. Leave Medford for Ashland, Talent and Phoenix daily, except Sunday, at 8:00 a. m., 1:00, 2:00, 4:00 and 5:15 p. m. Also on Saturday at 11:15 p. m. Sundays leave at 8:00 and 10:30 a. m. and 1:00, 2:00, 5:30 and 9:30 p. m. Leave Ashland for Medford daily, except Sunday, at 9:00 a. m., 1:00, 2:00, 4:00 and 5:15 p. m. Also on Saturday nights at 6:30 and 2:30. Sundays leave Ashland at 9:00 a. m. and 1:00, 4:30, 6:30 and 10:30 p. m.

IF BACK HURTS USE SALTS FOR KIDNEYS. Eat less meat if kidneys feel like lead or bladder bothers you—Meat forms uric acid.

Most folks forget that the kidneys, like the bowels, get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders. You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice,