

## BRRMAN EECEFIC CIIES MSTAMCE <br>  SHHOOC BOARO POUTRYBESNESS



| Excess of hydrochloric acid sours the food and forms gascs. | Tomgrow Morning |
| :---: | :---: |
| Undigested food velayed in at stomach decays, or raties, ferments the same as food left in the open air, sas |  |
|  | 1 |
| chloric acid in the stomach whith prevent complete digestion and starts food fermentation. Tluss |  |
| in the stomach mush lilee garlage sour in a can, forming acrid fluds and gases | ONE CENT SALE |
| Which mille the stomach like a toy |  |
| cry in the cliest. | 0011S |
| live cutate sour foor |  |
| He tells us to lay aside all dige |  |
| r ounces of Jad S | Red and Blue |
| breaktas |  |
| cing and furrierme |  |
| frrst dose it is inportant to the acidit, remove the ga |  |
| mass, s | B |
|  |  |
| froms Sile Sats is iner |  |
| cotubined with lith plate. This harm | nd many oth |
| tinh exctllent resilts. |  |
| ..... | , so be there |
| DRINK HOT TEA |  |
| FOR A BAD COLD | n O'clock sharp |
| "tuks. |  |

## "I Feel Like a Real Day's Work"

## Grape-Nuts <br> FOOD

"There's a Reason" for GRAPE-NUTS

