

## ADVISES MOTHERS TO SMASH WINDOWS TO GET FRESH AIR

Dr. Bertha Stewart's talk on open air schools yesterday afternoon, in which she advised the mothers to take hatchets and smash the windows of every schoolroom in the town rather than see their children fading away like hothouse plants, as they are now, met with uproarious applause. Dr. Stewart characterized the parents of Medford as criminals for allowing such vile conditions to exist in our schools as we are guilty of doing. "When you mothers see your children growing pale and dull of eye, listless and uninterested in everything, how can you sit still and do nothing?" asked the doctor. "You are barbarous and cowardly if you do not rise up in wrath and demand that conditions be changed for your children. They are the most precious things that you possess, and yet you go calmly on, allowing their eyes and brains to be destroyed right before your eyes.

"Think how rosy their cheeks are after the summer's life out of doors—how bright their eyes and how intense their interest in everything about them. Then watch how each day in school dulls this brightness, steals the roses from their cheeks and the brightness from their eyes. You are every one of you criminals to allow these things to go on."

Dr. Stewart had just returned from another visit to the high school and she was boiling with indignation at the conditions she found there.

"When I entered the corridor the air was stifling. A teacher informed me in a whisper that she realized it was hot but there was no way of getting fresh air for the windows were nailed down.

"Think of that. Windows nailed down in your high school in this city. It was the same in the assembly room. I asked if we couldn't open the windows. The teacher complied and soon we had something like a healthful and living atmosphere there. The result was miraculous. I had twice the interest that I had the day before. The girls and boys were alert and alive, and I feel sure retained something that was said."

There is nothing freakish in this idea. The fresh air school is an established fact in Portland and other cities. The idea started in Boston for tubercular children. Results were marvellous. Not only did the children improve in health but they learned twice as much as before in half the time. So the school authorities argued if open air schools were good for sick children why not for the well. As a result every large city in the United States almost has one or more open air schools.

"But won't the children take cold I am asked. No. In an open air school in Portland 40 children went through the winter without a cold. In a hot air school there were 36 colds among 40 children.

"Of course the students can't sit in an open door atmosphere all day. They must exercise and move about. The accepted plan is for 20 minutes of study and then recreation. The schools in Medford at present dry up the children's eyes, warp their shoulders and bake their brains. No wonder they learn little and are fit subjects for anemia, catarrh and colds. No wonder they fall asleep at their desks. The open air school room has 100 per cent department. The children are too full of interest and health and mental alertness to misbehave."

## COLDS UNNECESSARY AND AVOIDABLE EVILS SAYS DR. STEWART

Dr. Bertha Stewart closed her series of lectures last night at the public library. A very large and interested audience learned the causes, cure and after effects of the common cold. Dr. Stewart believes that colds are absolutely unnecessary evils and not, as we have always supposed, an accompaniment of winter.

The reason we have colds in winter and none in summer should be proof of this. We breathe fresh air all day and all night long in warm weather because the heat is too unbearable if the heat of our bodies is added to that of a hot, closed room.

But in winter time we nail down our windows, pile on the coal, dry out our mucous membranes, bake our brains and wonder why we have colds.

If the cold gets a start go to bed, take a sweat for one hour, reduce the diet and take only easily digested food. Take enema and laxative, gargle with hot water and, if the cold is in the head, inhale steam three or four times daily.

Use gauze in handkerchief and burn or use paper napkin.

Have plenty of fresh air in the room and keep well covered. Be sure to boil all dishes used by the patient.

Mothers of families often have colds and use a tasting spoon in stirring food on the stove. This is not dangerous if the food is thoroughly boiled but is often the cause of the whole family becoming affected.

It is estimated that each wage earner of the United States loses at least two days—more often five—a year with colds. This causes an economic loss of \$60,000,000 plus \$20,000,000 for doctors' bills and patent medicines making \$80,000,000 or more likely \$100,000,000 that is wasted every year to say nothing of the suffering and the after effects.

Most cases of tuberculosis begin with the common cold, as has been learned by statistics. Pleurisy, bronchitis, pneumonia, kidney troubles and anemia are the direct result of the contraction of a cold.

Tests have been made that show conclusively that we need not have colds at all if we sleep in the open air, eat right, breathe deeply and keep out of crowded rooms where ventilation is poor and insist on regularity in all our habits and those of our children—using only the common sense laws of hygiene to guide us.

## NATIONAL CONFERENCE OF SCIENTIFIC EXPERTS PLAN REMEDIES TO CHECK DOWNWARD TREND OF HUMAN RACE



Battle Creek Sanitarium, Dr. Stephen Smith, Judge Ben Lindsey, Mrs. Ella Flagg Young, Dr. J. H. Kellogg and Rev. Newell Dwight Hillis.

The National Conference on Race Betterment which opened in Battle Creek Jan. 8 is the first representative group of competent scientific experts ever gathered in the United States to discuss the deterioration of the human race and to propose remedies to check the downward trend. Similar conferences have been held in other countries.

The decline of the birth rate in the British Isles became so alarming that the English Parliament appointed a commission to make a study of the conditions and to recommend plans for their amelioration. France has also given official recognition to the downward tendency of the race and is taking steps to avert its eventual extinction.

The conference at Battle Creek will first seek to assemble evidence as to the extent to which degenerative tendencies are active at work in America. Such problems as the decreasing birthrate, high infant

mortality, increasing insanity, increasing crime and the decreasing life expectancy will be considered. Experts in various lines of human conservation will make reports. The conference in its broadest sense, however, will be a constructive meeting. It will recommend agencies to stop the downward trend of mankind and encourage means for the gradual up-building of the race, the ultimate hope being the evolution of a race of mortals attaining very closely to mental and physical perfection.

Speakers of national prominence have a share in the work of the conference, among them: Dr. Victor C. Vaughan, president of the American Medical Association; Dr. Ernest B. Hoag, of Leland Stanford University; Dr. W. A. Evans, medical editor of the Chicago Tribune; Dr. Booker T. Washington, principal of Tuskegee Normal; Mrs. Ella Flagg Young, superintendent of the Chicago public school system; Dr. C. B. Davenport, director of the

## EMERICK LIKELY TO BE PRESIDENT OF CITY COUNCIL

The new city administration, when it holds its first regular meeting next Tuesday evening, will likely name Councilman Emerick of the second ward, president of the body. The new council will meet with Mayor Purdin in his offices Saturday afternoon, and the committee appointments will be discussed at that time, also the retrenchment policy outlined.

There is a decided sentiment among the new members to reduce the salary of the city attorney from \$75 to \$50 a month, and give the \$25 reduction to Mayor Purdin for his services as police judge. This court handles an average of a case a day. Councilman Emerick stated this morning that he would introduce this at the first meeting, as he felt some recompense was just for handling vagabonds. He said the others he had talked with favored the plan.

It is practically assured that the office of street commissioner will be merged with that of the city engineer and street sweeping be let by contract. Heads of departments will be required to make a detailed report of work performed by each city laborer, and the practice of taking half an hour to quit work will be abolished. The day ends at five o'clock, but some are known to lay down their tools at 4:30.

ruary 8 or 15; in Oakland, February 10 or 17. Cannot say positively.

## SAGE TEA PUTS LIFE AND COLOR IN HAIR

Don't Stay Gray! Sage Tea and Sulphur Darkens Hair so Naturally That Nobody Can Tell

You can turn gray, faded hair beautifully dark and lustrous almost overnight if you'll get a 50 cent bottle of "Wyeth's Sage and Sulphur Hair Remedy" at any drug store. Millions of bottles of this old, famous sage tea recipe are sold annually, says a well-known druggist here, because it darkens the hair so naturally and evenly that no one can tell it has been applied.

Those whose hair is turning gray, becoming faded, dry, scraggly and thin have a surprise awaiting them, because after one or two applications the gray hair vanishes and your locks become luxuriantly dark and beautiful—all dandruff goes, scalp itching and falling hair stops.

This is the age of youth. Gray-haired, unattractive folks aren't wanted around, so get busy with Wyeth's Sage and Sulphur tonight and you'll be delighted with your dark, handsome hair and your youthful appearance within a few days.

### For Sale

80 acres, 8 miles from town, small house, about 50 acres agricultural ground, small clearing, remainder heavy timber, fine out range. Price \$500.

Several bargains in small tracts and city property.

Fine vacant lot, well located, snap, \$125.

We make a specialty of renting houses. Bring us your listings of houses and housekeeping rooms for rent.

### Employment

Girls for general housework. Ranch hands.

MRS. HYRD CASTER  
Manager  
Successor to Mrs. E. F. A. Bittner

## Back of it

is the emphatic approval of numberless women who demand purity, efficiency and wholesomeness. Because we have met this demand at a fair and reasonable price, is the reason we are enjoying increasing sales of

Crescent  
Baking  
Powder

Sold by All Grocers

## AUCTION PRICES FOR NORTHWESTERN FRUIT

Auction prices for fruit in eastern markets:

ST. LOUIS, Mo., Jan. 5.—Through auction today car containing 306 boxes mixed apples from Payette, Idaho. Idaho-Oregon Fruit Growers association original shippers. Quality mostly poor. All hall pecked and mostly poorly colored and some overripe. Market strong but auction offerings very poor and made up of such fruit as local dealers cannot hold in storage.

Jonathans, extra fancy, \$1.80; Jonathans, fancy, \$1.35; Rome Beauty, fancy, \$1.65.

NEW YORK, Jan. 6.—Through auction, sold for account of Rae & Hatfield, Inc. Winter Nellis pears, 110s, \$2.45; 125s, \$2.50; 200s, \$2.15 250s, 2.00.

PHILADELPHIA.—Through auction for account of North Pacific Fruit Distributors, from Twin Falls, Idaho.

Ben Davis, 64s to 88s, \$1.60; 150s to 175s, \$1.70.

Through auction today for account of P. S. Scott company, Blackfoot, Idaho.

Ganos, special extra fancy, 175s, \$1.50.

BOSTON, Jan. 7.—Shipped by Wenatchee Valley F. G. Assn., Wenatchee, Alfred W. Otis, receiver.

Splizenburgs, extra fancy, average \$2.05.

NEW YORK, Jan. 7.—Receipts of apples at Barclay street dock, 16 cars; mostly Greenings. Market slow on this variety. Fancy Greenings, \$4.50 to \$4.75; No. 1s, \$3.75 to \$4.25; No. 2s, \$3.00 to \$3.50; Baldwins, \$4.50 to \$5.00.

Eighty-three thousand men and women hold membership in Boston trade unions.

## HISTORIC DESK USED IN KLAMATH COUNTY

(Klamath Northwestern.)

To sit at the desk from which judges have handed down their decisions since 1874, when Jackson county was split in two and Lake for some years embraced all of Klamath, in a chair that Brigham Young frequently occupied at Salt Lake City, is now the daily habit of Constable John Schallcock. This officer recently leased the storeroom adjoining Justice Gowen's office and has surrounded himself with some very historic furniture. The desk, property of Klamath county, was built by Andrew Stephens about the time Lake county was cut from Jackson. Judges Hanna, Prim, Webster, Hale and Benson decided weighty law questions over this desk. It is a small, flat-top affair, similar in shape to the one now in use by Judge

Benson. It shows unmistakable signs of age. The chair was owned for many years by Captain J. M. Carpenter, later general in the United States army. It was shipped from the east in 1862 to Salt Lake City, and it was there it is said to have frequently held the distinguished pioneer of Brigham Young, head of the Mormon church, Captain Carpenter, on coming to Fort Klamath in 1879, brought the chair with him, and when he left in 1886 presented it

to Constable Schallcock. It is still in good condition. It shows the gov-

## MURDERER USES FLOCK TO THWART POSSE

MAYVILLE, N. Y., Jan. 15.—Edward Beardsley, the Summerdale farmer who yesterday shot and perhaps fatally wounded John Putnam, today still was barricaded in the farm house a few miles outside of the village where the shooting occurred.

# Moe & Co.

## A Genuine Sensation!

The showing of so complete a line of imported fine White Goods at this time of the year is causing a genuine sensation. Every afternoon the store is crowded with buyers eager to make selection from these foreign novelties. Weaves and combination colors are advance styles of what you may expect to see only in the large cities.

### FRENCH CREPES AND NOVELTY WHITE GOODS

Made in all the soft weaves, especially crepes with shadow stripes and snowflake effects, comes in 40-44 inches wide, price, per yard **95c to \$1.65**

### 44-INCH PLAIN FRENCH CREPES, 69c

Comes in the newest spring shades, very smooth surface and clinging effect, shades are very handsome for evening wear, only **69c**

### 28-INCH SNOWFLAKE CREPES, 35c

Has the rough crepe effect, with snowflakes, but is very soft and dainty, comes in rich colorings, special priced—**35c**

### 40-INCH FRENCH METTLESSE, \$1.50

Mettlesse Weaves is a decided French weave and the raised design gives a very rich effect in these soft shades and a very durable cloth for suits, coats or separate skirts—special priced—**\$1.50**

### 5 HAIR NETS WITH ELASTIC, 10c

Good Hair Net, made in all colors, sold elsewhere at 5c each, special, 5 for **10c**

### A FEW OF THE MANY BARGAINS

Offered on Friday and Saturday are offered below:

\$1.00 and \$1.50 value Simmon's Kid Gloves, only **69c**

This lot is made up from our regular \$1.00 and \$1.50 gloves, not bought for a bargain counter, and consist of all colors, sizes from 5 3/4 to 7 1/4, to close at only **69c**

### 2000 YARDS VAL. LACE AT 50c DOZEN

This is undoubtedly the greatest value offered this season, comes in sets and a very large range of fine patterns, sold by dozen, only **50c**

### 5c SAFETY PINS, 3 DOZEN FOR 5c

Black and White Safety Pins, made in sizes 1, 2, 3, with strong spring and sharp point, special, 3 doz. for **5c**

### NO. 898 HENDERSON CORSET, 98c

To close out this one style corset, considered one of our best makes, always sold for \$2.00; we are going to close out at only **98c**

PICTORIAL REVIEW PATTERNS FOR FEBRUARY NOW IN STOCK

## SOUTHERN RAILROAD OFFICIAL A SUICIDE

NEW YORK, Jan. 15.—Richard Lankford, vice-president of the Southern railway, committed suicide today in his apartments in Brooklyn. His body, nude, was found in the bathroom with the gas jet wide open.

Lankford was only 35 years old. Evans Lynch, a negro porter, found the body. No cause for the suicide was known by Lankford's friends or business associates.

### DIED

HOWARD—At his home 229 Beatty street, this morning at 8:45 o'clock Willard A. Howard, age 38 years, of a complication of diseases. He had been a resident of Medford for fifteen years, and was well known. He leaves a mother Mary A., and three brothers, Curtis, L. O. and E. M. Howard. The funeral service will be held from the Peri undertaking chapel Friday afternoon at two o'clock. Interment in I. O. O. F. cemetery.