

MEDFORD MAIL TRIBUNE

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CUT OUT BEAUX, CANDY, SOCIETY IS ADVICE TO MOTHERS

Dr. Stewart's lecture to the parents and teachers last night on the subject of "The Young Woman's Physical Development," brought out the fact most strongly that our young girls need an entirely new regimen from the usual one of beaux, high heels, corsets, parties and candy.

We are developing a class of young girls whose minds are vacant of any real valuable material, but are filled with false ideas and ideals—whose bodies are restricted by their clothing and ancient customs until their bodily development is so hampered that they are semi-invalids almost from the cradle.

Systematic exercise, supervised play, rational eating, sleeping and dressing are the cures that Dr. Stewart advocates. Sleeping out of doors nine hours a night, low heels, no corsets, no candy between meals and no hours spent in unventilated rooms, such as picture shows, are the sensible things to insist upon for the growing girl.

Mother's are the ones urged to bring about the physical changes, as well as to be the moral guardians of their young daughters' lives.

No mother in Medford should miss this series of lectures which Dr. Stewart is giving every afternoon at 3:30 and in the evening at 7:30 in the assembly room of the public library.

The talk tonight will be on play and playgrounds, and tomorrow afternoon the teaching of reproduction and sex hygiene. Tomorrow night she will talk on open air schools.

OPTION ON SCOTT RANCH HAS EXPIRED

The option on the Scott ranch which has been held for the last five years by a syndicate of wealthy Minnesotans, and which has cost them about seven thousand dollars, was allowed to lapse December 31st last. Various reasons are assigned for failure to purchase the initial payment of ten thousand dollars, one being the delay in passing the currency bill and the consequent stringency in the money market, and the failure of the Medford Commercial club to make concerted effort to secure a regional bank for Medford.

It is charged that the club expends too much effort in banquets and sawing the air with club oratory, and handing out red apples to southbound pilgrims, both native and foreign, and, as a consequence, Phoenix or Central Point is apt to grab off the regional bank, and get the full benefit of the advertising such a stunt would give. However, attorneys for the syndicate claim they have friends in the Willamette valley who will, if called upon, help them out, and they may yet make good.

WM. J. SCOTT.

PUNCH AND TANGO AT WHITE HOUSE?

WASHINGTON, Jan. 13.—Society was wondering whether champagne punch or something non-alcoholic would be served at the reception to be given at the white house this evening to the diplomatic corps. It wondered also whether the tango, with which Washington is perhaps crazier than the rest of the country, would be danced.

The only information which it was possible to get from the white house was that the reception would resemble the receptions given by the last administration.

CAPITALIZING SCANDAL

PORTLAND'S metropolitan dailies have been full of froth and foam concerning that tarnished beauty, Gaby Deslys, to catch a glimpse of whom thousands paid \$3 each, and for whom a gullible public provides a salary of \$5000 a week.

Miss Deslys' sole claim to fame rests in the fact that she is the discarded mistress of a king kicked off his throne for general worthlessness by his outraged subjects. She cannot act, cannot sing, cannot dance and merely poses as a mirror of fashion's freaks.

The Oregonian admiringly speaks of her as: Mile. Gaby Deslys, the most famous of all European stars who have ever visited America.

That is going some, when we remember the galaxy of European actresses that have delighted provincial America. Of course, Gaby is more famous than Bernhardt, Campbell, Irving, etc., but is it possible that she surpasses that idol of the Oregonian—Anna Held, upon whom was showered only so recently such columns of slush? This is indeed the reward of virtue.

The Journal, also an admirer to the extent of a sea of words, of the charming Anna, is no less interested in enlightening the public about the fair Gaby, who is interviewed for the instruction of the virtuous readers of that great family oracle:

Gabrielle de Lillies, the dainty little Parisienne, who cost ex-King Manuel his throne, paid Portland just the tiniest visit yesterday, but she stayed long enough to say that she still loves her royal sweetheart. Dangling from her jeweled fingers was a heavy, glittering gold and bejeweled cigarette case; she opened it, her eyes fell, the scarlet lips looked a bit more tender and wistful than ever.

And then the Journal proceeds in a column article to air Gaby's views on marriage and morality, which Gaby coyly summarizes:

No actress can be faithful to her husband. Perhaps other women can, but not the actress. To see a handsome man is to love him. I admit the truth and the newspapers say unkind things about Gaby. You understand?

Yes, we understand, the morality of the red lights and demi-monde—but we don't understand why people waste three dollars a seat to see and hear such stuff when armies of the unemployed are crying for bread.

Gaby Deslys has capitalized her sin, like the scarlet woman, and is unloading it on a public evidently eager to buy a breath of scandal at fancy prices. Her advent heralds the degradation of the stage.

Public Schools Are What People Make Them

To the Editor:

Co-operation of the parent and teacher can bring about the best results in our school work. When the general public is brought to realize that the child is the greatest asset our common-wealth has, they will then become interested in its training. Phiny has said, "The children are a bulwark in time of war and an ornament in time of peace." Phiny gave large sums for the sustenance of the children of the townsfolk.

You may build and equip the best of schools, employ the best of instructors, but unless the parents co-operate with the teachers your school system will be a failure. The school directors are willing to give the best for the children. But unless the parent, taxpayer, is as willing to vote a tax in adequate amount in proportion to the value they place upon their children as to that voted for the protection of their orchards and the building of good roads.

The schools can never be brought to the highest degree of perfection. The affections of the parents naturally centering in the welfare of their children, lead to a desire that they may receive the best educational advantages possible. But no matter how earnestly and persistently the teacher tries to help the pupil, the best results will not be forthcoming unless there is the heartiest co-operation and warmest sympathy between parents, teacher and pupils.

There is something for the parents and friends to give the teacher that money cannot buy, it is sympathy and kindly co-operation. That our nation become strong or weak, enduring or transient, pure or impure, depends more upon our public schools than upon any other social force. It is a well known fact that ignorance is peopling our reform schools, jails and police courts. The parent has not done his or her full duty when they have paid their taxes. They should realize the arduous task of the teacher who has from 20 to 40 pupils in a

room, and many and varied are the homes from which these children come, homes of plenty, luxury and refinement, homes of the direst poverty and degradation, and yet the true conscientious teacher shows no difference towards these children. You may presume to unkindly criticize the teacher, but did you ever stop to think how you often become weary and cross and quick with your own dear little Mary or James? And they are your own and only two of them. But yet you will speak unkindly of the teacher whom you think has failed in some problem of her work and give the unjust criticism, where words of sympathy that the human heart longs for and needs, should have been said.

Destroy our public schools, nay destroy the moral power of our public schools in child training, leaving of you please, all their power to trained intellect, and the nation would, in a very short time, sink to a level with the most degraded people on earth. Then let us foster education and extol good citizenship. Then the perpetuity of our government is assured. More firm, becomes her foundation, more stately, more grand and more beautiful becomes her walls; ever upward, towers her spire, until piercing the skies, it receives the sunlight of heaven and reflects rays which, when other lights flicker and cease to burn, illuminate the path of posterity and guide the course of nations yet to rise.

May the citizens of Medford awake to their opportunity of building a sure foundation for their city by conserving their children and their vital interests. And instead of unkind criticism give an encouraging word to the board of directors, superintendent, principals and the entire teaching force of our schools. Parents visit the schools, become acquainted with the teachers of your children. Let all Medford be as loyal to her public schools, as she has been to every other Medford enterprise. L. C.

Light Hospital Drive

To the Editor:

'Tis pity, 'tis true, 'tis true 'tis pity. I wonder really, if it is want of thought, or lack of a broad unprejudiced policy on the part of the "powers that be," which has left the Sacred Heart Hospital, at present the only important asset of Medford standing conspicuously alone in isolated darkness to the terror and danger of nervous women who are compelled nightly to climb the hill, up or down on their duties.

The writer narrowly escaped being hurt by a team backing in the dark and on another occasion one of the ground floor windows was run into by a chauffeur who really was not at fault. There is surely a want of horse

sense somewhere, when spirited citizens, who know better, allow a lot of "muddlers" to waste unlimited money and still neglect one of the most important institutions, for to come down to plain facts, who are benefited most by the hospital, but the business people of Medford. Why should not the only useful and humanitarian institution in the town get the same consideration as the Natorium and such like. Is it because a community of unassuming self sacrificing women are beneath the notice of the great minds of the city dads?

The nearest light to the Sacred Heart hospital, for some reason stops opposite the chief of police's home, nearly a quarter of a mile away, and in my opinion some parts of the town are over lighted, at least six could

be spared to put two up the hill and four around the building.

I think any fair minded citizen who looks into the matter will admit this injustice. You say, "don't be a knocker," but can any person with common sense be otherwise when they see such cheese paring methods?

Yours, ONLOOKER.

ASHLAND AND VICINITY

Unsanitary conditions are being attacked vigorously in Ashland this week. M. S. Shrook, deputy dairy and food commissioner, and Dr. Clifton Fremont Hodge, the famous biologist of Clark University and now with the University of Oregon extension department corps, both opened open campaigns on Monday that will last half of the week. Dr. Hodge is delivering "clean up the town lectures" and Mr. Shrook is rounding up the dairies and food vendors and bringing the unsanitary ones to book.

Prof. O'Gara's fruit inspection crew have finished the inspection in this vicinity and quite a few blight flags are seen marking the affected trees in neglected orchards.

George W. Seager, secretary of the commercial club, has been appointed justice of the peace to succeed J. G. Hurt who resigned to take the position of manager of the ice and cold storage plant.

A delegation of railroad officials of Mt. Shasta division, including train crews, went to Portland Monday as witnesses in the case of Sam Montgomery, a former brakeman who lost his hand in an accident at Weed a year ago and is suing the company for \$20,000 damages in the United States court at Portland.

Mrs. Mary O'Neal and daughter, Miss Edith of Hornbrook, visited her daughter, Mrs. Charles Logan, this week while en route for Medford for the winter. Miss Edith will attend St. Mary's academy.

The Oregon immigration board have adopted resolutions thanking the Ashland commercial club for the splendid exhibit made at the United States Land Show held at Chicago, which exhibit was prepared by D. M. Lowe. Mr. Lowe lectured at Grant's Pass Monday evening.

CENTRAL POINT POINTERS.

Mrs. Anna Wright is spending this week with her sister, Mrs. Seaman at Rogue River.

Mrs. Stidham and son, who are now residing at Ashland are spending a few weeks here.

Mrs. Ernest Scott entertained Miss Holmes' Sunday school class at her home Saturday, the occasion being in honor of her little son's birthday. About twenty-five little ones were present and all spent a very enjoyable afternoon.

Mr. and Mrs. Tussey left Saturday evening for their home at Twin Falls, Idaho.

At an early hour Sunday morning the business place of Frank H. Hill

IF BACK HURTS USE SALTS FOR KIDNEYS

Eat Less Meat if Kidneys Feel Like Lead or Bladder Bothers You—Meat Forms Uric Acid

Most folks forget that the kidneys like the bowels, get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders.

You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and is harmless to flush clogged kidneys and stimulate them to normal activity. It also neutralizes the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts is harmless; inexpensive; makes a delightful effervescent lithia-water drink which everybody should take now and then to keep their kidneys clean, thus avoiding serious complications. A well known local druggist says he sells lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.

John A. Perl UNDERTAKER Lady Assistant 28 S. BARTLETT Phones M. 47 and 47-32 Ambulance Service Deputy Coroner

was robbed and about \$150 worth of various things were taken. No trace has been found of the robber.

Little Miss Ruth Hawk is spending a few weeks with relatives at Ashland.

George Fox has returned from a several weeks' visit to Portland. Earnest Minuth of Phoenix spent the week-end here.

Miss Helen Price spent Saturday evening with friends at Medford.

Alvin Williams, who met with quite a painful accident last Tuesday is convalescing and will soon be able to be out again.

Mayor Cowley made a business trip to Rogue River Saturday.

Miss Maude Harr spent Sunday with friends at Ashland.

Will Hathaway of Corning, California, is spending a few days here with his parents.

Miss Mable Southard of Medford spent an afternoon last week here visiting friends.

J. W. Merritt spent Sunday in Gold Hill.

TOKIO, Japan, Jan. 13.—Following repeated earthquakes which started yesterday the volcano Sakurajima, near Kagoshima, was in eruption today. Residents are fleeing from the vicinity.

WOMAN REFUSES OPERATION

Tells How She Was Saved by Taking Lydia E. Pinkham's Vegetable Compound.

Logansport, Ind. — "My baby was over a year old and I bloated till I was a burden to myself. I suffered from female trouble so I could not stand on my feet and I felt like millions of needles were pricking me all over. At last my doctor told me that all that would save me was an operation, but this I refused. I told my husband to get me a bottle of Lydia E. Pinkham's Vegetable Compound and I would try it before I would submit to any operation. He did so and I improved right along. I am now doing all my work and feeling fine.

"I hope other suffering women will try your Compound. I will recommend it to all I know." — Mrs. DANIEL D. DAVIS, 110 Franklin St., Logansport, Ind.

Since we guarantee that all testimonials which we publish are genuine, is it not fair to suppose that if Lydia E. Pinkham's Vegetable Compound has the virtue to help these women it will help any other woman who is suffering in a like manner?

If you are ill do not drag along until an operation is necessary, but at once take Lydia E. Pinkham's Vegetable Compound.

Write to Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Mother's Advice To Her Daughter

A Real Live Doll to Fondle is Woman's Greatest Happiness.

She is wisdom itself who knows of or learns of that famous remedy, Mother's Friend. It is an external application for the abdominal muscles and breasts. It has a wonderful influence, as it cures all fear, banishes all pain, is a grateful encouragement to the expectant mother, and permits her to go through the period happy in mind, destined to anticipate woman's greatest happiness as nature intended she should.

The action of Mother's Friend makes the muscles pliant and responsive to expansion. Thus all strain and tension upon the nerves and ligaments is avoided, and, in place of a period of discomfort and consequent dread it is a season of calm repose and joyful expectation.

There is no nausea, no morning sickness, no nervous twitching, none of that constant strain known to so many women. This wonderful remedy can be had of any drug, list at \$1.00 a bottle. Write to Bradford Regulator Co., 232 Lamar Bldg., Atlanta, Ga., for their book to expectant mothers.

Play Ball at Home HOME DIAMOND THE GREAT NATIONAL GAME A Game For All... Old and Young Enjoy It... DIAMOND CO., Inc. 185 Stevenson St., San Francisco, Cal.

STAR IT Theatre

TODAY Vaudeville.

SUMMERS & MORRIS Classy Singing and Talking Act.

PHOTOPLAYS THE TRAP

A two-reel Vitagraph with Miss Edith Story and Wm. Humphreys in the title roles

THE ENDLESS NIGHT A cracker-jack Lubin, in which a very vivid fire scene is shown.

MANDOLIN MANDELL An Essanay Comedy, clever and laughable.

These photoplays are released through the General Film Company's Exclusive Service and are the pick of the entire licensed output. Each one is a feature.

Woolworth & Woolworth The best in music and effects

Matinee 2:15 Evening 7:00

ADMISSION 10 CENTS

MEDFORD FLUFFY RUG COMPANY Rugs and Carpets woven from old carpets and sewed rag.

511 East Main Phone 533-R

Check the Symptoms of Lung Trouble

One of the many reasons why Lung Trouble is so difficult to fight is because the disease is often of a very baffling nature. The patient may look well, but in reality is fast losing strength by continued night sweats, fever and cough. These symptoms should be checked as quickly as possible. Eckman's Alternative is beneficial in checking fever and night sweats and it has brought about many complete recoveries. Read this case: "305 W. 30th St., New York.

"Gentlemen: I am writing you this testimonial that there may know what your Alternative has done for me. Since I was a very young woman I was a sufferer from Bronchitis. I tried doctor after doctor, getting little or no benefit. Finally I had night sweats, weak spells and lost rapidly in weight and my doctor told me if they were not checked I would have Lung Trouble. Miss Mary Kerstner, who is a friend of mine, recovered after taking your Alternative and insisted that I try it. I am now, after two years, perfectly well, strong and healthy.

Page Theatre, FRIDAY Night Jan. 16

WILLIAM MORRIS presents his company of English Players from the Manhattan Theater, New York, in

The Blindness of Virtue

By COSMO HAMILTON. A Great Play, Unfolding a Great Truth, Every Parent Should See.

Two Years in London. Four Months in Chicago. Ten Weeks in Boston. Two Months in New York.

Chicago Record Herald: "Worthy of all the indorsement the highest sources can give it."

"A woman who allows her daughter to struggle through the awakening years of her womanhood is not fit to be a mother."

Prices: First 11 rows.....\$1.50 Last 7 rows..... 1.00 Box Seats..... 1.50 Seats on sale Wednesday, 14th.

DO YOU Need Anything in Silverware?

I have the largest stock of Gorham Co. Sterling Silver, Wm. B. Durgan Co. Fairfax Patterns, Gorham Co. Plated Ware, Reed & Barton Plated Ware, 1847 Rogers Bros.' Plated Ware, Alven Silver Plate. All guaranteed.

Martin J. Reddy THE JEWELER. Near Postoffice.