

SOCIETY

INTERESTING MEETINGS OF WOMEN'S CLUBS.

The Greater Medford club will hold a special meeting Monday afternoon at 4 o'clock, at St. Mark's hall, when Governor West will address the club. A general invitation is extended to the public.

In honor of Miss Gertrude Treichler, whose marriage occurs next week, Miss Bertha English gave a very pretty linen shower, Saturday afternoon. Ivy and violets were used in decoration. Cards were played, after which a dainty luncheon was served. All the gifts were put in a bell shaped basket, trimmed in smilax, and as the bride-elect pulled the clapper she received her linen shower.

The guests present, besides the honor guest were Mesdames Redfield, Rothermel, Orval Johnson, Howard Hill, Ida Dodge, McIntyre, McDowell and Burghese; Misses Hazel Davis, Madge Riddell, Mildred Ware, Hess-Kentner, Ida Lee Kentner, Sara Reilay, Phoebe Hanes, Jeanette Osgood, Mammie Deuel, Helen Herring of Central Point, Helen Dahl, Laura Treichler, Lucile Marshall, Star Marshall, Flora Gray, Fern Hutchinson and Alice Streets.

The Wednesday Study club held a most enjoyable "open house" at the home of the club's president, Mrs. E. B. Picket, New Year's day. The house was most artistically decorated in the holiday decorations. Masses of ivy were used with red carnations and poinsettias most effectively.

The officers of the club received during the afternoon. Those in line were Mrs. E. B. Picket, Mrs. English, Mrs. Tuttle, Mrs. Alford and Mrs. Vawter.

In the dining room, where a dainty luncheon was served, Mrs. Wakeman and Mrs. Hollis poured coffee the first part of the afternoon and Mrs. Parsons and Mrs. Gale the latter part. Assisting were Misses Everhardt, Fern Hutchinson, Ida Lee Kentner, Alice Streets, Althea Emerick, Ruth Merrick, Josephine Root and Deuel.

Miss Aiton and Mr. Kanauer played during the afternoon.

In honor of their guests, Mr. and Mrs. T. N. Berlin, Mr. and Mrs. Sumsden entertained at 500 Wednesday evening. The house was prettily decorated in poinsettia and Christmas greens. The guests present were: Mr. and Mrs. Berlin, Mr. and Mrs. Luke, Mr. and Mrs. Watt, Dr. and Mrs. Denniston, Mr. and Mrs. English, Mr. and Mrs. Merrick, Mr. and Mrs. Hollis, Mr. and Mrs. Wakeman, Mr. and Mrs. W. H. Brown, Mr. and Mrs. Hutchinson, Mr. and Mrs. Geo. Davis, Mr. and Mrs. George King, Mr. and Mrs. Vawter, Mr. and Mrs. Kentner, Mr. and Mrs. Kidd, Mr. and Mrs. York, Mrs. Adams, Mr. George Treichler and Mr. William Watt.

The Pythian Sisters entertained Wednesday evening with a social, which followed initiation and installation of officers. Five new members were received. The new officers are: Mrs. Rena Hubbard, M. C.; Mrs. Ella Perry, E. S.; Mrs. Hilda Olmstead, E. J.; Mrs. Ella Wortman, M. T.; Mrs. Pearl Hutchinson, M. F.; Miss Mary Haswell, M. R. and C.; Mrs. Pearl, protector; Mrs. A. A. Flynn, outer guard; Mrs. Edna Isaacs, installation officer.

Mr. and Mrs. John P. Butler and Mr. and Mrs. J. W. McIntyre held "open house" New Year's day at the residence of Mr. and Mrs. Butler. Holiday decorations were used with pleasing effect. Mrs. W. L. Hancock, mother of Mrs. Butler, assisted in receiving. Mrs. Pottinger poured coffee, assisted by Mrs. J. G. Wilson and Mrs. H. G. Stockman. Little Miss Dorothy Parson and Miss Charlotte Hoy served the punch.

Mrs. John Carlin and Miss Carlin entertained Thursday afternoon for Miss Gertrude Treichler. The afternoon was spent in sewing, after which refreshments were served. A surprise bag, which was to be opened at a later date, was presented to the honor guest. Those present were: Mrs. J. D. Bell, Mrs. Glen Taylor, Miss Laura Treichler and Miss Gertrude Treichler.

The Bridge Luncheon club was entertained Wednesday by Mrs. Carey at her home on Kings Highway. Christmas decorations, fresh and green, were used. A very delicious luncheon was served, after which bridge was played. The guests were: Mesdames William Budge, Daniels, Harmon, Purdin, Andrews, Root and Hutchinson. The club meets next week with Mrs. Harmon.

A delightful New Year's eve luncheon party was given by Miss Mammie

Deuel, at her home on South Oakdale. The luncheon began at 10 o'clock and was prepared a course at a time by the young ladies, the last course ending with the new year. Those present were: Misses Artie Natwick, Frances Heath, Evelyn Carey and Mammie Deuel; Messrs. Tom Scantlin, Jake Ware, Emerson Merrick and Paul McDonald.

A New Year's dinner was given Sunday by Dr. and Mrs. Adkins at their home on the Ashland road. Dr. and Mrs. Adkins are pioneers of the valley and all the guests were friends in the early days. Those present were: Mr. and Mrs. B. F. Adkins, Mr. and Mrs. A. P. Talent, Mr. and Mrs. Bert Dougherty, Mr. and Mrs. V. K. Hendrickson, D. Hendrickson and Mr. Fred Dougherty.

Mrs. Carey entertained New Year's day at dinner and supper. Those present were: Mr. and Mrs. William Budge, Miss Jean Budge, Alex. Budge, Miss Evelyn Carey and Harold Carey.

The Women's Missionary Society of the Presbyterian church will meet Tuesday afternoon next at 2:30 o'clock at the chapel. Mrs. Du Bois is hostess for the afternoon.

Mrs. M. A. Rader and Miss Lucile Rader left Wednesday for a visit in Eugene and Portland. Miss Lucile will return to Medford, Mrs. Rader remaining in Portland.

Among the students who returned to Corvallis to the Oregon Agricultural college were Fred and Virgil Strang, Ben Forbes, Walter Childress and Carlton Shirley.

Mrs. W. S. Holloway and Miss Holloway left Tuesday for Corvallis, where they will take the short agricultural course at the Oregon Agricultural college.

Miss Mabel Wilson returned to Gladvale, where she is teaching school, after sending the Christmas holidays with Mr. and Mrs. W. F. Wait.

The marriage of Miss Gertrude Treichler and Mr. Frederick Bosworth of Hays, Mont., will be solemnized Wednesday, January 10.

Mr. and Mrs. Norwood and the Misses Norwood of Central Point were the New Year's guests of Mr. and Mrs. F. E. Blackburn.

H. P. Hargrave left for Los Angeles, where he will join Mrs. Hargrave and daughters. They expect to be away several months.

Mrs. George Sooy and children, who have been visiting Mrs. William Reed, returned to their home in California Tuesday.

Mrs. E. Dodge of Paris, Mich., who has been visiting her daughter, Mrs. F. E. Merrick, left for Los Angeles Thursday.

Mrs. Elizabeth Robinson, who will be the librarian of the new Carnegie library, arrived in Medford this week from Seattle.

Miss Cordelia Groffe, Myron Root and Herbert Rawlings of Central Point returned to Oregon Agricultural college Tuesday.

The new rector of St. Mark's church is expected to arrive some time next week, to take charge of the parish.

The F. I. L. of the Presbyterian church was entertained Friday evening by Rev. and Mrs. Shields at the Manse.

W. F. Biddle left for Corvallis this week, where he will take the short course in horticulture at the O. A. C.

Mrs. G. E. Aitken and daughter returned to their home in Riddles, Ore., after visiting friends in Medford.

Miss Carlin is spending the week in town, the guest of Mrs. Carkins and Miss Gertrude Treichler.

Miss Alice Cowgill returned Tuesday to Eugene, where she is attending the state university.

Miss Ruth Peters returned Tuesday to Eugene, where she is attending the university.

Miss Opal Daley returned to Corvallis Tuesday, where she is attending O. A. C.

Miss Clara Wiries returned Tuesday to Eugene, where she is attend-

ing the university, after sending the holidays with her parents.

Mr. and Mrs. H. M. Whetsel entertained a few of their friends informally Monday evening at their residence, 1222 West Main. Magic lantern slides showing old fashioned photographs of the guests were thrown upon the curtain, which caused much merriment. Musical selections were given by Miss Florence Hazelrigg, Mrs. Hemline, Mrs. F. Edmeades and Mr. Whetsel. Light refreshments were served. Those present were: Rev. and Mrs. E. O. Eldridge, Mr. and Mrs. Hemline of Roseburg, Ore., Mr. and Mrs. C. A. Meeker, Mr. and Mrs. Marsh, Mr. and Mrs. Clyde Hazelrigg, Mr. and Mrs. Arthur Hazelrigg, Mr. and Mrs. Charles Hoy, Mr. and Mrs. Forest Edmeades, Mrs. M. A. Patterson, Misses Marion Merrill, Florence Hazelrigg, Katherine Edmeades and Mr. E. Merrill.

The auxiliary society to the Christian Woman's Board of Missions met on Wednesday afternoon at the home of Miss Standeford, 428 West Fourth street, 12 members of the society and two visitors being present. The subject considered was "Porto Rico." Interesting papers were read by Mrs. Hurd and Mrs. Allenderfer on the people and country of Porto Rico. An interesting and instructive talk was also given by the pastor, Rev. Boyle.

Mr. and Mrs. George Clay Cornitis entertained informally at a three-course breakfast New Year's morning in the charming apartments at the Berben. Covers were laid for six at a daintily appointed table, and seated were: Mr. and Mrs. J. R. Whitmore, Mr. and Mrs. O. M. Cornitis and the host and hostess.

The Juvenile Dancing club entertained their friends Tuesday evening when 100 couples attended the dance given at the "Nat." This club is one of the most popular in town and the dances are always enjoyable. The next dance will be held January 15.

Miss Bessie Ellison and Mr. Grover Medley were married in Portland December 31. The young couple were former residents of Medford and are well known here.

Miss Beulah Warner returned Monday to Stockton, Cal., where she is teaching, after spending the holidays with her mother, Mrs. L. B. Warner.

Miss Grace Wolf returned this week to Salem, after spending the holidays in Medford.

Mr. Harry Finley arrived in Medford Tuesday from Gridley, Cal., for a short visit.

Miss Althea Emerick returned to the University of Oregon at Eugene Tuesday.

Mrs. Olive Harp of Newport, Wash., is the guest of her sister, Miss Ida Keith.

Mrs. W. T. Van Sooy of Ashland is visiting her daughter, Mrs. D. B. Russell.

Mrs. B. F. Mulkey and children returned this week from a visit in Monmouth.

Mr. and Mrs. W. A. Robbins returned this week from a trip to Portland.

Mr. Harold Carey returned to the University of Washington last week.

Mrs. S. A. Hull left this week for a visit with relatives in Fresno, Cal.

Mrs. Riddell entertained the Friday Afternoon Bridge club this week.

D. C. R. Ray and family returned Tuesday from a visit in California.

Miss Ruth Merrick returned to the state university at Eugene Tuesday.

George H. Davis was the guest this week of his brother, A. A. Davis.

Mr. Vernon Vawter returned to the university at Eugene Tuesday.

P. J. Neff left for Salem Wednesday on a business trip.

Mrs. Porter J. Neff left Thursday for a trip to California.

The Thursday Bridge club met with Mrs. Redfield this week.

Mr. A. E. Reames left Tuesday for Portland.

The Ladies' Aid society of the

Christian church will meet with Mrs. Cady at 236 South Central avenue Wednesday afternoon at 2 o'clock.

Mr. and Mrs. T. D. Petch returned Thursday from a trip to San Francisco.

Dr. T. W. Andrews of Mankato, Minn., arrived in Medford Friday for a visit with his brother, Mr. Ed Andrews.

Alex Budge, who has been visiting his parents during the holidays, has returned to Stanford university.

BEAUTY SECRETS

"To be free minded and cheerfully disposed at hours of meat and of sleep and of exercise, is one of the best precepts of long lasting."

It has long been an acknowledged fact that health is the very foundation of happiness and usefulness for both men and women, and we now recognize it as the cornerstone of beauty. We are only beginning to learn the full significance of that old proverb, "Better an ounce of prevention than a pound of cure," and it is the ounce of prevention that I want you to have in over weight. Correct habits of diet, clothing, sleep and exercise, according to season, offer no encouragement to disease, but when we see the habit of clothing according to season totally ignored and God's good fresh air treated as though it were a rare article not to be used, there is nothing left but to crutch by the fireside and sow seeds of despondency and disease.

Health and beauty demand imperatively the absolute purity of these four necessities—air, water, food and thoughts. So effective are these four things that the woman with a delicate constitution, if she abide by them, can conquer the petty ailments and enjoy better health than the robust woman who constantly violates them. Years have swept by the idea that the fragile, sylphlike girl is the highest type of beauty and that the dainty little appetite is a mark of delicacy and good breeding.

Health requires nourishing food that is properly prepared in sufficient quantities only. It is absolutely necessary that the appetite should be regulated by reason and the woman who wishes to cultivate her beauty must learn by experience what agrees with her.

Next to the lungs the stomach is the most abused organ in the body and in nine cases out of ten that organ reflects its condition in the complexion. Nature formulates such a perfect creature that the inward purity seems to lend radiance to the translucent skin, and just as three-fourths of the world are starved for fresh air so they are also stunted in the normal quantity of water the body needs.

Claimless without and within! No one thing has so powerful an influence upon the structure of our bodies and the texture of flesh as the water we drink. Pure, good water is one of the most potent factors that ultimately itself in a each-bloom complexion. It is never too late to supply the body with better material; it is never too late to strive for any good thing we desire. The drinking of hot water freely before breakfast and between meals has hastened the cure of many a pasty, sallow complexion and there is no simple regulator of the internal economy more efficacious, for it cleanses the mucus membrane of the stomach and stimulates the whole alimentary canal and the kidneys to do their work, performing the necessary office of scavenger for the whole body. It should not be drunk so hot as to create discomfort in swallowing, nor be poured down in a deluge. It also aids the bowels, which is of vital importance, and their neglect is a menace to a good complexion; and is so often the originating cause of pimples. When the internal organs are torpid an undue amount of work is forced upon the skin, causing the troubles that women are struggling to overcome and are often so easily conquered by the drinking freely of hot water.

Pleasure is a direct aid and stimulant to digestion and fear, low spirits, or serious questions should never be brought to the table and every disagreeable topic of conversation should be banished from the dining room. A well educated woman was once asked why she was so quiet at a particular dinner party and she said she had nothing worth while to say. I couldn't help but remember what the wise fool said to the dyspeptic Petronius, who brought science to the table, "Why all this analysis of food; digest thy meal with a jest and a laugh."

If we cultivate the habit of thinking pleasant things they will come to our lips without effort and the whole world will seem better and brighter. At the close of a lecture one of our greatest educators said, "Oh, for a

healthy mind and a healthy body—how beautiful!" Bodily and mental health are the sign-manuals of a clear complexion, and this is one of the primary qualities of beauty, without which no harmony of feature can avail to make a woman lovely. Yours for charming womankind, MADAME QUIVILLA.

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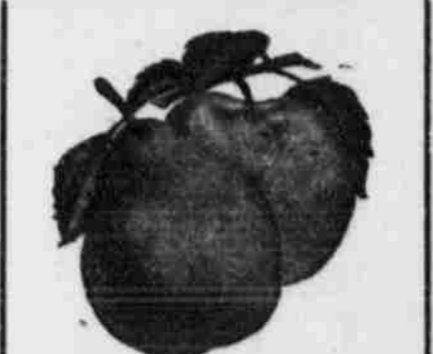
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