

WEST TELLS EAST OF OREGON LAWS

Cleveland Leader Introduces Him as Man Who Inaugurated a Guardless, Barricadeless State Penitentiary.

The Cleveland Leader introduced Governor West to its readers recently as follows:

"Oswald West, Oregon: Chief executive of the 'best governed state in America,' militant and advanced progressive; enthusiast for the initiative, referendum and recall, parts of the fundamental laws of Oregon; practical criminologist, who inaugurated a guardless, barricadeless state prison, and made it the model of its kind; pure food crusader; foe of the Morgans, whose methods he learned at first hand while a gold miner in Alaska."

Then the paper interviews Mr. West as follows: Gov. Oswald West of Oregon, the state which blazed the trail for the initiative and referendum, is distinctly a product of direct legislation and the independence it has bred in the voters of Oregon.

West, in Cleveland Friday with seven other western states governors is an enthusiastic direct legislation advocate. He's seen what the initiative and referendum has done for Oregon, and doesn't hesitate to declare direct legislation for the state. He says his own election was due to the independence of the voters and their distrust of party bosses.

"The initiative and the referendum has made Oregon one of the greatest states in the union," said West. "The state has grown and developed more under direct legislation than ever before. Nothing has arisen to make the people regret adopting the initiative and referendum. It's a blessing in every way."

West, young and comparatively unknown before his election, went on the ticket as a democrat in a strong republican state, after the party bosses had secured the nomination of the men they had picked in a pre-election assembly. The voters distrusted the machine leaders and elected West.

"Direct legislation is the thing for Ohio, as it has been for Oregon," said

West. "Your constitutional convention should see that the principles are incorporated into the constitution with percentages low enough to make them easily workable. All this talk about the initiative and referendum opening the way for undesirable legislation is hush. The people of Oregon have proved their intelligence, and so will the people of Ohio."

A Five-Sixths Majority. Oregon likes the I. and R. so well that five-sixths of the voters would vote for retaining the principles, West said.

"Only the political bosses are against direct legislation," he continued. "It has been shown in Oregon that it will annihilate the best machine in existence. The bosses didn't know this in Oregon, but they know it now. That's one of the blessings of the I. and R."

"Oregon has not had too many elections since the adoption of the direct legislative system. We've had many questions decided in the last few years, but they were all questions the people wanted decided quickly. There were some laws the people wanted, and they got them. We've decided more questions in the last few years than we'll vote on in the next ten. Now that we've got what we want, there won't be so many questions voted upon."

Will Benefit Ohio. West was enthusiastic over Ohio's chances to get direct legislation. Nothing could benefit Ohio more than direct legislation, he said.

"Why, even the corporate interests are coming around for direct legislation out our way," said West. "Industries are making more money than ever before. We have built more miles of railroads since we got the I. and R. than in ten years previous. It's a great thing. There's no question about it with us."

"One thing the I. and R. has shown is that you can't fool the people. Some corporations tried it, but they couldn't put anything over on the voters. The people have shown they know what they are voting on every time. The man who says the people don't know how to govern themselves and make laws should come out to Oregon. They would change their minds."

"The recall makes us behave. We know the people will oust us if we don't do what's right. And as a result we do what's right. The recall has never been worked on state officials."

Gov. John Burke of North Dakota looks for his state to have the initiative and referendum soon. One branch of the legislature has already provided for the principles there.

Haskins for Health.

STOKES NOT TOLD OF VERDICT

Physicians Fear Result on His Health —Miss Graham Going to Europe—Miss Conrad Will Not Discuss Her Plans.

NEW YORK, Dec. 16.—Fearing that the news of the acquittal of Miss Lillian Graham and Miss Ethel Conrad, the two show girls charged with the shooting of W. E. D. Stokes, a New York and Kentucky millionaire, will have a bad effect on his health, the physicians have ordered that Stokes be kept, for the present, in ignorance of the result of the trial.

Stokes has been critically ill for two weeks and is not yet out of danger.

Miss Graham is preparing for a trip to Europe. She will sail shortly with her sister, Mrs. Singleton.

Miss Conrad refuses to discuss her plans.

HABIT

By Madame Quivilla.

"Habit is a cable; we weave a thread of it every day, and at last we can not break it."

One of the strangest things about our existence is the fact that the bad habit seems to come naturally and the good habit a matter of training. The ultra-fashionable society woman cultivates only the habits of luxury and ease and very often only awakens when seeking entertainment.

This type of woman is very much the same in every country and since she is not considered a useful member of society, this article is not written in reference to her. No woman can sink into a state of mental laziness and be alert physically nor can she be physically lazy and alert mentally. The two go hand in hand and until they are actually put to the test she will be on the road of progress and know the full joy of living. Then will she also know that a trained and well-groomed body is the outward expression of a keen, wholesome, and sympathetic mind.

The secret of grace is complete control of the body and when a woman has once cultivated the habit of controlling her nerve force she has gained the first step toward attractiveness, and through this control she

has made possible the free expression of the mind within. Woman is a reckless spendthrift of strength and so deeply is this habit imbedded that she doesn't realize her condition till she is broken down by pain and weariness and her nerve force completely exhausted.

Such habits as mannerisms of speech and movements, tricks of the voice and facial quips and grimaces make many women absurd caricatures of what they might be.

The fullness of life with all its joys and pleasures is almost a sealed book to the woman who does not know how to correct homely habits and make herself interesting and attractive. She is but half-living who does not understand this for through that channel we form friendships which are the staff of life and opportunities are given us that are otherwise passed by.

Concerning the training of the girl I can do no better than take Ruskin's words: "The first of our duties to her—no thoughtful persons now doubt this—is to secure for her such physical training and exercise as may perfect her beauty, the highest refinement of that beauty being unobtainable without splendor of activity and of firm delicate strength. Only remember that all physical freedom cannot produce beauty without corresponding freedom of heart."

By freedom of heart is meant the courage given by right thinking and freedom from weariness. You cannot make the girl too happy and light of spirit for happiness is the only natural tonic we can give the nerves.

They respond so beautifully to it that the wonder is we haven't schools the wide world over for teaching the art of cultivating happiness. A hand can work out almost any difficulty while a weary and despondent one makes the difficulty appear much worse than it really is.

Concerning habit in matters physical, we come by nothing naturally. For example, take the musician. No matter how great his talent he must train the muscles of his fingers to play as they should. Ad thus in everything else we are creatures of training. That in which we are religiously trained becomes habit and habit becomes second nature. Thoughts and emotions are so closely connected with the physical that fear chills the blood; love and hope warm it. Fear and worry contract the chest, compress the lungs and retard the action of the heart bringing a thousand physical ills. Love, courage and hope expand the chest, make the action of the heart and lungs vigorous, and bring health. More often than not, worry is a cultivated habit, so why not cultivate happiness? It is a scientific law that nothing

THESE MONKEYS LEARN TO TALK

Scientist Trains Chimpanzees to Talk Small Words—They Are Also Able to Solve Easy Problems for Him.

PHILADELPHIA, Pa., Dec. 16.—Two female chimpanzees who can talk and are endowed with remarkable reasoning powers are the possession of Dr. William Furniss of Wallingford, Pa., who today announced the result of his two years work at training the Simians.

The chimpanzees can distinguish readily the difference in colors, sizes and shapes and understand spoken words, obeying commands through a process of pure reasoning. They speak a number of the shorter words. Dr. Furniss declares their mentality is greater than that of many deficient children. He is importing a male from Borneo, for the purpose of continuing his experiments in another generation, to see if the intelligence of his pets will be transmitted to their offspring.

remains in a certain state. It either grows or decays. Worry brings decay and happiness brings growth.

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