

### SISKIYOU MEANS "THE SIX STONES"

D. C. Applegate Explains the Origin of the Name, "Siskiyou"—Does Not Mean "Bobtailed."



Milady's Mirror

The article printed in the Mail Tribune recently by C. K. Kim, purporting to give the origin of the name "Siskiyou" and stating that it was a Chinook or jargon word meaning "bob-tailed" was called to the attention of Captain O. C. Applegate, who has perhaps more extensive information on Indian lore and historical traditions than any man in western Oregon. Captain Applegate has been associated with the Siskiyou region since boyhood and has written much historical matter concerning it. He says:

"It has been my understanding for years that the name Siskiyou came from two French words and that it was probably named by the old French half-breed trappers who traversed all our coast regions 60 and 70 years ago. Surely the name is not from the Chinook, nor does it mean bob-tailed horse, either in the Spanish or Indian languages, as popular tradition would suggest.

"Six stones" is the meaning, and a Frenchman of my acquaintance says this may be spelled either Sisc (pronounced seas) Kaou (pronounced Ki-you) or Siscalon, which he would pronounce Seeskalyou. The last spelling, he says, is more grammatical, though it is reasonable to suppose that the old Canadian voyageurs were not versed in the technical refinements of the French tongue.

Now, I have often considered this matter, and while the name may have been given to the region because of six prominent stones, and possibly not large ones, probably in sight from some particular camp, I am of the opinion that the region was identified and their trail outlined through this mountainous region by the great rocks and rocky peaks, among which it would be fair to enumerate the two Table rocks, Pilot rock, Castle Crags, and possibly Mt. Siasata, Mt. Pitt and Black Butte themselves. Identifying the "rocks" is indeed the only thing necessary to complete the theory. Really the Table Rocks, Pilot Rock, Sheep Rock and the two Castle Crags would fill the bill without including the peaks."

#### A WATCH

Is the same as all other machinery. It needs cleaning and oiling once every year in order to protect its timing quality. You buy a watch for its time. Do your part and take care of it.

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#### A CHINESE STRATEGEM.

Legend of How a Projected Invasion Was Averted.

Rajah Suran, who was one of the earliest rulers of India, overran the entire east with the exception of China, killed innumerable sultans with his own hand and married all their daughters. It is said that when the Chinese heard of his triumphant progress and learned that he had reached their frontier they became much alarmed. The emperor called a council of his generals and mandarins, and upon the advice of a crafty old mandarin the following strategem was carried out:

A large ship was loaded with rusty nails, trees were planted on the deck, the vessel was manned by a numerous crew of old men and dispatched to the rajah's capital. When it arrived—the most wonderful part of the story is that it did arrive—the rajah sent an officer to ask how long it had taken the vessel to make the trip from China. The Chinamen answered that they had all been young men when they set sail and that on the voyage they had planted the seeds from which the great trees had grown. In corroboration of their story they pointed to the rusty nails which, they said, had been stout iron bars as thick as a man's arm when they started. "You can see," they concluded, "that China must be a very long distance away."

The rajah was so much impressed by these plausible arguments that he concluded he would not live long enough to reach China and abandoned his projected invasion.

#### St. Elmo's Fire.

St. Elmo's fire is a name popularly given to a luminous appearance sometimes seen on dark and stormy nights at the masthead and yardarms of vessels and also on land at the top of church spires and trees and even on horses' manes and about human heads. It is due to the presence of electricity, generally at elevated points, where it accumulates more rapidly than it can be discharged and is named after St. Elmo, the patron saint of sailors.

#### He Gave It.

The Girl (rather weary, at 11:30 p. m.)—I don't know a thing about baseball. The Beau—Let me explain it to you. The Girl—Very well; give me an illustration of a home run—Life.

A very fine physician once told a pretty young woman who asked how to keep down her fast increasing flesh to "eat bread and meat." Then he went on to say that it is the sauces, the vegetables dressed with butter, the cream in coffee, the desserts and the sweets that make flesh.

A certain quantity of sugar is actually necessary to perfect health, and a woman may well eat a few bits of good candy every day directly after a meal. But there must be no dallying with pies and cakes and puddings with sauces, no rice unless taken as a vegetable, macaroni is too starchy, white bread, if fresh, hot buttered muffins and rolls, cream sauces on things—all these are taboo to the woman who really wants to grow thinner.

Lean meat, no pork at all, toast without butter, tea without sugar or cream and coffee the same. No grid-irons swimming in butter and strap may she take if she be really in earnest. On "highdays and holidays" she may indulge, but just a little at the time, not a feast one day and fast the other. No midday naps, no leaving off the corset and plenty of energetic moving about. Then she should be satisfied if the scale registers 150 instead of 200 pounds at the end of a twelve-month. She will not lose her health or her beauty under such a regime.

#### Cure For Insomnia.

A warm bed and a hot water bottle, or, failing that, a hot iron, are excellent remedies for insomnia in cold weather. The bed should be warmed with the hot water bottle before one gets into it, and if there is a radiator in the room the pillows should be placed upon it for a few minutes. Otherwise they should be warmed with the bottle. It is wonderfully soothing to get into a warm bed on a cold night, much more so than warming the bed with one's body, and may make all the difference between peaceful slumbers and wakefulness. Then if one wakes in the dead watch and middle of the night there is a wonderful sense of companionship in the warm bottle at one's feet, and under this influence one may soon drop off to sleep again. The practice in summer should be just the reverse. Then coolness will induce sleep just as warmth does in winter.

#### For Rough Hands.

Mutton tallow is still considered by many persons as the best remedy for chapped lips and hands, despite the vogue of many more pretentious ointments and other preparations. To render the best service mutton tallow must be properly prepared. Get the unrendered tallow, wash it carefully and place it in a pan with some water. Let it cook slowly in the oven, adding a pinch of alum to keep the melted fat from becoming rancid. When the tallow is ready to be poured into a jar strain it through a double thickness of cheesecloth. Any desired perfume may be added, and sometimes a stick of cinnamon is put in the grease while it is in the oven. For those who do not care for the plain tallow white wax in equal proportions is melted with it.

#### Natural Red Cheeks.

A liquid which will make the face pink is composed of one gill of white wine vinegar, three-quarters of an ounce of honey, strained; three-eighths of an ounce of isinglass, one-quarter of an ounce of ground nutmeg and one-eighth of a dram of shredded red sandalwood. The ingredients are put into a smooth agate or porcelain saucepan and slowly brought to the boiling point. They are kept at that, without bubbling, for half an hour, when the liquid is left to cool and is strained through a piece of muslin. It is then put on the complexion with a soft cloth and allowed to dry on. It should be washed off at night. If the shade is not dark enough it may be increased by adding a larger quantity of sandalwood.

#### Almond Milk Instead of Soap.

Almond milk as a skin food and lotion is highly extolled and, while not easy to make, can be accomplished even by amateurs. For this thirty good sized almonds are blanched and broken. A teaspoonful of granulated sugar is then added to them, and half a pint of rose water is slowly worked over, pounding all the time. The object is to reduce the nuts to the finest powder. They should be in glass or china while this is done. Only a few drops of rosewater are put in at a time. When all the liquid is finally in, the lotion stands for twenty-four hours and is then strained. It is used as any cold cream.

#### For Chapped Lips.

Cracks at the corners of the mouth, a most painful condition, are very frequently caused by acid stomach solely. These cases may be treated by applying bicarbonate of soda full strength and dry, there being enough moisture on the surface to make it hold. This is done at night.

Spirits of camphor may be highly beneficial both for chapping and cold sores. When applied it will cause a severe smarting, which lasts only a few moments. As the liquid is very astringent, grease of some kind must be applied immediately afterward.

Don't forget the classified.

### RETRIBUTION.

By PHILIP ATTERBURY.  
(Copyright, 1910, by American Press Association.)

I was at work at my easel one morning when I received a visit from a lady who was a perfect stranger to me. I arose to receive her and was about to ask her how I could serve her when she said eagerly:

"Where is Edward Borland?"

"Edward Borland!"

"Yes. Do you know where I can find him?"

"I never heard of the gentleman."

"You painted the picture 'Retribution,' didn't you, on exhibition at Martine's?"

"I did."

"From what did you take my likeness? I never sat for you."

"My good lady, will you explain?"

"Explain! Why harrow my feelings by forcing me to tell the distressing story when you must know it already. Else how could you have painted that awful scene?"

"What awful scene?"

"Do cease the pretense of ignorance. I suppose it was he who told you."

"My bewilderment was increased rather than subsiding, for I noticed a resemblance, though a very faint one, between the lady before me and a figure in the picture to which she referred. In fact, I was dumfounded. I did not know but stare at her. She went on speaking in her quick, excited way, her eyes filling with tears:

"It was all my fault. I urged him to take the money and speculate for me. The stocks went down. Ten days after the loss was reported to me by the brokers he had learned of it and made it good out of his own pocket. Indeed, he wrote me that there was a profit. The stupid brokers called on me for margin during his absence, at the height of the panic. He had distinctly told them to look to him and by no means communicate with me. But why did you call your picture 'Retribution?' At the moment I reproached him he had ordered a check sent me for \$5,000. I received it after he had gone."

"A light was beginning to break in upon my brain. I had read of cases where persons had fancied themselves the subjects of artists' work, and it struck me that I had met with an instance. I was interested in the lady's story. Might I not be of service in restoring to her a person she had wronged? The picture, too, corresponded with the scene to which she referred. A woman was reproaching a man who had wronged her, while he stood with bowed head, receiving his chastisement. The woman was the principal figure; the man was in shadow and his face not distinctly visible. I concluded to temporize with her.

"And did he not defend himself?" I asked.

"No; he simply stood and looked at me in astonishment. His figure in your picture doesn't show his demeanor at all."

"He left you with no explanation?"

"None whatever. Ten minutes after his departure the postman left his letter containing his check for what I had given him—the profit. Profit, indeed! The transaction cost him \$7,500."

I pondered, while she went on incessantly in the same manner as before. Finally I said to her: "If you will leave me your address I will see if I can do anything for you."

"There! I knew all the while you were acquainted with him and that he gave you the information which led to your painting that picture. Oh, please do tell him how sorry I am for what I did."

"Yes, if I find him."

The lady departed somewhat comforted, but by no means confident that I would succeed in gaining for her the forgiveness of the man she had wronged.

How I found Edward Borland is a matter between me and a man I paid for doing the work. When I met Mr. Borland he supposed the meeting was casual. I pursued the acquaintance and invited him to my studio, where I had the picture from Martine's conspicuously displayed on an easel. I watched him as he looked at it. The woman's face evidently interested him.

"Where did you get your model for that figure?" he asked.

"This was a beginning. Before he left my studio I had told him the story of my visitor and her illusion. When his wonder at the singular occurrence had given place to thinking on the situation between himself and the lady I saw his face harden. If I effected a reconciliation I must use the utmost adroitness.

"She was very bitter," he said, "when she supposed I had lost her money."

"Naturally," I remarked.

"She gave me carte blanche to do as I thought best for her, to win or lose as the market rose or fell, and when it fell she reproached me."

"As was to be expected from any woman and as would be the result in the case of most men. Women don't possess the poise to stand that sort of thing. Granting that you were excusable for accepting such a commission, you could only expect that it would be 'heads you win, tails you lose.'"

Before he left I secured his promise to meet the lady in question in my studio the next morning. I notified her to come, and she no sooner saw her former lover there than I, as an artist, caught the penitent, pleading look on her face for my next picture. I marked the first "Retribution I." and the second "Retribution II."

When my friend Mrs. Borland gets obstreperous her husband tells me that I had better paint a third picture with him in the foreground and call it "Retribution III." His wife fails to understand why.

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