Tonic— Alterative

What is a "tonic"? A medicine that increases the strength or the tone of the whole system. What is an "alterative"? A medicine that alters or changes unhealthy action to healthy action. Name the best "tonic and alterative"? Ayer's Sarsaparilla, the only Sarsaparillaentirely free from alcohol. Ask your doctor about it.

Bilious attacks, sick-headaches, indigestion, constipation, dizzy spells-these are some of the results of an inactive liver. Ask your doctor if he endorses Ayer's Pills in these cases. The dose is small, one pill at bedtime. Made by the J. C. AYER CO., Lowell, Mast.

Every-Day Diplomacy.

Gen. Horace Porter was giving an Illustration of every-day diplomacy after having compared it with world diplomacy. "We will say, for instance," he observed, "that our every day wiseacre is introduced to a man from Iowa. He talks corn with him. He meets a man from Boston and talks beans. Should he happen to be thrown in the company of a man from Iowa and of a man from Boston, te would discuss succotash."

Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids. No Smarting-Just Eye Comfort.

Turn to Motor Vehicles.

The advent of motor vehicles in of flagging, is increasing. Madras is of comparatively recent date, but within a very brief interval they have to a great extent supplantcontingent. times a dangerous thing.

Operation Successful,

Agnes-"Was Emily's operation a

When Your Eyes Need Care

Murine Eye Remedy Co., Chicago

Costumes Indicated Conditions. Peasant girls in parts of Europe de clare their unmarried condition by modes of dress and coiffure, and bachelors are sometimes indicated in similar fashion. The zone or girdle had its significance in the Greek world, and the Roman husband wore as such garb of his own.

SAVED FROM OPERATION

IMPORTANT POULTRY FACTORS Enthusiasm on the Part of the Beginner is All Right, But Patience, Sound Thinking and Hard Work are the Essentials-Not the Easy Occupation

That Many Believe.

SYSTEM AND REGULARITY ARE



Sturdy Incubator Chicks.

As a rule the beginner starts in the | The writer has seen days when poultry business with great enthusi- there was hardly a cent of income, ism. He carefully looks after the when he had to go into debt to buy letails and he gives the best of atten- feed and pay other expenses, and days, ion. In time, however, in many too, when he couldn't even see a pros-cases, the enthusiasm wears off and pect of some business for a long time be becomes neglectful, then he fails. If, on the other hand, he does not But he stuck to the work, and when

laithful work, he succeeds. The plant followed by other money, and in time grows. There is an improvement in the debts were paid, and ever since his stock, and his enthusiasm, instead there has been more or less regularity

Now it is well not to be too enthusiastic at the start. It is apt to breed seemed almost impossible to keep the over-confidence. The beginner in such wolf from the door, the writer would ed carriages drawn by horses, which cases is apt to build air-castles and meet men in other walks of life with formerly constituted the chief means get to that point where he "knows it the big rolls of bills in their pockets, of transportation among the European all." A little knowledge is some- with flourishing occupations, but It is necessary, of course, to have an opportunity of making a turn for

ome enthusiasm. All enterprises re- the good. quire it. Unless a heartfelt interest is He was rewarded. Some of those the tale. success?" Gladys-"Glorious! She taken in the work assigned us we are men with the big rolls of banknotet got fifteen gifts, a hundred dozen roses and had two hundred calls of Helter-skelter methods are disas-trader and the second dozen Helter-skelter methods are disas-

So the beginner must not forget that he who sticks to his work is the one who will finally come out on the right side. Trials are often angels in disguise.

fowls deserve and must have the best blew over buildings, among others of care. He must keep a close watch

teams and pack horses, will be sent Mine Track and Nearly Exterm- into the field at once to make preliminary surveys for the Northern Terriinate Federal Troops. torial Railway company's line from

RAILROAD TRAIN

REBELS WRECK

Many Passangers Also Slain - Wound ed Are Murdered-Dead Are Burned In Wreckage.

were killed and many were wounded in an attack by Zapatistas on a pas senger train between this city and Cuernavaca, Morelos, Sunday. The Zapatistas, said to have bered 500, placed a mine under the railroad track, which exploded as the ocomotive passed over it. The overturned engine hardly had settled when the Zapatistas sprang up from all struction of the system. sides and poured a murderous fire into the train.

The first object of their attack was laying of rails will also be carried on, a second class coach in which were and in two years, according to present riding a federal military escort, with calculations, the line is to be in operaa captain and two lieutenants. The tion from Edmonton to the shore of onies, the one most recently arrested federals got out of the car as quickly Lake Athabasca, opening to commeras possible to answer the fire of the cial development the vast mineral and assailants, but their efforts were fu- timber wealth of Alberta's farthest tile. The command, with the excep- north. The company will then pro-

tion of five wounded and two who es- ceed with the construction of the line caped, were killed. Thirty passengers in the second-class coaches were killed and many later. The line from Lake Athabasca eve of their trial under capital caped, were killed. were wounded. In the first-class westerly will tap the rich agricultural coach no one was killed, but one was resources of the newest north, contin-

of meeting the abnormal conditions months' imprisonment had been re-which prevail on the bay. They will leased as innocent of complicity in the also superintend the building of the plot against Count Terauchi. After sacking the express and baggage cars the rebels poured oil on the cars and, putting the bodies of the also superintend the building of the

dead into them, set fire to the train. fleet. nevertheless, he held on, never losing an opportunity of making a turn for was nothing but debris and a few per-means the opening of a vast empire, means the opening of a vast empire, sons, most of whom were hurt, to tell which only a few years ago was regarded as a barren waste and useful only as a hunting ground for the fur-

NEW TRANSCONTINENTAL LINE

Canadian Railroad to Connect Hud-

[son's Bay With Pacific. Edmonton, Alta.-Forty engineer-

ing crews, consisting of 800 men with

Edmonton to tide water at Fort

be part of a system of 1,450 miles,

from the Hudson's bay country to Port

Essington on the Pacific Coast, con-

BOLT HITS OBSERVATORY.

Lightning Plays Havoc Early Sunday on Council Crest.

Portland-A bolt of lightning crashed through the lookout platform of the observatory on Council Crest dur-

isguise. The beginner must know that his ber, splintered the plank beneath and after setting fire to the observatory leaped several hundred feet to the

Likewise he must study the appetites of his flock. Both system and regularity are im-portant factors, never forgetting that shiftlessness is costly and filth is s dangerous stumbling-block. The one is being down in a great



'Third Degree" Inquisition Victims Crippled.

Churchill on Hudson's bay. This is to Seven Denied Hearing-Eminent Corean Lawyer Banished for Defending Prisoners.

New York-Confirming information published several days ago, letters have been received by friends of gineer or the company, which is American missionaries in Corea, dis financed by a British syndicate and cussing the summary banishment into capitalzed at \$40,000,000, has covered exile by Japanese authorities of seven every portion of the proposed route native Christians without the form and is fully satisfied upon the engi- ality of a trial or hearing. These cases are in addition to those of 120 neering problems presented in the con- Christians now on trial in Seoul, charged with complicity in a plot to Plans are under way to begin grad- take the life of the Japanese governor ing work early next season, when the general.

Of the men who have been exiled to one of the most barren of many small C) islands which are used as penal colprobably is the best known. He is Pyong Chan, described as the most eminent native lawyer in Corea. He had been retained to defend five of the prisoners now on trial. His summary banishment deprived his accused

charges. Another of the exiles was arrested the first money came in, it was soon followed by other money, and in time the debts were paid, and ever since the train had been swept by fire, the train had been swept by fire, the train had been swept by fire, the the train had been swept by fire, the the train had been swept by fire, the train had been swe the debts were paid, and ever since there has been more or less regularity of income. During those trying times, when it seemed almost impossible to keep the wolf from the door, the writer would

> On regaining his freedom he told his friends in detail just what he had been made to endure. He was re-arrested and banished.

> Of the remaining four exiled Christians, one was one of seven teachers employed in the Syen Chun mission academy. Another was a student in the same institution. The third was an elder of the church in Wiju and a fourth was a graduate of Syen Chun

academy. Two others-non-Christians-were included in the sentence of banish-ment, making the total number nine.

BOY RAISES PRIZE LETTUCE.

Mammoth Head Weighs 24 Pounds Is 66 Inches in Circumference.

Portland-A mammoth lettuce head, weighing 24 pounds and measuring 66 inches in circumference and 24 inches in diameter, was pulled Saturday by

shiftlessness is costly and filth is a dangerous stumbling-block. The quality of brain work put into the concern determines the amount of success. Zone are very meager as yet, tele phone lines being down in a great many instances. The flames started in the observatory were quenched almost immediate tory were quenched almost immediate by a heavy downpour of rain. Aside from melting the electric switch in Mr. Duchamp's house, the lightning went the catastrophe he pulled it up.

Two Destroyed.

Constantinople-Eight Italian tor-

The Turkish forts replied vigorous

The cabinet ministers were hurried

Train Outruns Flood.

Riverside, Cal.-Passengers who

were aboard a train on the way here

when a cloudburst broke near Perris

Nations Act In Harmony,

London-Francis Dyke Acland par

New York-Icebergs and ice fields

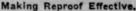
MONUMENTS AND HEADSTONES Established 1887. Quality and low prices. Write for estimates. Opening for local agent where we are not represented; reference required; no ex-perience necessary. Pacific Marble & Granite Works, 1377-79-81 Valencia St. San Francisco, Cal.

YOUNG MEN AND WOMEN WANTED to prepare for positions as telegraph opa near-by railroads and City telegraph o guaranteed positions \$55.00 to \$90.00 rk, fine advancements, easy t free. Pacific Telegraph & Washington Building, Seattle

Machinery Second-Hand Machin-erchanged: engines, bollers, sawmills, etc. The J. E. Martin Co., 76 lat St., Portland. Send for Stock List and prices.







Being to advise, or reprehend any one, consider whether it ought to be in public or in private, presently or at some other time, and in what terms to do it; and in reproving show no signs of choler, but do it with sweet ness and mildness .-- George Washing on.



Sisters of St. John Baptist (Episcops Academic and Elementary Department asic, Art, Elecution, Gymnasium, g address THE SISTER SUPERIO Office 30, St. Helens Hall

Picking the Good Ones.

"You see a group of girl children, or schoolgirls, or university girls, or factory girls, or ballroom girls-you can pick out, as plainly as if they were branded, the ones whom men will want to marry and the ones whom no man will want to marry.-"A Touch of Fantasy," by A. H. Adams.



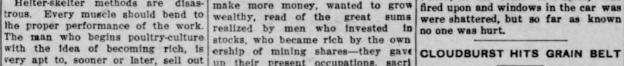
Silent English Crowds.

Silence is a great characteristic d an English crowd, it seems. The Eng lish people are generally very quiet Once I went to Shepherd's Bush with my French friend. He said to me, "Can you believe that there are some



require

hoth



three warehouses. The storm was the most severe known

necting Edmonton with" Lac La Biche, Mexico City-More than 60 persons Fort McMurray and Lake Athabasca. H. G. H. Neville, C. E., chief en-

How Mrs. Reed of Peoria. Ill. Escaped The Surgeon's Knife.

Peoria, Ill .- "I wish to let every one know what Lydia E. Pinkham's Vegetable to create sales for stock and machin-



Compound has done for me. For two years But instead of being that easy occu-I suffered. The doc- pation, it was found to be one that tor said I had a tumor required brains, energy, and every and the only remedy requisite needed in any other busi-was the surgeon's ness. He who is easily discouraged, knife. My mother a victim of the "blues," or he who bought me Lydia E. soon tires of the sameness of work, Pinkham's Vegeta- or the close confinement it entails, ble Compound, and had better leave the poultry business today I am a well and entirely alone.

healthy woman. For While it cannot be said that the months I suffered care of poultry is hard, muscular

from inflammation, and your Sanative work, at the same time getting up in Wash relieved me. I am glad to tell the morning and repeating what every anyone what your medicines have done morning before was done during the for me. You can use my testimonial in week, working at night when a lanany way you wish, and I will be glad tern is necessary, duties to perform REED, 105 Mound St., Peoria, Ill. on every day, Sundays and holidays included, soon tries the grit, the push REED, 105 Mound St., Peoria, Ill. and the patience of a man.

Mrs. Lynch Also Avoided **Operation.**

obstacles, and sticks to his business. Jessup, Pa.-"After the birth of my be will, as a rule, succeed. There are fourth child, I had severe organic inflam-times in all enterprises when it looks mation. I would have such terrible pains that it did not seem as though I could that it did not seem as though I could by pegging away it is soon discovered dairy cow's ration than in the food months until two doctors decided that only a dark cloud had appeared. she has been accustomed to, still, it months, until two doctors decided that an operation was needed.

Lydia E. Pinkham's Vegetable Com-pound and after taking it for two months I was a well woman."-Mrs. JOSEPH A. Lynch. Jessur. Pa LYNCH, Jessup, Pa.

Women who suffer from female ills should try Lydia E. Pinkham's Vegeta-

Painless Dentistry

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Molar Creans \$5.09 22k Bridge Teeth 4.60 Bold Tillings 1.00 Enamel Fillings 1.00 River Fillings .50

Plates 7.50 Plates Extr's en .50

BEST METHOLS

No 1-12

er Fillings id Rubber

years ago the poultry business was ing" is a secret that will, in the end tion that called for very little labor, ment. No duty is rightly performed The Puget Sound warehouse at Sud practically no capital and a very small that is done in a mechanical manner amount of experience. These false inducements were handed out in order He must notice the little matters. He

But if the man masters all these

Home.

Langshans.

capital and a trained mind. Some

All businesses

must never assume more work than he can accurately perform. He must never overestimate his capacity, and he must never rush to get done. Haste makes waste. Map out s plan, and then work by it. Scrub

treatment will bring scrub results. The lack of good business sense has been the cause of more failures than

do it. "A good set of double harness," ning with the third year and until says C. R. Chase, assistant in farm final proof. mechanics at the Kansas Agricultural college, "if properly cared for should last the working life of a horse."

Palatability of Ration. While there may be no greater nuas though the business would fail, but trition in a certain feed added to a

But it is at these times that the is a fact that a new food adds to the

ing in the cloud, he is ready to accept

STICKS TO WALL add a peck of salt dissolved in warm water, three pounds of ground rice put in boiling water and boiled to a thin paste, half a pound of powdered Spanish whiting and a pound of clear glue dissolved in warm water. Mix these well together and let the mixture stand for seven days in a reasonably cool and shaded place. Keep

5.00 the home. But paint is somewhat ex- wash. pensive and cannot be applied with too lavish a hand by the average citi-Location for Best Apples. ten. There is, however, whitewash,

which is easily made and applied, is inexpensive, and which for most out- as the largest sized fruit to be on the

"Trained thinking and wise work reka Flat escaped Harvest here is in full swing and a

boomed with the false inducement that raising chickens was an occupa-tion that called for very little labor. We duty to refer the for bad manage wet will not pass a No. 1 inspection. berry and one at Thiel, on the North-The beginner must stop and think ern Pacific, were blown down and grain fields are washed out near Thiel. The storm almost assumed the propor tions of a cloudburst.

Homestead Rules Made

Washington, D. C. - Regulations

governing entries under the Borah three-year homestead law were issued by Secretary Fisher.

Credit for the three-year period has anything else. A man never must begin from actual residence. bricks at us, as they did at Wesley, shirks his duty when he is in dead Proof must be submitted within five but they don't even talk back. This must begin from actual residence. bricks at us, as they did at Wesley, years. Cultivation for three years, is an age of doubt. We ministers counting from date of entry, is re- need more than Apostolic succession Making the Harness Last. You can make your harness last twice as long by giving it proper care, and it takes but a very little time to do it "it mode in the second year and not less than one-eighth begin-ing in the swing back in the second year and not less than one-eighth begin-ing in the swing back

> Absence from the land for not more than five months in one continuous period is allowed, but bona fide continuous residence during the remaining portions of the three-year period must be shown.

Mexican Federals Loot Stores. Colonia Oaxaca, State of Sonora, Mex. - Federal soldiers looted the taint-hearted begin to reason that the palatability of the ration which is store of Haymoore Brothers here of deaths from the cloudburst was seven, caused some delay in traffic.

 Mearly always healthful.
 several thousand dollars' worth of goods and robbed Millard Haymoore, Jured. A great crowd of sightseers Sr., of \$200 cash. The soldiers did their work in the daylight and made
 while as many more are seriously in-goods and robbed Millard Haymoore, Jured. A great crowd of sightseers visited the scene.

Ing in the cloud, he is ready to accept the first offer to sell out. In the majority of cases he makes his losses it. The stock will eat it off close When the affair was reported to the

one of the biggest and most expensive hotels at Long Beach has issued urgent invitations to more than 100 eligible young men of this city offer-ing almost free room and board for a month as an inducement to become patrons. The cause of the unusual offer is the fact that fully 160 young women with their parents or chape-rones are at the hotel, and not half a place which, lacking paint, detract much from the general appearance of the home. But paint is somewhat or

burned out fuses and fixtures at several places and linemen passed a large part of the day repairing the damage.

PREACHER WANTS ATHEIST Portland.

Methodist Pastor Says People Need Another Ingersoll to Stir Them.

Chicago-"Oh, God, send us another Bob Ingersoll to arouse the people," was the plea made by Rev. Charles B. pedo boats attacked the entrance to Mictchell, pastor of St. James' Meththe Dardanelles at 1:30 o'clock Saturodist Episcopal church at the Des Plaines campmeeting Sunday. "They sit in the pews with dull, dead, inday morning.

ly, sinking two of the Italian war-ships and damaging the other six. The cannonade lasted 45 minutes. difference that breaks our hearts. "It would be better if they threw ly called to the palace where, at a council of war, it was decided to close

the Dardanelles.

Thieves Loot Wreckage.

Reno, Nev.-Because theives are told how their engineer raced against looting the wrecked homes of the sur- a towering wall of water which swept vivors and victims of the Mazuma and Seven Thoughts cloudburst, Governor Oddie has sent state police to the ed by the flood. The trainmen noticed scene. The thieves have been making the wall of water rolling down the a systematic search of the wreckage canyon toward the railroad tracks. for property, while pretending to aid the work of rescue. It has been def-initely determined that the number of The floods softened the roadbed and

Yuan Deplores Delays.

liamentary under secretary for foreign affairs, in reply to questions in the Pekin-President Yuan Shi Kai has bonse of commons on the sub-informed the deputation representing ject of the atrocities in connection should try Lydia E. Pinkbam's vegeta-ble Compound, one of the most success. ful remedies the world has ever known, before submitting to a surgical opera-tion.
majority of cases he makes his losses all the greater by selling out below before submitting to a surgical opera-tion.
it. The stock will eat it off close every time it comes up and tramp it out.
When the affair was reported to the out.
informed the deputation representing all parties, which recently was ap-investigate, but made no effort to do so. although Haymoore said he could interfigure the robbers.
WHITEWASH THAT
ered, as confined, it possesses consid-erable explosive force. Strain it and add a neck of salt dissolved in warm
it. The stock will eat it off close every time it comes up and tramp it out.
Wen the affair was reported to the out.
informed the deputation representing all parties, which recently was ap-pointed to discuss the cabinet situa-bene investigate, but made no effort to do so. although Haymoore said he could investigate, but made no effort to do so. although Haymoore said he could investigate, but made no effort to do so. although Haymoore said he could interfigure the out in the premier. Luc-heng-Hsiang, the only minister left in odd a neck of salt dissolved in warm
ered, as confined, it possesses consid-erable explosive force. Strain it and add a neck of salt dissolved in warm which a few days ago vetoed all his nominees for a cabinet portfolio, would recognize that the policy of ob-struction was impolitie and month. He as-can sympathy and support would be helpful they would be readily forth-coming. Los Angeles-The management of the hope that the national assem

Desert Battle Fierce.

were encountered by the steamships Mauretania and Adriatic on their Misrata, Tripoli-General Fara at-tempted to dislodge a large body of sighted by the Adriatic on Saturday Turks, which has been harassing the afternoon within a few hours' steam ing distance from the spot where the Titanic went down in April. It was Local Unions Left Free. Cripple Creek, Colo.—By a unani-mous vote, the Western Federation of Miners in convention in this city, has decided that local unions could make long-time contracts. There were only two dissention retreats after on the suffered heavy the Mauretania escaped wince field. Treate is Dynamited. Local Unions Left Free. Cripple Creek, Colo.—By a unani-forced to retreat after four hours' sharp fighting. They suffered heavy losses. The Italian casualties were 19 killed and 87 wounded. Treate is Dynamited.

ten thousand people in this ground Titus did not get a prize, but he has Just shut your eyes, you would feel the satisfaction of knowing that his you were standing in a desert!" Yes. head of lettuce is the biggest thing, he was only too true. In France of so far as record goes, ever grown in Japan they would make deafening noises .- Observations of a Japanese in England. TURKS ARE VICTORS.

Liquid blue is a weak solution. Avoid it. Buy Red Cross Ball Blue, the blue that's all blue. Ask Italian Torpedo Boats Repulsed and

Looking Far Into the Future

Italy has added to her agricultural area by draining the great Fucina marshes and thus providing a living for hundreds of thousands of her poverty-stricken population. It will probably be hundreds of years be America is so thickly populated that additional area will of necessity have to be acquired for farming, but when the time arrives there will be engineers able and willing to drain the treat lakes.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children Juring the teething period.

Cleaning Glass Bottles.

A glass water bottle, when constant-iy used, soon becomes discolored. This may easily be cleaned by pouring a little vinegar into the bottle and adding a pinch of salt. Allow this to stand for several hours; then rinse with clear water. The bottle will be perfectly clear and bright.

Automobile Eye Insurance needed after Exposure to Sun, Winds and Dust. Murine Eye temedy freely applied Affords Reliable Relief. No Smarting-Joat Eye Comfort-Try Murine

Key Ring for a Bride.

At a marriage service at Chelten ham parish church recently, it was found that the bridegroom had forgotten the ring. At the suggestion of the clergyman the key of the church door, which had a ring at the end, was commandeered, and the ceremony was completed .- Pall Mall Gazette.

No thoughtful person uses liquid blue. It's a pinch of blue in a large bottle of water. Ask for Red Cross Ball Blue, the blue that's all blue.

Value of a Laugh.

When you go to visit the sick de not forget that a good laugh is one of the best tonics and a bit of humorous gossip or piquant saying is better than any drugs. Make the invalid smile if you cannot start up a laugh, but make your visit short; remember that too much of a good thing is as had as too little.



· SAVES POULTRY LOSS

fences and the like, about a suburban as hot as possible, using a painter's

The thinning of apples on horizontal limbs shows the best shaped as well

And his is any first in the supplet, is in the s

