

MOSIER BULLETIN

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Local advertisements will in all cases be charged to the party ordering them, at legal rates, and paid for before adhiavits are furnished.

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VOL. III MOSIER, WASCO COUNTY, OREGON, FRIDAY, NOVEMBER 24, 1911 NO. 38

Surprising Development.
People in town often wonder what, if anything, is being done by people in the country toward developing Mosier District. Those who do the wondering seldom if ever take time to investigate for themselves. Should they once do so, they would not only be greatly surprised, but much gratified at the progress being made by their energetic neighbors. It was our pleasure this week to visit at the home of Mr. and Mrs. H. M. Scearce, at "Hoosier Heights," about three miles south of town. Mr. Scearce and family came to Oregon from Indiana about a year ago. After carefully investigating the different fruit sections in Oregon and Washington, and making three separate trips to Mosier, he finally located here, buying 60 acres of land from B. E. Duncan, formerly belonging to the Huskey tract. Mr. Scearce proceeded at once to improve his place by building a very attractive and modern house and clearing a number of acres which are set to commercial orchard and which have made a remarkable growth this year. He is now busily engaged clearing more land and when the job is finished he will have not less than 50 acres of fine orchard. The land is exceptionally good and has the requisite air and water drainage to make it particularly valuable for raising of fine apples.

Adjoining Mr. Scearce's place is one of the finest young orchards we have seen in the Mosier District, belonging to J. E. Carpenter. There are 27 acres in this tract set to Spitzenbergs and Newtowns and when they come into bearing will produce a hand some income for the owner.

Mr. Scearce has an abiding faith in this section and is proving it by his works, spending time, money and painstaking care to make of his place a beautiful home and a financial success. If energy and intelligent effort count for anything, he will certainly succeed.

The Food Value of a Fruit Diet.

Fruit as the main element of diet is the remedy recommended for many of the evils from which we suffer, by Dr. Joseph Oldfield, senior medical officer of Lady Margaret Fruitarian Hospital at Bromley, Kent, England. It is growing in favor as food, just as the supply is increasing and the price falling, while the supply of other food products is diminishing and the price rising. This is to great advantage to Oregon, for not only can the people of this state secure an abundant home supply of apples, pears, peaches and other fruits for their own consumption, but they can produce an unlimited supply of all kinds for lands which are less favored.

Dr. Oldfield finds the food value of fruit attested by the diet of an infinite number of races under the most varied conditions in an infinite number of countries and climates. Both history and science contradict the popular idea that fruit has only to do with pleasure and nothing to do with nutriment; "that dessert is only an after-dinner dalliance, whereas, in effect, the best and hardest work can be done on a fruit meal."

Dr. Oldfield describes the food value of fruit in these words: "There are several ways in which fruit is important as food. First, by itself, it is itself a food, and, if rightly selected, a complete and full nutriment—for every condition of the body in every climate and under every condition of work, and of constitution and of health and of digestion can be obtained from a fruit dietary. Second, fruit is of essential value in assisting other foods to be digested. Third, fruit is of the utmost value in helping the body to eliminate waste matters, which produce debility and old age. Fourth, fruit is almost the only

food possible in some forms of disease, and is largely curative as well as nutritive.

"In the first place, when rightly selected, it forms a complete nourishment for the body in the most assimilable form. The elements necessary for bodily substances have been classified by many authorities in various ways, but the one which is most generally accepted divides food into the following classes of matter: (1) The aqueous; (2) the saccharine; (3) the bleaginous; (4) the albuminous; (5) the saline.

"Many beginners in chemistry take gooseberries, for example, and find they contain only .37 per cent of albuminous matter, and therefore they argue that if a man were a fruitarian he would have to eat three pounds of gooseberries per day to get the necessary amount of nitrogen for his daily substances. It would be just as wise to argue that if a man eats meat he would have to get 20 pounds of beef per day to get the necessary amount of carbohydrates.

"Water is an essential of life, and water should be of the purest character. There is no water more pure than that which has been distilled from dew, and trebly distilled from the clouds of heaven and stored within the dainty myriad tanks of an apple or a pear. There is no fear of hard or chalky water or typhoid germs. Fresh fruit juice gives pure water at its best. Watermelon contains about 95 per cent water; blackberries and currants, 82 to 87 per cent; grapes and cherries (which people wrongly think are the most watery,) from 78 to 80 per cent.

"In fruits the saccharine matter is in the form of grape sugar or glucose, into which starch is converted by the saliva and pancreatic and intestinal juices. The most important point about this class of nutrient elements is that they do not pass into the excretory organs, but are oxidized and passed into carbonic acid and water as their ultimate products, and are therefore great heat factors, and not exhausting element of excretion. —Oregonian.

OUR PORTLAND LETTER

Portland, Ore., Nov. 21, (Special) That the completion of the Panama Canal will mean millions of dollars annually to the fruit growers of the Pacific Northwest was the statement of J. N. Teal in an address to the State Horticultural Society at its annual meeting. He believes the fruit grower will profit more by the opening of the canal than the man engaged in any other industry, with the possible exception of the lumbermen although producers generally will be much benefited.

Mr. Teal told of the reduced freight rates to the markets of the world that will follow when the canal is opened, while at the same time better rates will lower the cost of almost everything the horticulturist uses. Markets for the fruit will be widened greatly because of the cheapening of transportation and Mr. Teal estimates a saving of approximately \$20,000,000 in freight charges to the growers of the Northwest each year.

Oregon will have a creditable exhibit on board the Governors' Special train that leaves St. Paul Nov. 27 for three weeks tour of the East. Various communities have contributed products and the exhibit has been sent forward. It is believed such a showing will have a good effect in attracting settlers to this state.

A deal is now being negotiated for the title to hop lands near Independence whereby Krebs Bros. and Pacific Coast brewers will combine yards with an aggregate of 1006 acres. The company will have a capital stock of \$250,000 and this farm will be the largest in the world

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Hood River's Reliable Jeweler for
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He can make your watch keep time

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BREEDERS OF STANDARD POULTRY
BUFF PLYMOUTH ROCK, S. C. BLACK MINORCAS, CONDALES and MOTTLED ANCONAS.
At the Experimental Station at Puyallup, Wash., Condales and Ancons produced eggs at 61 cents per dozen—one cent cheaper than any other breed. We are now looking eggs for Spring delivery from this great laying strain. Correspondence solicited. We will treat you right.
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Mosier, Oregon.

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Our lines of Jewelry, Watches, Clocks, Signet Rings, Lockets, Chains, etc., assures our patrons the exact choice they desire—dependable in Quality and absolutely right up to the minute in design and workmanship.
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THE QUALITY JEWELER
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Begin Jan. 3, Continue Four Weeks
YOU ARE INVITED
(N17-229)
Every citizen of Oregon is cordially invited to attend the short courses of the Oregon Agricultural College, beginning Jan. 3. Eleven distinctive courses will be offered in Agriculture, Mechanic Arts, Domestic Science and Art, Commerce, Forestry and Music. Every course is designed to HELP the student in his daily work. Make this a pleasant and profitable winter outing. No tuition, reasonable accommodations. For beautiful illustrated bulletin, address
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Wondrous weaves and daring models, all so skillfully tailored that the coats slip on and hang from the shoulders with a new grace—is what is offered you.
They'll go quick, so don't lag behind.
A. M. WILLIAMS CO.,
The Dalles, Oregon.

given over exclusively to hop growing.

The first cargo of lumber to be used in the construction of the Panama-Pacific Exposition building went from an Astoria mill. The Pacific Northwest will probably supply many cargoes for this purpose during the pre-exposition period.

Legislation that will give the buyer of clothing the same protection as the pure food law gives the purchaser of provisions is to be sought as the result of the recent convention of Oregon wool growers. "Pure Wool" may be demanded and those making and selling goods of poorer quality must label their product, showing how much wool and how much shoddy the goods contain, if the proposed measure is made a law.

To get due recognition for the Columbia and Snake rivers in appropriations by the Government, the whole Northwest is interested in sending a strong delegation to the Rivers and Harbors Congress which will be at Washington D. C., December 6 to 8. Oregon, Washington and Idaho commercial bodies are naming delegates and it appears there will be a good representation.

Hood River's Commercial Club wants 300 new families to settle there next year and will carry on a more extensive publicity campaign to attract them. The Ashland Commercial Club is in good shape, being out of debt, with money in the treasury. Springfield business men have just held a house warming in their new Commercial Club quarters and they look forward to an active year.

Case for Railroad Officials

William H. Gray was in town on Wednesday making arrangements for final proof on his homestead, south of town. While here Mr. Gray made a complaint against the railroad company for the way he was treated at the station on Tuesday morning last. He had driven down to the station in sufficient time to buy his ticket and board the morning train for Hood River, but a freight train was on the inside track and was not out, as is required by law. In fact, the train was moving, and by the time it had passed the crossing the passenger was just beginning to pull out. Mr. Gray even then could have boarded the cars, but the "brakie" waved him off. The failure to make the train caused Mr. Gray much annoyance and he was forced to change his plans accordingly. We understand he has taken the matter up with the company thru an attorney. As a general thing the freight crews are careful to cut the crossing at train time, for they know if they don't they will be reported and get a calling down. But occasionally a crew adopts the "public be damned" policy, apparently little caring if people miss their trains. This particular case will no doubt be investigated.

Dr. R. M. Ross led the service at the Immanuel Church last Sunday evening. His theme was "Am I My Brother's Keeper?" The doctor handled his subject in an intelligent and convincing manner and proved that we are, or should be our brother's keeper, in that we should strive to keep a brother's name, character and reputation from any stain, to be lenient of their faults and mild in our judgment, remembering that we, too, are liable to err and subject to others' judgment which, of ourselves are found wanting in mercy, may be unsevere. It was a good talk and one that would profit everyone to hear.

California farmers are suffering from the depredations of tens of thousands of wild geese that infest their grain fields, and welcome hunters with open arms.

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General Merchandise
MOSIER - OREGON

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Country Produce
Mosier - Oregon

NOTICE OF FINAL SETTLEMENT
In the County Court of the State of Oregon for Wasco County.
In the Matter of the Estate of
Joseph R. Huskey, deceased.
Notice is hereby given that the undersigned, as administrator de bonis non of the estate of Joseph R. Huskey, deceased, has filed his Final Report in the County Court of Wasco County, State of Oregon, and that, in an order duly made and entered, said Court has appointed Monday, the 4th day of December, 1911, at the hour of 10:00 A. M. of said day, as the time, and the County Courtroom in the County Court-house in Dalles City, Wasco County, Oregon, as the place for the hearing of said Report. All persons having objections to the same are hereby notified to be present at said time and place and present any such objections. Done and dated this 12th day of October, 1911, at Dalles City, Oregon.
C. T. BENNETT,
Administrator de bonis non of the Estate of Joseph R. Huskey, Deceased.

H. G. KIBBEE
NOTARY PUBLIC
MOSIER - OREGON

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REAL ESTATE

Fruit Lands a Specialty
Mosier - Oregon

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Horse Shoeing and General Repair Work.
Satisfaction guaranteed
MOSIER - OREGON

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LOCAL TIME-TABLE

No. 7	West bound	7:32 a. m.
No. 1	" "	2:50 p. m.
No. 2	East	10:50 a. m.
No. 8	" "	6:34 p. m.
No. 6	" "	10:30 p. m.

No. 17, at 5:30 p. m., flag stop on Sundays only for Hood River and Portland.

A good idea—Renew your subscription to the BULLETIN NOW