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200 Rooms with hot and cold running water and telephone. Free Baths. *Rooms 50c. per day up. Special rates for Room and Board.* Free Auto Bus meets every train or boat.

Saved the Shamrock.

Michael Donnelly, twenty-two, an Irish immigrant quarantined in Cleveland, O., for smallpox, when told that all of his personal effects must be burned, succeeded in inducing the health officials to exempt a shamrock he had brought with him.

Uses for Milk.

Milk will clean piano keys satisfactorily. It will take out ink spots of long standing. Used in starch, it will give a satisfactory gloss. It will remove discolorations from gilt mirrors and picture frames. Used with bluing for lace curtains, it will make them look like new.

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are the safest and most reliable cathartic and system cleanser. The best remedy for Torpid Liver, Biliousness and Sick Headache.

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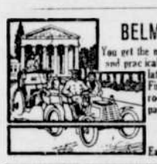

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Trained nurses, skilled operators and the best Chiropractic advice in consultation in every case.

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66 Sixth St., Between Oak and Pine Sts., Upstairs, Room Eight.
PORTLAND, ORE.
Ask or write for booklet, "A Sensible Talk on Rupture and Its Cure." It's Free.

RAISING CATTLE FOR BEEF

Cattle Should Be Selected From Such Breeds as Shorthorns, Herefords, Angus and Galloway.

(By W. B. RICHARDS.)

Many farmers continue to raise cattle for market for beef purposes from stock that do not possess any blood of the beef breed, and consequently they lack what is known as the beef type. It is impossible to produce beef economically from cattle of the dairy type, or even from cattle that possess any considerable amount of this blood.

To produce an animal of the beef type it is necessary to use the beef breeds of cattle, such as the Shorthorns, Herefords, Aberdeen Angus, and Galloway. Cattle of this breeding put on flesh very much more rapidly and of a better quality.

A beef animal could be described in a general way as a low down compact blocky animal. He must have a short blocky head, a wide breast, a deep wide chest, a broad back, a good spring of rib, heavy full thighs. He must have a pliable mellow skin, for this quality indicates a good fleshing tendency.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

"Hello" Equipment.

To do the hello work last year there were more than 288,000 miles of pole lines. There were more than five and a half million miles of pole wire and a half million miles of pole wire, about six million miles of underground wire and nearly twenty-five thousand miles of submarine wire—total miles of wire, 11,642,212. The increase for the year was nearly a million and a quarter miles.

To Remove Rust Stains.

Boil the article with the rust stain for about an hour in three gallons of water. To each gallon add one tablespoonful of cream tartar. The stain will disappear, no matter how old.

Useful to Auto Drivers.

Employing telescoping aluminum rods, an Ohio telephone company manager has invented a compact telephone outfit by which the automobilist can connect his car with any point on any system using overhead wires.

THE TRUTH ABOUT BLUING.

Talk No. 3.

Avoid liquid bluing. Liquid bluing is largely water. Water is adulteration, adds nothing to real value to the consumer. Think it over.

Be wise. Use RED CROSS BALL BLUE, the blue that's all blue; makes the laundress smile on wash day. AT ALL GOOD GROCERS.

Not to Be Judged by Size.

An interesting and somewhat curious fact is that some of the tall men of genius have had moderate sized heads. Shelley, the poet, was tall, but had a small head, and some of the small men imbued with the divine spark had large heads, apparently proving that the size of the head has little to do with the quality of the brains.

Nine Things to Remember.

Nine things there are of which the superior man should be mindful: to be clear in vision, quick in hearing, genial in expression, respectful in demeanor, true in word, serious in duty, inquiring in doubt, firmly self-controlled in anger, just and fair when the way of success opens out before him.—Confucius.

Free to Our Readers

Write Murine Eye Remedy Co., Chicago, for 48-page illustrated Eye Book Free. Write all about Your Eye Trouble and they will advise as to the Proper Application of the Murine Eye Remedies in Your Special Case. Your Druggist will tell you that Murine Relieves Sore Eyes, Strengthens Weak Eyes Doesn't Smart, Soothes Eye Pain, and sells for 50c. Try It in Your Eyes and in Baby's Eyes for Scaly Eyelids and Granulation.

Superstition Just Plain Fear.

But superstition is plain fear without any cause, and is utterly demoralizing. If a man is afraid to overeat it makes him healthy; if he is afraid of ghosts it makes him a fool. If he is afraid to lie or do a mean act it produces growth and makes him more manly; if he is afraid to be happy or to leave the house in the morning starting off with his left foot instead of his right it stunts his manhood and makes him childish.

Will Inherit at Sixty-Five.

The will of Mrs. Mary Olmstead of Brooklyn, filed in the surrogate's office in Kings county recently, makes a provision that none of the legatees are to receive their share of the estate until they reach the age of sixty-five years, except in the case of the two grandchildren, who will receive their share when they become thirty-five years of age.

Dr. Pierce's Pleasant Pellets first put up 40 years ago. They regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules.

Opportunity Missed.

A small boy from town was spending a few days in the country. One morning he heard the grown folks complaining of having been kept awake the night before by a skunk. Willie burst into tears. "Why, Willie, what's the matter?" the fond mother inquired. "Why didn't some one wake me up!" he blubbered. "I never smelled a skunk in all my life!"

To Stop Nosebleed.

One of the commonest complaints among children is bleeding of the nose, and the remedies to be applied are of the simplest. A small wad of white paper inserted under the tongue or under the upper lip is generally all that is needed to stop an ordinary nosebleed, although pads of cotton dipped in ice water and placed at the back of the neck is the standby of many mothers.

Mixed Metaphor.

The famous commingling of metaphors beginning, "I smell a rat; I shall nip him in the bud," has been surpassed. According to London Punch a Yorkshire paper writes: "We hope Mr. Atkinson will keep his word and, with the ability he has always shown, tear to shreds and tatters the subterranean methods of the clique which at present rides the high horse."

SINGER KEEPS QUEER VOW

Sings as "Tramp" in Fourteen States, Wandering Incognito Over 2,000 Miles.

Chicago.—After fulfilling a vow which he made eight months ago that he would conceal his name, travel in disguise, make no appeal to friends, but would support himself by singing classical and grand opera music without the advantage of an established reputation and conventional dress, Henry Martin Best, composer, musician and singer, whose home is at 4402 Michigan avenue and whose family has been prominent in Chicago for 80 years, returned from a 2,000-mile tour, during which he sang his way through 14 states.

Mr. Best, who is now nearly thirty years of age, is the son of Henry Best,

Henry Martin Best.

for eight years clerk of the circuit court in Chicago and later for two terms South Town assessor. He was educated at St. John's Military school, Delfield, Wis., and at the Princeton and Yale preparatory school in Chicago.

In the height of his success as a musician his fiancee, Miss Eleanor Davis of San Francisco, also a composer of music, who had been one of his pupils, died suddenly and he was plunged in grief.

"In the melancholy mood which followed this loss," he said, "I made a vow to myself that I would give up my career in the musical world and go out into the world as a troubadour, singing the songs of great composers to the masses of the people, concealing my name, wearing rough clothing, without reputation or any of the advantages of friends and acquired position, to see if the people would not appreciate good music.

"During my tour of 2,000 miles, in which I sang in 14 states, I wore the dress you see me in now, khaki trousers, rough corduroy coat, black flannel shirt, soft felt hat, no collar. I carried no more baggage than was contained in a small oilcloth case. I never told my name or my family connections and never spoke of my former achievements in the musical world. Wherever I appeared I was only known as 'The Wanderer.'

"I found everywhere that the best music is appreciated even by the poorer classes."

WEAR X-RAY PROOF ARMOR

Doctors In New Garb Resemble Inquisitor in a Mediaeval Torture Chamber.

Paris.—X-ray proof armor, designed to protect doctors and surgeons from the influence of the rays, is described in the Paris Presse Medicale by Dr. Paul Aubourg. These special garments

Doctor in X-Ray Proof Armor.

include a rubber mask with spectacles of a lead glaze, a long tunic made of lead, rubber and bismuth and thick gauntlets of the same materials. The head is covered by the mask, which with its broad nosepiece and spectacles gives the wearer the appearance of an inquisitor about to operate in a mediaeval torture chamber.

COURT ORDERS THEM TO KISS

Disagreeing Couple in New Jersey Obey Sentence of Recorder to "Make Up"—They Do So.

New York.—Before Recorder Hugh H. Mara, in Bayonne, N. J., Mrs. Mary Gall charged her husband, Alexander, of 77 West Forty-third street, with failing to support her, and with threatening to shoot her. He denied the charges.

"Judge, the first month we were married I took home my salary, $65, and handed it all except 15 cents to my wife," said Gall. "I used the 15 cents for tobacco. She called me names because I kept the 15 cents. Then she wouldn't kiss me."

"Mrs. Gall," said the recorder, "do you love your husband?"

"Of course, I love him," she replied.

"Alexander, do you still love Mary?"

"I love her after all," was the answer.

Then the recorder ordered them to kiss, make up and go home. They did all three things.

HOW IS YOUR LIVER?

ARE YOU TROUBLED WITH
SICK HEADACHE
BILIOUSNESS CRAMPS
INDIGESTION
DYSPEPSIA MALARIA

TRY
HOSTETTER'S STOMACH BITTERS

For 58 years it has given satisfaction in such cases and you'll find it just the medicine you need.

Stenography 2,000 Years Ago.

It seems incredible, but it can be proved, already in the olden times there were stenographers who took down the speeches made in the Roman senate or in public. They were called notarii and we find a place in Suetonius where Augustus is angry because the stenographers reported the speech of Caesar for Mettullus in a very imperfect manner.

SHE SUFFERED FIVE YEARS

Finally Cured by Lydia E. Pinkham's Vegetable Compound.

Erie, Pa. — "I suffered for five years from female troubles and at last was almost helpless. I went to three doctors and they did me no good, so my sister advised me to try Lydia E. Pinkham's Vegetable Compound, and when I had taken only two bottles I could see a big change, so I took six bottles and I am now strong and well again. I don't know how to express my thanks for the good it has done me and I hope all suffering women will give Lydia E. Pinkham's Vegetable Compound a trial. It was worth its weight in gold."—Mrs. J. P. ENDLICH, R. F. D. No. 7, Erie, Pa.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotic or harmful drugs, and to-day holds the record for the largest number of actual cures of female diseases we know of, and thousands of voluntary testimonials are on file in the Pinkham laboratory at Lynn, Mass., from women who have been cured from almost every form of female complaints, such as inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, indigestion and nervous prostration. Every suffering woman owes it to herself to give Lydia E. Pinkham's Vegetable Compound a trial.

If you want special advice write Mrs. Pinkham, Lynn, Mass., for it. It is free and always helpful.

Two Sides to a Crime.

It is all part of our tendency to be kind and considerate to lawbreakers; to think of the family of the man who has killed somebody instead of considering the family of his victim; to lay stress on the devotion of the relatives of the man who has looted a bank, rather than to take into account the broken depositors and their sharp sufferings. Hence the general approval of the fantastic extension of the pardoning power, which meets with no real, sane disapproval.—New York Evening Sun.

Practical Christianity.

The story is told of a little house maid, far over the sea, who, when asked whether she realized that she was in any way different after uniting with the church, from what she had been before, thought for an instant, and then, smiling brightly, said: "Well I sweep the corners." She could hardly have given a better demonstration of her religious life.—Christian Herald.

Rhode Island's State Farm.

Rhode Island has a farm on which are located all her state institutions including the state prison, state work house and Providence jail. The work house prisoners have done much in reclaiming and cultivating land, removing stones, improving the stream and building walls.

A Cough Medicine

Ayer's Cherry Pectoral is a regular cough medicine, a strong medicine, a doctor's medicine. Good for easy coughs, hard coughs, desperate coughs. If your doctor endorses it for your case, take it. If not, don't take it. Never go contrary to his advice.

We publish our formulas
Ayer's
We banish alcohol from our medicines
We urge you to consult your doctor

The dose of Ayer's Pills is small, only one at bedtime. As a rule, laxative doses are better than cathartic doses. For constipation, biliousness, dyspepsia, sick-headaches, they cannot be excelled. Ask your doctor about this.

—Made by the J. C. Ayer Co., Lowell, Mass.—

TRUST SECRETS ARE LAID BARE

John W. Gates Tells How John D. Was Forced Out.

Carnegie Company Was Bought at $2 for $1—Competition Eliminated By Combine.

Washington, D. C.—John W. Gates told the house "steel trust" investigating committee Saturday the history of the United States Steel corporation. Present at its birth, he described how it was the natural outcome of what he described as the refusal of Andrew Carnegie to be bound by the "gentlemen's agreements" that marked the early days of open competition in the steel business.

He also told of millions lost and created almost in a breath; how the Carnegie mills, appraised at $160,000,000, were reorganized as worth $320,000,000 almost within the time required to make the transfer to the corporation; of the clash in the formative days when John D. Rockefeller was dissuaded from joining in the creation of the trust.

Relating how Carnegie had been forced to abandon plans for extending his steel business, Mr. Gates frankly admitted the combination was formed to throttle competition, and that, when John D. Rockefeller had sought to enter the steel business, a deal was put through which forced him to sell out for 40 cents on the dollar.

Characterizing Mr. Carnegie as a "bull in a china shop," Mr. Gates told of a midnight conference between himself, Charles M. Schwab and J. P. Morgan, at which the Steel Corporation was conceived, and said that it resulted in Carnegie's getting $320,000,000 in the corporation's securities for his interests, which he had offered for sale for $160,000,000 cash.

The taking over of the Tennessee Coal & Iron company during the panic of 1907, he said, was confidential deal, put through by Mr. Morgan, and was forced on him.

Plans made by Mr. Carnegie in 1899 and 1900 to circle his steel interests with a railroad of his own and to compete with the National Tube company, organized by Mr. Morgan, by the erection of a tube works at Ashtabula, O., were factors that led to the birth of the steel combine.

HEAT KILLS MANY.

Mississippi Valley States Suffer From Hot Wave.

Chicago, May 29.—Full effects of the terrible heat wave were beginning to appear today when 11 deaths were reported to the police. In addition there were many prostrations, some of which are certain to prove fatal.

The temperature soared above 94 and was accompanied by dense humidity, which made breathing difficult and greatly intensified the suffering.

Weather forecasters predict a break in the torridity some time within 24 hours.

At Toledo, O., two persons fell dead in the streets and at Evansville, Ind., a heat victim, while delirious, cut his throat.

Dispatches from other cities and towns tell similar stories. St. Louis is experiencing record weather and the schools there will remain closed until the situation is relieved. In Pittsburg, Youngstown, O., Gary, Ind., and other industrial centers where large steel mills are located, work has been reduced to the minimum, as men cannot endure the intense heat.

At Milwaukee Frank Siebel, secretary to George Brunder, the publisher, was overcome by the heat and committed suicide by drowning.

The health department and sanitary bureau had an unusually large number of men out today watching the venders of hokey-pokey, ice cream cones and decayed foodstuffs. The offenders are chiefly Italians and Greeks, who buy putrid meat and vegetables and sell the stuff in the tenement districts.

Ely Flirts With Ocean.

Eureka, Cal.—Eugene Ely, whose distinction as an aviator rests, to a considerable extent, upon his success in alighting upon the deck of the battleship Pennsylvania in San Francisco bay, made what he termed one of the most dangerous flights of his career here. Facing a 45-mile wind, he rose 1,000 feet, soared out over the timbered crags and rose and dipped above the breakers that roared over Humboldt bay bar. For nearly half an hour he hung over the sea, while thousands of spectators watched him, excited but anxious.

Hear Stories of Extravagance.

Washington, D. C.—After listening to stories of $35 waste baskets, Circassian walnut and mahogany paneled rooms and bright red carpet in the Postoffice department, the members of the house committee determined to make a personal inspection of the office of Postmaster General Hitchcock. The committee interrogated Chief Clerk Wood, who said the repaneling of Mr. Hitchcock's private office cost $4,000. He said the cost of rehabilitation was not excessive for the office of a member of the cabinet.

No Whiskers on Haggin's Ranch.

Lexington, Ky.—J. B. Haggin, the multi-millionaire owner of Elmendorf stock farm, has caused notices to be posted requiring the several hundred employes to be shaved every other day. Haggin believes that "whiskers" propagate dangerous microbes, and the order is meant to affect particularly employes in the dairy department. A barber shop is being installed, and accompanying it is being erected a $100,000 bath room for the employes.

Manitoba Has Snow Storm.

Winnipeg, Manitoba, May 28.—Five inches of snow was reported yesterday from Harrow Ford, Northwestern Manitoba.

A Drop of Blood

Or a little water from the human system when thoroughly tested by the chief chemist at Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., tells the story of impoverished blood—nervous exhaustion or some kidney trouble. Such examinations are made without cost and is only a small part of the work of the staff of physicians and surgeons under the direction of Dr. R. V. Pierce giving the best medical advice possible without cost to those who wish to write and make a full statement of symptoms. An imitation of natures method of restoring waste of tissue and impoverishment of the blood and nervous force is used when you take an alterative and glyceric extract of roots, without the use of alcohol, such as

Dr. Pierce's Golden Medical Discovery

Which makes the stomach strong, promotes the flow of digestive juices, restores the lost appetite, makes assimilation perfect, invigorates the liver and purifies and enriches the blood. It is the great blood-maker, flesh-builder and restorative nerve tonic. It makes men strong in body, active in mind and cool in judgment. Get what you ask for!

PAINLESS DENTAL METHODS

Are demanded these days, but expert Dentistry should not end with Painless methods. After the work is all done you have a right to expect your own teeth to be restored to their former usefulness and beauty, or new teeth that give the same service as healthy ones of your own.

This we accomplish and give a 15-year Written Guarantee to every patient.

Let us make your artificial teeth over and reset them on a new plate that will give your mouth and face natural expression. All crown and bridge attachments are hand-made to fit each individual mouth.

SPECIAL RATES DURING ROSE FESTIVAL
22-k. Gold or White Crowes..... $3
22-k. Bridge Teeth, guaranteed, each ..
Good Set of Teeth on Rubber Plate.. $5

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Second and Washington, Portland, Oregon
Entire Corner, Over Merchants National Bank
Office open from 8 till 6; Sundays 9 to 12 A. M.

IN THE POULTRY YARD.

Keep up the fight against lice.

Dust the hens frequently with insect powder, especially the hen that has a brood of chicks.

Cold rains will kill the chicks. See that they are under shelter whenever a storm occurs.

Feed your fowls in such a way that they will get exercise in obtaining it. Exercise increases the appetite, aids digestion and promotes a healthy condition generally.

Bits of meat carried out with brine from the barrel and left on the ground will give hens serious bowel trouble. Don't risk it.

Wanted the Saliva.

A woman living in a small town near Butte, Mont., purchased from an art dealer there a water-color outfit, with printed directions for its use. These directions included, among other things, instructions to moisten the brushes for the first time with saliva. In a day or two the dealer received the following note: "Dear Sir—The outfit is complete as ordered, except the saliva. Yours truly, Mrs. Blank."

Warship as Mussel Bed.

The cruiser Champion, training ship for the second class stokers at Chatham, has just been taken into dry dock after lying seven years in the Medway. The Champion's bottom was found to be covered with an immense accumulation of barnacles and weeds. It is estimated that 40 tons of mussels alone have been got off.—London Daily Graphic.

The London Feather Market.

The London market for the importation of plumage for ladies' hats is the largest in the world and it is estimated that 5,000 persons are employed in the manufacturing and othe rwork incidental to this trade. The value of the imports is said to be $3,500,000 to $4,000,000 a year.—Forest and Stream.

The Tested Proverb.

"Speech is silver," the boarding house philosopher says, "but silence, rightly used, is what makes golden weddings possible."

HOWARD E. BURTON — Assayer and Chemist, Leadville, Colorado. Specimen prices: Gold, Silver, Lead, $1. Gold, Silver, 50c; Gold, 50c; Zinc or Copper, $1. Mailing envelopes and full price list sent on application. Control and Umpire work solicited. Reference: Carbonate National Bank.

DAISY FLY KILLER placed anywhere, attracts and kills all flies. Neat, clean, ornamental, convenient, cheap. Lasts all season. Can't spill or tip over, will not soil or injure anything. Guaranteed effective. Of all dealers or sent prepaid for 20c. HAROLD SOMERS 150 De Kalb Ave. Brooklyn, N.Y.

Moth Balls and Moles.

Our new lawn was completely ruined by ground moles, and many dollars' worth of bulbs which we set out were eaten. After trying traps and other devices, we were about to give up in despair when a florist told us to push moth balls down into the tracks. These drove them away completely—the odor of the balls permeating the ground.—Woman's Home Companion.

The Oldest Map.

After some controversy about the age of various maps that have come down to us from ancient times it has been finally determined by savants that the oldest is in the form of a mosaic in a Byzantine church at Mal-aba, in Palestine. It is about 1,700 years old and purports to be a map of a part of the Holy Land.

ARE YOU FREE —FROM—

Headaches, Colds, Indigestion, Pains, Constipation, Sour Stomach, Dizziness? If you are not, the most effective, prompt and pleasant method of getting rid of them is to take, now and then, a desertspoonful of the ever refreshing and truly beneficial laxative remedy—Syrup of Figs and Elixir of Senna. It is well known throughout the world as the best of family laxative remedies, because it acts so gently and strengthens naturally without irritating the system in any way.

To get its beneficial effects it is always necessary to buy the genuine, manufactured by the California Fig Syrup Co., bearing the name of the Company, plainly printed on the front of every package.

"Sam Sloan"
A Good Cigar
Costs You 5c
Worth More
ALLEN & LEWIS
Distributers, Portland, Or.

Long Wire Span.

The span of telephone wire just placed across the bay is one of the longest anywhere in the state of Oregon. The wire runs from a pole near Captain Wellander's house to one about 100 feet high on south beach, and the distance from pole to pole is 2,500 feet, or nearly one-half mile. Its average heights above the water is about 125 or 130 feet, and will clear the masts of any vessel coming in here at present.—Newport Signal.

Warning to Guests.

In the fortress at Marlenburg the great dining hall bears this inscription: "He who wishes to eat here must be delicate in his eating, chaste in his conversation and peaceful in his manner; above all, pious and loyal; if not, he will soon receive notice to quit."

Oregon Life

This is the only life insurance company EXCLUSIVELY OREGON. Best for Oregonians. Write for detailed information. Home office Portland, Oregon.

DR. WM. PFUNDER'S CELEBRATED OREGON BLOOD PURIFIER

A Tonic, Alterative and Resolvent. The best remedy for Kidneys, Liver and Bowels. Eradicates Pimples, Eruptions and Disorders of the Skin. Purifies the Blood and gives Tone, Strength and Vigor to the entire system.

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Centrally located, convenient to theaters and shopping district. Hot and cold running water and telephone in every room—every modern convenience. In quiet neighborhood.

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Housewives have used a cloth to protect their hair while sweeping, but nothing to protect their lungs, causing irritation and inflammation. Dust is both dangerous and annoying. You would refuse water that was not clean, but continue to breathe polluted atmosphere and never complain.

NO-DUST SWEEPING COMPOUND is chemically prepared, absorbs the dust and disease germs, saves doctors' bills. Make your premises "dust clean" by using Sweeping Compound; burn the sweepings.

NO-DUST No. 1, for household use, in 5 and 10-lb. cans, 35c and 60c., grocers; 75-lb metal drums, $2.50.

NO-DUST No. 2, for business places, 75-lb. drums, $2.25; 150-lb. barrels, $4.00; 200-lb. barrels, $5.00; f. o. b. Portland. Order by mail or through your grocer or druggist. Send for circulars.

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526 Washington St., Portland, Ore.

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The Chinese Doctor

This wondeful man has made a life study of the properties of Roots, Herbs and Barks, and is giving the world the benefit of his services.

No Mercury, Poisons or Drugs Used. No Operations or Cutting

Guarantees to cure Catarrh, Asthma, Lung, Stomach and Kidney Troubles, and all Private Diseases of Men and Women.

A SURE CANCER CURE

Just received from Pekin, China—safe, sure and reliable. Unfailing in its works.

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