

MAN - A - LIN Is An **Excellent Remedy** for Constipation

There are many ailments directly dependent upon constipation, such as biliousness, discolored and pimpled skin, inactive liver, dyspepsia, overworked kidneys and headache

Remove constipation and all of these ailments disappear.

MAN-A-LIN can be relied upon to produce a gentle action of the bowels, making pills and drastic cathartics entirely unnecessary.

A dose or two of Man-a-lin is advisable in slight febrile attacks, la grippe, colds and influenza.

THE MAN-A-LIN CO. COLUMBUS, OHIO, U. S. A.

Time Tables for Clothes.

"I was walking on Pennsylvania avenue in Washington one day at high noon when a 'nigger' loomed up on my horizon coming rapidly toward me," said a well-known negro comedian. "He was wearing the most outlandish on or off the stage. His trousers were frayed and torn above his shoetops. coat. On his head was a sombrero all the time. It is very satsifactory .which looked as if several dogs had Kansas Farmer. been trying to pull it to pieces. But the crowning effort was a new and immaculate full dress vest. He had pulltemptation to stop him.

you're de trop?'

"'De what-what's that?'

trop?' I repeated, 'that it isn't permiso'clock in the evening?'

"The darky drew himself up very

"'Look heah,' he said. 'I'll have you to know that I don't 'low nobody to make time tables for my cloas."-Kansas City Times.

Respects Work.

"I am afraid you don't like work."
"Yes I do," answered Plodding Pete. "I have so much respect for work that when I see a piece of it to be 'tended to I allus feel like turnin' it over to somebody else that wouldn't be as likely to spoil it as I would."-Washington Star.

Buy Hair at Auction?

At any rate, you seem to be getting rid of it on auction-sale principles: "going, going, g-o-n-e!" Stop the auction with Ayer's Hair Vigor. It checks falling hair, and always restores color to gray hair. A splendid dressing also. Sold for over sixty years.

hair came out so badly I nearly lost it had heard so much about Ayer's Hair I thought I would give it a trial. I did it completely atopped the failing, and my hair grow very rapidly."—MARY H. b. Northield, Mass.

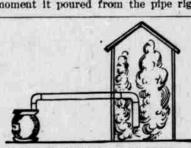
by J. C. Ayer Co., Lowell, Mass SARSAPARILLA.



In the home smoking of meat I have earned something by experimenting that is a great saver of work and of much more consequence-keeps the meat in better shape during the smoking process. I used a low smokehouse, and, handle the little necessary fire as best I could, it would sometimes heat

the meat more than was good for it. I had the fire covered in a little pit In the center of the smokehouse. Then I tried a pit outside several feet from the building with an underground flue, but all the heat generated in that went into the smokehouse, so it was unsat-

I placed an old heating stove, with the legs taken off, on the ground about eight feet from the side of the smokehouse, put an elbow on the stove and ran a pipe in through the side of the smokehouse. Then I started a little fire in the stove, and as the smoke poured from the funnel it occurred to me to turn the smoke down, so I put on and as that worked all right I put a length of pipe on that and watched to see what the smoke would do. In a moment it poured from the pipe right



NO HEAT, NO DANGER OF FIRE,

down near the ground. The end of the pipe is four or five inches from the ground and nearly on a level with the bottom of the stove. It works finely. outfit I ever saw on a human being, The cooled smoke rising from the ground conveys no heat to the meat, though quite a little fire is kept in the He wore a musk-colored woolen shirt, stove. The fire needs but little attena celluloid collar and a tattered sack tion, as the stove is kept about closed

The American Carriage Horse. The development of the American erriage borse at the Colorado Agrithumbs into the armholes of that vest. cultural College and Experiment Sta-As he came sailing before the wind tion is progressing very favorably, says he certainly was the most comical fig- Prof. W. L. Carlyle of the Colorado man can properly manage a set of ure I ever saw. I couldn't resist the Agricultural College, in the Twentieth Century Farmer. At the present time "'Look here,' I said, 'what do you twenty-two brood mares are to be mean by appearing at this time of day found on the farm, and of these ninein such a dress? Don't you know that teen are expected to foal this year. Fourteen very high-class yearling colts. by the stallion Carmon, are exemplify-"'Don't you know that you're de ing the success of the work undertaken. At the present time seven very fine sible to appear in full dress before 6 foals have come to hand this year and the indications are that they are superior to their brothers and sisters of last year. The station and college, in cooperation with the government, will increase the brood mares to thirty-five head during the summer, and only those of the very highest class will be secured.

Must Raise Many Crops.

Twenty years ago hundreds of North Dakota farmers bought butter, eggs and even potatoes and cabbages at the village stores, but they were not real farmers, merely wheat raisers. They depended entirely upon one crop, and when that failed, distress followed. James J. Hill quickly taught them the folly of that kind of farming, and to-day the State's diversified crops are equal to those of any other Northern State. The educational movement was not that Mr. Hill had any love for the farmers then, nor has now, but he had a big railway to feed and was forced to teach the farmer how to produce the freight. Now the experiment stations are carrying on the education commenced by Mr. Hill and are doing it better.

Algeria Wants Our Wasps. The American wasp is to be used in a campaign of extermination of the horse fly in darkest Africa. By request to the Louisiana crop pest commission, Abraham Rosenheim, assistant entomologist, is sending a consignment of these "horse guards" from Cameron parish, La., where the wasps atttain unusual size and ferocity. A band of embryo stingers will be shipped from New Orleans by way of Havre on the steamship Louisiana July 12 in refrigerated baskets with the pupe of the insect.

An endless chain arrangement that

economical scheme ever devised has been started by Prof. Erf, of the Kansas State Agricultural College, Prof. Erf takes the milk secured from cows on the college farm, converts it into a powder and feeds it to the cows, making what is declared to be the cheapest of all the cow foods.

The food invented by Prof. Erf is made of buttermilk. He has perfected system of drying buttermilk and then converting it into a powder. This dried buttermilk contains about 70 per cent of protein, twice as much as cotton seed meal containns, and can be manufactured for one and a half cents pound. Thus a food twice as rich as cotton seed can be manufactured at approximatelly the cost of the latter.

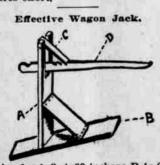
One hundred pounds of buttermilk will make from nine to ten pounds of the finished product and as the estimated waste of buttermilk in the creameries of Kansas is 500,000 pounds daily, it is figured that by the adoption of this progress a saving of \$400,000 can be made yearly in Kansas alone.

How to Grow Celery.

Dr. S. B. Partridge of East Bloomfield, N. Y., is raising celery on a large scale on the bed of a reclaimed swamp. He set 125,000 plants last year, of the an elbow with mouth pointing down, dwarf golden self-balancing, and produces from 1,500 to 1,800 dozen branches of celery per acre, marketable | man. at from 20 to 30 cents per dozen. His celery kept for winter market is placed brave one to own up to it when it is in trenches made by means of a crib, 16 feet long and 14 inches wide, which is placed in the row and filled with celery. Then a deep bank of earth is thrown up on either side to the celery, after which the crib is taken up and moved forward its length, and the same process is repeated. The trenches are left open at the top until the approach of cold weather, when they are covered with straw and earth,-New England Farmer.

Managing the Workers.

Managing the workers on a farm is a science in itself. It is a science that few have studied sufficiently. Planning out the work so that it may be done in the best manner and in the least time is equivalent to a saving in dollars and cents. Not only should the work be properly done and at the right time, but the time between different pieces of work should be as small as great waste occurs. It is like a man ty-three years before in the same pulforgetting something at the store and having to drive back niles to get it. No workers without putting some thought on it. Thinking is not so easy as it seems. To think in a logical manner requires effort.



A is of oak 2x4x33 inches; B is 2x4x 14 Inches; C is 12 inches long, and lever D is 5 feet long, the short end being 1 foot. The drawing explains

"Don'ts" Concerning the Cow. Don't be unkind to the milk cow. Don't allow cows to sleep in a muddy

Don't permit the cow to drink im-

oure water. Don't use a club, but kind words in-

Do not feed the milk cow "rotten" or decayed corn. Don't allow your finger nails to grow

long if you are a daily milker. Don't allow any loafers around when milking, such as dogs, children or cats. Don't fail to keep some sort of salt handy so the cow may have free access

Don't, when milking, beat the cow for stepping backward when files are numerous.

Don't expect a cow to give as much milk when half fed as when properly

Don't allow your cows to be chased by dogs or be hurried when going to or from pasture.

. Don't milk until dusk during the hot months so as to avoid the presence of the files which so vigorously attack the cow just before sundown.-Indiana

SKIN DISEASES

HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment and soon the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Salt Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and bleeds; the acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a hard, leathery appearance. Acne makes its appearance on the face in the

I suffered with Eczema for forty years and could find nothing to cure me until I tried B. S. S. I suffered intensely with the itching and burning; pustules would form from which there flowed a sticky fluid; crusts would come on the skin and when scratched on the body one of the worst orms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the when I used B. S. B. I found a perfect cure. There has never been any return of the trouble.

Stockman, Neb.

Stockman, Neb. form of pimples and black heads, while treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble

because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

THE SWIFT SPECIFIC CO., ATLANTA, GA.,

Wisdom and Valor.

"It takes a wise man to know when to change his mind," said one states-

"Yes," answered the other, "and a accomplished."-Washington Star.

St. Vitus' Dance and all Norvous Diseases permanently cured by Dr. Kline's Great Restorer. Send for FREE \$2 trial bottle and s. Dr. R. H. Kline, Ld. \$21 Arch St., Phila, Pa.

The Hits and the Misses. "What are the requisites of a suc-

cessful musical comedy?" "Oh, about a dozen song hits."

"Yes?" "And twice that many attractive

misses."-Washington Herald. Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Odd Coincidence.

Not many years since a pastor in New York State read in his pulpit this portion of a hymn:

Well, the delightful day will come When my dear Lord shall take me home And I shall see his face-

Just then he was stricken with paralysis and died in a few moments. Thirvery same stanza when he, too, was stricken and died.—Scrap Book.

CASTORIA For Infants and Children.

The Kind You Have Always Bought

Signature of Charly

An Expert Opinion. "What we want to do," said the mor alist, "is to strive for the uplifting of our fellowman."

"That is easy," said the flying ma chine inventor. "The difficulty is to keep him from dropping back to earth with a rude jar."-Washington Star.

The Word Etiquette.

The very high sounding word etiquette had a very humble origin, for etiquette meant simply a label. It received its present signification from the fact that a Scotch gardener who laid out the grounds at Versailles for Louis XIV. was much annoyed at the courtiers walking over his newly made paths, and at length had labels placed to indicate where they might pass. At first these labels were not attended to, but a hint from high quarters that in future the walks of the courtiers must be within the "etiquettes" or labels was promptly attended to. To keep within the etiquettes became the correct thing. The meaning of the phrase was afterward widened.

Parlor Magic.

Mr. Kybosh, who was in search of a late copy of a monthly magazine, absent mindedly stepped into the parlor.

He was just in time to see the young man hastily remove his arm from the beck of the chair in which Miss Kitty was sitting.

"Pressed! O! Change!" he muttered, instantly stepping back into the sitting

For Mr. Kybosh remembered that he was a young man himself many years

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If I could take you into my large factories at Brockton Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer and are of greater value than any other make.

My 24 GHE Edge and 35 Sold Bend Shoes cannot be equalled at any part of the state of

