



Mop Wringer.

The wringing out of water-soaked mops which have been used to clean the floors is a disagreeable task that is objectionable to everybody. To be able to do this without bringing the hands in contact with the wet mop is the object of a contrivance recently patented by a Chicago man. As shown in the illustration, it consists of a bent metal frame, one section being pivoted to the other. At the top of each section is a revolvable roll. To wring out the mop a bucket is slipped within the frame through the opening in the back, the top of the bucket being placed beneath the rollers. The wet mop is placed over the front roller, and by pressing the foot on the pointed section of the frame the other roller is brought into contact with the mop. At the end of one roller is a small handle, which, when turned, forces the mop between the rollers. Connecting the rollers is a spring, which forces them apart when the foot is removed, the mop in this way being released.

WRINGS THE MOP

Cooking by Electricity.
On one of the largest and most modern of the transatlantic steamers cooking is done entirely by electricity, so that there are none of the fumes and odors of wood, coal and petroleum clinging to the food when it is served—a fact sure to be appreciated by travelers inclined to seasickness. In the kitchen of this boat, says Electric Trade, the little electric stoves are arranged in rows in a manner somewhat resembling the keyboard of a typewriter. Each stove cooks a certain meat, fish, vegetable, soup, dessert, etc. The most curious device is the arrangement for boiling eggs. An ingenious mechanism automatically pushes the eggs out of the water as soon as they are boiled. The success of this application of electricity to culinary convenience and facility, to say nothing of its cleanliness, should be a hint to restaurant and hotel proprietors.

Deviled Lobster.
Take out all the meat from a boiled lobster, reserving the coral; season highly with mustard, cayenne, salt and some kind of table sauce. Stew until well mixed and put in a covered saucepan, with just enough water to keep from burning. Rub the coral smooth, moistening with vinegar until thin enough to pour easily, then stir it into the saucepan. The dressing should be prepared before the meat is put on the fire, and which ought to boil but once before the coral is put in. Stir in a heaping teaspoonful of butter, and when it boils again it is done, and should be taken up at once, as too much cooking toughens the meat.

Baked Chowder.
This chowder can be made from cold boiled fish and cold potatoes. Flake enough of the fish to make two cups and cut four large potatoes into dice. Make two cups of white sauce, chop one onion fine and mince enough parsley to measure one level teaspoon. Put these into a buttered baking dish in layers. Put the sauce in first, then the fish, potatoes, onion, and, last, the parsley and a seasoning of salt and pepper. Make at least two layers of each kind. Finish the top with sauce, sprinkle with fine bread crumbs and set in a hot oven for about twenty minutes.

Snow Cake.
Cream one-fourth of a cupful of butter, using a wooden cake spoon, and add gradually, while beating constantly, one cupful of sugar; then add half a cupful of milk and one and one-half cupfuls of flour, mixed and sifted with two teaspoonfuls of baking powder. Beat thoroughly and add the whites of two eggs beaten until stiff, and half a teaspoonful of vanilla. Fill buttered and floured individual tins two-thirds full of the mixture and bake in a moderate oven twenty minutes. This recipe makes eighteen little cakes.

Chili Con Carni.
Cut a round steak into small pieces; put it into a frying pan with a cup of boiling water, two tablespoonfuls of rice and a tablespoonful of hot dripping. Cover closely and simmer until tender. Remove the seeds and part of the rind from two large red peppers, cover with a little water and cook until tender, then squeeze out all the water. Add this to the cooked meat, and if the mixture needs thickening add a little flour. Season with salt and onion juice and serve.

Banking by Mail

WE PAY

4%

INTEREST

On savings deposits of a dollar or more, compounded twice every year. It is just as easy to open a Savings Account with us by Mail as if you lived next door. Send for our free booklet, "Banking by Mail," and learn full particulars. Address

Oregon Trust & Savings Bank

Portland, Oregon

Sixth and Washington Sts.

College Days.

There was once a Yale sophomore who, as many college men do, found himself in financial straits and pawned all his good clothes. A little before Thanksgiving he got a big check from home.

When he got home for the holidays the first thing his mother took out of the trunk was an overcoat and on it was pinned the pawnbroker's ticket he had forgotten to remove.

Hastily grabbing the ticket, he said: "Hello! They must have forgotten to take this off at the Smith dance when I left it in the cloakroom."

A moment later his mother took out his evening trousers. They also had a ticket on them.

"Why, Reginald," she said, "surely you didn't leave these in the cloak room, too, did you?"—Lippincott's.

FITS St. Vitor's Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 931 Arch St., Philadelphia, Pa.

The London Graphic suggests that the British educational authorities set up phonographs, with a "standard accent" in all the schools of the empire.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

"King Edward the Shrewd" or "the Wise" is, according to a Paris correspondent, the title a near posterity will give to England's ruler.

No Answer Required.

Tommy—Pay!
Mr. Tucker—What's the trouble now, my son?

Tommy—Why is it that the magazines don't make their readin' matter as interesting as they do their adv'tising pages?

Self-Made Theories.

"It is the nature of women to be a delusion to men," growled the old cynic.
"Yes," merrily replied the young enthusiast, "and it is the nature of men to hug their delusions."—Baltimore American.

SKIN DISEASES HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment and soon the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Salt Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and bleeds; the acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a hard, leathery appearance. Acne makes its appearance on the face in the form of pimples and black heads, while Psoriasis comes in scaly patches on different parts of the body. One of the worst forms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the Winter to break out and torment the sufferer with the return of Spring. The best treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

I suffered with Eczema for forty years and could find nothing to cure me until I tried S. S. S. I suffered intensely with the itching and burning; pustules would form from which there flowed a sticky fluid; crusts would come on the skin and when scratched off the skin was left as raw as a piece of beef. I suffered agony in the long years I was afflicted, but when I used S. S. S. I found a perfect cure. There has never been any return of the trouble.

C. H. EVANS,
Stockman, Neb.

S.S.S.

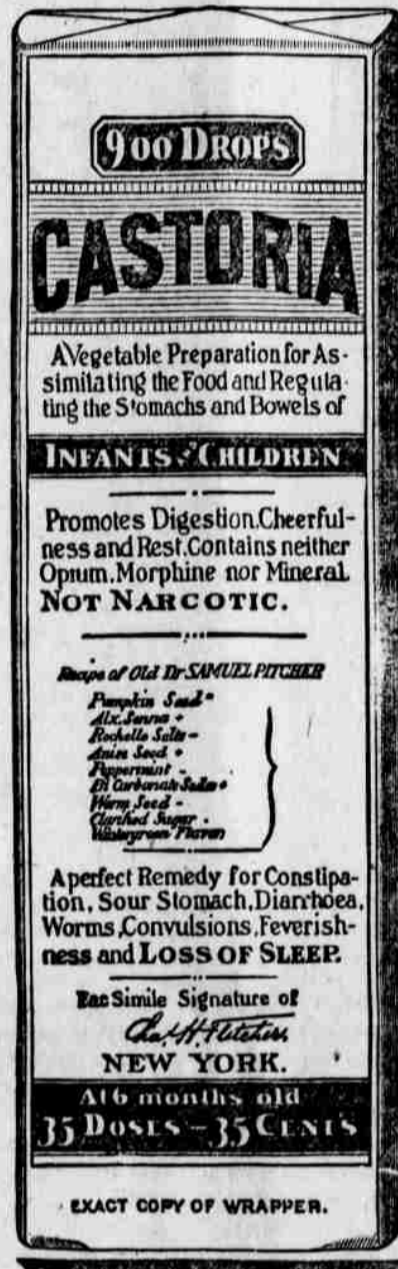
PURELY VEGETABLE

because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Don't Poison Baby.

FORTY YEARS AGO almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. **CASTORIA DOES NOT CONTAIN NARCOTICS**, if it bears the signature of Chas. H. Fletcher.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. J. W. Dinsdale, of Chicago, Ill., says: "I use your Castoria and advise its use in all families where there are children."

Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children."

Dr. J. S. Alexander, of Omaha, Neb., says: "A medicine so valuable and beneficial for children as your Castoria is, deserves the highest praise. I had it in use everywhere."

Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children."

Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it."

Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner with your Castoria has been highly satisfactory, and I consider it an excellent remedy for the young."

Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy."

Dr. J. A. Boardman, of Kansas City, Mo., says: "Your Castoria is a splendid remedy for children, known the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants and children."

Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an excellent preparation for children, being composed of reliable medicines and pleasant to the taste. A good remedy for all disturbances of the digestive organs."

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher
The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 27 MURRAY STREET, NEW YORK CITY.

Irrepressible.
"He would joke at the grave's brink."
"What causes you to believe that?"
"Why, he is a boarder and he jokes about prunes."—Houston Post.

No Secret.
"Do tell me, Mrs. Mannidge, how you succeed in keeping your hired help so long."
"By letting them merely help. I really do the work, you know."

The Practical Result.
"The Spendits are certainly a very extravagant couple. What is their income?"
"They haven't any. It's all outgo."—Baltimore American.

With Apologies.
"Where are you going, my pretty maid?"
"I'm going a-skating, kind sir," she said.
"May I skate with you, my pretty maid?"
"You're too high a roller, kind sir," she said.

HOWARD E. BURTON, Assayer and Chemist, Leadville, Colorado. Specimen prices: Gold, Silver, Lead, \$1; Gold, Silver, 75c; Gold, 50c; Zinc or Copper, \$1. Cyanide tests. Mailing envelopes and full price list sent on application. Control and Empire work solicited. Reference: Carbonate National Bank.

ST. HELEN'S HALL

PORTLAND, OREGON
A Girls' School of the highest class. Collegiate department. Music, Art, Elocution, Gymnasium. Fall term opens September 16.

SEND FOR CATALOGUE

ENGRAVING Write Us
PLATES
FOR PRINTING
HICKS-CHATTEN
Portland Oregon

THE DAISY FLY KILLER destroys all the flies and affords comfort to every home—in dining room, sleeping room, and every place where flies are troublesome. Clean, neat and will not soil or injure anything. Try them once and you will never be without them. If not kept by dealers, sent prepaid for 25c. HAROLD SOMERS, 149 DeKalb Ave., Brooklyn, N. Y.

CLASSIFIED ADS

NOTICE—The following announcements are from leading business men and firms, and are well worthy your careful reading. The list may contain just the proposition you are looking for.

REAL ESTATE

EAST GREENACRES

The only tracts on the market where you can contract to sell your crop. Ten times a day. Abundance of water. Price \$150.00 per acre. easy payments—come in or write for particulars.

BEECHER & THOMPSON

Spokane, Washington. 110 Stevens

PRUSSIAN HEAVE POWDERS
A guaranteed cure for Heaves, Coughs, Diarrhea, Indigestion, Wind Troubles, etc. Dealers 50 cents. Mail 60 cents. PRUSSIAN HEAVE POWDERS CO., ST. PAUL, MINN.

BRICK MACHINERY
As Cheap as Can Be Bought in the East
Delivery Much Quicker Write Us Today
G. M. McDOWELL & CO.
PORTLAND OREGON

Gasoline Engines and Irrigation Plants
Waterloo Well Drills
Built especially for work in the northwest. Drilling and fishing tools. We carry a large stock. Write us for your machinery wants. Well drillers' contract blanks free.
BECKERSON MACHINERY COMPANY, 152-4-6 Morrison St., Portland, Ore.

PAINLESS DENTISTRY

BRING YOUR TOOTH TROUBLES TO US Before Going Elsewhere.
DR. B. E. WRIGHT,
342 1/2 Washington St. Portland, Oregon

LILLY'S BEST LICE KILLER

Instantly kills lice on Poultry by its fumes. It is very powerful—the strongest of all lice killers. It is a necessary remedy, because lice-infected poultry cannot lay or thrive. Sold by dealers. Made only by Chas. H. Lilly Co., Seattle, Portland, San Francisco.

P. N. U. No. 29-07

WHEN writing to advertisers please mention this paper.