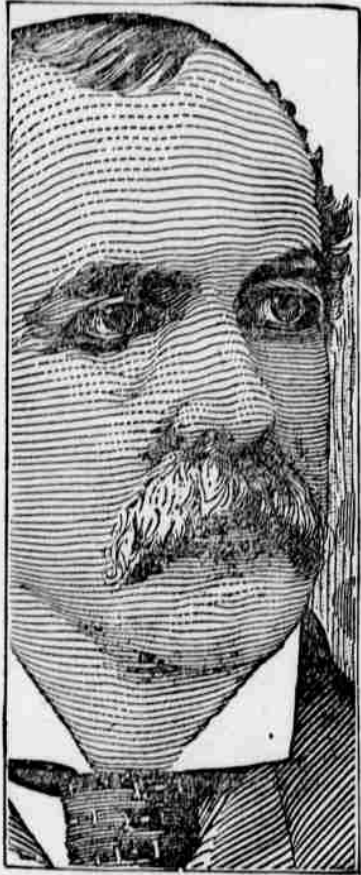


UNITED STATES SENATOR  
FROM SOUTH CAROLINA  
PRAISES PE-RU-NA.



Ex-Senator M. C. Butler.

Dyspepsia is often caused by catarrh of the stomach—Peruna relieves catarrh of the stomach and is therefore a remedy for dyspepsia.

Hon. M. C. Butler, Ex-U. S. Senator from South Carolina for two terms, in a letter from Washington, D. C., writes to the Peruna Medicine Co. as follows:

"I can recommend Peruna for dyspepsia and stomach trouble. I have been using your medicine for a short period and I feel very much relieved. It is indeed a wonderful medicine, besides a good tonic."

Catarrh of the stomach is the correct name for most cases of dyspepsia. In order to cure catarrh of the stomach the catarrh must be eradicated.

Only an internal catarrh remedy, such as Peruna, is available.

Peruna exactly meets the indications.

Malta is the most thickly populated island in the world. It has 1,300 people to the square mile. Barbadoes has 1,054 people to the square mile.

**\$100 Reward, \$100.**

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c. Hall's Family Pills are the best.

The phrase of "the grand old man," as applied to Mr. Gladstone, is credited to the Rev. Edward Lloyd Jones of Manchester, England.

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**Homemade Figs.**  
Pour boiling water over ripe tomatoes and remove their skins, skin them and put them into a stone jar with their weight in sugar. Stand for two days, pour off the sirup and boil and skim this until the scum ceases to rise, pour over the tomatoes and stand for two days more. Boil and skim as before, then put the tomatoes into the sirup and let them stand in a cool place until a clear, dry day comes; place the tomatoes on earthen plates in the hot sun to dry. When thoroughly dry, pack in wooden boxes with fine white sugar between each layer. They will keep for years.

**Peach Pudding.**  
Chop the peaches into a bowl and add a generous quantity of sugar; then set away until a thick syrup has been drawn. To this add beaten eggs in the proportion of two eggs to a pint of fruit, preserving the whites of two eggs for meringue. Add half the quantity of milk there is of fruit, and two rolled crackers for each pint of the mixture. Mix, pour into an earthen dish and slip into a quick oven. Rapidly beat the whites with a heaping teaspoonful of soft white sugar to each, put at once on pudding and return to oven with the meringue is a delicate brown. Serve cold.

**Preserved Melon Rind.**  
Peel the rind and cut it into squares or lengths of uniform size, lay in salted water for two hours, then drain and cover with cold water, changing this every two hours for seven hours. Drain, cover with water to which two tablespoonfuls of alum have been added and stew until tender, then drain and lay again in cold water. Boil to a thick sirup sugar and water and when the boiling point is first reached lay in the rind and cook for fifteen minutes; then remove it and pack in jars, add a little lemon juice and ginger root to the sirup, and when thick fill the jars.

**Salmon Loaf.**  
Take salmon, remove the bones and break into flakes with a silver fork. Add four tablespoonfuls of melted butter, one cupful of breadcrumbs, one-half teaspoonful of salt and four well-beaten eggs. Put in a well-greased pudding dish and steam for one hour. This may be served hot on a platter with rice potatoes and a cream gravy, or sliced cold with a garnishing of lettuce or parsley and lemon.

**Apple Pandowdy.**  
Butter a baking dish and put in to it a layer of peeled and sliced apples; then butter, sugar and cinnamon to taste; add another layer of apples, with butter, sugar and spice, and a small cupful of warm water. Make a rich biscuit crust, cut with small biscuit cutter, and place upon the apples, not too closely; make slowly until well done, and serve either with lemon sauce or cream and sugar.

**Pineapple Pie.**  
Peel and take out the core and little ends of one pineapple. Grate it or chip into very fine pieces. Mix together and beat one cupful of sugar and one-half cupful of butter until creamed. Add the beaten yolks of five eggs, then the pineapple and one cupful of sweet cream, and lastly add the beaten whites of the eggs, whipped in the pie mixture very lightly. Use only one pie crust, the under one.

**Egg Salad.**  
Arrange a head of lettuce on a platter; cut six hard-boiled eggs in half crosswise; take out the yolks and pound them fine; mix with one and a half tablespoonfuls of olive oil, one even teaspoonful of mustard, pepper and salt, and enough vinegar to thin sufficiently. Cut a little of the end of each half egg to make it stand, arrange among the lettuce leaves and fill with dressing.

**Pickled White Onions.**  
Lay the onions in very strong brine for five days, then drain and cover with boiling hot brine and boil for five minutes. Drain and throw into fresh cold water and leave for several hours. Drain, pack into jars and fill these to overflowing with scalding, spiced vinegar. Do not use under six weeks.

**Cider Cake.**  
One cup of cider, one cup of butter, three eggs, two cups of sugar, one teaspoonful of soda dissolved in hot water, one teaspoonful of allspice, raisins and citron if desired, well dredged with flour for good batter. Bake in a loaf tin in a steady oven.

**Improved Cake Pan.**  
The cake pan with the removable bottom has been further improved by the addition of a handle in the shape of a hook. By means of this the tin can be easily removed from the oven, instead of eluding all efforts, as heretofore.

**THE KING OF BLOOD PURIFIERS**

No other remedy has given such perfect satisfaction as a blood purifier and tonic or is so reliable in the cure of blood diseases of every character as S. S. S. It is known as "The King of Blood Purifiers," and the secret of its success and its right to this title is because "IT CURES DISEASE." It is an honest medicine, made entirely of purifying, healing roots, herbs and barks, which are acknowledged to be specifics for diseases arising from an impure or poisoned condition of the blood and possessing tonic properties that act gently and admirably in the up-building of a run-down, weakened or disordered condition of the system.

One of the greatest points in favor of S. S. S. is that it is the only blood remedy on the market which does not contain a mineral ingredient of some kind to derange or damage the system. It is the one medicine that can be taken with absolute safety by the youngest child or the oldest member of the family, and persons who have allowed their systems to get in such condition that most medicines are repulsive to the stomach will find that S. S. S., while thorough, is gentle and pleasant in its action, and has none of the nauseating effects of the different mineral mixtures and concoctions offered as blood purifiers.

As every part of the body is dependent on the blood for nourishment and strength, it is necessary that this vital fluid be kept free from germs and poisons. So long as it remains uncontaminated we are fortified against disease, and health is assured; but any impurity, humor or poison acts injuriously on the system and affects the general health. Pustular eruptions, pimples, rashes and the different skin affections show that the blood is in a feverish and diseased condition as a result of too much acid or the presence of some irritating humor. Sores and Ulcers are the result of morbid, unhealthy matter in the blood, and Rheumatism, Catarrh, Scrofula, Contagious Blood Poison etc., are all deep-seated blood disorders that continue to grow worse as long as the poison remains.

But all blood diseases are not acquired; some persons are born with an hereditary taint in the blood and we see this great affliction manifested in many ways. The skin has a waxy, pallid appearance, the eyes are often weak, glands of the neck enlarged, and as the taint has been in the blood since birth the entire health is usually affected.

In all blood troubles S. S. S. has proved itself a perfect remedy and has well earned the title of "KING OF BLOOD PURIFIERS." It goes down into the circulation and removes all poisons, humors, waste or foreign matter, and makes this stream of life pure and health-sustaining. Nothing reaches inherited blood troubles like S. S. S.; it removes every particle of the taint, purifies and strengthens the weak, deteriorated blood, and supplies it with the healthful properties it needs and establishes the foundation for good health. As a tonic this great medicine has no equal, and it will be found especially bracing to weak, anaemic persons. Rheumatism, Catarrh, Sores and Ulcers, Skin

Diseases, Scrofula, Contagious Blood Poison and all other blood troubles are cured permanently by S. S. S., and so thorough is the cleansing of the blood that no trace of the disease is left to break out in future years or to be transmitted to offspring. If you are in need of a blood purifier get "THE KING" of them all, S. S. S.—and good results are assured. Book on the blood and any medical advice desired furnished without charge to all who write.

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"Dear me!" called back Mary. "Do you think it'll be as cold as the other kind?"

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Eva—Yes, when he proposed he spoke in sugared words. But I found out afterward they were not real.  
Edna—Perhaps they were only glucose words, dear.

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Gentlemen:—S. S. S. is used as a family medicine in our home. I myself have taken and always found it what it is claimed to be. It thoroughly cleanses the system of impurities, increases the appetite, improves the digestion, and builds up the general health. I have given it to my children with fine results. It promptly restores the appetite and clears the skin of all eruptions. It is a very fine blood tonic and has my hearty endorsement.  
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