

**MISS LEOPOLD, SECRETARY LIEDERKRANZ**

Writes: "Three Years Ago My System Was In a Run-Down Condition. I Owe to Pe-ru-na My Restoration to Health and Strength."



Miss Ricka Leopold, 173 Main street Menasha, Wis., Sec'y Liederkranz, writes:

"Three years ago my system was in a terrible run-down condition and I was broken out all over my body. I began to be worried about my condition and I was glad to try anything which would relieve me.

"Peruna was recommended to me as a fine blood remedy and tonic, and I soon found that it was worthy of praise.

"A few bottles changed my condition materially and in a short time I was all over my trouble.

"I owe to Peruna my restoration to health and strength. I am glad to endorse it."

**Pe-ru-na Restores Strength.**  
Mrs. Hettie Green, R. 6, Iuka, Ill., writes: "I had catarrh and felt miserable. I began the use of Peruna and began to improve in every way. My head does not hurt me so much, my appetite is good and I am gaining in flesh and strength."

**A Luxury.**  
Two gentlemen dining in a New York restaurant were surprised to find on the bill of fare, the item, "green bluefish."

"Waiter," one asked, "what sort of bluefish are green bluefish?"

"Fresh—right from the water," said the waiter, offhand.

"Nonsense!" said the man. "You know well enough they do not take bluefish at this season."

The waiter came up and looked at the disputed item.

"Oh, that, sir!" he said, with an air of enlightenment. "That's hothouse bluefish, sir."

**Why It Didn't Show.**  
"Has that new friend of yours any business ability?"

"Oh, yes."

"Well, it doesn't show on the surface."

"No, he's an official of the underground railway." — Cleveland Plain Dealer.

**Weas of the House Hunter.**  
"Mrs. Newcome, have you shot the chutes since you came to town?"

"Not yet. I've put in all my time flatting the flats." — Chicago Tribune.

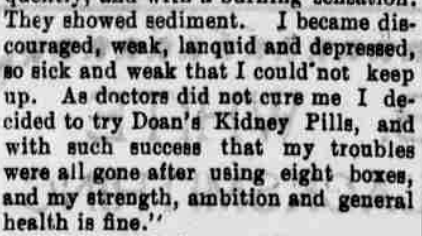
A Danish colony of 500 families is seeking a location in Mexico. If the colony prospers, it will receive large accessions later.

**COULD NOT KEEP UP.**

Broken Down, Like Many Another Woman, With Exhausting Kidney Troubles.

Mrs. A. Taylor, of Wharton, N. J., says: "I had kidney trouble in its most painful and severe form, and the torture I went through now seems to have been almost unbearable. I had backache, pains in the side and loins, dizzy spells and hot, feverish headaches. There were bearing down pains, and the kidney secretions passed too frequently, and with a burning sensation. They showed sediment. I became discouraged, weak, languid and depressed, so sick and weak that I could not keep up. As doctors did not cure me I decided to try Doan's Kidney Pills, and with such success that my troubles were all gone after using eight boxes, and my strength, ambition and general health is fine."

Sold by all dealers. 50 cents a box, Foster-Milburn Co., Buffalo, N. Y.



**WISE BROS DENTISTS**  
WASH DC PORTLAND

**HOUSEHOLD DEPARTMENT**

**Rhubarb Cream Pie.**

Chop enough rhubarb fine to make 1 cup. Add 1 cup of sugar, a pinch of salt and a grating or two of yellow lemon peel. Dissolve 1 rounding tablespoon of cornstarch in 2 tablespoons of cold water in a cup; fill the cup with boiling water and stir well. Beat the yolks of 3 eggs light; add to the rhubarb, then the cornstarch and water. Line a plate with good paste, pour in the filling and bake in a moderate oven. Cool and cover with a meringue made with the stiffly beaten whites of 3 eggs and one-half cup of powdered sugar. Set in the oven to color lightly.

**Tripe With Cream Sauce.**

Cut cooked tripe into pieces about an inch square, and dry them on a napkin. Melt a tablespoonful of butter in a saucepan, and put it in one and a half pints of cut tripe; stir gently, and fry for five minutes, then cover it and set it on the side of the range to keep warm. Melt, in another saucepan, one tablespoonful of butter, adding a heaped tablespoonful of flour, stir and cook for two minutes, add one pint of milk, half a teaspoonful of salt, then stir, and cook it to a smooth sauce. Drain the tripe, add it and serve.

**The Secret of Boiling Water.**

To boil anything well it is not necessary to boil it hard. The average kitchen servant thinks that the more commotion in the water the hotter it is, and in order to produce this she burns a great deal of fuel and ruins the stove by keeping it red hot. Water placed in a stewpan directly over a red hot lid will, of course, boil more vehemently, yet it will not cook meat or potatoes any quicker, and not so well as water that just keeps at the boiling point and quietly simmers.

**Cheese Cutlets.**

Put two tablespoonfuls of butter in a saucepan, and, while melting, add four level tablespoonfuls of cornstarch, a saltspoonful of salt and a dash of white pepper or paprika. When blended add one cup of rich milk; stir until smooth, then add one cup mild American cheese, cut into small pieces, and a half cup grated Parmesan. Mix thoroughly, spread in buttered cutlet molds or pat into shape with the hands, and, when stiff, egg, crumb and fry in deep fat.

**Smothered Potatoes.**

Pare the potatoes and cut into small cubes. Put them into cold water for a few minutes, then into boiling water and let them boil about ten minutes. Then drain off all the water and put the potatoes into a double boiler, dredge them with a tablespoonful of flour, add about the same amount of butter and two cupfuls of milk. Cover them, and cook gently for twenty minutes. Season with salt, pepper and celery salt. Serve in a hot dish.

**Plain Cake.**

Cream one-half cupful butter; add to it one cupful sugar and beat well, then the yolks of two eggs, with one teaspoonful any flavor. Add one-half cupful milk alternately with two cupful flour in which has been mixed one teaspoonful baking powder, and last of all add the whites of the eggs beaten to a stiff froth. Bake one hour.

**Marsh Mallow Cake.**

A most delicious cake is a marsh-mallow cake, and it is as tempting to the sight as it is to the taste. Two cupfuls of sugar, one cupful of butter, one cupful of milk, yolks of four eggs and whites of three, four cupfuls of flour, two large teaspoonfuls of baking powder. Bake in four long layers.

**Oatmeal Rolls.**

To a vegetable dish of cold oatmeal left from breakfast, add one tablespoonful of melted butter, one egg, one pint of hot milk, two teaspoonfuls of baking powder, and flour to make a stiff batter. Bake in gem tins or muffin rings in a brisk oven.

**Catsup Without Seeds.**

Boil half an hour briskly the juice expressed from five pounds of unstemmed currants, three pounds of brown sugar, a pint of vinegar, a tablespoonful each of allspice, cloves, pepper, and a half of cinnamon, a tablespoonful of salt, with one nutmeg grated.

**Spice Cake.**

Two cupfuls of brown sugar, one-half cupful of butter, two and one-half cupfuls of flour, one cupful of sour milk, one teaspoonful of soda, one teaspoonful of ground cloves, one-half teaspoonful each of ground allspice and mustard, two teaspoonfuls of cinnamon.

**Sauce Tartare for Fish.**

Make a cup of mayonnaise dressing and beat gradually into it a teaspoonful each of French mustard, chopped pickles and minced capers, a dozen drops of onion juice and a tablespoonful of minced parsley. Beat hard and

**The Polite Burman.**

In the cities of Burma, where the natives have been long in contact with Europeans, says the author of "Burma, Painted and Described," they have lost some of their traditional politeness; but in the country districts old-school courtesy is still the custom.

An English gentleman who had bought a new pony was trying him out on a Burman road, when the animal bolted, and ran at top speed down a narrow road.

In the way ahead was a native cart, in which was a family party out holiday-making.

The pony dashed into the back of the cart, threw his rider into the midst of the merry-makers, and severely injured the Burman who was driving.

Before the Englishman had an opportunity to explain his unexpected onslaught the Burman picked himself up and bowed low.

"My lord, my lord," he said, apologetically, "the cart should not have been there."

**Found He Was a Cannibal.**

A new arrival in the town entered a restaurant and ordered his dinner. He had just been served when a large, round person entered and seated himself at the same table, and finally reached over and helped himself to his neighbor's bread; seeing that the other man's boiled potato had not been touched he took that and ate it without removing the skin. A piece of chicken followed.

By this time the waiter reappeared and handed the bill of fare to the newcomer.

"Roast beef; roast pork. Which shall I take?" said he. "Well, I guess you can bring me roast beef, a double order."

"Thank heaven," said the man opposite.

"Eh? What did you say, sir?"

"I said 'Thank Heaven!' I was afraid you were a cannibal." — Pittsburg Press.

**FITS.**

Dr. H. H. Kline, 104 W. Arch St., Phila., Pa.

**Met Often.**

"Why are you bowing to that man? Do you know him?" asked Midge, in surprise.

"Yes," said her chum. "He walked over me so many times getting out between acts at the theater last night that we got real well acquainted." — Detroit Free Press.

**Reciprocity.**

"I declare," complained Mrs. Duzzit, "I shall certainly have to punish the children!" says a writer in Life. "What have they been up to now?" inquired her husband.

"They have simply upset my sewing room. Nothing is where it should be. Needles, spools of thread, scissors, darning balls, everything I have has been poked away into the most unexpected corners. It is perfectly exasperating."

Mr. Duzzit surveyed his wife with a benign air.

"That wasn't the children, dear," he said. "I did that."

"What possessed you?"

"It was kindness of heart. After you straightened up the papers and books on my desk so beautifully, I thought it was no more than right that I should return the compliment by putting your sewing room in order. So I did."

**Slang Not All American.**

Is "fired out" an Americanism? This question is put by a London paper in discussing the use of the expression by the Vienna correspondent of the Times in connection with the dismissal of the American ambassador to Austria-Hungary. Anything that seems slangy is generally stamped as an Americanism, but in this case, as in so many others of a similar nature, it is shown that the phrase can be found imbedded in the classics of the English language. "Fired out" an Americanism? Well, in one of Shakespeare's sonnets, as one of the London papers says, you may read: Yet this shall I ne'er know, but live in doubt,

Till my bad angel fire my good one out.

An American school teacher—and this is another illustration that comes to mind—decided that his pupils should drop the word "say" because it was inelegant. The tendency to begin a remark or a question with "say" may certainly be overdone, but, as a bright pupil pointed out, if "say" is vulgar, how should we regard the use of it in the first line of "The Star-Spangled Banner"—"Oh, say, can you see?"

**To Break in New Shoes.**

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

**Discouraged.**

Sherlock Holmes had announced his intention of abandoning detective work.

"My dear Holmes," said Dr. Watson, "you don't mean it!"

"Quite so, my dear doctor," he said. "Those Philadelphia detectives have made me look like a bungling amateur."

Shooting another charge of dope into his arm, he assumed a William Gillette pose and stared moodily into the fire.

**Mothers will find Mr. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.**

**In Confidence.**

"I knew," he declared, "that we were meant for each other from the very moment I first saw you."

"I knew it," she replied, "long before that."

"Yes, I may tell you now in confidence, since we're engaged and it's all settled, that mamma had been mapping out our accidental meeting for three months." — Judge.

**Catarrh Cannot be Cured**

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

F. J. CHENEY & CO., Props., Toledo, O. Sold by druggists, price 75c. Hall's Family Pills are the best.

**Able to Retaliate.**

Byron was writing his "English Bards and Scotch Reviewers."

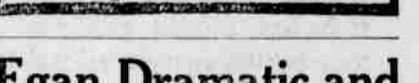
"They'll find I'm no Keats!" he exclaimed. "I'm a ba-ad man from the headwaters of Bitter creek, and I can hit back—darn 'em!"

Regretting that his lame foot was not a real club, so he could use it on them, he dipped his pen in the vitriol again and confided some more of his burning thoughts to the sheet of paper before him.

**A Hair Dressing**

Nearly every one likes a fine hair dressing. Something to make the hair more manageable; to keep it from being too rough, or from splitting at the ends. Something, too, that will feed the hair at the same time, a regular hair-food. Well-fed hair will be strong, and will remain where it belongs—on the head, not on the comb!

The best kind of a testimonial—"Sold for over sixty years."



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