

As It Often Happens. When our hero did his courting in the golden long ago,

He declared that her small fingers never real toil should know. He'd protect those dainty digits ; he would

labor like a Turk,

And he'd never, never let her do a thing that smacked of work.

For some six or seven winters have the twain been married now. But throughout them all our hero has

been faithful to his vow. he lets her 'tend the furnace, lets True.

her carry in the coal, But no real work. Good gracious! That

would jar his tender soul. -Louisville Courier-Journal. Sec. B.

Resources of Genius.

The editor looked over the manuscript submitted by the village poet and frowned.

"Here is one line," he said, "in which you speak of 'the music of the cider How would you undertake to imipress.' tate the 'music' of a cider press?"

"I should think it might be done with a juice harp," answered the poet.

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Three cups of granulated sugar two rups of cold water, one teaspoonful of cream of tartar. Boll these ingredients together until stiff enough to make a ball of the consistency of putty when dropped into cold water. Turn out upon a dish and stir to a cream with a spoon or wooden spatula. Have ready the beaten white of an egg and two teaspoonfuls of powdered gum arabic dissolved in a very little water, and very thick. When the beating of the sugar makes it begin to turn white, add the eggs and gum arabic, and stir until cool. This can be used at once, or will keep for a month. When wanted, set the vessel containing it in an outer pan of hot water, and beat until soft enough to spread on the cake.

To Save Meat.

Chop fine any bits of meat, chicken pork, veal, beef or what not, add and chop into any cold fried or bolled eggs which have been left over. When the whole is chopped fine and thoroughly mixed add one or two beaten eggs. The beaten eggs can be dispensed with if necessary. Add a little sweet milk for molsture and enough cracker crumbs to make the mixture easily handled. Season with salt and pepper. Roll into cro quettes and fry in hot lard. If desira ble the croquettes can be made into balls and fried to a crisp in half butter and half lard.

Boston Baked Beans.

Soak a quart of beans in cold water over night. In the morning soak fo two hours in warm water. Drain, put into a pot with water enough to cover them and bring slowly to a boil. When tender pour off the surplus water and put the beans into a deep bake dish. place a piece of deeply-scored salt pork in the center, pour in a pint of water in which the beans were bolled, stirring into this a half-cup of molasses and a quarter teaspoonful of French mustard. Cover and bake for at least six hours.

Broiled Squabs.

Pick and draw the squabs and re move their heads and feet. Split then down the backs, wipe out the bodies with a damp cloth and lay them open on a gridiron. Broil over a clear fire, turning when necessary, and watching carefully that they do not burn. Lay on slices of buttered toast, put a lump of butter on each bird, sprinkle with salt and pepper and serve.

Chill Con Carni.

Seed six red chillies and cover with boiling water. When tender scrape the pulp into water. Cut two pounds of steak into small pieces and fry brown in butter or dripping, add flour 81

THE GREATEST OF ALL TONICS

The ingredients that enter into S. S. S. and the method of combining and preparing them so that they build up and strengthen every part of the body, make it the greatest of all tonics. S. S. S. is nature's remedy-PURELY VEGETABLE-and while it is restoring the lost appetite, overcoming that tired, run-down feeling, and other ailments common to Spring, which warn us that it is necessary to take a tonic, it is purifying the blood of all poisons and waste matters so that it can supply to the system the strength and nourishment it needs to keep it in perfect condition during the depressing summer months that are to follow.

Spring is the season when most every one needs a tonic. It is nature's time for renewing and changing; and as everything puts on new life, the sap rises in vegetation, the earth thaws out from its winter freezes, and all respond to Spring's call to purge and purify themselves, there is a great change also takes place in our bodies. The blood endeavors to throw off the poisons and accumulations which have formed in the system, and been absorbed by it, from the inactive winter life, and calls upon every member to assist in the elimination. The system is often unequal to the struggle, the appetite grows fickle, the energies give way, the spirits are depressed, and a general rundown condition is the result.

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Then the body must have assistanceit must be strengthened and aided by a tonic, and S. S. S. is the ideal one. Being made entirely from roots, herbs and barks, it does

AN EFFORT TO PULL THROUGH THE DAY.

I have used S. S. S. quite extensively and unhesitatingly recommend it as the best blood purifier and tonic made. I am a machinist by trade and at one time my system was so run down that by 10 o'clock every day I would be completely exhausted, and it was with the greatest effort that I could pull through the balance of the day. Since taking S. S. S., however, all this has disappeared. I am a strong, vigorous man, abundantly able to do my day's work, my appetite has been whetted up so that I can eat anything, my sleep is sweet and refreshing, and I know further that it has purified my blood and put it in good condition. I cannot speak too highly of your great remedy, S. S. S. 817 W. Broad St., Columbus, O. A. B. MONTGOMERY.

SHE FOUND IT THE BEST SPRING TONIC.

On two occasions I have used S. S. S. in the spring with fine results. I can heartily recommend it as a tonic and blood purifier. I was troubled with headache, indigestion and liver troubles, which all disappeared under the use of S. S. S. My appetite, which was poor, was greatly helped. I can eat anything I want now without fear of indigestion, and my blood has been thoroughly cleansed of all impurities and made rich and strong again. As a tonio and blood purifier it is all you claim for it. 771 E. Main St., Springfield, O. MRS. G. WIEGEL.

not disagreeably affect the system in any way as do most of the so-called tonics on the market, which contain Potash or some other harmful mineral ingredient to derange the stomach and digestion, unfavorably affect the bowels, or otherwise damage the health. S. S. S. tones up the stomach and digestion and assists in the assimilation of food; it rids the system of that always-tired, worn-out feeling, and imparts vigor and tone to every part of the body. It reestablishes the healthy circulation of the blood, stimulates the sluggish organs, and calms the unstrung nerves which make one feel that he is on the verge of prostration. S. S. S. gives an appetite and relish for food that nothing else does, and by its use we can find ourselves with as hearty, hungry an appetite in Spring as at any other season.

It acts more promptly and gives better and more lasting results than any other remedy, and is absolutely safe because of its vegetable purity. Dyspeptic, irritable, nervous, debilitated people will find S. S. S. is just the medicine that is needed for the purification of the blood, which, from its diseased or impure condition, is causing their trouble, as well as for toning up and helping the entire system. When you take your tonic this Spring do not experiment, but get the best-the tonic with forty years of success behind it, and the one endorsed by the best people all over the country-S. S. S., THE GREATEST OF ALL TONIOS. It is necessary at this time, when the system is depleted and weakened at every point, that the right remedy be used-one that is especially adapted to the condition, and S. S. S. has proved itself to be this remedy for many years. If it is taken at the first sign of Spring the system will be so built up and strengthened that the disagreeable affections of the season will not be felt as warmer weather comes on.

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