

Kick off your summer with a 5K run

15th annual Family Fun Day and Grant County Health Fair is June 25

By Lisa Britton
Go! Magazine

JOHN DAY — June 25 will be a day focused on fitness, health and fun with the 15th annual Family Fun Day and Grant County Health Fair, plus a 5K fun run.

And it all happens at the Grant County Fairgrounds.

The day gets going at 7 a.m. with the health fair, which runs until noon. This event is designed to promote health awareness through education, early detection and prevention.

Those interested in having a booth at the health fair can fill out a form here: <https://forms.gle/5Nu4qQLfBRwU3QV97>.

Booth space is also available at Family Fun Day, and these should offer a free activity or game, said Katrina Randleas with Families First, which is sponsoring the day.

To apply for a booth, fill out this form: <https://forms.gle/M5Mvc8XsDdvRf7Fd9>

"Any group in the community

who wants a booth can do a family activity," Randleas said.

Booth requests need to be in by May 25.

5K

The 5K starts at 8 a.m. The first 100 participants will receive a free "Go Outside" ball cap. T-shirts will also be available to purchase. Entry is free for ages 18 and younger, or \$5 for adults.

The 5K starts and ends at the fairgrounds. The route will utilize the city of John Day's new trail system including Hill Park, the Davis Creek Trail, the Seventh Street Complex and the Prospector River Trail.

Register by May 27 at <https://jdccparksandrec.org/>. Participants can also register at the fairgrounds before the run starts.

FAMILY FUN DAY

The Family Fun Day portion runs from 10 a.m. to noon. Admission is free for all to play on the bounce houses, water slide, rock climbing wall, obstacle course and ninja warrior wipeout course.

"Fun stuff," Randleas said.

For those who work up an appetite, burgers and hot dogs will be sold for \$1.



FAMILY FUN DAY

Saturday, June 25
7 a.m.-noon
Grant County Fairgrounds
John Day

Blue Mountain Eagle/Steven Mitchell Brock Haak rides the mechanical bull during Family Fun Day at the Grant County Fairgrounds. The 2022 event on June 25 includes a health fair, booths with family activities, bounce houses, a 5K and more.



HERITAGE STATION
The Umatilla County Historical Society Museum

18th Annual Old Iron Show

Roy Raley Park Pendleton, Oregon

Friday & Saturday,
June 3rd & 4th
8am - Dusk
Sunday, June 5th
8am - 1pm



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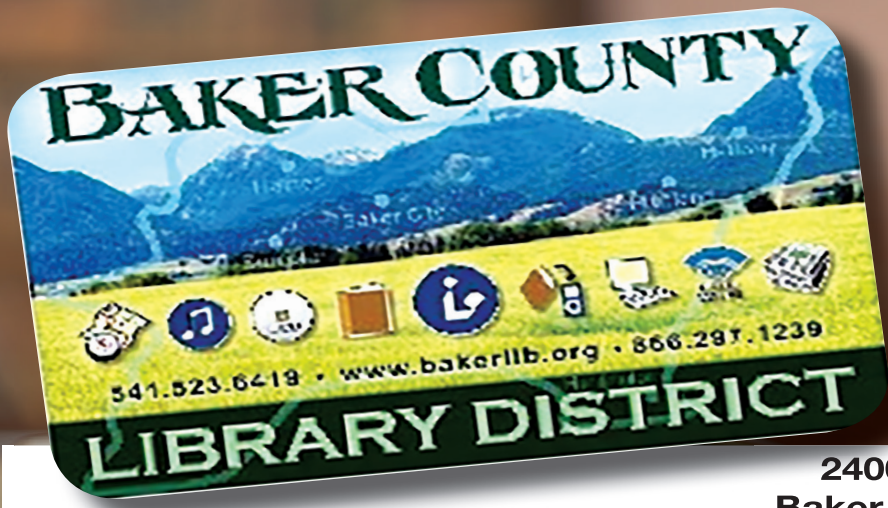
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