SOUND CHECK

August brings live music to HQ

By Lisa Lester Kelly Go! Magazine

A GRANDE — With the easing of public health restrictions, live music has returned to HQ, 112 Depot St.

Three nights of music are planned for August. For each show, doors open at 7 p.m. and the music begins at 8 p.m. Admission is \$10 at the door.

First up is Sun Blood Stories on Saturday, Aug. 7. A band from Boise, Sun Blood Stories describes their music as "high desert psych fuzz" on www.sunblood-



www.facebook.com/theshivas The Shivas



www.facebook.com/nogeroband Nogero

stories.com. The band, which was founded in 2011, is named after the color of Boise's skies during summer forest fires.

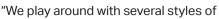
Sun Blood Stories — Cody Goin (bass, synth), Amber Pollard (vocals, slide guitar), Wade Ronsse (drums) and Ben Kirby (vocals, guitar, slide guitar) — performs regularly at the annual Treefort Music Fest, Boise's signature event.

Another band together for a long time, The Shivas take the stage at HQ on Friday, Aug. 13. The group, which formed in 2006, began booking West Coast tours while still in high school, according to their website, www.theshivas.org.

Guitarist/singer Jared Molyneux, bassist Eric Shanafelt and drummer/singer Kristin Leonard have all been with the band since its earliest days, and guitarist Jeff City, another high school friend, joined in 2017.

The Portland-based band has a "live urgency," says their website. "They've honed and tightened their performances without sacrificing the element of surprise that makes each show special."

On Saturday, Aug. 21, La Grande heavy metal band Nogero rounds out the month's trio of eclectic concerts.





www.facebook.com/sunbloodstories Sun Blood Stories

metal but the genre we usually stick with is known as thrash metal," said Nik Hackney, the group's guitarist.

Shawn Turley (on bass), lan Dill (on drums) and Hackney are all "La Grande boys born and raised," Hackney said and vocalist Jim Noves has lived in La Grande for years. All members grew up playing metal and other kinds of music. Hackney said he joined the band about three years ago but the other members had already been playing as Nogero for several years.

"The upcoming show will be our longest set to date featuring at least 13 original songs plus a handful of fan favorite covers," Hackney said. "Come out, have some fun, and bang your head."



11 am-8 pm