

THREE MINUTES WITH ...



BEATRIZ COVARRUBIAS

Medical Assistant at
Mirasol Family Health Center

When and why did you move to Hermiston?

I was born here. My parents thought this would be a great place to relocate after coming from Mexico.

Where is your favorite place to eat in Hermiston?

Definitely Lawan's Thai. Their chicken pad thai is amazing!

What do you like to do in your spare time?

I like to go fishing and hunting. This area is great for that.

What surprises you about Hermiston?

The diversity in our town. I love seeing how involved our community gets.

What was the last book you read?

It has been awhile since I have read, but I last read "A Child Called It" by Dave Pelzer.

What website or app do you use most other than Facebook?

Pinterest! My husband would definitely agree with me since I always have projects for him to do.

If you could travel anywhere, where would you go?

Paris in a heartbeat!

What is the funniest thing that's ever happened to you?

I can't think of one right away except the time I wore two different shoes to work and never noticed until I got home.

What is one of your goals for the next 12 months?

To purchase a home and finish school.

What is your proudest accomplishment?

Being a teen mom of two girls and finishing high school.

DVS plans annual walk 'in her shoes'

Registration is open online for the seventh annual walk "In Her Shoes," beginning at 9 a.m. on Saturday, April 24, and running through noon on the walking path around the Good Shepherd Medical Center campus, 610 N.W. 11th St.

The annual event gives community members a chance to experience the choices facing a domestic violence victim, and serves as a fundraiser for Domestic Violence Services Inc.

Participants will walk through a series of stations that pose a domestic

violence situation and the choices, barriers and decisions victims must face. Those visiting the walk will need a smartphone or tablet to scan QR codes at each station. Bottled water, disinfecting wipes, sanitizer, disposable masks and gloves will be available for all participants, and all transactions will be hands-free.

Visit <https://event.auctria.com/19f04aa3-5aef-4c19-9d32-3305c2556b9b/> to register. The \$15 registration fee includes a T-shirt, and a mystery goody bag for the first 20 to sign up.

HERMISTON HISTORY

Umatilla School District considers uniforms



Hermiston Herald, File

Patti Turner of Greg's Sleep Center, left, Grant Aldred and his mother Dina Aldred sit on a futon sofa donated and auctioned off at a benefit for the first Funland Playground in 1996.

25 YEARS AGO

April 23, 1996

The issue seemed to come out of nowhere. Umatilla school board members last month started by discussing how to resurface the floor of the high school gymnasium.

Soon, they found themselves talking about mandatory gym shoes. Students should have to wear shoes, they said, which are floor surface-friendly.

Then the discussion shifted to physical education clothes. Could the school strike a deal with a discount store to provide inexpensive shoes and clothes?

And then, in the middle of a confusing conversation between board members, school staff, parents and boosters, someone uttered the word "uniform."

That was benign enough. Until a board member stopped the discussion to ask, "Are we talking about P.E. uniforms or school uniforms?" Blank stares followed. Then the gears began working again.

School uniforms, it was decided, was an issue best reserved for another — safer — time and place.

"It's a big issue," said Toni Hardman, district superintendent.

The April board meeting was set as the time and place. With a quick vote, the board agreed to put two of its members — Bob Mueller and Ken Johnson — on a committee to examine the issue of school uniforms.

50 YEARS AGO

April 22, 1971

Hermiston School District 8R will not have a kindergarten in 1971-72.

The School Board unanimously voted Monday night to table consideration of a kindergarten until discussions next year of the 1972-73 budget.

Superintendent Armand O. Larive had said at the March meeting of the board that with the anticipated sharp drop in first grade enrollment next year there could be enough teachers and classroom space for the district to establish a kindergarten with little added cost other than for extra busing and additional equipment. One teacher would be handling 50 children a day in two sessions, a class of 25 in the morning and a class of 25 in the afternoon.

75 YEARS AGO

April 25, 1946

With the building for the new Umatilla telephone exchange near-



Hermiston Herald, File

People pick asparagus outside Hermiston in 1971.



Hermiston Herald, File

Members of the Desert Belles Club plant trees in Hermiston for Arbor Day in 1996.

ing completion, indications now are that installation of dial central office equipment will get underway next month, according to B.F. Pickett, district manager for Pacific Telephone and Telegraph company.

The building, located on 7th Street between I and J streets, is one story and of brick and frame construction.

If equipment, cables and other materials are delivered on schedule, the new Umatilla dial office should be in operation this summer, Pickett said.

The new telephone exchange will serve telephone users in the Umatilla area, which area is now served through the Hermiston exchange. Initially more than 100 telephones will be connected with the new exchange when it is placed in service.

100 YEARS AGO

April 15, 1921

A clean town! Doesn't our little town look splendid? The men surely did some great work on clean-up day!

Anyway, we have the best bunch of civic spirited men in Hermiston that you'll find any place, that's the reason the Community Club voted to go along with the men in keeping Hermiston clean all summer. They call it an anti-fly campaign but that means an anti-filth campaign because f-l-y spells filth.

This is going to be a great drive, so get in line and go over the top with a swatter and swat. Teach the children the game. Dig out breeding places of flies, trap them and then fix all your screens tight, very tight. Should a fly then get by, swat him. The first flies are the important ones, for they are the parents for all that follow.

I am swatting every one I see right now. Hoping you are doing the same.

Yours truly, Mrs. H.M. Schilling

BY THE WAY

Good Shepherd offering Moderna vaccines weekly

Good Shepherd Health Care System is offering the Moderna COVID-19 vaccine weekly through the end of June.

The vaccine is free, and no health insurance or appointment is required.

Everyone in the United States ages 16 and older is now eligible for the COVID-19 vaccine. People ages 16 and 17 are currently only eligible for the Pfizer version, however.

Good Shepherd's vaccine clinics will be held on Thursday, April 22, Friday, April 30, and Thursday, May 6, from noon to 4:30 p.m.

After May 6, the vaccine will be available from 1-3 p.m. each Thursday through June 24.

The vaccinations will be administered on the Good Shepherd campus, 610 N.W. 11th St., in Conference Rooms 1 and 2 by Entrance C.

For more information, visit www.gshealth.org/coronavirus or call 541-667-3426.

Laboratory professionals recognized

April 18-24 is National Laboratory Professionals Week.

Good Shepherd Health Care System is providing a way for community members to thank its laboratory department staff by visiting www.gshealth.org/give-thanks.

According to a news release from Good Shepherd, its team includes 13 lab technologists and 15 lab assistants, working for a department accredited by the Oregon Health Authority and the Clinical Laboratory Improvement Act. The lab processed 10,562 COVID-19 tests between March 2020 and March 2021. It ran a total of 1,276,916 laboratory tests, 6,945 microbiology cultures and 2,195 Type & Screen/Crossmatch tests.

"There's no doubt we have provided great support to

our patients and health care professionals," Ronda Reisdorff, Good Shepherd's Laboratory Department Manager, stated.

Senior meals include beans, baked fish

The Harkenrider Senior Activity Center menu for Thursday, April 22, is baked fish, coleslaw, vegetables and dessert. The menu for Tuesday, April 27, is beans and ham, cornbread, fruit and dessert.

For a Meals on Wheels delivery in Hermiston, call 541-567-3582 up to 4 a.m. to place an order.

To pick up a meal from the center at 255 N.E. Second St., call the same number before 11 a.m. Meals are \$4 and can be picked up between 11:45 a.m. and 12:15 p.m.

The Boardman Senior Center is now providing meal delivery. Meals are \$4 paid upon delivery. Call 541-481-3257 to order.