

THREE MINUTES WITH ...



DAWN HEADINGS

Nurse practitioner,
Family Health Associates**When and why did you move to Hermiston?**

In August 2005, my husband Kevin was hired to be the elementary principal at Stanfield School District. We moved to Hermiston from Lebanon with our three children, including a 1-week-old baby, not knowing anyone and away from all family.

Where is your favorite place to eat in Hermiston?

Farmers Kitchen. I'm still holding out hope that they will return someday.

What do you like to do in your spare time?

Travel!

What surprises you about Hermiston?

It is actually similar in size to the community we moved from, and similar in many ways, but we were surprised to see four seasons and didn't have 300 days of rain like we were used to in the Willamette Valley.

What was the last book you read?

Audible counts as reading, right??? "The Return" by Nicholas Sparks. Almost finished with "There, There" by Tommy Orange. Actually READ book would be "Educated" by Tara Westover.

What website or app do you use most other than Facebook?

According to my phone ... it's my games. So apparently that's what I do in my spare time! I like Best Fiends and a couple of others. Audible as well, since I listen to books whenever I'm in my car alone.

If you could travel anywhere, where would you go?

Sunny, warm, and beachy. (No desire to do any cruises, ever.)

What is the funniest thing that's ever happened to you?

I can't think of any recent ones, but there are many with my kids that I'll remember later. I do recall one time before we had children, Kevin and I were catching crawdads in the Alesa and a bumblebee was flying around my head; Kevin tried to catch it and smacked me in the forehead with his crawdad net. I laugh now.

What is one of your goals for the next 12 months?

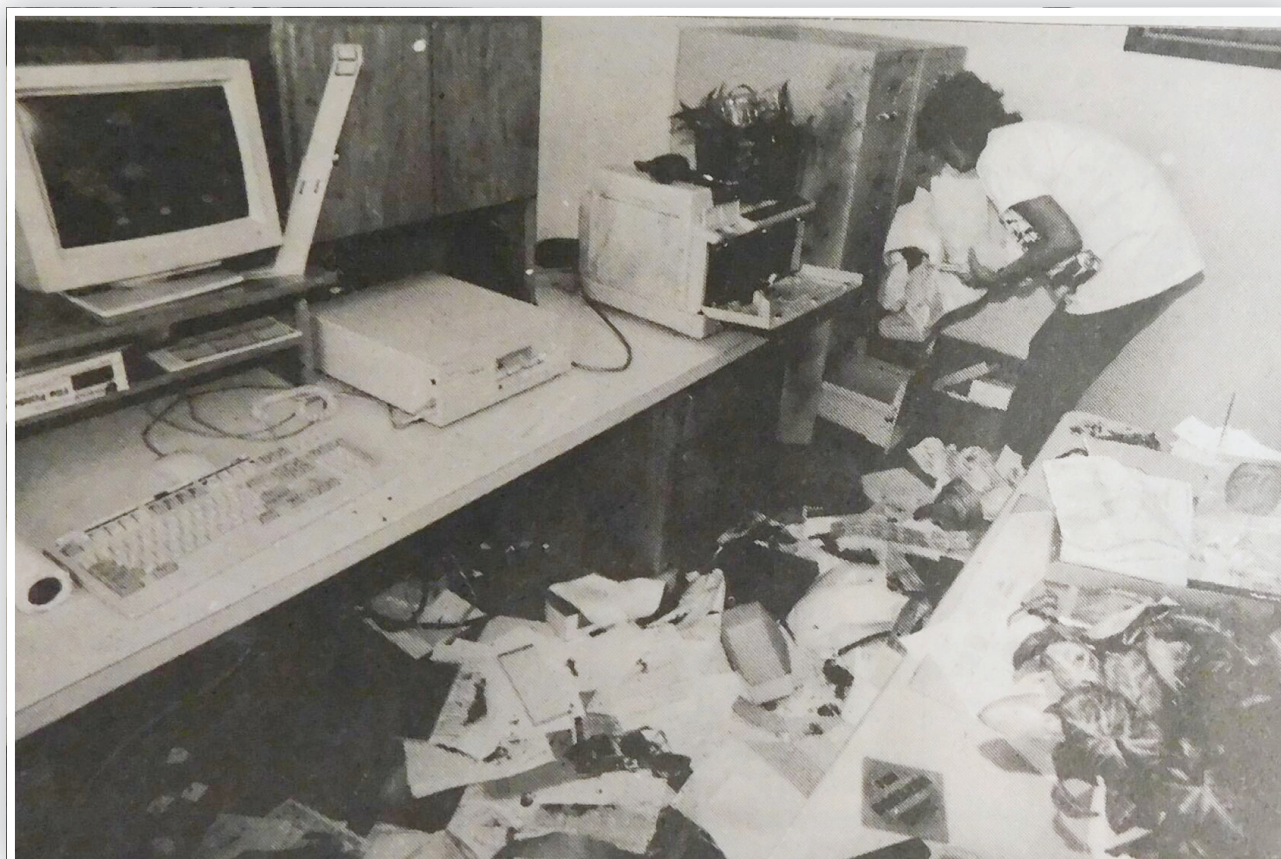
Get my high-schooler through her sophomore year with all of us maintaining a reasonable level of sanity. This distance learning is hard for everyone involved and not the preferred method for many teachers and students alike.

What is your proudest accomplishment?

Getting my degree and life-goal job at age 40. I was a registered nurse from age 20 on, and received my Master of Science in nursing with a specialty in family practice (FNP) from Georgetown University and then began working at Family Health Associates as a primary care provider in 2014. I recently was hired by Georgetown as a clinical faculty advisor working with family nurse practitioner students in their clinical sites in various parts of the country and am loving this new opportunity as well.

HERMISTON HISTORY

Potato truck driver rescued after collision



Hermiston Herald, File

Unknown vandals broke in and trashed the newly opened Hermiston Community Center in October 1995.

25 YEARS AGO

Oct. 17, 1995

A 23-year-old man is in serious condition today at Oregon Health & Science University hospital in Portland after two potato trucks collided Friday on Westland Road near Lamb Weston, which left him trapped in his truck for more than an hour.

Alejandro Madrigal's 10-wheel potato carrier collided Friday with a semi-truck leaving Lamb Weston. The accident sent Madrigal's load of potatoes tumbling over the cab and onto the road. The front of his truck was crushed under the force of the impact, spilling diesel fuel.

Emergency workers were called to the scene at 12:21 p.m. Hermiston Fire Chief Jim Stearns immediately called for assistance from an Army fire brigade at the Umatilla Army Depot. Workers took more than an hour freeing Madrigal and had to use a pair of Jaws of Life tools to safely extricate him.

"It was probably the most difficult extrication we've done with the patient conscious," Stearns said. "He was jammed in there against another vehicle."

For every move rescuers made, they had to take care not to further injure Madrigal. Madrigal was conscious and alert throughout the extrications and spoke to rescuers via a translator. He told them he had no feeling below his waist. Rescuers feared he may have lost his legs. At one point during the rescue, one emergency medical technician commented that Madrigal shouldn't have survived the wreck.

Umatilla County Sheriff's Deputy Mike Boise said interviews with the other driver indicate Madrigal may have had his turn signal on and was attempting to brake for the turn just prior to impact.

"It was like two brick walls running into each other," Boise said.

50 YEARS AGO

Oct. 15, 1970

Further knowledge of living conditions among the Umatilla Indians and others in past centuries is being gathered with the beginning of the second excavation project in the old Umatilla townsite by the Mid-Columbia Archaeological Society.

The first "dig" was completed on E Street near the Columbia River the Memorial Day weekend. The research is being done under a permit



Hermiston Herald, File

Firefighters work to extricate Alejandro Madrigal from a potato truck after a crash in 1995.

issued to the anthropology department of the University of Idaho at Moscow.

Among interesting things found the past weekend was a bone bead approximately 3/8 of an inch in diameter and 2 inches long. It was highly polished and intricately carved. After being catalogued the items are returned to the finders with the exception of approximately 10% which are retained for display purposes. These displays will be returned to the county at such time as a suitable permanent home is available.

At the end of the permit period a detailed report of the activities involved will be published in book form and will be available as well as placed in libraries locally. This area has been inhabited continuously for some 6,000 years, so this book should prove to be of interest.

75 YEARS AGO

Oct. 18, 1945

M. K. Ransom, local Chevrolet dealer, returned from Portland yesterday where he attended a preview of the new 1946 Chevrolet at the company's zone headquarters. He was reluctant to discuss the mechanical and style features of the new car, but by his eager attitude it was apparent that he expected the formal announcement and public showing of the car to be at an early date.

Mr. Ransom said he and other dealers in the area were confident that the 1946 Chevrolet will main-

tain the record of top volume sales, which Chevrolet reached in 10 of the last 11 prewar years of automobile production, to meet the unprecedented pent-up demand for new cars.

Throughout the war period, car owners have been forced to get along with their old automobiles. At the same time dealers have expended every effort to service these cars, and to keep them rolling for the duration.

100 YEARS AGO

Oct. 15, 1920

Oregon Must Have a Port Equal to Any Port on the Pacific Coast. Initiative measure No. 310 on the ballot gives to the Port of Portland means to create such a port. The primary object of this bill is to furnish the means to insure the opening and maintaining of a 30 foot channel from Portland to the sea and of building and establishing port facilities at the City of Portland sufficient to handle the foreign and coastwise shipping of that port. The cost of this improvement will be met by the people living within the boundaries of the Port of Portland.

The passage of this bill means lower rates for the products of Oregon in reaching the markets of the world and a consequent greater profit to the producer. This is the most important and the most valuable measure that has ever been put up to the voters of the interior portions of the state.

— Oregon Port Development League, G. S. O'Neal, Secretary

BY THE WAY

Grants available for artists affected by COVID-19

The Oregon Arts Commission is offering grants to artists affected by COVID-19 through the Artist Relief Program, in partnership with Oregon Community Foundation and the James F. and Marion L. Miller Foundation.

The grants are for Oregon professionals in the arts who have experienced financial hardship during the COVID-19 pandemic due to cancellations of exhibitions, performances, rehearsals, book signings and other professional opportunities.

Artists who have experienced or anticipate experiencing loss of revenue of \$1,000 or more between March 1 and Dec. 31, 2020, can qualify. Awards range from \$1,000 to \$5,000.

Artists from underserved communities such as rural communities and communities of color, as well as artists with disabilities, are especially encouraged to apply.

For more information, see oregonartscommission.org/grants/artist-relief-program.

Stokes Landing offers senior meals

The Stokes Landing Senior Center will offer meals to go beginning on Monday, Oct. 26. The meals will be prepared at the senior center, 150 Columbia Lane in Irrigon, and will be served in drive-thru fashion on-site.

Pick-up will be between noon and 12:30 p.m. each Monday of the month. Payment will be accepted with correct change only or by check. Cost per meal is \$4 for those 60 years of age and over, and \$5 for individuals under 60.

Those wanting a Monday meal must call 541-922-3334 by 3 p.m. on the Friday preceding the Monday meal, beginning Friday, Oct. 23. Leave a name, number of meals ordered and a phone number.

For more information, call the senior center at 541-922-3603.

Chicken, fish and beef on menus

The Harkenrider Senior Activity Center's take-out and delivery menu for Thursday, Oct. 22, is baked chicken, mashed potatoes and gravy, veggies and dessert. Tuesday, Oct. 27, will be baked fish, pea salad, fruit and dessert. For a **Meals on Wheels** delivery in Hermiston, call 541-567-3582 before 10 a.m. to place an order. To pick up a meal from the center at 255 N.E. Second St., call the same number before 11 a.m. Meals are \$4 and can be picked up between 11:45 a.m. and 12:15 p.m.

The Boardman Senior Center is now providing meal delivery. Meals are \$4 paid upon delivery. Call 541-481-3257 to order. The Boardman menu for Thursday, Oct. 22 is roast beef and gravy, mashed potatoes, salad or veggie and cake. Tuesday, Oct. 27, is hot turkey sandwiches, mashed potatoes and gravy, salad, veggies and dessert.