



Hermiston Herald, File

Pumpkins sit ready for people to pick them out at the Bellinger Farms pumpkin patch in 2014.

**Fall:**  
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*“SO, THIS HALLOWEEN, BE EXTRA MINDFUL OF YOUR CHOICES.”*

Oregon Health Authority

In Hermiston, the annual Downtown Trick or Treat will be a drive-thru version this year on Saturday, Oct. 31, from 4-6 p.m. Businesses and organizations will be set in in the streets and parking lot around the Hermiston Community Center, ready to drop candy into the trunks of vehicles passing through the route. Groups wishing to hand out candy can sign up at [bit.ly/treasonmain2020](http://bit.ly/treasonmain2020).

Stanfield Public Library is planning a Fall Festival with games and a haunted library on Saturday, Oct. 24, from 4-8 p.m.

The Boardman Chamber of Commerce is planning a drive-thru trick or treating event at the SAGE Center at 4 p.m. on Saturday, Oct. 31.

As people make Hal-

loween plans, the Oregon Health Authority has issued guidance on which Halloween activities are consider high, moderate or low risk for COVID-19.

“This year, it’s more important than ever to put safety first because COVID-19 cases have risen recently and holiday gatherings on Memorial Day, July 4th and Labor Day led to increased case counts,” OHA stated in a news release. “So, this Halloween, be extra mindful of your choices.”

Indoor haunted houses or parties are considered high risk and are discouraged, as is traditional trick or treating. Moderate risk activities include

visits to outdoor activities such as pumpkin patches where people are wearing masks and social distancing, and outdoor movie nights where people are sitting 6 feet apart and wearing masks.

Low risk activities, recommended for this year, include online watch parties for Halloween movies, online costume contests, at-home pumpkin carving and driving around town to see Halloween decorations.

Traditional Halloween masks with holes for the mouth and eyes do not offer protection from COVID-19, and a mask worn over the nose and mouth for COVID-19 is encouraged with all costumes.

# Good Shepherd welcomes new obstetrician

HERMISTON HERALD

Good Shepherd Health Care System has added a new Obstetrician and Gynecologist (OB/GYN) to its medical staff at Good Shepherd Women’s Center.

Christopher Bowen, DO, joins Drs. Leila Keeler, Allison Khavkin, Keith Lutter and Ken Snider, as well as Certified Nurse Midwives (CNM) Cynthia Rice and Kelli Stephenson.

According to a news release, Bowen recently completed his residency at Henry Ford Wyandotte in Wyandotte, Michigan, after graduating from Lake Erie College of Osteopathic Medicine in Greensburg, Pennsylvania. He was born in Kennewick and raised in



Contributed photo/GSHCS  
**Dr. Christopher Bowen**

Yakima, Washington. “As a child, my father used to take me on motorcycle rides here in Hermiston and my grandfather was born here as well. It’s

really great to be back,” he said in the news release.

Bowen said he chose his particular field of medicine because of the broad spectrum of “intimate and unique” patient care it offers, from births to menopause.

He is trained in robotics for laparoscopic surgeries, including both old and new systems for da Vinci Robotics, which provides more precise incisions and shorter recovery times for surgeries, such as hysterectomies.

He is welcoming new patients at Good Shepherd Women’s Center, at 620 NW 11th St., Suite 106 in Hermiston.

Appointments can be scheduled online through Good Shepherd’s MyHealth Patient Portal or by calling 541-667-3801.

## Al-Anon offers support to family, friends

If you are worried about someone in your life that has a drinking problem, you are invited to attend Al-Anon, a 12-step support group for friends and family members.

Locally, the group meets Sundays at 9:30 a.m.; and Tuesdays and Fridays at 2 p.m. at 680 Harper Road, Hermiston.

For questions, email [stilljimstilljim@gmail.com](mailto:stilljimstilljim@gmail.com) or visit [www.al-anon.org](http://www.al-anon.org).



**October 24, 2020**  
8:00 a.m. - 2:00 p.m.

**Free Drive-Thru Flu Shot Clinic**

Limited supply and first-come, first-served. Face covering required. Fill out the forms in advance at [gshealth.org/](http://gshealth.org/) flushots and print off to bring with you in the drive-thru. Ages 6 months and above. Location: 600 NW 11th Street in Hermiston, near Entrance A of campus.

Call 541.667.3509  
[healthinfo@gshealth.org](mailto:healthinfo@gshealth.org)



**TAMÁSTSLIKT CULTURAL INSTITUTE**  
**We've Reopened!**

We have opened the Museum Store and Kinship Café for limited hours, **Tuesday through Saturday, 11am-2pm.** The permanent exhibits are not open. Kinship Café is offering take-out orders only, with a limited menu. Call 541.429.7702 to have your order ready upon arrival.

*Please note that safety measures will be in force with masks and social distancing required. We look forward to seeing everyone again!*

**VISIT THE MUSEUM AT TAMÁSTSLIKT CULTURAL INSTITUTE**

**Museum Store, Kinship Café Only**  
Open limited hours: **Tues-Sat, 11am-2pm**  
**Exhibits remain closed**  
Pendleton, OR | [www.tamastslikt.org](http://www.tamastslikt.org) | 541.429.7700

**HERMISTON OREGON**

**SURPLUS SALE**

**Friday, October 16 • 9 a.m. - 3 p.m.**

**Downtown Hermiston Festival Street**

- Desks
- Tables
- Chairs
- Cabinets
- Electronics
- Children's Items
- Office Supplies and More

**United Way of the Blue Mountains**

**United Way**

LOCAL DOLLARS STAY LOCAL!

**GIVE 5 TO CHANGE LIVES**

HEALTH EDUCATION FINANCIAL STABILITY DISASTER RECOVERY

TAKE 5 MINUTES TO SEE THE IMPACT YOU CAN MAKE | Give \$5, \$50, \$500 | TELL 5 FRIENDS

EASY WAYS TO GIVE!

VISIT: [WWW.UWBLUEMT.ORG](http://WWW.UWBLUEMT.ORG) | TEXT: [unitedway give5 to 313131](tel:5093131313)

MAIL CHECKS TO: P.O. Box 1134 Walla Walla, WA 99362

**Stay for the Friends of the Library Book Sale**

**Friday and Saturday on Festival Street**