# **National Night Out builds community connections**

Treasure hunt leads up to festivities

By TAMMY MALGESINI **COMMUNITY EDITOR** 

It's time to break out your best sleuthing skills as the annual National Night Out treasure hunt is underway in Hermiston.

Tim Miears, training officer/evidence custodian with Hermiston Police Department, hid a golden medallion as part of Hermiston's festivities. It's about 3 inches in diameter and is attached to a blue ribbon,

Annual National Night Out activities have been going on across the country for 36 years and this is Hermiston's 21st year of participating. The purpose, Miears said, is to build neighborhood camaraderie, which helps in reduc-

'It's hanging out and getting to know each other," Miears said.

National Night Out encourages relationships between neighbors and law enforcement. The ultimate goal is to further develop a sense of community. People in communities across the nation are encour-



Staff photo by Tammy Malgesini

Gabriel Anderson and his father, Cam Anderson, go through the treat line manned by Hermiston City Manager Byron Smith, Angelique Edmiston and Mayor David Drotzmann during a 2018 National Night Out block party in Hermiston.

aged to host block parties, festivals, parades and cookouts.

Providing an opportunity for first responders to visit with citizens in a relaxed setting enhances relationships.

Miears was amazed with the

local participation during last year's National Night Out. After hosting a block party for the winner of the 2018 treasure hunt, Miears said a group from the police department went to several other neighborhood parties.

"It was great seeing all the people coming out to gatherings and barbecues," he said. "Kids were out mingling amongst other kids. They were out playing rather than behind a computer screen or electronic device.'

Statistics indicate that people take more ownership in their neighborhoods when they are familiar with who lives around them. Crime rates are often reduced when neighbors are aware of each other and their comings and goings.

The treasure hunt, Miears said, is a fun way to get people excited leading up to National Night Out, which is Tuesday, Aug. 6. In his third year of heading up the treasure hunt, Miears said he wanted to hide the medallion in a place that would make hunting fun for people of all ages.

Police and city officials will serve ice cream during an evening block party Tuesday, Aug. 6 in the winner's neighborhood. Other community members are encouraged to organize neighborhood parties, cookouts or gatherings. Available police officers and city personnel will try to stop by parties and visit with those in attendance. Those planning a neighborhood gathering can provide details by contacting Miears at 541-667-5112 or tmiears@hermiston.or.us.

#### **Bonus Clue**

Officer Tim Miears hid the National Night Out medallion somewhere on public property within Hermiston. The East Oregonian is publishing clues each day until someone finds the medallion, and a bonus clue can be found below. The person who finds the medallion must immediately take it to the Hermiston Police Department, 330 S. First St. If it's found after 6 p.m., call 541-667-5112 and leave a message for Miears or send an email via tmiears@hermiston. or.us.

#### **BONUS CLUE:**

Cruise on the road before you get down.

It has the same name as the first city manager of our town.

If you're reading the clues carefully, you'll soon be sporting a smile.

But don't focus inside or you'll be left out by a green mile.

## **BRIEFS**

## **BEO** hosts school supply drive

The Bank of Eastern Oregon is collecting school supplies for local elementary schools.

Each of the bank's 13 branches will accept donations, which will be distributed to local schools. In addition, each branch will hold a drawing for a backpack filled with supplies for a local student. Community members with a student in grade school are encouraged to stop in and fill out a ticket. People do not have to be a BEO customer to donate supplies or enter the drawing.

"We welcome you to join with your local branch and celebrate the spirit of your hometown," said Becky Kindle, chief banking officer. "Bring your school supply donations to any branch of Bank of Eastern Oregon'

Based in Heppner, local ınclude branches Boardman, Irrigon and Ione. For more information, contact Kindle at 541-676-0201 or bkindle@beobank.

## **MCSD** announces 2019-20 registration

The Morrow County School District will begin the 2019-20 school year Monday Aug. 26. Registration for schools in Boardman and Irrigon are:

•Sam Boardman Elementary School: Wednesday, Aug. 7 and Tuesday, Aug. 13; both days from 8 a.m. to

•Windy River Elementary School: Thursday, Aug. 8 and Wednesday, Aug. 14; both days from 8 a.m. to 3:30 p.m.

•Riverside Jr/Sr High School: Monday Aug. 12 from 8-11 a.m. and 1-3 p.m.; and Tuesday, Aug. 13 from 12-6 p.m.

•A.C. Houghton Elementary School: Tuesday, Aug. 13 from 8 a.m. to 4 p.m.

•Irrigon Elementary School: Monday, Aug. 12 and Tuesday, Aug. 13; both days from 8 a.m. to 4 p.m.

•Irrigon Jr/Sr High School: Tuesday, Aug. 13 and Wednesday, Aug. 14; both days from 8 a.m. to 3:30 p.m.

For more information, parents should call their children's school directly. For more about the Morrow County School District, call 541-676-9128 or visit www.

## Park series features seasoned bluegrass group

A Tacoma-based bluegrass trio that shares original tunes about foggy-mountain megamalls, big black cats, Iditarod sled dogs, rising rivers, grandmas online and Superman's dilemma will perform in Boardman.







 $\bigcirc$  EarthLink\*

Cosmo's Dream will take the stage during the upcoming Music in the Parks. The free show is Monday, Aug. 5 at 7 p.m. at Boardman Marina Park. People are encouraged to bring a lawn chair or blanket. Also, those in attendance are invited to bring a picnic dinner to enjoy while listening to music on the banks of the Columbia River.

Featuring Gen Obata on flatpick guitar and mandolin, Steve Nebel on guitar, and Kristi Nebel on bass, Cosmo's Dream blends acoustic musicianship with solo vocals and dynamic three-part harmonies. Collectively, the musicians have recorded three solo albums, nine duo CDs, and six band releases. The trio has recorded their first Cosmo's Dream CD that left audiences excited about them all across the Pacific Northwest, the Midwest and the United Kingdom.

In case of inclement weather, the performance will be moved to the SAGE Center, 101 Olson Road, Boardman. The park series alternates weekly on Mondays between Boardman and Irrigon marina parks through Aug. 12. For more information, contact Jackie McCauley at 541-720-1289 utility.clerk@cityofboardman.com.

# **LifeSteps**® **Weight Management Program**

- Struggling to lose weight?
- Tired of fad diets and regaining weight?
- At risk for diabetes?

Join a small group of people on a similar journey in a safe and supportive environment.

# Why LifeSteps® Is for You!

LifeSteps® recognizes that everyone is unique. We all have different eating and exercise habits, weight loss goals and daily schedules. LifeSteps® works because it is grounded in science and emphasizes personal choice, responsibility and accountability. It puts you in charge of your eating and activity. With guidance and inspiration from a trained, weight loss health professional, you tailor the program to fit your needs and set yourself up for success. LifeSteps® features:

- Lifestyle Change Identify your attitudes, expectations and misperceptions about eating, activity, weight Take action to change your beliefs and lifestyle to lose weight and keep it off.
- Tracking Get a handle on your eating and activity behaviors with LifeSteps® unique FOOD AND ACTIVITY RECORD. This powerful, proven weight loss tool helps you uncover and discover your specific behaviors that hinder your progress.
- Goal Setting Make deliberate, step-by-step changes to reach your lifestyle and weight loss goals.
- Social Support Stay motivated because you're part of a group that struggles with similar issues, gives you positive reinforcement and shares common goals.
- Set Yourself Up for Success Learn strategies and skills for handling eating out, parties, celebrations, emotions and food saboteurs for now and the future.
- More than Weight Loss Improve your health and reduce your risk for diabetes, high blood pressure and other chronic diseases.

### **About the Program** Individual assessment prior to start of class

- 14 interactive group sessions
- Maintenance sessions available once the program is over

#### SPACE IS LIMITED. **CALL TO REGISTER BY FRIDAY, AUGUST 9**

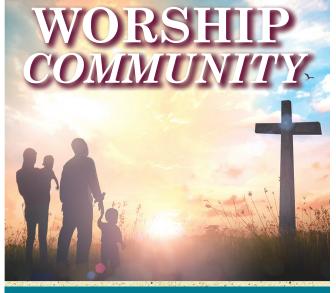
Orientation (required): Thursday, August 15 from 5:30-6:30 PM.

2801 St. Anthony WayPendleton, OR. 97801 • www.sahpendleton.org

**Class Time:** 

Thursdays 5:30-6:30 PM August 29 to December 5. CHI St. Anthony Steps Hospital

> Christine Guenther, RD, LD Dietitian • (541) 278-3235



# Our Lady of Augels Catholic Church 565 W. HERMISTON AVE.

Thursday	English 7:00 am Spanish 6:00 pm English 5:00 pm Spanish 7:00 pm English 9:00 am Bilingual 11:00 am Spanish 1:00 pm
	Spanish 1:00 pm567-5812

# The Full Gospel

235 SW 3rd Phone 567-7678 Rev. Ed Baker - Rev. Nina Baker

Sunday: Sunday School......10:00 am Worship. ....11:00 am Evening Service......7:00 pm Wednesday Service..7:00 pm

"Casting all your care upon him; for he careth for you." 1 Pet. 5:7

Coffee & Mingle Time...9:15am Worship Service...10 am Children's Worship Service...10:15 am

567-3013 775 W. Highland Ave., Hermiston

**Seventh-day** 

First Christian Church

Hope, Living the Gospel of Love"

Sunday School...9:15am

Worship Service... 10:30am



With Jesus. Scripture, Tradition and Reason Family service 9am Sunday N.E. Gladys Ave & 7th, Hermiston PH: 567-6672

We are an all inclusive Church who welcomes all.

# Adventist Church Saturdays

Sabbath School......9:30 a.m. Worship Service.....11:00 a.m. **English & Spanish Services** 

567-8241 Hermiston Jr. Academy 1300 NW Academy Lane, • Hermiston

#### **NEW BEGINNINGS CHRISTIAN FELLOWSHIP**

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1520 W ORCHARD AVE **Sunday Worship Service** 

10:30 am Classes for Kids @ 9:15 am SEEKING JESUS, SHARING LIFE, SERVING PEOPLE www.hermistonnazarene.org



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...11:00am Sun. Worship Service... Sun. Evening Worship... ..6:00pm Wed. Prayer & Bible Study.....6:00pm

www.hermistonlmbc.com



To share your worship times call 541-278-2678