Adventuretime digs in with cleanup project

Members of the Adventure time program dug in to help with a project of giving back to the community.

The activity was held in conjunction with a focus on Earth Day, said Deborah George, who facilitates the group through the Hermiston Public Library. The Adventure time volunteers assisted Hermiston Parks & Recreation employees with an April 17 cleanup effort at Hermiston Family Aquatic Center.

The group, which includes students and adults with developmental disabilities, meets Wednesdays from 2-3 p.m. at the library, 235 E. Gladys Ave. They participate in themed programs, story times and activities.

For more information about Adventuretime, call the library at 541-567-2882 or visit www.hermistonlibrary.us.



Photo contributed by Deborah George

Adventuretime program participants helped Hermiston Parks & Recreation employees with an April 17 cleanup project at the Hermiston Family Aquatic Center.

Domestic Violence Services steps out with awareness event

By TAMMY MALGESINI COMMUNITY EDITOR

Beth Harrington of Irrigon had multiple reasons for participating in Saturday's "In Her Shoes" fundraiser and awareness event for Domestic Violence Services

In her role as the resource development coordinator with the United Way of Umatilla & Morrow Counties, Harrington recently toured the domestic violence shelter in Pendleton. The visit, she said, was part of the funding allocation process for United Way.

Impressed with their services, utilization of resources and their facilities, Harrington wanted to support their fundraising event. In addition, Harrington said she is a survivor of domestic violence. That experience, she said, gives her an understanding as to why some women (and men) don't immediately share about their abuse. Harrington recalls police officers asking her if she was being abused or if she was safe.

"I wasn't prepared to share my story yet," she said. "I was ashamed and I didn't want people to think I was a failure.'

Despite blustery winds, nearly three dozen people



Staff photo by Tammy Malgesini Amy Spinden, center, of Domestic Violence Services talks

with Rosanna Valet and Cody Chase, participants of "In Her Shoes" Saturday at the Oxbow Trail, Hermiston.

participated in the experiential walk held at the Oxbow Trail in Hermiston. Amy Spinden, an advocate with Domestic Violence Services, said "In Her Shoes" is designed to help participants grasp greater insight on what victims are faced with — not just the impact of the actual violence, but the decision-making processes and barriers they face.

"I think the emotional reaction to the situation helps people with their understanding," she said.

Cody Chase also was participating in the event for a couple of reasons. While he lives in Kennewick, Chase works locally

with the treatment court program.

"I'm just trying to support people having healthy relationships," he said.

In addition, Chase is focusing on activities that benefit his overall health. Prior to "In Her Shoes," he participated in Good Shepherd Health Care System's Steps to Success.

The fun run/walk, also held at the Oxbow Trail, was supporting Domestic Violence Services and the local Special Olympics program - while also providing messages of encouragement to participants. On a livestream video, Chase shared about his commitment to a healthier life-

style, sharing that he's lost about 80 pounds in the past year.

More than just a walk, "In Her Shoes" participants received scenarios and then advanced through stations while making "decisions" based on information and resources available to them. The exercise helps show barriers victims might face. Activities like "In Her

Shoes" are important, Harrington said, for both adults and teenagers. Jeanne Bedolla, an advocate and project coordinator with Domestic Violence Services, agreed, saying that knowledge about potential warning signs can help in preventing the cycle of abuse.

A nonprofit organization, Domestic Violence Services has served Umatilla and Morrow counties for more than 40 years. In addition to shelters in Pendleton and Hermiston, it maintains a 24-hour crisis line (800-833-1161) and provides support services for men, women and children impacted by domestic violence or sexual assault.

For more information about the organization, volunteer opportunities or how to provide support," contact 541-276-3322, volunteer@dvs-or.org or visit www.dvs-or.org.



Photo contributed by Cecili Longhorn

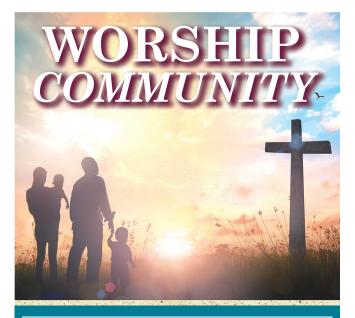
Kids get a close look of farm equipment during Trucks, Tractors and Trees April 24 in Stanfield.

Stanfield showcases 'big boy toys'

More than 300 people a Tree City. participated in the recent Trucks, Tractors and Trees.

The April 24 event held in Stanfield was presented by the Stanfield Public Library and Stanfield Public Works Department. The event also served as an Arbor Day celebration in recognition of the city's 5-year anniversary as

In addition to a free hot dog meal, kids were able to assist with planting trees at Bard Park. Randy Cooper, Eldon Marcum and Cecili Longhorn expressed appreciation to a number of individuals and local businesses who helped make the event possible.



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