

Hermiston Herald

WEDNESDAY, MARCH 27, 2019

HermistonHerald.com

\$1.00



INSIDE

CAREER READY

Hermiston High School students give immunizations, watch live births as part of their internship.

PAGE A7

CITY GOALS

Hermiston plans to start laying the groundwork for a new city hall and new aquatic center this year.

PAGE A8

PUPPIES!

We asked readers to send us photos of their cutest pup in honor of National Puppy Day, which was Saturday.

PAGE A15



BY THE WAY

Spring clean-up at Sanitary Disposal

Next week is spring clean-up week at **Sanitary Disposal**.

On April 1-7 residents can dump free loads less than 2.5 cubic yards and get up to \$14 off acceptable loads at the transfer station at 81444 N Highway 395. Tires are billed at the regular rate.

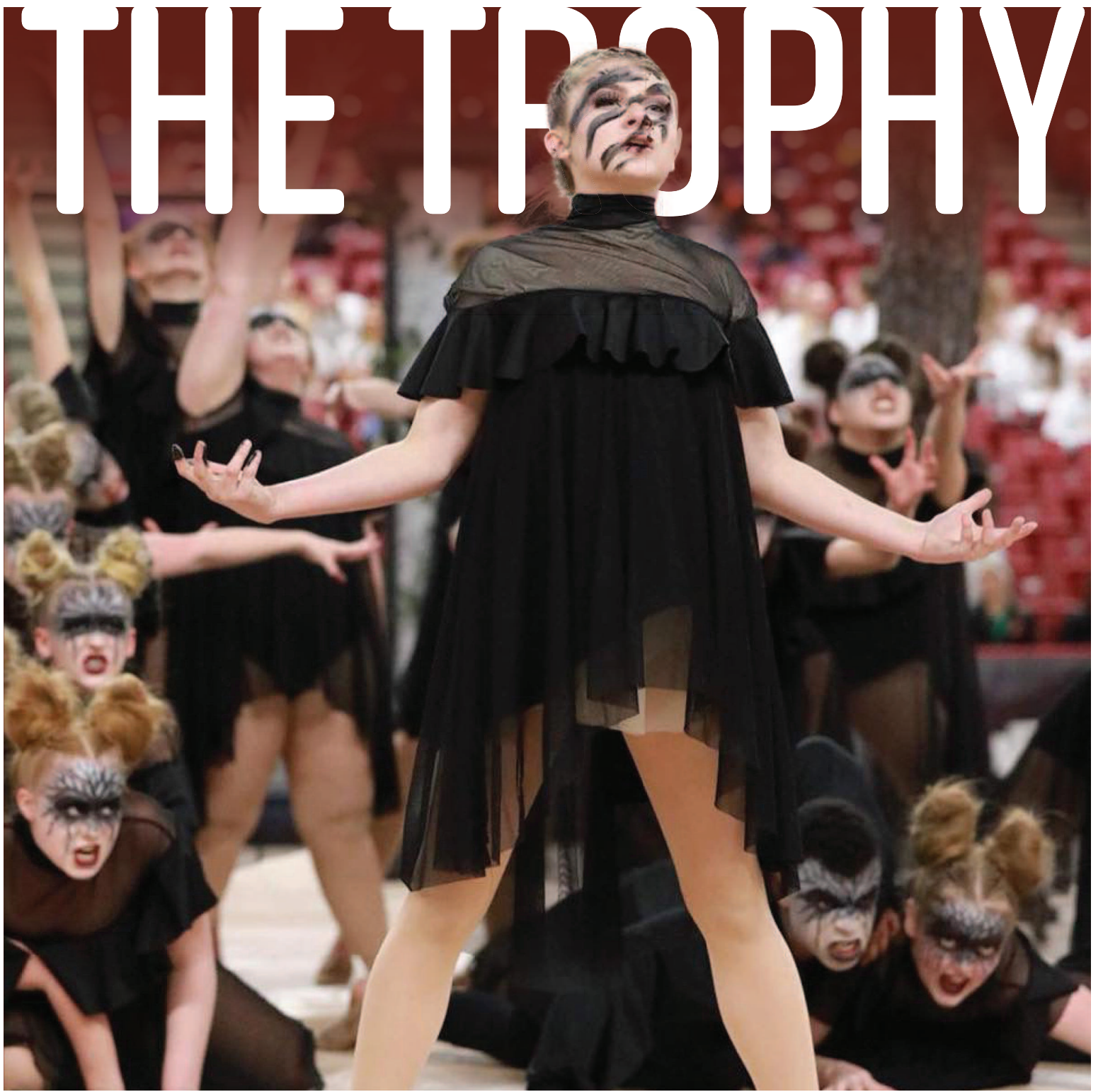
For questions, call Sanitary Disposal at 541-567-8842.

On April 13, the city of Hermiston will get in on the action by hosting its free recycling day in the parking lot of **Uma-tilla Electric Cooperative** from 9 a.m. to 3 p.m. Look for more information in next week's *Hermiston Herald*.

...
If you're a **Trace Adkins** fan, you might find it worth your while to mosey on over to this year's **Pendleton Round-Up**. Adkins will take the **Happy Canyon**

See BTW, Page A2

BRINGING HOME THE TROPHY



Hermiston dancers vie for the state championship in the "show" category.

Photo contributed by Ashley Seibel



Gio Flores and Alexa Murphy dance during the WIAA state dance championships.

Photo contributed by Ashley Seibel

Hermiston dance team wins state competition

By JAYATI RAMAKRISHNAN
STAFF WRITER

The Hermiston High School dance team just won a state competition, but is already chomping at the bit for their next season.

"We started thinking of themes," said Logan Howard, a junior and team captain.

In its first year competing north of the state border, the Hermiston High School dance team took home a first-place trophy Friday at the Washington Interscholastic Activities Association dance competition in Yakima.

Hermiston, a 3A team, competed in

the Show division, one of several performance categories. Twenty dancers performed, and the theme of their show was "Taken."

Howard said they came up with the theme based on a previous show they'd done called "Witch Hunt," where a soloist danced and a group of witches came out and attacked her.

Not wanting their dance to be too similar, Howard said they came up with the idea of having a solo dancer, Alexa Murphy, sleeping on a bench near a forest. As she wakes up, she opens a gate and wanders into the forest. She's drawn in by a dancer in dark clothing and wild makeup — Gio Flores. As he woos her in, the rest of the dancers come out and pursue Murphy. The rest of the dance portrays

See DANCE, Page A14

Hermiston's New Horizons provides treatments for gambling addiction

By JAYATI RAMAKRISHNAN
STAFF WRITER

Whether to win a few hundred dollars or lose track of time, people in Hermiston can find somewhere to gamble almost anywhere they look, from convenience store counters to almost any restaurant or bar.

For someone trying to overcome a gambling problem, it can be impossible to stay away.

"People do it for different reasons," said Iris, a Hermiston resident who has been gambling for more than 20 years. "Lots of people do it for the gains, or because they think they can gain. For me, it was just to have a blank mind for a while."

Iris, who chose to be identified only by her first name, has been in treatment for about two months at

New Horizons in Hermiston, a program that offers counseling and treatment for gambling addiction.

"I made a mistake — I went beyond my resources," she said. "I'm still paying for that. Then I decided it was time to give it up."

Jose Garcia runs New Horizons, one of only two providers in the county that offers gambling treatment. The other is Umatilla County Human Services.

Garcia has a group of 12 problem gamblers that meets weekly. He said he gets most of his clients through advertising, primarily in the Latino community. He has also had clients find him by calling a quit hotline number.

But Garcia said it can be difficult

See TREATMENT, Page A14



Staff photo by E.J. Harris

Since 1999, 1 percent of Oregon Lottery revenue — over \$99 million — has been dedicated to funding problem gambling prevention and treatment services.

