INSIDE

FLU SHOTS

Free flu vaccine clinics are available for those not covered by insurance. **A3**

RETIREMENT

Celebrate Rod and Sheila Hardin's retirement on Sunday at Hermiston Christian Center and School. **A4**

FAMILY FUN

SAGE Center Harvest Fest and Echo Corn Maze & Pumpkin Patch offer up fall activities for the whole family. A4, A7

BY THE WAY

Candidate forum next week

Voters will have a chance to get to know people running for local elected office at a candidate forum on Oct. 10.

The Hermiston Chamber of Commerce and KOHU & The Q will host the forum from 5:30-7 o.m. in room 134/135 at the Hermiston campus of Blue Mountain Community College, 975 S.E. Columbia Drive.

Umatilla County Board of Commissioners candidates Rick Pullen and incumbent George Murdock will participate, along with Hermiston City Council Ward 1 candidates Mark Gomolski and incumbent Lori Davis.

The event will begin with refreshments and a chance to mingle with candidates at 5:30 p.m. Umatilla County Board of Commissioners candidates will speak first at 6 p.m. followed by city council candidates.

For more information call the chamber at 541-567-6151.

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LaNae Hull drops beef into a broth while making a French dip sandwich as her mother, Carol Hull, checks an order at Delish Bistro in Hermiston.

Hermiston mother and daughter team up in the kitchen

By JADE MCDOWELL STAFF WRITER

For LaNae and Carol Hull, food and family go together like burgers and fries.

The mother-daughter team behind Delish Bistro in Hermiston take inspiration for their dishes from many cultures, but a love of cooking is something that has been passed down through generations.

"In my family, food was always important," Carol said. "My mother had a really good palate."

Her father's mother was a cook, and she has an uncle in the bakery business and nieces who run restaurants. In Hawaii, her brother cooks for big get-togethers. Carol always cooked for her husband and four children, their friends and church functions;



Rogelio Ramirez plates a house salad with grilled chichen breast at Delish Bistro in Hermiston.

she eventually went to culinary school in Walla Walla after her children left the house.

LaNae said she always shared the family love of eating tasty cuisine, but once she was in high school she realized she should ask Carol to teach her how to make it.

"She was always cooking good food, so I was used to that, she said.

The typical college fare might be Top Ramen and Taco Bell, but while at Oregon State University LaNae often found time to make home-cooked lasagna and other hearty meals, then freeze the leftovers in single servings for later. She also worked in a bakery, and eventually decided she wanted to quit studying business and head to culinary school.

Carol contends LaNae's inter-

est in cooking started far younger. She remembers once when LaNae was only 5 and Carol was sick in bed. LaNae decided to

bring her dinner.

"She brought a salad that had vegetables, apples, all kinds of stuff she had found, and I was so impressed," Carol said.

It didn't taste great, but Carol pretended it was delicious, encouraging LaNae's creative tendencies in the kitchen. Many of Delish Bistro's dishes come from LaNae deciding to experiment.

LaNae also has been inspired by her experiences working at restaurants all over the country, including Hawaii, Seattle, Georgia and Chicago.

"Everywhere I go, I learn something new," she said.

At Aria in Chicago, for example, where the slogan was "culturally inspired but comfortably American," she was introduced to Indian cuisine and developed the yellow curry that's a favorite of customers at Delish.

See BISTRO, Page A10

Hermiston test scores around state average

By JAYATI RAMAKRISHNAN STAFF WRITER

As statewide assessment scores from last year come in, Hermiston schools have seen a slight bump in some areas. The majority of the district's scores hover around the state

While the Oregon Department of Education's director, Colt Gill, said he could not point to a highlight in any of the scores, Hermiston's school staff are more optimistic. In a press release, assistant superintendent Bryn Browning said she was pleased that scores increased at nearly every grade level from the previous year.

"Last school year marked the implementation of a new science program for grades K-12 and a new math curriculum for grades K-5,'

Browning said. "It is possible to see an 'implementation dip' with new curriculum acdoptions; however, we are pleased with the student achievement results at the end of year one."

The ODE released scores last month for the Smarter Balanced Assessment, which tests third to eighth grade students, as well as 11th graders.

The district said nearly 55 percent of all students that took the test met proficiency standards for their grade level in English Language Arts, and 41 percent met the standard in mathematics. Fifth, eighth and 11th grade students are also tested in science. Sixty-two percent of Hermiston's students who took the test met proficiency standards in science.

See TESTS, A10



Teacher Daylee Lathim helps a student navigate a tablet in a fifth-grade classroom at Rocky Heights Elementary School in Hermiston. Technology like tablets and the i-Ready software help students prepare for state

