

Family Health & Fitness Day



Saturday, September 23, 2017
9am-2pm at Hermiston High School

FREE Health & Wellness Event for All Ages

- BMI and body composition analysis
- Blood pressure checks
- Car seat checks
- Cooking classes
- Dental screening
- Dental treatment for the uninsured
- Teddy Bear clinic
- Vision and hearing screenings
- Mental health resources
- Alcohol abuse and Addiction resources
- Early childhood programs
- Senior programs
- SHIBA (Medicare), Oregon Health Plan, Veterans Services
- Community Resource referrals
- Door prizes
- And much more!



NO COST Well Checks for ages 12-21!



Questions?

Contact angie.treadwell@oregonstate.edu