

# Wild ride includes broken bones, bruises and scars

I didn't set out in life to represent a quote attributed to gonzo journalist Hunter S. Thompson:

"Life should not be a journey to the grave with the intention of arriving safely in a pretty and well preserved body, but rather to skid in broadside in a cloud of smoke, thoroughly used up, totally worn out, and loudly proclaiming "Wow! What a Ride!"

I dispute people's suggestions that I'm accident-prone. However, I've had my share of weird medical mishaps.

My husband, John, is amused with how I cracked a bone in my wrist. After showering, I hadn't put in my contacts yet. Freaking out thinking a spider was crawling up my arm, I swung around and hit my wrist on the door jam. The suspect spider was actually loose strings from my towel.

The second time I broke my nose — the first time I took a line drive in the face while playing softball — was just a freak accident.

During a trip with friends, we stopped at a Goodwill in Portland. While trying to remove something from an upper shelf, a large wooden item came crashing down, striking the bridge of my nose.

My friends were elsewhere in the store when they heard someone asking for help for a woman that was bleeding. Curious about the commotion, they showed up to find me looking



**Tammy Malgesini**  
INSIDE MY SHOES

bewildered.

John took me to the emergency room. I ended up getting stitches. However, that wasn't the end of the saga. It got infected, requiring two courses of antibiotics, an antibiotic ointment and a steroid cream.

Speaking of infection, one time my thumb swelled up so big I thought it was going to pop. Flying home from Florida, it was red, throbbing and inflamed.

Literally sticking out like a sore thumb, I went to the doctor. The diagnosis: cellulitis. Evidently bacteria entered through my cracked cuticles.

Swollen all the way to my wrist joint, I went back to the doctor. I could hear the nurse talking to him through door. When he said the antibiotics needed time to take effect, the nurse replied, "No, you have to see this, it's A LOT bigger." Luckily it responded to additional antibiotics.

When I broke my femur

sliding into home playing softball, I had no idea the severity of the injury. While getting x-rays, I asked the technician if I would be staying overnight. He responded, "Honey, you're going to be here awhile."

Then there was the time I broke my humerus — only I wasn't laughing.

Friends have suggested I need my own personal bubble — or at the very least, a warning label.

Reach Tammy Malgesini at [tmalgesini@eastoregonian.com](mailto:tmalgesini@eastoregonian.com).

# BOARDMAN CHAMBER OF COMMERCE

PO BOX 1 • 101 Olson Rd • Boardman, OR 97818 • 541-481-3014  
[www.boardmanchamber.org](http://www.boardmanchamber.org) • email: [info@boardmanchamber.org](mailto:info@boardmanchamber.org)

## Chamber Annual Meeting

**Wednesday, June 15 at noon**  
**Port of Morrow Riverfront Center**  
*Chamber Annual Report and IP28 Briefing*

**Call The Chamber at 481-3014 no later than this Friday, June 10 to RSVP for this important event!**  
**Tickets are \$12.**

The Chamber recently presented scholarships to these graduating Riverside High School seniors — the amount awarded is in (. From left to right: **Stephanie Stokoe (\$500)**, **Edith Velasco (\$1,000)**, **Wayne Killion (\$1,000)**, **Juana Martinez (\$500)**, and **Gema Juarez (\$500)**.

# 4TH OF JULY

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*And thanks to MCURD for helping fund this event!*  
**Presented by the Boardman Chamber of Commerce!**

## Glow 5k Run/Walk

**Sunday, July 3 at 8:30 p.m.** Registration starts at 7:30 p.m.  
Zumba Warm-up provided before event by 1 Hr. Cardio Crush.  
\$20 in advance with shirt, \$10 w/o shirt. \$5 more day of event.  
\$30 family rate without shirts. Shirts are \$10.

## July 4th Celebration Parade

**Monday, July 4 at 11 a.m.**  
Lineup begins at 10 a.m. on NE Front Street  
Prizes for Mayor's Award, Best of Show, and Most Patriotic!

## Vendors Welcome!

If you are interested in being a vendor, space is limited, so the sooner you sign up, the better!

## Activities on the 4th

**7 to 10 a.m.** Scout Breakfast at the Marina Park  
**11 a.m.** Parade  
**After the parade,** horseshoe, soccer, and 3-on-3 basketball tournaments begin!  
**4 p.m.** Food, Vendors, Entertainment at the Marina Park  
**5 p.m.** Kids' Games and Activities

**Call the Chamber at 481-3014 for July 4th details !**

## AGRI-TOURISM WORKSHOPS

<b>Tuesday, June 21</b> <b>1 to 5 p.m.</b> Port of Morrow Riverfront Center, 2 Marine Drive in Boardman	<b>Both sessions are FREE!</b> Call 786-8006 for details and to register	<b>Wednesday, June 22</b> <b>8 a.m. to 4:30 p.m.</b> EOTEC 1705 East Airport Road in Hermiston Lunch provided
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If you would like to help sponsor the Boardman Chamber page, published on the 2<sup>nd</sup> Wednesday of every month, call Audra Workman at 541-564-4538

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