

Imagine Better Health

FAMILY CLINIC

PATIENT CENTERED
PRIMARY CARE HOME PROGRAM

- Walk-Ins welcome
- Appointments preferred

541-966-0535

**3001 St. Anthony Way
Pendleton**

Located in the hospital
medical office building

Women's Clinic

**Michael J.
Brunsmann, M.D.**
Obstetrics &
Gynecology



Board Certified
American Board
of Obstetrics and
Gynecology

541-966-0535

Orthopedic Clinic

William F. Bell, M.D.
Orthopedics & Sports
Medicine



Board Certified
American
Board of
Orthopedic
Surgery

541-966-0535

Internal Medicine Clinic

Arian Kargar, D.O.



Board Certified
American Board
of Internal
Medicine

541-966-0535

Car Seat Check



*Come by
and get
your car seat
checked by
a child
passenger
safety
technician.*

Breast Feeding

**Elizabeth
Michael**



Childbirth
Education

- Inpatient lactation consults
- Outpatient lactation consults by appointment
- Breast feeding classes
- Learn the benefits of breast feeding

Mom & Baby Support Group



*Meet and talk with
other mothers in a
relaxed
atmosphere where
you can ask
questions and
receive support.*

**1st & 3rd Fridays • 9 am - 11 am
FREE • Newborn to 18 months**

Childbirth Classes



- Labor & birth information
- Pain medication
- Breathing, relaxation & coping techniques
- Cesarean delivery
- Breast feeding
- Tour of the Birth Center
- How your partner can help



**CHI
St. Anthony
Hospital**

For more information, call 541-966-2541
2801 St. Anthony Way
Pendleton, OR 97801
www.sahpendleton.org