

Senior, people with disabilities, families & caregivers –

Explore your OPTIONS

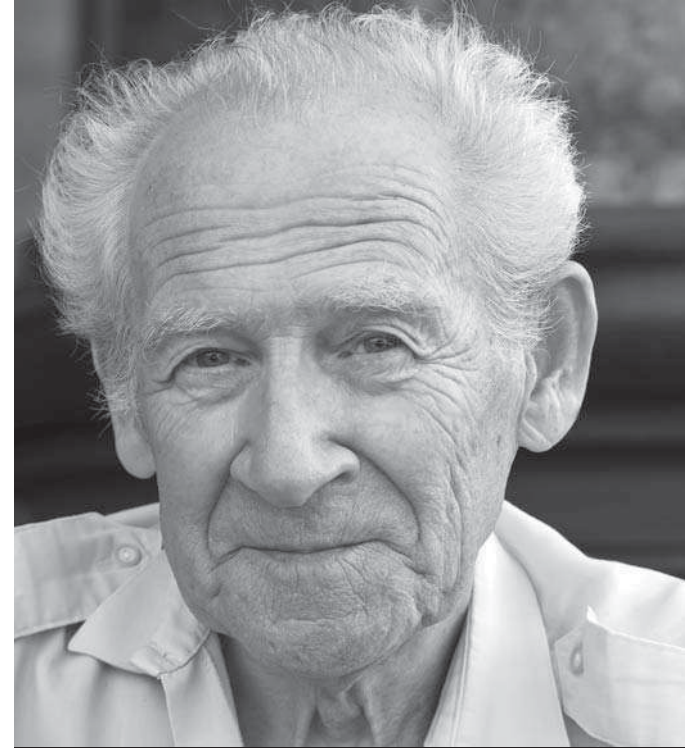


**Get connected to local
information and services.**



ADRC

**Aging and Disability
Resource Connection
— of OREGON —**



Got an hour?

**He lives alone and can
no longer prepare
his meals.**

**He could use someone
to deliver a warm meal.**

**You could be that
someone.**

**It only takes an hour to
give back to seniors.**

**Call CAPECO today!
541-278-5682**

CAPECO - Main Office

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