# Hermiston girls XC continues to improve

RICHLAND INVITA-TIONAL — The Hermiston harriers compete over a threemile distance on Saturday at the 47th annual Richland Invitational.

Josiah Niederwerfer paced Hermiston in 40th with a time of 17:01.15, Hayden Earl was 47th (17:08.04) and Donnel Rome was 76th (17:25.41) out of 188 racers. North Central's Justin Janke took the boys race in 15:06.18.

On the girls' side, both schools went for Div. II where Pendleton's Delaney Clem placed fourth (20:14.09) and Hermiston's Sofia Gispert was 17th (21:26.59). Gispert led the pack for a time, according to Hermiston coach Troy Blackburn, and appeared to tire coming up the course's hill for the second

"... (B)ut after some encouragement she gritted her teeth and took off again," Blackburn said in an email. "She ran very well." Behind her, Morgan Hancock and Laura Zepeda worked well together, and consistently moved up throughout the race. They finished 34th (22:19.03) and 35th (22:18.72), respectively. Hermiston joins many other local XC teams at Pendleton's Kyle Burnside Wildhorse Invite this Thursday at Wildhorse Resort. Races start at 3 p.m.

GEORGE FOX XC CLASSIC — At Gervais, Umatilla senior Fabian Cardenas finished seconds off the lead for third place in the Varsity Gold division on Saturday. He flirted with a personal best, but ultimately

came up just shy of that with a time of 15:36.9

Sheldon senior Jackson Mestler won in 15:19.

The rest of the Umatilla team ran in the Varsity Bronze division, where the Vikings placed eighth. They were led by Armando Mendoza in 33rd (18:20).

Weston-McEwen's Hayden Scott also ran Saturday in the Varsity Silver division and placed 11th (16:48.9), and Umatilla's Aleesha Watson led the local girls by placing 22nd (21:49.1) in the Varsity Bronze division.

DRY SIDE SHOOTOUT - At La Grande, the Stanfield boys finished fourth at a meet dominated by Union, which won both team titles.

Stanfield's Carlos Flores

Monument/Dayville 1-5 (0-3) 116 327

was ninth in 18:49.4 to lead the Tigers and other local top 20 finishes came from teammate Elias Esquivel in 17th (20:00.6) and Weston-McEwen's Tanner Sater in 19th (20:11.6). Union's Alex Graffunder won in 17:50.5.

Mac-Hi's girls were last in team points, but were led by a strong finish from Elise Griffith in ninth (23:39.4), with other top 20's coming from Stanfield's Bailey Watson in 17th (24:46.5) and Anna Lemmon in 20th (25:05.3) and Weston-McEwen's Katie Vescio in 18th (24:56.6). La Grande's Heather Keniry won in 21:14.1.

#### **VOLLEYBALL**

POWDER VALLEY 3, ECHO 0 — At Powder Valley, the Cougars fell in three sets to Powder Valley with scores of 25-20, 25-23, and 25-22.

VALE 3, UMATILLA 0 — At Vale, the Umatilla Vikings (4-14, 0-4) dropped their 14th game of the season with scores of 25-6, 25-13, and 25-11.

#### **GIRLS SOCCER**

HERMISTON 1, LA GRANDE 1 — At La Grande, the Hermiston Bulldogs kept La Grande out of the win column for the first time this season with a 1-1 tie. Next up for Hermiston (2-4-4, 0-1-1) was a home game with rival Pendleton today at 7 p.m. Tuesday night. Results were not immediately available at press time.

UMATILLA 2, HORI-

3-13 (1-9)

Tualatin, the Umatilla Vikings picked up their third win of the season and second-straight shutout win with the 2-0 victory over Horizon

Jocelyn Guardado continued her tear, scoring another goal in the first half. Teammate Mariah Hernandez added Umatilla's second later in

the half. In front of "solid" goalkeeping by Mariah Moreno, Umatilla "preserved" the win, head coach Tim Lee said. With the two-straight shutouts, the Vikings claim a share of the Special District 2 lead with Portland Adventist Academy. The Cougars tied the Vikings 1-1 on Oct. 1 in Umatilla, and will square off again Oct. 20 in Portland.

#### SCOREBOARD

#### Football standings: Week 7

5A: Columb	ia River Conf	erence	9
School	Record	PF	PA
Hood River	3-3 (0-0)	228	190
Pendleton	2-4 (0-0)	134	192
The Dalles	1-4 (0-0)	108	150
Hermiston	1-5 (0-0)	106	252
3A: Easte	rn Oregon Le	ague	
School	Record	PF	PA
Vale	4-1 (0-0)	185	115
Umatilla	4-2 (0-0)	137	138
Nyssa	3-2 (0-0)	90	68
Riverside	2-3 (0-0)	103	146
		_	

Culver	2-4 (0-2)	177	269
Pilot Rock/Nix	yaawii0-5 (0-2)	73	214
14:	Special Distric	et 1	
School	Record	PF	PA
Adrian	5-0 (3-0)	269	124
Wallowa	4-1 (2-0)	244	104
Crane	5-1 (2-1)	328	78
Powder Valley	4-2 (2-1)	262	217
Jordan Valley	3-3 (2-1)	272	226
Pine Eagle	4-2 (1-1)	192	216
Joseph	2-3 (1-1)	212	208
Prairie City/Br	urnt R. 1-5 (1-1)	102	311
Harper/Huntir	naton 1-5 (1-2)	172	352

Irrigon Weston-McEwen

6-0 (2-0)

305

5A: Columbia	River Con	ference	
School	Record	SW	SI
The Dalles	18-3 (5-1)	47	9
Hood River Valley	7-5 (5-1)	20	18
Hermiston	6-8 (1-5)	15	24
Pendleton	4-9 (1-5)	19	26
3A: Easterr	Oregon Le	ague	
School	Record	ŠW	SI
Vale	20-2 (5-0)	52	10
Nvssa	14-7 (4-1)	43	25
Riverside	7-8 (1-4)	24	29

Umatilla	4-15 (0-5)	13	46	
2A: Columbi	a Basin Con	ference	•	
School	Record	SW	SL	
Culver	22-3 (6-0)	58	10	
Weston-McEwen	17-7 (5-1)	50	23	
Heppner	11-11 (4-4)	29	35	
Pilot Rock	9-11 (3-5)	31	38	
Stanfield	7-8 (2-4)	27	30	
Irrigon	3-13 (0-6)	15	39	
1A: Old	Oregon Leag	que		
School	Record	SW	SL	
Griswold	15-3 (9-1)	46	14	
Powder Valley	17-7 (7-2)	49	20	
Joseph	9-7 (6-4)	29	26	
Echo	12-6 (5-3)	38	25	

#### Boys soccer standings: Week 7 5A: Columbia River Conference School Record Hood River Valley8-0-2 (2-0-0)

Nixyaawii

The Dalles Pendleton	7-2-1 (1-1-0) 2-8-0 (1-1-0) 3-6-1 (0-2-0)	10 13	31 37	
	1A: Special Dist Record		GA	
Riverside	6-2-1 (4-0-0)	43	8	
Umatilla	4-4-1 (3-1-0)	26	13	
Irrigon	1-3-2 (1-2-2)	7	20	
Culver	2-6-2 (1-3-1)	23	46	
City Christian	3-5-2 (0-3-1)	22	36	

# Girls soccer

Stantunig	JS. VVEEI	<u> </u>	
	River Conferen	ice GF	GA
School	Record		
Hood River	5-4-1 (2-0-0)	18	16
Pendleton	4-4-0 (1-1-0)	19	25
The Dalles	3-5-1 (0-1-1)	14	25
Hermiston	2-4-4 (0-1-2)	8	19
3A/2A/1A: Sp	ecial District 2		
School	Record	GF	GA
PDX Adventist	4-0-4 (2-0-2)	14	4
Umatilla	3-3-2 (2-0-2)	15	15
Riverside	2-4-2 (2-0-2)	10	17
PDX/Columbia	3-3-1 (2-1-1)	8	19
Horizon (Tualati	n)2-4-1 (0-3-1)	9	20
De La Salle N.	0-7-0 (0-4-0)	3	24

## Hermiston hires three new coaches

#### **By SAM BARBEE**

Staff Writer

Three new Hermiston High coaches were approved by the Hermiston School Board Monday evening.

Dave Ego, Kyle Larson and Kate Greenough were hired for coaching positions and approved for extra responsibility contracts.

Ego will coach the boys basketball team after the sudden resignation of Jake McElligott this past summer.

Larson will take over the wrestling program after another sudden resignation by Shaun Williams, who took a job teaching and coaching wrestling at West Valley High School in Spokane, Washington.

Greenough takes over a softball program after Kylee Lete resigned her post to spend more time with her new-

#### SPORTS CALENDAR

#### Thursday, October 15

Cross Country Hermiston @ Kyle Burnside Wildhorse Invitational, 3 p.m.
Umatilla @ Kyle Burnside Wildhorse
Invitational, 3 p.m.
Stanfield @ Kyle Burnside Wildhorse

Invitational, 3 p.m. Boys Soccer Hermiston @ The Dalles, 4 p.m. Girls Soccer Umatilla vs. Portland Christian, 4:15 p.m.

Hermiston @ Hood River Valley, 7 p.m. Umatilla vs. Riverside, 6:30 p.m.

#### Friday, October 16

Hermiston vs. The Dalles, 7 p.m.\* Umatilla @ Nyssa, 7 p.m. Stanfield vs. Heppner 7 p.m. Echo @ Elgin, 7 p.m. Girls Soccer Hermiston vs. The Dalles @ Kennison Echo vs. Nixyaawii, 1 p.m. Echo vs. Helix, 5 p.m.

#### Saturday, October 17

Boys Soccer Umatilla vs. City Christian, 1 p.m. Volleyball Stanfield vs. Culver, Irrigon (3rd and 4th games), noon Echo vs. Pine Eagle @ Halfway, 1 p.m.

#### Monday, October 19

Hermiston @ Pendleton, 7 p.m

#### Tuesday, October 20

Boys soccer Hermiston vs. Hood River Valley, 6 p.m. Girls Soccer Umatilla @ Portland Adventist, 4:15 p.m. Stanfield @ Weston-McEwen, 6 p.m.

Answers to last week's puzzle. Due to a production error, the puzzle and answer last week did not match.

### - **Super** Crossword -

	Answers																			
М	Е	R	G	Е		Τ	Ν	G	Е		Т	0	F	U		0	S	Α	Κ	Α
Α	С	Е	R	S		Ν	0	0	Ν		Α	М	Ε	Ν		٧	0	W	Ε	L
С	0	М	Τ	С	Α	С	Т	0	R		М	Α	R	1	Ν	Е	L	Α	Ν	D
Α	L	Α	Ν		٧	Ε	R	D	1		Α	R	М	0	U	R		R	Υ	Е
W	1	Ν	D	٧	Α	N	Ε		С	Α	L		1	Ν	Κ	S	М	Е	Α	R
			S	Ι	R	S		N	0	S	Ε	S		S	Е	Е	Α			
В	Τ	В		٧	Τ	Ε	J	0		Α	S	Р	S			Α	G	Е	Ν	Т
Α	С	Е	Т	Ι	С		U	R	L			Υ	Α	Р	S		_	Ν	F	0
М	Е	G	Α	D	Е	Α	L		Τ	R	K		С	0	С	Α	С	0	L	Α
Α	U	T	0			L	1	Ν	S	Е	Е	D		Т	0	М				
	Р	0	S	Т	Α	L	Α	В	В	R	Е	٧	1	Α	Т	1	0	Ν	S	
				Τ	С	U		С	0	U	L	D	Ν	Т			Ν	Α	_	L
D	Е	М	0	М	0	D	Е		Ν	Ν	Е		С	0	Α	L	М	Τ	Ν	Е
Α	Т	0	Р		W	Ε	Α	R			D	R	U		R	Е	Е	٧	Е	S
В	Α	1	Τ	S			R	Ι	С	Α		Р	R	0	М	0		Ε	W	Е
			١	Т	В	Ε		М	0	D	Е	М		D	Υ	Ν	Е			
С	0	Ν	С	Α	R	N	Е		R	0	N		С	0	М	Ε	N	Е	Α	R
Н	Α	1		N	Е	Ι	М	Α	Ν		C	Α	1	R	0		Т	Υ	R	0
Α	R	С	Α	D	Е	G	Α	М	Е		Α	L	L	Α	М	Ε	R	Τ	С	Α
S	Е	Α	L	Е		М	1	F	Α		М	Е	1	Ν		В	Ε	Ν	D	S
Е	D	D	Ι	Е		Α	L	М	S		Р	S	Α	Т		В	Ε	G	Е	Т

Answers to this week's puzzle.

_	<b>Super</b> Crossword ———													_						
								A	١n	sи	er	S								
Ν	Α	Т	U	R	Е		С	U	Т	U	Р		Α	С	С	Е	S	S	Е	S
Е	Α	R	Ν	Е	D		_	С	Α	М	Е		F	0	О	Т	Н	1	L	L
W	Н	Α	Т	D	0	Р	Е	0	Р	L	Е		R	0	S	Е	Α	Ν	Ν	Е
		٧	1	Α		U	R	Ν		Α	R	С	0				R	Α	1	D
	С	Α	L	L	Α	Ν	Α	Ν	Ν	U	Α	L	S	Н	О	Р	Р	1	Ν	G
U	R	1		Ε	Ν	S			Е	Т	Т	Е		Е	М	О		D	0	E
S	Α	L	Α	R	Υ		S	С	Н			Α	Р	1	Ν	G		Е	S	S
Е	٧	Е	Ν	Т	Α	Т	W	Н	1	С	Н	٧	Α	R	1	0	U	S		
R	Е	D	D			Н	Α	1		Α	Υ	Е	R	S			Т	Е	Α	L
			1	Ν	Т	Ε	R	L	Α	R	D				С	L	Е	R	G	Υ
Е	L	F		С	0	М	M	Е	М	0	R	Α	Т	1	٧	Е		Т	Е	Е
W	Е	Α	Р	0	Ν				Е	L	0	С	U	Т	1	0	Ν			
Е	D	1	Е			L	1	Е	В	Е		Т	R	1			Α	Р	S	Е
		Т	Α	В	L	Е	Т	S	Α	R	Е	0	F	F	Е	R	Е	D	Α	Т
1	С	Н		R	0	Α	S	Т			R	R	S		М	1	S	F	Е	D
Ν	Α	Н		Α	L	F		Η	Α	D	1			В	1	٧		R	Ν	S
G	R	Е	Α	Т	L	Υ	R	Е	D	U	С	Е	D	Р	R	1	С	Е	S	
Е	В	Α	Ν				Ι	R	0	Ν		S	0	0		Е	R	Α		
S	0	L	1	С	1	Т	S		Р	L	Α	Q	U	Е	F	R	1	D	Α	Υ
Т	0	Е	Т	0	Т	О	Е		Т	О	R	U	S		L	Α	М	Е	S	Α
S	Т	R	Α	Υ	Е	R	S		S	Р	R	Е	Ε		0	S	Р	R	Е	Υ





Whether you're nine days old or ninety-nine years young, our network of clinics provides comprehensive medical, dental and social services for all members of your family.

Mirasol Family Health Center

forall.org