

The Hermiston Herald publishes a list of coming events as space allows. All items are assumed free, nonprofit and open to the public unless otherwise noted. Coming events items should be submitted well in advance to calendar c/o Hermiston Herald, 333 E. Main St., Hermiston, OR 97838 or community@hermistonherald.com.

WEDNESDAY, SEPT. 16

VFW COWBOY BREAKFAST, 6-10 a.m., Stillman Park, 413 S.E. Byers Ave., Pendleton. Famous VFW pancakes, eggs, ham and coffee or juice for \$8 adults, \$4 children under 12.

BABY BOOGIE & TAPPIN' TODDLERS, 10-10:45 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STORY TIME, 11:15 a.m. to noon, Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STANFIELD SENIOR MEAL SERVICE, noon, Stanfield Community Center, 225 W. Roosevelt. Costs \$3.50 for seniors, \$6 for others.

IRRIGON CHAMBER OFFICE AND VISITOR CENTER GRAND OPENING, 1 p.m., 490 Highway 730, Irrigon. Special guests include Rep. Greg Smith, Mayor Sam Heath and City Manager Aaron Palmquist. Free and open to the public.

MEXICAN INDEPENDENCE DAY CELEBRATION AND FOOD DRIVE, 3-10 p.m., Yo Country Frozen Yogurt, 1725 N. First St., Hermiston. Live music, food vendors, beer garden, bounce houses and more. Bring non-perishable food donations to support the elementary school backpack program. Free admission. ()

ROUND-UP BARBECUE, 5 p.m., Pendleton Round-Up Grounds, 1205 S.W. Court Ave. Cost is \$8 for adults, \$7 for children under 12 and seniors over 60. (www.pendletonroundup.com)

THURSDAY, SEPT. 17

VFW COWBOY BREAKFAST, 6-10 a.m., Stillman Park, 413 S.E. Byers Ave., Pendleton. Famous VFW pancakes, eggs, ham and coffee or juice for \$8 adults, \$4 children under 12.

BOARDMAN SENIOR MEAL SERVICE, noon, Boardman Senior Center, 100 Tatone St., Boardman. Costs \$4 for seniors or \$5 for adults. (541-481-3257).

HERMISTON SENIOR MEAL SERVICE, noon, Hermiston Senior Center, 435 W. Orchard Ave. Costs \$4 or free for children under 10. Extra 50 cents for utensils/dishes. Meals on Wheels available. Transportation arranged by donation. (541-567-3582).

THE ARC UMATILLA COUNTY BINGO, 6 p.m. doors open, bingo starts at 7 p.m. 215 W. Orchard Ave., Hermiston. (541-567-7615).

FIDDLER'S NIGHT, 6:30-8:30 p.m., Hermiston Terrace Assisted Living, 980 W. Highland Ave. Join jam session or just listen. (541-567-3141).

FRIDAY, SEPT. 18

VFW COWBOY BREAKFAST, 6-10 a.m., Stillman Park, 413 S.E. Byers Ave., Pendleton. Famous VFW pancakes, eggs, ham and coffee or juice for \$8 adults, \$4 children under 12.

HEPPNER FARMER'S MARKET, 10 a.m. to 2 p.m., Heppner City Park. Food, craft and garden vendors. (541-676-8957).

Pet of the Week



Reba

This is Reba, an adult female Labrador retriever. She came to the shelter because her previous owner wasn't able to keep her. Shelter staff say she is very sweet and aims to please. She gets along well with male dogs, but not female dogs. She is spayed, current on all his vaccinations and is eligible for a free veterinary examination. She can be adopted for \$125 at the Humane Society of Eastern Oregon Pet Rescue. If you are interested in welcoming a pet into your home, visit Pet Rescue at 1844 N.W. Geer Road, Hermiston, or call 541-564-6222.

The Herald also regularly features a Pet of the Week that already has a home. To nominate your favorite animal companion as a Pet of the Week, email a photo of your pet, along with its name, your name and a description of why you think your pet is worthy of publication to editor@hermistonherald.com. Please include "Pet of the Week" in the subject line.

WESTWARD HO! PARADE, 10-11:30 a.m., Pendleton. Unique non-motorized parade features horses, wagons, ox teams, mules and more from Pendleton's western past. Parade route begins at Pendleton City Hall, travels east on Dorion Avenue, turns north on Southeast Fifth Street and travels west on Court Avenue to the Round-Up Grounds. Free.

STORY TIME, 10:15-11 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

JEANINE BENNETT 25TH ANNIVERSARY RECEPTION, 1-3 p.m., Hermiston Public Library, 235 E. Gladys Ave. Celebrate Jeanine's 25-year career at the library. Everyone welcome. (541-567-2882).

VFW BINGO, doors open at 6 p.m., games start at 7 p.m., Hermiston VFW, 45 W. Cherry St.

SATURDAY, SEPT. 19

VFW COWBOY BREAKFAST, 6-10 a.m., Stillman Park, 413 S.E. Byers Ave., Pendleton. Famous VFW pancakes, eggs, ham and coffee or juice for \$8 adults, \$4 children under 12.

GREENFIELD GRANGE BREAKFAST, 7-10 a.m., 209 N.W. First St., Boardman. Cost is \$5 for adults, \$2.50 for children under 10. (541-720-7267).

RED BARN FUN RUN, 7:45-8:15 a.m. registration, 8:30 a.m. races begin, Lexington LDS Church, Highway 74 and Tom St. 1-mile, 2-mile and 5K run/walk. \$5 entry fee, \$10 shirt. Proceeds benefit the Morrow County cross country team.

HERMISTON'S OWN FARMERS MARKET, 8 a.m. to 1 p.m., McKenzie Park, 300 S. First St.,

Hermiston. Food, crafts, live music, art.

BULLFIGHTER AUTOGRAPHS, 10-11 a.m., Walmart, 2203 S.W. Court Ave., Pendleton. Meet Round-up bullfighters Donnie Griggs and Dusty Tuckness and Round-up barrelman Justin Rumsford. Free.

MONDAY, SEPT. 21

SEN. BILL HANSELL TOWN HALL, 9-10 a.m., Nookies Restaurant, 125 N. First St., Hermiston. Sen. Hansell will discuss the 2015 legislative session, provide an overview of bills passed, discuss his goals for the next session and field questions from the audience. Free.

TEEN ADVISORY COUNCIL, 4 p.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

TUESDAY, SEPT. 22

FLU SHOT CLINIC, 10-11 a.m., Hermiston Senior Center, 435 W. Orchard Ave. Bring insurance or Medicare card. (541-567-3582).

PRESCHOOL STORY TIME, 10:30-11 a.m., Stanfield Public Library, 180 W. Coe Ave. (541-449-1254).

BOARDMAN SENIOR MEAL SERVICE, noon, Boardman Senior Center, 100 Tatone St. Costs \$4 for seniors 55 or \$5 for adults. (541-481-3257).

HERMISTON SENIOR MEAL SERVICE, noon, Hermiston Senior Center, 435 W. Orchard Ave. Costs \$4 or free for children under 10. Extra 50 cents for utensils/dishes. Meals on Wheels available. Transportation arranged by donation. (541-567-3582).

TAI CHI FOR BETTER BALANCE, 1:30-2:30 p.m., Hermiston Senior Center, 435 W. Orchard

Ave. Free and suitable for all ages. (Mickey 541-922-5580 or Helena 541-564-5443).

THE ARC ACTIVITY NIGHT, 5:30-6:30 p.m., The Arc Umatilla County, 215 W. Orchard Ave., Hermiston. Games, crafts and refreshments.

BUNCO FUNDRAISER, 6 p.m. doors open, games begin at 6:30 p.m., Desert Lanes Bowling Center conference room, 1545 N. First St., Hermiston. Tickets are \$10 at the door. Snacks and prizes will be provided; food is available for purchase. Proceeds benefit "Live Your Dream" education and training awards for women. (Jan Mills 541-567-9409).

WEDNESDAY, SEPT. 23

BABY BOOGIE & TAPPIN' TODDLERS, 10-10:45 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STORY TIME, 11:15 a.m. to noon, Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STANFIELD SENIOR MEAL SERVICE, noon, Stanfield Community Center, 225 W. Roosevelt. Costs \$3.50 for seniors, \$6 for others.

THURSDAY, SEPT. 24

BOARDMAN SENIOR MEAL SERVICE, noon, Boardman Senior Center, 100 Tatone St., Boardman. Costs \$4 for seniors or \$5 for adults. (541-481-3257).

HERMISTON SENIOR MEAL SERVICE, noon, Hermiston Senior Center, 435 W. Orchard Ave. Costs \$4 or free for children under 10. Extra 50 cents for utensils/dishes. Meals on Wheels available. Transportation arranged by donation. (541-567-3582).

TAI CHI FOR BETTER BALANCE, 1:30-2:30 p.m., Hermiston Senior Center, 435 W. Orchard Ave. Free and suitable for all ages. (Mickey 541-922-5580 or Helena 541-564-5443).

HERMISTON FRIENDS OF THE LIBRARY MEMBERS ONLY SALE, 5-7 p.m., Hermiston Public Library Lanham Room, 235 E. Gladys Ave. Members will get a sneak peek at what's in the sale and enjoy refreshments. Memberships may be purchased at the door. (541-567-2882).

THE ARC UMATILLA COUNTY BINGO, 6 p.m. doors open, bingo starts at 7 p.m. 215 W. Orchard Ave., Hermiston. (541-567-7615).

FIDDLER'S NIGHT, 6:30-8:30 p.m., Hermiston Terrace Assisted Living, 980 W. Highland Ave. Join jam session or just listen. (541-567-3141).

FRIDAY, SEPT. 25

LAST DAY TO BUY TICKETS FOR THE AGAPE HOUSE MURDER MYSTERY DINNER, to be held Saturday, Oct. 3 at 6 p.m. at Agape House, 500 W. Harper Road, Hermiston. Tickets are \$45, includes barbecue dinner. Limited seating. (Jodene 541-289-3344).

HEPPNER FARMER'S MARKET, 10 a.m. to 2 p.m., Heppner City Park. Food, craft and garden vendors. (541-676-8957).

HERMISTON FRIENDS OF THE LIBRARY BOOK SALE, 10 a.m. to 5 p.m., Hermiston Public Library Lanham Room, 235 E. Gladys Ave. Lots of great items to choose from. (541-567-2882).

STORY TIME, 10:15-11 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

VFW BINGO, doors open at 6 p.m., games start at 7 p.m., Hermiston VFW, 45 W. Cherry St.

SAGE CENTER MOVIE NIGHT, 7:15 p.m., 101 Olson Road, Boardman. Cost is \$5 general admission, \$3 for children and seniors 62+, includes popcorn; water available for \$1. (541-481-7243).

SATURDAY, SEPT. 26

HERMISTON'S OWN FARMERS MARKET, 8 a.m. to 1 p.m., McKenzie Park, 300 S. First St., Hermiston. Food, crafts, live music, art.

FAMILY HISTORY WORKSHOPS, 10 a.m., Church of Jesus Christ of Latter-day Saints, 850 S.W. 11th St., Hermiston. Workshops at 10 a.m., 11:30 a.m. and 1 p.m. (Jeanette Byers 541-667-7046).

HERMISTON FRIENDS OF THE LIBRARY BOOK SALE

10 a.m. to 3 p.m., Hermiston Public Library Lanham Room, 235 E. Gladys Ave. Bargain Day: lots of great items to choose from for \$1 a bag. (541-567-2882).

ROLLIN' ON THE RIVER, 2-9 p.m., Boardman Marina Park, 1 Marine Drive, Boardman. Kayak/canoe race begins at 10 a.m. at River Lodge and Grill, ends at Marina Park, free registration at hotel front desk (18 years and older only, must wear life jacket); car, truck and motorcycle show 2-5 p.m.; live music, beer and wine tasting, food vendors and more, Traeger grill raffle tickets \$5 each or five for \$20. Admission \$10, 21 and over only.

SAGE CENTER MOVIE MATINEE, 2:15 p.m., 101 Olson Road, Boardman. Cost is \$5 general admission, \$3 for children and seniors 62+, includes popcorn; water available for \$1. (541-481-7243).

PRESIDIO BRASS, 6:30 p.m. doors open, concert begins at 7 p.m., Hermiston High School auditorium, 600 S. First St. Energetic brass group brings music from the movies, including jazz, classical and film soundtracks. tickets are \$35 for adults, \$17.50 for students in advance, available at the Hermiston Chamber, Hermiston Parks & Rec office or online at desertarts.council.com, \$5 more at the door.

SUNDAY, SEPT. 27

FIDDLER'S NIGHT, 2 p.m., Hermiston Terrace Assisted Living, 980 W. Highland Ave., Hermiston. Join the jam session or just listen. (541-567-3141).

TUESDAY, SEPT. 29

PRESCHOOL STORY TIME, 10:30-11 a.m., Stanfield Public Library, 180 W. Coe Ave. (541-449-

1254).

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TAI CHI FOR BETTER BALANCE, 1:30-2:30 p.m., Hermiston Senior Center, 435 W. Orchard Ave. Free and suitable for all ages. (Mickey 541-922-5580 or Helena 541-564-5443).

"A BIRD'S EYE VIEW OF THE ICE AGE FLOODS," 6:30 p.m., Hermiston Public Library Lanham Room, 235 E. Gladys Ave. Geologist and author Bruce Bjornstad will discuss the cataclysmic floods from Lake Missoula 15,000 years ago with a slide show of aerial footage of the scablands taken by a drone. Free and open to all ages. (541-567-2882).

WEDNESDAY, SEPT. 30

BABY BOOGIE & TAPPIN' TODDLERS, 10-10:45 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STORY TIME, 11:15 a.m. to noon, Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STANFIELD SENIOR MEAL SERVICE, noon, Stanfield Community Center, 225 W. Roosevelt. Costs \$3.50 for seniors, \$6 for others.

THURSDAY, OCT. 1

BOARDMAN SENIOR MEAL SERVICE, noon, Boardman Senior Center, 100 Tatone St., Boardman. Costs \$4 for seniors or \$5 for adults. (541-481-3257).

HERMISTON SENIOR MEAL SERVICE, noon, Hermiston Senior Center, 435 W. Orchard Ave. Costs \$4 or free for children under 10. Extra 50 cents for utensils/dishes. Meals on Wheels available. Transportation arranged by donation. (541-567-3582).

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FIDDLER'S NIGHT, 6:30-8:30 p.m., Hermiston Terrace Assisted Living, 980 W. Highland Ave. Join jam session or just listen. (541-567-3141).

FRIDAY, OCT. 2

STORY TIME, 10:15-11 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STORY & CRAFT TIME, 2 p.m., Echo Public Library, 20 Bonanza St.

VFW BINGO, doors open at 6 p.m., games start at 7 p.m., Hermiston VFW, 45 W. Cherry St.

McKay Creek Estates presents:

SAFETY FIRST

Join us as we host a lecture series to increase safety awareness on fall prevention, common home injuries and provide solutions to keep you and your loved one safe!



SafetyMan says "Always be Safe to Ensure an Active & Independent Lifestyle"

The Truth Behind Senior Moments - CONCLUDED

TUESDAY, AUGUST 25, 3:30 PM

Learn what's normal and what is not when it comes to short-term memory loss. Learn the early signs of Alzheimer's and other related dementias. We will discuss tips on brain health and keeping your memory sharp.

Staying Active to Prevent Falls

TUESDAY, SEPTEMBER 22, 3:30 PM

Staying active reduces your risk of a fall and improves your overall health and wellbeing. Learn what activities are best, how to improve your strength and balance and simple exercises to implement at home today.

Don't Let the Blues Get You Down

TUESDAY, OCTOBER 27, 3:30 PM

Learn how to identify and manage depression. Life's changes can have adverse effects. Proper planning and coping skills can help ease these stressors. Making simple lifestyle changes can boost your mood and help alleviate many of your symptoms.

For more information or to RSVP, call us at (541) 276-1987 or visit us today!

McKay Creek Estates
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Pendleton, Oregon 97801



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