

TVWeek

From September 9 - 15, 2015

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Mon & Thurs: 10:30 & 12:30
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This Week's Best Bets

Wednesday

My Big Fat Fabulous Life

TLC 8:00 p.m.
Whitney Way Thore is back to share more mile-stones and adventures as she leaves her parents' home to move in with Buddy in the new season of "My Big Fat Fabulous Life," beginning Wednesday, Sept. 9, on TLC. While striving to maintain good eating and exercise habits, Whitney rides a bike for the first time in years and enters the dating pool.

Friday

Z Nation

SYFY 10:00 p.m.
The ragtag band of survivors returns to battle zombies and continue their quest to save mankind in the season premiere of "Z Nation," airing Friday, Sept. 11, on Syfy/Space. The drama follows heroes who set out to transport the only known survivor of the zombie plague from New York to California, where a viral lab can analyze his blood.

Sunday

The 2016 Miss America Competition

KVEU 9:00 p.m.
Chris Harrison takes the stage of Atlantic City's Boardwalk Hall to host the 95th anniversary of the Miss America pageant airing Sunday, Sept. 13, on ABC. Fifty-two women represent their home states and territories as they compete for the coveted crown as well as scholarships.



Whitney Way Thore In "My Big Fat Fabulous Life"

Thursday Evening											
September 10, 2015											
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	
(11) KFFX FOX	11 Modern	Modern	2½Men	2½Men	BOOM! (N)		Bones		News	:35 Hot In	
(13) OPB	13 Nevada	Business	PBS NewsHour		Art Beat	OPBMusic	The Civil War		The Civil War		
(15) KVVU UNI	21 Includo	Noticiero	Muchacha italiana		Amores con trampa		Lo imperdonable		No creo en hombres		
(19) KEPR CBS	2 News	Inside Ed.	BigBang Simpsons		BigBang Mom	Big Brother	Under the Dome (N)				
(25) KNDU NBC	6 NFL Football	Pittsburgh vs New England (L)			:35 Local News	Fam.Feud	Wheel Jeopardy!				
(42) KVEW ABC	4 Middle	News	ET	Insider	Shark Tank		Scandal		Away With Murder		
A&E	52 The First 48		The First 48		The First 48		Behind Bars (N)		Behind Bars (N)		
AMC	60 ♀ ★★ Gone in 60 Seconds	Nicolas Cage.			♀ ★★ Fletch ('85, Com)	Chevy Chase.			♀ ★★ Fletch Lives		
ANPL	24 North Woods Law	To Be Announced			To Be Announced		To Be Announced		To Be Announced		
CMT	43 Party South (N)	Gainesv.	Gainesv.		Cowboys Cheer. (N)		Cops	Cops	Cops	Cops	
CNBC	72 Shark Tank	West Texas	Millionaire Inventor		Millionaire Inventor		Millionaire Inventor		Millionaire Inventor		
CNN	68 CNN Special Report	CNN Tonight			A. Cooper 360		CNN Special Report		CNN Newsroom		
DISC	51 Naked and Afraid XL	Naked and Afraid XL			Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		
ESPN	33 ITF Tennis U.S. Open (L)				SportsCenter		SportsCenter		SportsCenter		
ESPN2	34 Wrestling	Baseball Tonight (L)			Arm Wrestling		Baseball Tonight (L)		30 for 30		
FAM	32 ♀ ★★ Step Up ('06, Dra)	Channing Tatum.			:45 ♀ ★★ Step Up 2: The Streets		Briana Evigan.				
FNC	66 The Kelly File	Hannity			The O'Reilly Factor		Hannity				
FOOD	61 Chopped	Chopped			Chopped		Beat Play		Beat Play		
FX	65 ♀ ★★ After Earth	Will Smith.			♀ ★★ Men in Black 3 ('12, Act)	Will Smith.			Sex&Drug Married		
GOLF	88 LPGA Golf	The Evian Championship Site: Evian Resort Golf Club					Golf C.		Web.com Golf		
HALL	87 Waltons "The Job"		The Waltons		The Waltons		Middle	Middle	Middle	Middle	
HGTV	62 Fixer Upper	Fixer Upper			Fixer Upper		House (N)		House (N)		
HIST	50 Mountain Men	Mountain Men			Mountain Men		:05 Power / Ice (N)				
LIFE	29 Project Runway	Project Runway			Project Runway (N)		Runway "Lace to Finish" (N)		Runway		
ROOT	37 Seahwk P Access	H.S. Football					MLB Baseball				
SPIKE	42 ♀ ★★ Live Free or Die Hard		♀ ★★ The Italian Job ('03, Act)	Mark Wahlberg.			♀ G.I. Joe: The Ris...				
SYFY	67 ♀ ★★ Total Recall				WWE Smackdown! (N)		Domlnon (N)				
TBS	59 Seinfeld	Seinfeld	Seinfeld	Seinfeld	FamilyG	FamilyG	BigBang		BigBang	BigBang	
TCM	56 Movie	:45 ♀ ★★ David and Bathsheba			Gregory Peck.		♀ ★★ The President's Lady		Movie		
TLC	49 CakeB.	CakeB.	Suddenly Royal		Our Little Family		Our Little Family		Little People		
TNT	57 Castle "Pandora"	:1/2 Castle "Lincoln" 2/2			Castle		Castle "47 Seconds"				
USA	58 Law & Order: S.V.U.	Law & Order: S.V.U.			Law & Order: S.V.U.		Law & Order: S.V.U.		Graceland (N)		
WGN	91 Person of Interest	Person of Interest			Person of Interest		Mother	Mother	Mother	Mother	

Saturday Evening											
September 12, 2015											
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	
(11) KFFX FOX	11 Modern	2½Men	M&M	M&M	Bullseye		Home Free		News	Wanted	
(13) OPB	13 Viewer's Choice						Viewer's Choice				
(15) KVVU UNI	21 P. Luche	Noticiero	Rosa Guadalupe		Sábado gigante						
(19) KEPR CBS	2 News	News	BigBang	BigBang	NCIS		NCIS: Los Angeles		48 Hours		
(25) KNDU NBC	6 News	Wheel	The Good Wife		Running Wild		American Ninja Warrior "Vegas Finals"				
(42) KVEW ABC	4 NCAA Football	Ore./Mich. St. (L)			:20 Studio Auto		Extra Weekend		Ent. Tonight		
A&E	52 The First 48		The First 48		First 48 "Fatal Call"		The First 48		First 48 "Night Run"		
AMC	60 ♀ ★★ I, Robot ('04, Sci-Fi)	Will Smith.			♀ ★★ 300 ('06, Epic)	Lena Headey, Gerard Butler.			Movie		
ANPL	24 Rocky Mountain Vet	Rocky Mountain Vet			Rocky Mountain Vet		Rocky Mountain Vet		:05 R. Mountain Vet		
CMT	43 ♀ Johnny Cash: American Rebel				♀ Johnny Cash: American Rebel		♀ Johnny Cash: ...				
CNBC	72 Under Boss "Belfor"		Boss "Mack Trucks"		Undercover Boss		Boss "UniFirst"		Under Boss "Belfor"		
CNN	68 CNN Special Report	Murder in Mexico			CNN Special Report		F.Files F.Files		F.Files F.Files		
DISC	51 Rusted Development	Fast N' Loud			Fast N' Loud		Fast N' Loud		Fast N' Loud		
ESPN	33 Scoreb. :15 NCAA Football	LSU vs Mississippi State (L)			:15 SportsCenter		SportsCenter		SportsCenter		
ESPN2	34 NCAA Football (L)	Scoreb. :15 NCAA Football	Boise State at BYU (L)		:15 Scoreboard (L)						
FAM	32 ♀ ★★ Toy Story		♀ ★★ Toy Story 2 ('99, Ani)	Tom Hanks.			♀ ★★ Wreck-It Ralph		Jack McBrayer.		
FNC	66 Justice JudgeJeanine	Greg Gutfeld Show			Red Eye		Justice JudgeJeanine		Greg Gutfeld Show		
FOOD	61 Chopped	Diners... Diners...			Chopped		Chopped		Chopped		
FX	65 ♀ ★★ Avatar ('09, Fant)	Zoe Saldana.			♀ ★★ Pacific Rim		('13, Act) Charlie Hunnam, Idris Elba.				
GOLF	88 LPGA Golf	The Evian Championship			Golf C.		Web.com Golf		Hotel Fitness Championship		
HALL	87 ♀ Love By the Book	Leah Renee.			Cedar Cove (N)		♀ A Wish Come True		Megan Park.		
HGTV	62 Buying and Selling	Buying and Selling			Property Brothers		Property Brothers		Renovation (N)		
HIST	50 Pawn S. Pawn S.	Pawn S. Pawn S.			Pawn S. Pawn S.		Pirate Treas. (P) (N)		Pirate Treasure (N)		
LIFE	29 ♀ Til Death Do Us Part	Haylie Duff.			♀ The Murder Pact		Alexa Pena Vega.		♀ A Teacher's Obs...		
ROOT	37 MLB Baseball	Colorado Rockies at Seattle Mariners (L)					Postgame Sounders		MLS Soccer Sea/SJ		
SPIKE	42 Cops	Cops	Cops	Cops	Cops	Cops	Jail		Cops	Cops	
SYFY	67 Movie	♀ ★★ 1408 ('07, Hor)	Samuel L. Jackson, John Cusack.		♀ ★★ The Conjuring		Patrick Wilson.				
TBS	59 Seinfeld	Seinfeld	Seinfeld		BigBang	BigBang	BigBang		BigBang	BigBang	
TCM	56 ♀ ★★ The Nun's Story		:45 ♀ ★★ The Sins of Rachel	Cade			♀ Dark of the Sun				
TLC	49 Dateline NBC	Dateline NBC			Under Boss "Maaco"		Undercover Boss		Suddenly Royal		
TNT	57 ♀ Why Did I Get Married Too?				♀ ★★ A Time to Kill ('96, Dra)	Matthew McConaughey.					
USA	58 Movie	♀ ★★ The Ugly Truth	Katherine Heigl.		♀ Madea's Witness Protection		('12, Com) Tyler Perry.				
WGN	91 Blue Bloods	Blue Bloods			Blue Bloods		Parks/Rec Parks/Rec		Parks/Rec Parks/Rec		

Monday Evening											
September 14, 2015											
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	
(11) KFFX FOX	11 Modern	Modern	Girls	Girls	You Can Dance (SF)	2/2 from Sept 7 (N)		News	:35 Law&C		
(13) OPB	13 O.House	Business	PBS NewsHour		Antique "Survivors"		Amer. Experience "Walt Disney" 1/2 (N)				
(15) KVVU UNI	21 Includo	Noticiero	Muchacha italiana		Amores con trampa		Lo Imperdonable		No creo en hombres		
(19) KEPR CBS	2 News	Inside Ed.	BigBang Simpsons		BigBang Couple		Scorpion		NCIS: Los Angeles		
(25) KNDU NBC	6 News	Fam.Feud	Wheel Jeopardy!		American Ninja Warrior "Vegas Finals" (SF) (N)						
(42) KVEW ABC	4 Middle	News	ET	Insider	Dancing With the Stars (SP) (N)		:05DanceBattle (P) (N)				
A&E	52 The First 48		The First 48		The First 48		The First 48		The First 48		
AMC	60 ♀ ★★ The Quick and the Dead				♀ ★★ Tombstone ('93, West)	Val Kilmer, Kurt Russell.					
ANPL	24 To Be Announced	Treehouse Masters			Treehouse Masters		Treehouse Masters		Treehouse Masters		
CMT	43 Cowboys Cheer.	Cowboys Cheer.			Cops	Cops	Cops	Cops	Cops	Raising	
CNBC	72 West Texas	West Texas	Millionaire Inventor		Millionaire Inventor		Millionaire Inventor		Millionaire Inventor		
CNN	68 Anthony Bourdain	Anthony Bourdain			Anthony Bourdain		CNN Newsroom		CNN Newsroom		
DISC	51 Fast N' Loud	Fast N' Loud			Fast n' Loud (N)		Fast N' Loud (N)		Rusted "Bird Up" (N)		
ESPN	33 NFL Football (L)	:15 NFL Football	Minnesota Vikings at San Francisco 49ers (L)				SportsC.				
ESPN2	34 Poker World Series	SportsCenter			SportsCenter		SportsCenter		SportsC. Tonight		
FAM	32 ♀ ★★ Step Up	Channing Tatum.			Switched at Birth (N)		Chasing Life (N)		Switched at Birth		
FNC	66 The Kelly File	Hannity			The O'Reilly Factor		The Kelly File		Hannity		
FOOD	61 Guy's Game	Rachael Ray's Kids C			Kids Cook-Off (N)		Diners... Diners...		Diners, Drive-Ins (N)		
FX	65 ♀ ★★ Here Comes the Boom				♀ ★★ Bad Teacher		Cameron Diaz.		♀ ★★ Bad Teacher		
GOLF	88 ♀ ★★ Tin Cup ('96, Com/Dra)	Kevin Costner.			♀ ★★ Tin Cup ('96, Com/Dra)		Kevin Costner.				
HALL	87 The Waltons	The Waltons			The Waltons		Middle	Middle	Middle	Middle	
HGTV	62 Love It or List It	Love It or List It			Love It or List It		Love It or List It		H.Hunt	House (N)	
HIST	50 Pawn S. Pawn S.	Pawn S. Pawn S.			Outlaw Chronicles		Outlaw Chronicles		Outlaw Chronicles		
LIFE	29 ♀ To Be Announced		♀ ★★ Friends With Benefits		('11, Com) Mila Kunis.		Movie				
ROOT	37 Mariners Postgame	MLB Baseball L.A. Angels vs Seattle (L)					Postgame Baseball				
SPIKE	42 ♀ ★★ I Am Number Four ('11, Act)	Alex Pettyfer.			♀ ★★ 2 Fast 2 Furious ('03, Act)	John Walker.					
SYFY	67 ♀ The Last Exorcism	♀ ★★ Hanna ('11, Act)	Saoirse Ronan.		♀ ★★ Secret Window		Johnny Depp.				
TBS	59 Seinfeld	Seinfeld	Seinfeld		FamilyG	FamilyG	AmerDad		AmerDad	FamilyG	
TCM	56 ♀ ★★ Deathtrap		:15 ♀ ★★ Running on Empty	Judd Hirsch.			♀ ★★ The Verdict				
TLC	49 Randy to "Miami"	Man Who Lost Face			Human Spiders		Mermaid Girl		To Be Announced		
TNT	57 ♀ Castle	Castle "Always"			Castle		Bones				
USA	58 CSI: Crime Scene	CSI: Crime Scene			WWE Monday Night Raw						
WGN	91 Elementary	Elementary			Home Videos		Mother	Mother	Mother	Mother	

Wednesday Evening					September 9, 2015						
		6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30
(11) KFFX FOX	11	Modern	Modern	2½Men	2½Men	Masterchef (N)		Home Free (N)		News	:35 Hot In
(13) OPB	13	Americas	Business	PBS NewsHour		Nature		The Civil War		The Civil War	
(15) KVVU UNI	21	Includo	Noticiero	Muchacha italiana		Amores con trampa		Lo imperdonable		No creo en hombres	
(19) KEPR CBS	2	News	Inside Ed.	BigBang	Simpsons	Big Brother		Extant (N)		Extant (N)	
(25) KNDU NBC	6	News	Fam.Feud	Wheel	Jeopardy!	America-Talent (N)		Carm. (N)	Carm. (N)	Last Comic (N)	
(42) KVEW ABC	4	Midlle	News	ET	Insider	Shark Tank		Modern	Black-ish	Nashville	
A&E	52	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	Lachey's	Lachey's
AMC	60	♀ ★★	Con Air ('97, Act)	Nicolas Cage.		♀ ★★	Gone in 60 Seconds ('00, Act)	Nicolas Cage.		Movie	
ANPL	24	Rugged Justice		The Last Alaskans		Alaska/Frontier		Bush People		Ice Lake Rebels	
CMT	43	Party Down South		Party Down South		Cops	Cops	Cops	Cops	Cops	Raising
CNBC	72	Shark Tank		Millionaire (N)		Shark Tank		Shark Tank		Millionaire Inventor	
CNN	68	A. Cooper 360		CNN Tonight		A. Cooper 360		The CNN Quiz Show		CNN Newsroom	
DISC	51	Fast N' Loud		Fast N' Loud		Airplane Repo		Airplane Repo (N)		Fast N' Loud	
ESPN	33	MLB Baseball (L)		MLB Baseball (L)						SportsCenter	
ESPN2	34	TF Tennis U.S. Open (L)				SportsCenter		SportsCenter		Baseball Tonight (L)	
FAM	32	♀ Harry Potter and the Half-Blood Prince				Young (N)/Kevin Wk		♀ ★★ ★ Step Up		Channing Tatum.	
FNC	66	The Kelly File		Hannity		The O'Reilly Factor		The Kelly File		Hannity	
FOOD	61	Diners, Drive-Ins		Cutthroat Kitchen		Cutthroat Kitchen		Cuthroat (N)		Cravings	BeachEat
FX	65	♀ ★★ ★★ How to Train Your Dragon				♀ The Croods ('13, Ani)		Nicolas Cage.		♀ The Croods	
GOLF	68	Arnie		Arnie and Me		Golf C. Card		Arnie		Arnie	
HALL	87	The Waltons		The Waltons		The Waltons		Middle	Middle	Middle	Middle
HGTV	62	Buying and Selling		Buying and Selling		Property Brothers		Buying & Selling (N)		House (N)	House (N)
HIST	50	American Pickers		American Pickers		American Pickers		American Pickers (N)		:05 Power and Ice	
LIFE	29	Little Women: LA		Little Women: LA		Little Women: LA		Little Women: LA (N)		Little Women: LA	
ROOT	37	Seahwk P Pre-game		MLB Baseball Texas Rangers		at Seattle Mariners (L)				Postgame	Access
SPIKE	42	♀ ★★ The Guardian		Ashton Kutcher.		♀ ★★ ★★ The Shawshank		Redemption ('94, Dra)		Tim Robbins.	
SYFY	67	Ghost Hunters		Ghost Hunters		Ghost Hunters		Ghost Hunters (N)		Para. Witness (N)	
TBS	59	Seinfeld	Seinfeld	Seinfeld	Seinfeld	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang
TCM	56	♀ 3:10 to Yuma		♀ ★★ ★ The Man From Laramie				♀ Gunfighter James Oseland.		Movie	
TLC	49	My Big	My Big	My Big	My Big	Big Fat Fabulous (N)		My Big	My Big	Suddenly Royal (N)	
TNT	57	Castle "Cuffed"		Castle		Castle		Castle		Castle "Pandora" 1/2	
USA	58	NCIS		NCIS		NCIS		NCIS		NCIS	
WGN	91	Person of Interest		Person of Interest		Person of Interest		Mother	Mother	Mother	Mother