

COMING EVENTS

The Hermiston Herald publishes a list of coming events as space allows. All items are assumed free, nonprofit and open to the public unless otherwise noted. Coming events items should be submitted well in advance to calendar c/o Hermiston Herald, 333 E. Main St., Hermiston, OR 97838 or community@hermistonherald.com.

Pet of the Week

This is Lady, an adult female Labrador retriever mix. She has been spayed and is current on vaccinations. She can be adopted for \$150 at the Humane Society of Eastern Oregon Pet Rescue. If you are interested in welcoming a pet into your home, visit Pet Rescue at 1844 N.W. Geer Road, Hermiston, or call

541-564-6222.

The Herald also regularly features a Pet of the Week that already has a home. To nominate your favorite animal companion as a Pet of the Week, email a photo of your pet, along with its name, your name and a description of why you think your pet is worthy of publication to editor@hermistonherald.com. Please include "Pet of the Week" in the subject line.



Lady

WEDNESDAY, SEPT. 2
BABY BOOGIE & TAPPIN' TODDLERS, 10-10:45 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

MEDICARE 101, 10 a.m. to noon, Umatilla Public Library, 700 Sixth St. Know the deadlines for enrollment and ask questions about coverage, financial assistance, fraud protection and more. Free, but RSVP required. (800-722-4134 or shiba.oregon@oregon.gov)

STORY TIME, 11:15 a.m. to noon, Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STANFIELD SENIOR MEAL SERVICE, noon, Stanfield Community Center, 225 W. Roosevelt. Costs \$3.50 for seniors, \$6 for others.

MEDICARE 101, 2-4 p.m., Irrigon Public Library, 490 N.E. Main St. Know the deadlines for enrollment and ask questions about coverage, financial assistance, fraud protection and more. Free, but RSVP required. (800-722-4134 or shiba.oregon@oregon.gov)

THURSDAY, SEPT. 3
MEDICARE 101, 10 a.m. to noon, Stanfield Public Library, 180 W. Coe Ave. Know the deadlines for enrollment and ask questions about coverage, financial assistance, fraud protection and more. Free, but RSVP required. (800-722-4134 or shiba.oregon@oregon.gov)

BOARDMAN SENIOR MEAL SERVICE, noon, Boardman Senior Center, 100 Tatone St., Boardman. Costs \$4 for seniors or \$5 for adults. (541-481-3257).

HERMISTON SENIOR MEAL SERVICE, noon, Hermiston Senior Center, 435 W. Orchard Ave. Costs \$4 or free for children under 10. Extra 50 cents for utensils/dishes. Meals on Wheels available. Transportation arranged by donation. (541-567-3582).

MEDICARE 101, 2-4 p.m., Port of Morrow Well Spings conference room, 2 Marine Drive, Boardman. Know the deadlines for enrollment and ask questions about coverage, financial assistance, fraud protection and more. Free, but RSVP required. (800-722-4134 or shiba.oregon@oregon.gov)

THE ARC UMATILLA COUNTY BINGO, 6 p.m. doors open, bingo starts at 7 p.m. 215 W. Orchard Ave., Hermiston. (541-567-7615).

FIDDLER'S NIGHT, 6:30-8:30 p.m., Hermiston Terrace Assisted Living, 980 W. Highland Ave. Join jam session or just listen. (541-567-3141).

FRIDAY, SEPT. 4
FREE FIRST FRIDAY, all day, Tamastlikt Cultural Institute, 47106 Wildhorse Blvd. (off Highway 331 near Wildhorse Resort & Casino), Pendleton. (541-966-9748).

HEPPNER FARMER'S MARKET, 10 a.m. to 2 p.m., Heppner City Park. Food, craft and garden vendors. (541-676-8957).

STORY TIME, 10:15-11 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

VFW BINGO, doors open at 6 p.m., games start at 7 p.m., Hermiston VFW, 45 W. Cherry St.

SATURDAY, SEPT. 5
PANCAKE BREAKFAST, 7-10 a.m., Stanfield Community Center, 225 W. Roosevelt. Costs \$5 for full breakfast/\$3 for light meal. (541-449-1332).

BOARDMAN SENIOR CENTER BREAKFAST, 7:30-10:30 a.m., 100 Tatone St., Boardman. Cost is \$5. (541-481-3257).

HERMISTON'S OWN FARMERS MARKET, 8 a.m. to 1 p.m., McKenzie Park, 300 S. First St., Hermiston. Food, crafts, live music, art.

KIDZ POW WOW, 1-4 p.m., Tamastlikt Cultural Institute, 47106 Wildhorse Blvd., Pendleton. Youths up to age 12 — native and non-native — are encouraged to attend. Regalia is not required. Dancing contests and awards for different age groups, and each participant will receive a prize. Free.

MONDAY, SEPT. 7
LABOR DAY, government offices, schools, banks and many businesses closed for the holiday.

TUESDAY, SEPT. 8
PRESCHOOL STORY TIME, 10:30-11 a.m., Stanfield Public Library, 180 W. Coe Ave. (541-449-1254).

BOARDMAN SENIOR MEAL SERVICE, noon, Boardman Senior Center, 100 Tatone St. Costs \$4 for seniors 55 or \$5 for adults. (541-481-3257).

HERMISTON SENIOR MEAL SERVICE, noon, Hermiston Senior Center, 435 W. Orchard Ave. Costs \$4 or free for children under 10. Extra 50 cents for utensils/dishes. Meals on Wheels available. Transportation arranged by donation. (541-567-3582).

WEDNESDAY, SEPT. 9
BABY BOOGIE & TAPPIN' TODDLERS, 10-10:45 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STORY TIME, 11:15 a.m. to noon, Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STANFIELD SENIOR MEAL SERVICE, noon, Stanfield Community Center, 225 W. Roosevelt. Costs \$3.50 for seniors, \$6 for others.

THURSDAY, SEPT. 10
BOARDMAN SENIOR MEAL SERVICE, noon, Boardman Senior Center, 100 Tatone St., Boardman. Costs \$4 for

seniors or \$5 for adults. (541-481-3257).

HERMISTON SENIOR MEAL SERVICE, noon, Hermiston Senior Center, 435 W. Orchard Ave. Costs \$4 or free for children under 10. Extra 50 cents for utensils/dishes. Meals on Wheels available. Transportation arranged by donation. (541-567-3582).

EDUCATIONAL FORUM, 1-7:30 p.m., Vert Club Room, 345 S.W. Fourth St., Pendleton. Department of Human Services and Oregon Health Authority will discuss upcoming changes to federal and state requirements impacting those receiving services in their home and in community-based settings, followed by a group discussion. Family members and people receiving in-home or community support, providers for Aging and People with Disabilities, Office of Developmental Disability Services and Addictions and Mental Health services are invited, as well as advocates and community partners. (<http://www.oregon.gov/dhs/seniors-disabilities/HCBS/Pages/Index.aspx>).

THE ARC UMATILLA COUNTY BINGO, 6 p.m. doors open, bingo starts at 7 p.m., 215 W. Orchard Ave., Hermiston. (541-567-7615).

FIDDLER'S NIGHT, 6:30-8:30 p.m., Hermiston Terrace Assisted Living, 980 W. Highland Ave. Join jam session or just listen. (541-567-3141).

FRIDAY, SEPT. 11
HEPPNER FARMER'S MARKET, 10 a.m. to 2 p.m., Heppner City Park. Food, craft and garden vendors. (541-676-8957).

STORY TIME, 10:15-11 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

VFW BINGO, doors open at 6 p.m., games start at 7 p.m., Hermiston VFW, 45 W. Cherry St.

SATURDAY, SEPT. 12
ALL-YOU-CAN-EAT BREAKFAST, 7-10 a.m., Columbia Grange, 32339 Diagonal Road, Hermiston. Costs \$5. (Tom 541-567-9742 or Doris 541-567-8663).

HERMISTON'S OWN FARMERS MARKET, 8 a.m. to 1 p.m., McKenzie Park, 300 S. First St.,

Hermiston. Food, crafts, live music, art.

SAGE CENTER SATURDAY, 10 a.m. to 1 p.m., 101 Olson Road, Boardman. Free admission and activities for kids and parents. (541-481-7243)

MONDAY, SEPT. 14
OREGON FOOD BANK FOCUS GROUP, 1-3 p.m., Agape House, 500 W. Harper Road, Hermiston. The Oregon Food Bank is seeking input from people who received emergency food in Oregon in the past year. Registration is required; group limited to 15 participants. Snacks and refreshments will be provided. (Dave 541-567-8774).

TUESDAY, SEPT. 15
PRESCHOOL STORY TIME, 10:30-11 a.m., Stanfield Public Library, 180 W. Coe Ave. (541-449-1254).

BOARDMAN SENIOR MEAL SERVICE, noon, Boardman Senior Center, 100 Tatone St. Costs \$4 for seniors 55 or \$5 for adults. (541-481-3257).

HERMISTON SENIOR MEAL SERVICE, noon, Hermiston Senior Center, 435 W. Orchard Ave. Costs \$4 or free for children under 10. Extra 50 cents for utensils/dishes. Meals on Wheels available. Transportation arranged by donation. (541-567-3582).

WEDNESDAY, SEPT. 16
BABY BOOGIE & TAPPIN' TODDLERS, 10-10:45 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

RICK STEBER BOOK SIGNING, 10 a.m. to noon, Armchair Books, 39 S.W. Dorion Ave., Pendleton. Steber will be signing copies of his latest book, "A Better Man: The True Story of One Man's Incredible Journey," based on the life of Dave Franke. Books are available to reserve. (541-276-7323).

STORY TIME, 11:15 a.m. to noon, Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STANFIELD SENIOR MEAL SERVICE, noon, Stanfield Community Center, 225 W. Roosevelt. Costs \$3.50 for seniors, \$6 for others.

IRRIGON CHAMBER OFFICE AND VISITOR CENTER GRAND OPENING, 1 p.m., 490 Highway 730, Irrigon. Special guests include Rep. Greg Smith, Mayor Sam Heath and City Manager Aaron Palmquist. Free and open to the public.

CORRECTION

The Medicare 101 session in Stanfield is Thursday, Sept. 3, at 10 a.m. at the Stanfield Public Library, 180 W. Coe Ave. The wrong time was provided to the

Hermiston Herald, which appeared in the community news brief "Medicare presentations offer help" in the Aug. 26 edition. The Herald works hard

to be accurate and regrets any errors. If you notice a mistake in the paper, contact 541-564-4532 or gwest@hermistonherald.com.

McKay Creek Estates presents:

SAFETY FIRST

SafetyMan says
"Always be Safe to Ensure an Active & Independent Lifestyle"

Join us as we host a lecture series to increase safety awareness on fall prevention, common home injuries and provide solutions to keep you and your loved one safe!

The Truth Behind Senior Moments - CONCLUDED
TUESDAY, AUGUST 25, 3:30 PM
Learn what's normal and what is not when it comes to short-term memory loss. Learn the early signs of Alzheimer's and other related dementias. We will discuss tips on brain health and keeping your memory sharp.

Staying Active to Prevent Falls
TUESDAY, SEPTEMBER 22, 3:30 PM
Staying active reduces your risk of a fall and improves your overall health and wellbeing. Learn what activities are best, how to improve your strength and balance and simple exercises to implement at home today.

Don't Let the Blues Get You Down
TUESDAY, OCTOBER 27, 3:30 PM
Learn how to identify and manage depression. Life's changes can have adverse effects. Proper planning and coping skills can help ease these stressors. Making simple lifestyle changes can boost your mood and help alleviate many of your symptoms.

For more information or to RSVP, call us at (541) 276-1987 or visit us today!

McKay Creek Estates
1601 Southgate Place
Pendleton, Oregon 97801

Prestige Senior Living, L.L.C.
www.PrestigeCare.com

THANK YOU...

to everyone who made the Umatilla County Fair a fun event for the whole family.

Thank you to our Title Sponsor:

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Nash Contracting LLC	Fiesta Foods	Tom Denchel Ford Country
Noble Panels	Oregon Potato Commission	
NW Metal Fabricators		

We also appreciate the many other businesses that donated items to make our fair the best possible. Thanks to all our volunteers and superintendents, and to all who made the 2015 Umatilla County Fair a huge success!

WE COULDN'T DO IT WITHOUT ALL OF YOU.